


 Xanten Triathlon 2005
 Einlaufliste: Draxi Distanz (0.5 - 20 - 5)

| Platz | Nr. | Name, Vorname | Verein/*Ort | Platz | AK | Endzeit | SWIM | BIKE | RUN |
|-------|------|-------------------------|---------------------------|-------|----|----------|----------|----------|----------|
| 1 | 399 | Schmidt, Mario Michael | TUS Breitscheid | 1 | 30 | 00:57:30 | 00:07:04 | 00:32:27 | 00:17:58 |
| 2 | 449 | Schuhmachers, Jörg | SC Wegberg Radsport | 1 | 20 | 00:58:28 | 00:09:30 | 00:31:45 | 00:17:12 |
| 3 | 380 | Kaiser, Marcus | TSV Bayer 04 Leverkusen | 2 | 30 | 00:58:38 | 00:07:45 | 00:32:14 | 00:18:38 |
| 4 | 431 | Kruska, Marco | Triathlon Team TK Grevenb | 3 | 30 | 00:58:54 | 00:07:20 | 00:31:15 | 00:20:17 |
| 5 | 242 | Dirker, Frank | TVE-Greven Triathlon | 1 | 40 | 00:59:16 | 00:07:15 | 00:33:03 | 00:18:56 |
| 6 | 369 | Dirker, Olaf | TVE-Greven Triathlon | 4 | 30 | 00:59:26 | 00:07:22 | 00:32:34 | 00:19:29 |
| 7 | 185 | Krebber, Theo | TV Goch | 2 | 40 | 00:59:57 | 00:07:10 | 00:34:00 | 00:18:46 |
| 8 | 307 | Schneidereit, Günter | Tri Team TuS Schleiden | 3 | 40 | 01:00:16 | 00:07:22 | 00:33:16 | 00:19:37 |
| 9 | 475 | Schoelen, Henning | TV Goch | 2 | 20 | 01:00:18 | 00:07:30 | 00:34:10 | 00:18:37 |
| 10 | 499 | Steentjes, Simon | Bocholter WSV | 3 | 20 | 01:00:34 | 00:06:46 | 00:33:29 | 00:20:18 |
| 11 | 336 | Leggiewie, Christian | PV Triathlon Witten | 5 | 30 | 01:00:46 | 00:06:30 | 00:34:53 | 00:19:22 |
| 12 | 440 | Rademacher, Jens | TF Waldfeucht | 4 | 20 | 01:01:08 | 00:06:53 | 00:34:39 | 00:19:34 |
| 13 | 412 | Strelzyk, Andreas | *Bergisch Gladbach | 6 | 30 | 01:01:40 | 00:06:28 | 00:34:24 | 00:20:47 |
| 14 | 356 | Janssen, Jochen | tv goch | 7 | 30 | 01:01:47 | 00:06:51 | 00:35:02 | 00:19:53 |
| 15 | 140 | Kuper, Klaus | TSV Bayer 04 Leverkusen | 4 | 40 | 01:01:53 | 00:06:43 | 00:34:19 | 00:20:50 |
| 16 | 264 | Glahe, Michael | SSV Mühlhausen | 5 | 40 | 01:01:59 | 00:06:12 | 00:34:42 | 00:19:04 |
| 17 | 180 | Schweiger, Rolf | TV Gronau | 6 | 40 | 01:02:18 | 00:07:20 | 00:33:55 | 00:21:03 |
| 18 | 443 | Overhgae, Dirk | Sturm03 Uedem | 5 | 20 | 01:02:46 | 00:07:27 | 00:34:14 | 00:21:04 |
| 19 | 390 | Trenn, Gerhard | SC Bayer 05 Uerdingen | 8 | 30 | 01:03:31 | 00:07:53 | 00:36:28 | 00:19:10 |
| 20 | 268 | Basten, Roman | Sv Duelken | 7 | 40 | 01:03:42 | 00:07:36 | 00:35:27 | 00:20:39 |
| 21 | 468 | Steinbach, Norman | SC Bayer 05 Uerdingen | 6 | 20 | 01:04:08 | 00:07:24 | 00:35:16 | 00:21:27 |
| 22 | 340 | Schoemakers, Thomas | TV Goch | 9 | 30 | 01:04:21 | 00:06:51 | 00:36:33 | 00:20:56 |
| 23 | 233 | Nagel, Michael | SC Bayer 05 Uerdingen | 8 | 40 | 01:04:23 | 00:09:47 | 00:33:12 | 00:21:23 |
| 24 | 138 | Stockum, Volker | VTT Kempen | 9 | 40 | 01:04:30 | 00:08:24 | 00:34:36 | 00:21:29 |
| 25 | 403 | Nobbe, Markus | TVE Greven | 10 | 30 | 01:04:42 | 00:08:02 | 00:35:18 | 00:21:20 |
| 26 | 182 | Flüthmann, Joachim | TV Gronau | 10 | 40 | 01:04:44 | 00:08:15 | 00:35:01 | 00:21:27 |
| 27 | 1097 | Weibel, Peter | LT Schnecke Sonsbeck | 7 | 20 | 01:04:48 | 00:08:44 | 00:35:16 | 00:20:47 |
| 28 | 314 | Schmitz, Frank | TV Goch | 11 | 30 | 01:04:58 | 00:09:03 | 00:35:41 | 00:20:13 |
| 29 | 477 | Schmitz, Alexander | TuS Drevenack | 8 | 20 | 01:05:08 | 00:07:49 | 00:36:26 | 00:20:52 |
| 30 | 476 | Hennig, Andreas | Kölner Triathlon-Team 01 | 9 | 20 | 01:05:15 | 00:07:29 | 00:36:00 | 00:21:45 |
| 31 | 141 | Nassmacher, Wilhelm | TV-Gronau | 11 | 40 | 01:05:18 | 00:06:54 | 00:36:38 | 00:21:45 |
| 32 | 1098 | Müller, Sebastian | Tria Delphin Essen | 10 | 20 | 01:05:26 | 00:07:28 | 00:36:27 | 00:21:30 |
| 33 | 119 | Schüler, Joachim | Styrumer TV | 1 | 50 | 01:05:30 | 00:08:08 | 00:35:15 | 00:22:06 |
| 34 | 216 | Kemper, Hermann | TV Goch | 12 | 40 | 01:05:30 | 00:07:58 | 00:37:00 | 00:20:31 |
| 35 | 484 | Bullermann, Tim | TV Kapellen | 11 | 20 | 01:05:43 | 00:08:14 | 00:35:59 | 00:21:30 |
| 36 | 250 | Wieschemann, Frank | SV Sterkrade-Nord | 13 | 40 | 01:05:46 | 00:08:37 | 00:35:40 | 00:21:28 |
| 37 | 232 | Wölfel, Thomas | ASV Duisburg | 14 | 40 | 01:05:57 | 00:08:26 | 00:35:13 | 00:22:16 |
| 38 | 467 | Stegemann, Stefan | Haminkelner SV | 12 | 20 | 01:06:01 | 00:09:34 | 00:36:52 | 00:19:34 |
| 39 | 334 | Weber, Dirk | *Moers | 12 | 30 | 01:06:05 | 00:08:50 | 00:34:47 | 00:22:27 |
| 40 | 256 | Klein, Carl | *KK Zolle | 15 | 40 | 01:06:18 | 00:08:58 | 00:36:14 | 00:21:05 |
| 41 | 304 | Kaas, Theo | *Xanten | 16 | 40 | 01:06:23 | 00:09:13 | 00:36:01 | 00:21:08 |
| 42 | 299 | Schwiegerhaus, Horst | TSV Bayer 04 Leverkusen | 17 | 40 | 01:06:25 | 00:08:49 | 00:37:14 | 00:20:21 |
| 43 | 488 | Ettelt, Stefan | Lt Starlight Team Essen | 13 | 20 | 01:06:29 | 00:08:02 | 00:36:29 | 00:21:57 |
| 44 | 226 | Brendel, Bernd | *Kempen | 18 | 40 | 01:06:31 | 00:09:10 | 00:36:37 | 00:20:43 |
| 45 | 497 | Van Zadelhoff, Andreas | *Kalkar | 14 | 20 | 01:06:36 | 00:10:21 | 00:34:25 | 00:21:50 |
| 46 | 448 | Schoelen, Arndt | TV GOCH | 15 | 20 | 01:06:47 | 00:08:34 | 00:36:30 | 00:21:42 |
| 47 | 286 | Wieschemann, Dr. Armin | SV Sterkrade Nord | 19 | 40 | 01:06:50 | 00:07:57 | 00:35:31 | 00:23:22 |
| 48 | 457 | Jarosch, Dirk | *Düsseldorf | 16 | 20 | 01:06:51 | 00:07:29 | 00:36:51 | 00:22:30 |
| 49 | 139 | Raith, Manfred | LN Nütterden | 20 | 40 | 01:07:16 | 00:09:43 | 00:36:57 | 00:20:34 |
| 50 | 406 | Heydemann, Jörg | *Kamp-Lintfort | 13 | 30 | 01:07:17 | 00:08:43 | 00:36:35 | 00:21:59 |
| 51 | 350 | Krüger, Uwe | *Tiefenthal | 14 | 30 | 01:07:18 | 00:09:29 | 00:36:28 | 00:21:19 |
| 52 | 155 | Gorba, Klaus | Grubenwehr Walsum | 21 | 40 | 01:07:23 | 00:08:05 | 00:35:29 | 00:23:47 |
| 53 | 321 | Laumen, Richard | Triathlonfreunde Waldfeuc | 15 | 30 | 01:07:24 | 00:08:37 | 00:36:43 | 00:22:02 |
| 54 | 452 | Klein-Bösing, Carsten | SV Schermbeck | 17 | 20 | 01:07:26 | 00:09:00 | 00:35:42 | 00:22:43 |
| 55 | 175 | Rudolph, Heinz | Blauer Mathildenweg | 22 | 40 | 01:07:26 | 00:08:41 | 00:36:23 | 00:22:22 |
| 56 | 176 | Büsch, Heinz | *Moers | 23 | 40 | 01:07:34 | 00:08:32 | 00:37:43 | 00:21:18 |
| 57 | 230 | Klein, Ernst | TV Attendorn | 24 | 40 | 01:07:35 | 00:07:59 | 00:37:03 | 00:22:32 |
| 58 | 104 | Schmitz, Dr Karl- Heinz | *Wissel | 2 | 50 | 01:07:41 | 00:09:19 | 00:35:25 | 00:22:55 |
| 59 | 228 | Heyer, Thomas | ASV Süchteln | 16 | 30 | 01:07:44 | 00:09:27 | 00:36:17 | 00:21:59 |
| 60 | 269 | Schülke, Thomas | Triminators TV Voerde | 25 | 40 | 01:07:53 | 00:07:28 | 00:35:59 | 00:24:25 |
| 61 | 50 | Hecker, Sandra | SC Oftersheim | 1 | 30 | 01:07:56 | 00:09:37 | 00:36:33 | 00:21:45 |
| 62 | 377 | Janssen, Hubertus | *Geldern | 17 | 30 | 01:08:01 | 00:07:26 | 00:38:05 | 00:22:29 |
| 63 | 46 | Wellmanns, Birgit | tv goch | 2 | 30 | 01:08:02 | 00:07:21 | 00:37:17 | 00:23:23 |
| 64 | 330 | Köhler, Christoph | *duisburg | 18 | 30 | 01:08:07 | 00:10:07 | 00:36:50 | 00:21:08 |
| 65 | 348 | Thom, Jörg | LDT Bochum | 19 | 30 | 01:08:10 | 00:09:40 | 00:36:06 | 00:22:23 |
| 66 | 372 | Streck, Michael | TV Goch | 20 | 30 | 01:08:12 | 00:08:40 | 00:37:37 | 00:21:55 |
| 67 | 360 | Weber, Ingo | *Bochum | 21 | 30 | 01:08:21 | 00:09:19 | 00:39:28 | 00:19:34 |
| 68 | 136 | Dahmen, Hanno | *Aachen | 26 | 40 | 01:08:24 | 00:08:22 | 00:38:00 | 00:22:02 |
| 69 | 498 | Schüler, Thorsten | Styrumer TV | 18 | 20 | 01:08:32 | 00:07:22 | 00:39:06 | 00:22:03 |
| 70 | 339 | Elze, Michael | TV Goch | 22 | 30 | 01:08:34 | 00:08:16 | 00:37:00 | 00:23:17 |
| 71 | 486 | Kaden, Philip | *Bocholt | 19 | 20 | 01:08:35 | 00:10:02 | 00:36:12 | 00:22:20 |
| 72 | 116 | Dobrovsky, Erwin | ASV Duisburg | 3 | 50 | 01:08:41 | 00:08:16 | 00:36:44 | 00:23:40 |
| 73 | 282 | Schloutz, Edgar | *Kvelaer | 27 | 40 | 01:08:42 | 00:10:25 | 00:35:50 | 00:22:26 |
| 74 | 234 | Rychwalski, Peter | AVU Dreipunkt Team | 28 | 40 | 01:08:44 | 00:09:56 | 00:36:57 | 00:21:50 |
| 75 | 279 | Kössler, Jürgen | Tauchclub Maritim Borken | 29 | 40 | 01:08:46 | 00:10:17 | 00:36:25 | 00:22:02 |

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| 76 | 203 | Klein, Norbert | LG Alpen | 30 | 40 | 01:08:50 | 00:10:28 | 00:39:12 | 00:19:09 |
| 77 | 344 | Güldner, Matthias | *tönisvorst | 23 | 30 | 01:08:52 | 00:10:15 | 00:36:29 | 00:22:08 |
| 78 | 257 | Wiedelbach, Frank | *Duisburg | 31 | 40 | 01:08:56 | 00:10:41 | 00:36:25 | 00:21:49 |
| 79 | 385 | Friedrich, Jörg | *Korschenbroich | 24 | 30 | 01:08:56 | 00:10:14 | 00:37:44 | 00:20:57 |
| 80 | 247 | Heydemann, Michael | *Moers | 32 | 40 | 01:08:59 | 00:11:47 | 00:37:01 | 00:20:10 |
| 81 | 446 | Schaaf, Stefan | *Mönchengladbach | 20 | 20 | 01:09:03 | 00:09:47 | 00:37:12 | 00:22:03 |
| 82 | 151 | Walter, Viktor | FC Viktoria Alpen LA | 33 | 40 | 01:09:04 | 00:11:30 | 00:36:44 | 00:20:49 |
| 83 | 97 | Schmitz, Georg | TVK 1877 essen | 1 | 60 | 01:09:23 | 00:09:26 | 00:36:34 | 00:23:22 |
| 84 | 61 | Krause, Alexandra | *Leochlingen | 3 | 30 | 01:09:29 | 00:10:00 | 00:37:59 | 00:21:28 |
| 85 | 482 | Völlm, Johannes | *Bonn | 21 | 20 | 01:09:29 | 00:09:54 | 00:35:52 | 00:23:41 |
| 86 | 371 | Borgards, Torsten | LT Schnecke SV Sonsbeck | 25 | 30 | 01:09:31 | 00:08:53 | 00:37:02 | 00:23:36 |
| 87 | 422 | Neuhaus, Nils | *Schermbbeck | 26 | 30 | 01:09:40 | 00:08:38 | 00:37:20 | 00:23:41 |
| 88 | 427 | Deppermann, Martin | RC Pommes Ruhr | 27 | 30 | 01:09:42 | 00:07:57 | 00:39:22 | 00:22:22 |
| 89 | 212 | Jakob, Markus | TUS Baerl | 34 | 40 | 01:09:47 | 00:08:14 | 00:36:51 | 00:24:40 |
| 90 | 418 | Alscher, Christian | *Duisburg | 28 | 30 | 01:09:47 | 00:10:07 | 00:35:23 | 00:24:16 |
| 91 | 397 | Schweer, Oliver | RC Pommes-Ruhr | 29 | 30 | 01:09:52 | 00:09:16 | 00:39:14 | 00:21:21 |
| 92 | 455 | Langert, Tobias | *Kamp-Lintfort | 22 | 20 | 01:09:55 | 00:10:00 | 00:38:28 | 00:21:25 |
| 93 | 192 | Winter, Wolfgang | TV Goch | 35 | 40 | 01:09:59 | 00:07:22 | 00:39:26 | 00:23:10 |
| 94 | 12 | Wöscher, Sylvia | FC Viktoria Alpen LA | 1 | 40 | 01:10:00 | 00:09:37 | 00:36:53 | 00:23:30 |
| 95 | 78 | Wimmer, Nina | ASC Rosellen | 1 | 20 | 01:10:05 | 00:09:18 | 00:40:00 | 00:20:46 |
| 96 | 417 | Illbruck, Marc | *Ratingen | 30 | 30 | 01:10:09 | 00:11:59 | 00:36:36 | 00:21:33 |
| 97 | 331 | Pechhold, Andreas | Triathlon Kevelaer | 31 | 30 | 01:10:10 | 00:08:57 | 00:37:41 | 00:23:32 |
| 98 | 278 | Kolb, Thomas | Sv Siemens | 36 | 40 | 01:10:13 | 00:09:26 | 00:38:33 | 00:22:13 |
| 99 | 221 | Schmitz, Dieter | Tus Xanten | 37 | 40 | 01:10:25 | 00:09:34 | 00:35:22 | 00:25:28 |
| 100 | 177 | Mann, Uwe | *Düsseldorf | 38 | 40 | 01:10:25 | 00:08:56 | 00:38:50 | 00:22:39 |
| 101 | 158 | Ackermann, Johannes | LG Alpen | 39 | 40 | 01:10:26 | 00:11:26 | 00:36:55 | 00:22:04 |
| 102 | 295 | Groß, Michael | *Kamp-Lintfort | 40 | 40 | 01:10:28 | 00:10:00 | 00:36:07 | 00:24:19 |
| 103 | 343 | Aengenheister, Norbert | ASV Süchteln | 32 | 30 | 01:10:28 | 00:09:58 | 00:36:03 | 00:24:27 |
| 104 | 109 | Laese, Christian | *Düsseldorf | 4 | 50 | 01:10:29 | 00:09:10 | 00:38:56 | 00:22:23 |
| 105 | 170 | Blum, Michael | *meerbusch | 41 | 40 | 01:10:35 | 00:08:28 | 00:39:24 | 00:22:42 |
| 106 | 181 | Schramm, Andreas | TV Goch | 42 | 40 | 01:10:37 | 00:08:43 | 00:38:01 | 00:23:52 |
| 107 | 423 | Schwarze, Falk | Moerser TV | 33 | 30 | 01:10:38 | 00:09:44 | 00:37:34 | 00:23:19 |
| 108 | 169 | Reinhardt, Frank | *Oberhausen | 43 | 40 | 01:10:38 | 00:10:08 | 00:35:57 | 00:24:32 |
| 109 | 367 | Dey, Michael | *Kleve | 34 | 30 | 01:10:39 | 00:10:31 | 00:37:31 | 00:22:36 |
| 110 | 433 | Schewe, Stefan | SV Hoyerhagen | 35 | 30 | 01:10:44 | 00:10:05 | 00:39:35 | 00:21:04 |
| 111 | 471 | Weber, Gereon | TritTeam Grimberg | 23 | 20 | 01:10:47 | 00:10:09 | 00:37:14 | 00:23:23 |
| 112 | 463 | Sander, Michael | *Haltern am See | 24 | 20 | 01:10:48 | 00:08:57 | 00:38:46 | 00:23:03 |
| 113 | 108 | Buhl, Jürgen | LG ALPEN | 5 | 50 | 01:10:49 | 00:11:29 | 00:37:13 | 00:22:06 |
| 114 | 36 | Rösken, Bettina | FC Viktoria Alpen LA | 4 | 30 | 01:10:51 | 00:08:54 | 00:37:45 | 00:24:11 |
| 115 | 270 | Bittner, Juergen | Lt Schnecke Sonsbeck | 44 | 40 | 01:10:52 | 00:09:28 | 00:36:36 | 00:24:46 |
| 116 | 396 | Elbers, Thomas | TV-Goch | 36 | 30 | 01:10:57 | 00:07:22 | 00:38:05 | 00:25:28 |
| 117 | 1099 | Schulz, Christian | *Wetter | 37 | 30 | 01:11:00 | 00:07:58 | 00:38:29 | 00:24:33 |
| 118 | 137 | Kowollik, Christian | TUS Xanten | 45 | 40 | 01:11:11 | 00:10:06 | 00:36:32 | 00:24:32 |
| 119 | 408 | Haarmann, Claude Chr. | *Meerbusch | 38 | 30 | 01:11:23 | 00:07:41 | 00:38:45 | 00:24:56 |
| 120 | 252 | Angres, Klaudius | *Essen | 46 | 40 | 01:11:24 | 00:10:25 | 00:38:16 | 00:22:42 |
| 121 | 160 | Bock, Rolf | Tri Team TuS Schleiden | 47 | 40 | 01:11:29 | 00:08:11 | 00:38:26 | 00:24:51 |
| 122 | 165 | Ambrosius, Dieter | TV Elten | 48 | 40 | 01:11:30 | 00:09:44 | 00:38:52 | 00:22:53 |
| 123 | 384 | Vloet, Thomas | *Winnekendonk | 39 | 30 | 01:11:30 | 00:09:28 | 00:39:18 | 00:22:44 |
| 124 | 373 | Geradts, Ralf | Triathlonfreunde Waldfeuc | 40 | 30 | 01:11:32 | 00:10:04 | 00:37:36 | 00:23:52 |
| 125 | 107 | Ettelt, Hermann | Lt Starlight Team Essen | 6 | 50 | 01:11:39 | 00:11:41 | 00:36:28 | 00:23:29 |
| 126 | 415 | Bettger, Thomas | RTG-Wesel | 41 | 30 | 01:11:39 | 00:10:26 | 00:37:48 | 00:23:24 |
| 127 | 143 | Lausberg, Dieter | SC Wegberg / Radsport | 49 | 40 | 01:11:42 | 00:10:52 | 00:35:50 | 00:24:58 |
| 128 | 133 | Van de Bovenkamp, Gerard | V.N. Nederland | 50 | 40 | 01:11:46 | 00:11:39 | 00:39:19 | 00:20:46 |
| 129 | 462 | Vom Hofe, Björn | ETV Hamburg | 25 | 20 | 01:11:49 | 00:09:41 | 00:37:33 | 00:24:34 |
| 130 | 82 | Köhler, Maria | TVK 1877 Essen Kupferdreh | 2 | 20 | 01:11:50 | 00:08:56 | 00:39:06 | 00:23:47 |
| 131 | 38 | Nasfi, Susanne | Gesundheitszentrum Lang | 5 | 30 | 01:11:52 | 00:11:20 | 00:39:11 | 00:21:20 |
| 132 | 362 | Straub, Steffen | *Viersen | 42 | 30 | 01:11:54 | 00:09:53 | 00:38:29 | 00:23:30 |
| 133 | 255 | Lubjuhn, Stefan | Team Niederrhein | 51 | 40 | 01:11:57 | 00:10:48 | 00:40:00 | 00:21:09 |
| 134 | 81 | Mölders, Ulrike | *Moers | 3 | 20 | 01:11:59 | 00:09:54 | 00:38:51 | 00:23:14 |
| 135 | 311 | Wimmers, Jürgen | Triathlonfreunde Waldfeuc | 43 | 30 | 01:12:05 | 00:09:46 | 00:36:57 | 00:25:21 |
| 136 | 156 | Rollenbeck, Dietrich | PV-Triathlon | 52 | 40 | 01:12:09 | 00:09:32 | 00:38:29 | 00:24:07 |
| 137 | 296 | Borchardt, Oliver | *Moers | 53 | 40 | 01:12:15 | 00:08:48 | 00:37:50 | 00:25:36 |
| 138 | 70 | Rohmann, Daniela | SC Bayer 05 Uerdingen | 4 | 20 | 01:12:16 | 00:09:03 | 00:37:11 | 00:26:01 |
| 139 | 206 | Peters, Michael | TV Goch | 54 | 40 | 01:12:19 | 00:07:56 | 00:40:12 | 00:24:10 |
| 140 | 194 | Stobrawe, Michael | LT-Schnecke-Sonsbeck | 55 | 40 | 01:12:20 | 00:11:35 | 00:37:59 | 00:22:45 |
| 141 | 428 | Bacher, Martin | KTT01 | 44 | 30 | 01:12:27 | 00:09:50 | 00:38:02 | 00:24:35 |
| 142 | 224 | Schmitt, Roland | *Rheurdt | 56 | 40 | 01:12:28 | 00:11:44 | 00:36:33 | 00:24:09 |
| 143 | 145 | Haupt, Marvin | TuS Xanten | 26 | 20 | 01:12:31 | 00:10:22 | 00:39:35 | 00:22:33 |
| 144 | 62 | Lammers, Silke | TV Gronau | 6 | 30 | 01:12:31 | 00:09:59 | 00:38:32 | 00:23:59 |
| 145 | 166 | Schünemann, Dr. Uwe | Eintracht Duisburg | 57 | 40 | 01:12:33 | 00:10:03 | 00:38:00 | 00:24:29 |
| 146 | 65 | Maxeiner, Nadine | LDT Bochum | 5 | 20 | 01:12:33 | 00:08:33 | 00:39:51 | 00:24:09 |
| 147 | 496 | Kleinpass, Jonathan | *Xanten | 27 | 20 | 01:12:37 | 00:11:35 | 00:36:45 | 00:24:17 |
| 148 | 328 | Freiheit, Jochen | *Duisburg | 45 | 30 | 01:12:39 | 00:08:56 | 00:38:06 | 00:25:37 |
| 149 | 239 | Rösken, Jörg | LG Alpen | 58 | 40 | 01:12:41 | 00:08:35 | 00:37:40 | 00:26:25 |
| 150 | 432 | Janssen, Karl | TUS Xanten Handball | 46 | 30 | 01:12:43 | 00:10:39 | 00:36:41 | 00:25:22 |
| 151 | 436 | Schneider, Jens | Duisburger Ruderverein | 47 | 30 | 01:12:51 | 00:09:09 | 00:39:21 | 00:24:20 |
| 152 | 259 | Buchkremer, Marcus | SV Wesel | 59 | 40 | 01:12:53 | 00:06:46 | 00:36:58 | 00:29:08 |
| 153 | 450 | Korreck, Jochen | Trinimators TV Voerde | 28 | 20 | 01:13:00 | 00:14:45 | 00:38:16 | 00:19:58 |
| 154 | 34 | Heidi, Chlasta | TV GOCH | 2 | 40 | 01:13:03 | 00:09:08 | 00:39:51 | 00:24:02 |
| 155 | 241 | Hartmann, Dr. Timo-Ludwig | DJK-TRI-Rhede | 60 | 40 | 01:13:12 | 00:09:45 | 00:38:28 | 00:24:59 |
| 156 | 310 | Hendricks, Rüdger | Borussia Veen | 48 | 30 | 01:13:16 | 00:10:19 | 00:38:28 | 00:24:29 |
| 157 | 320 | Mansfeld, Matthias | *Gelsenkirchen | 49 | 30 | 01:13:20 | 00:11:13 | 00:37:13 | 00:24:53 |
| 158 | 473 | Ermer, Hendrik | TriTeam Grimberg | 29 | 20 | 01:13:23 | 00:08:36 | 00:38:47 | 00:26:00 |
| 159 | 210 | Ter Beek, Ralf | TV Gronau | 61 | 40 | 01:13:28 | 00:09:48 | 00:39:36 | 00:24:03 |
| 160 | 308 | Schmitz, Michael | LT Lustige Schleicher Ess | 50 | 30 | 01:13:31 | 00:09:47 | 00:38:51 | 00:24:52 |
| 161 | 424 | Paez y Barcelo, Manfred | TG Neuss | 51 | 30 | 01:13:31 | 00:09:40 | 00:38:35 | 00:25:16 |
| 162 | 52 | Donart, Kathi | *Schermbbeck | 7 | 30 | 01:13:33 | 00:10:18 | 00:38:18 | 00:24:56 |
| 163 | 324 | Schmidt, Dietmar | VFL Bad Arolsen | 52 | 30 | 01:13:34 | 00:09:31 | 00:38:11 | 00:25:52 |
| 164 | 263 | Goessler, Thomas | Moerser Turnverein | 62 | 40 | 01:13:37 | 00:11:09 | 00:39:45 | 00:22:42 |
| 165 | 361 | Mattern, Carsten | *Moers | 53 | 30 | 01:13:37 | 00:10:16 | 00:37:01 | 00:26:19 |
| 166 | 291 | Püllen, Roland | *Meerbusch | 63 | 40 | 01:13:41 | 00:10:27 | 00:38:47 | 00:24:27 |

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| 167 | 283 | Rieksmeier, Hanno | *Meerbusch | 64 | 40 | 01:13:41 | 00:10:02 | 00:38:15 | 00:25:24 |
| 168 | 195 | Grommisch, Klaus | TUS Haffen-Mehr | 65 | 40 | 01:13:54 | 00:12:39 | 00:38:54 | 00:22:20 |
| 169 | 461 | Wei, Thorsten | *Oberhausen | 30 | 20 | 01:14:03 | 00:07:31 | 00:39:48 | 00:26:44 |
| 170 | 199 | Lange, Wolfgang | DLRG Straelen | 66 | 40 | 01:14:06 | 00:08:39 | 00:40:02 | 00:25:23 |
| 171 | 411 | Awater, Alfons | Hamminkelner SV | 54 | 30 | 01:14:07 | 00:12:10 | 00:40:27 | 00:21:29 |
| 172 | 447 | Zimmermann, Dirk | *Xanten | 31 | 20 | 01:14:10 | 00:10:56 | 00:40:53 | 00:22:20 |
| 173 | 262 | Sdbeck, Peter | PKF | 67 | 40 | 01:14:12 | 00:09:41 | 00:39:49 | 00:24:41 |
| 174 | 67 | Rhl, Julia | TV Goch | 6 | 20 | 01:14:16 | 00:08:28 | 00:40:49 | 00:24:58 |
| 175 | 378 | Bskens, Jens | *Duisburg | 55 | 30 | 01:14:27 | 00:10:19 | 00:38:56 | 00:25:11 |
| 176 | 207 | Linnenschmidt, Harald | Sport-Treff Mlheim | 68 | 40 | 01:14:31 | 00:11:03 | 00:38:21 | 00:25:06 |
| 177 | 66 | Weinkath, Wibke | TUS Drevenack | 7 | 20 | 01:14:34 | 00:11:49 | 00:38:07 | 00:24:37 |
| 178 | 118 | Wscher, Hans | FC Viktoria Alpen LA | 7 | 50 | 01:14:42 | 00:11:35 | 00:39:08 | 00:23:59 |
| 179 | 164 | Thor, Matthias | *Witten | 69 | 40 | 01:14:43 | 00:11:49 | 00:41:46 | 00:21:07 |
| 180 | 9 | Bomann, Hedwig | Hamminkelner SV | 3 | 40 | 01:14:48 | 00:11:24 | 00:37:58 | 00:25:24 |
| 181 | 127 | Ltkehans-Kirchfeld, Wilh | *Rees-Haldern | 8 | 50 | 01:14:53 | 00:11:50 | 00:40:29 | 00:22:33 |
| 182 | 420 | Mhlmann, Ralf | INJOY Warendorf | 56 | 30 | 01:14:56 | 00:10:21 | 00:39:43 | 00:24:51 |
| 183 | 105 | Greven, Volker | TV Borken | 9 | 50 | 01:14:58 | 00:10:18 | 00:38:05 | 00:26:33 |
| 184 | 124 | Facklam, Horst | *Krefeld | 10 | 50 | 01:15:00 | 00:11:34 | 00:38:33 | 00:24:52 |
| 185 | 15 | Jongmanns, Elisabeth | *Nettetal | 4 | 40 | 01:15:03 | 00:10:22 | 00:41:01 | 00:23:38 |
| 186 | 464 | Hbert, Hauke | Rheinische Landjugend | 32 | 20 | 01:15:04 | 00:11:10 | 00:40:31 | 00:23:23 |
| 187 | 147 | Bullermann, Wolfgang | TV Kapellen | 70 | 40 | 01:15:07 | 00:09:13 | 00:37:24 | 00:28:30 |
| 188 | 401 | Ogon, Marcus | *Erding | 57 | 30 | 01:15:08 | 00:10:04 | 00:39:11 | 00:25:52 |
| 189 | 398 | Senftleben, Oliver | *Jchen | 58 | 30 | 01:15:08 | 00:10:46 | 00:40:50 | 00:23:30 |
| 190 | 27 | Annette, Wozny | TUS Haffen-Mehr | 5 | 40 | 01:15:10 | 00:11:11 | 00:40:22 | 00:23:36 |
| 191 | 21 | Fischer, Karen | *Greifenstein | 6 | 40 | 01:15:10 | 00:09:12 | 00:42:47 | 00:23:11 |
| 192 | 183 | Schmelter, Martin | TV Attendorf Tri-Time | 71 | 40 | 01:15:14 | 00:09:49 | 00:39:12 | 00:26:12 |
| 193 | 381 | Niedecker, Ingo | *Bocholt | 59 | 30 | 01:15:15 | 00:09:37 | 00:38:48 | 00:26:49 |
| 194 | 292 | Derrix, Ludger | *Geldern | 72 | 40 | 01:15:18 | 00:10:38 | 00:39:31 | 00:25:08 |
| 195 | 341 | Claessen, Norbert | *Wesel | 60 | 30 | 01:15:20 | 00:09:57 | 00:40:29 | 00:24:52 |
| 196 | 22 | Weibel, Luise | LT Schnecke Sonsbeck | 7 | 40 | 01:15:22 | 00:11:22 | 00:40:56 | 00:23:03 |
| 197 | 178 | Weibel, Johannes | LT Schnecke Sonsbeck | 73 | 40 | 01:15:23 | 00:14:07 | 00:40:15 | 00:21:00 |
| 198 | 42 | Groterhorst, Ulla | Lt Schnecke Sonsbeck | 8 | 30 | 01:15:25 | 00:10:14 | 00:41:00 | 00:24:11 |
| 199 | 96 | Bnsch, Karl | *Berrendorf | 2 | 60 | 01:15:32 | 00:10:34 | 00:40:14 | 00:24:42 |
| 200 | 487 | Joosten, Mario | Bocholter WSV | 33 | 20 | 01:15:34 | 00:10:32 | 00:39:55 | 00:25:06 |
| 201 | 238 | Jung, Holger | *Moers | 74 | 40 | 01:15:40 | 00:10:40 | 00:40:34 | 00:24:26 |
| 202 | 57 | Ingenfeld, Astrid | *Xanten | 9 | 30 | 01:15:46 | 00:08:29 | 00:40:13 | 00:27:03 |
| 203 | 383 | Schimanke, Carsten | *Sonsbeck | 61 | 30 | 01:15:53 | 00:09:45 | 00:40:36 | 00:25:32 |
| 204 | 388 | Waschipki, Frank | Sparkasse am Niederrhein | 62 | 30 | 01:15:56 | 00:12:50 | 00:38:42 | 00:24:22 |
| 205 | 429 | Horenkamp, Dirk | *Berlin | 63 | 30 | 01:15:58 | 00:10:18 | 00:39:57 | 00:25:43 |
| 206 | 425 | Bhmer, Frank | TV Goch | 64 | 30 | 01:16:01 | 00:09:15 | 00:38:42 | 00:28:04 |
| 207 | 85 | Nicole, Klmper | *Heiden | 8 | 20 | 01:16:03 | 00:10:05 | 00:36:34 | 00:29:23 |
| 208 | 359 | Bittner, Martin | DJK Kalkar | 65 | 30 | 01:16:04 | 00:09:39 | 00:39:30 | 00:26:54 |
| 209 | 466 | Wachtendonk, Mark | Feuerwehr Neukirchen-Vluy | 34 | 20 | 01:16:09 | 00:10:01 | 00:38:59 | 00:27:07 |
| 210 | 293 | Jordan, Klaus | *Sonsbeck | 75 | 40 | 01:16:09 | 00:09:35 | 00:37:36 | 00:28:57 |
| 211 | 483 | Heiming, Jan | TV Goch | 35 | 20 | 01:16:12 | 00:09:47 | 00:39:41 | 00:26:43 |
| 212 | 134 | Lickes, Heinz-Theo | S-Bayer 05 Uerdingen | 76 | 40 | 01:16:15 | 00:10:21 | 00:41:19 | 00:24:34 |
| 213 | 493 | Van Ende, Kristof | *Aachen | 36 | 20 | 01:16:20 | 00:11:37 | 00:40:03 | 00:24:39 |
| 214 | 407 | Gies, Andreas | *Duisburg | 66 | 30 | 01:16:23 | 00:12:24 | 00:39:40 | 00:24:18 |
| 215 | 297 | Pleines, Andre | *Essen | 77 | 40 | 01:16:24 | 00:11:17 | 00:41:33 | 00:23:33 |
| 216 | 261 | Brommann, Kai | Havelweg-Team Eick-West | 78 | 40 | 01:16:25 | 00:11:27 | 00:39:57 | 00:25:00 |
| 217 | 287 | Brckner, Karsten | 1.BC Beuel | 79 | 40 | 01:16:27 | 00:11:21 | 00:40:02 | 00:25:04 |
| 218 | 265 | Sickau, Thomas | *Sprockhvel | 80 | 40 | 01:16:29 | 00:11:42 | 00:41:51 | 00:22:55 |
| 219 | 202 | Ingenpa, Jrgen | Union Wetten | 81 | 40 | 01:16:30 | 00:12:38 | 00:37:56 | 00:25:55 |
| 220 | 441 | Averesch, Sebastian | TV Wattenscheid 01 | 37 | 20 | 01:16:30 | 00:10:54 | 00:40:11 | 00:25:24 |
| 221 | 191 | Heupink, Dieter | TV Gronau | 82 | 40 | 01:16:32 | 00:12:54 | 00:40:16 | 00:23:21 |
| 222 | 8 | Vlker, Thekla | CSV Marathon Krefeld | 8 | 40 | 01:16:35 | 00:12:05 | 00:37:24 | 00:27:06 |
| 223 | 454 | Jansen, Markus | *Kalkar | 38 | 20 | 01:16:39 | 00:09:06 | 00:39:59 | 00:27:34 |
| 224 | 414 | Stratmann, Jan | LG Hase und Igel | 67 | 30 | 01:16:40 | 00:14:07 | 00:41:34 | 00:20:57 |
| 225 | 209 | Kisters, Willi | *Sonsbeck | 83 | 40 | 01:16:41 | 00:08:54 | 00:42:04 | 00:25:43 |
| 226 | 123 | Platte, Reinhard | *Dsseldorf | 11 | 50 | 01:16:42 | 00:10:33 | 00:40:25 | 00:25:44 |
| 227 | 355 | Hahn, Jens | *Sonsbeck | 68 | 30 | 01:16:46 | 00:10:11 | 00:41:00 | 00:25:34 |
| 228 | 173 | Kgler, Klaus | *Duisburg | 84 | 40 | 01:16:47 | 00:10:20 | 00:42:14 | 00:24:11 |
| 229 | 474 | Van Ende, Thomas | *Kerken | 39 | 20 | 01:16:48 | 00:11:09 | 00:41:03 | 00:24:35 |
| 230 | 3 | Greven, Mechtild | TV Borken | 1 | 50 | 01:16:52 | 00:11:52 | 00:40:38 | 00:24:20 |
| 231 | 129 | Bauhaus, Reinhard | Hamminkelner SV | 12 | 50 | 01:17:00 | 00:12:10 | 00:41:48 | 00:23:01 |
| 232 | 271 | Van Bruck, Ralf | *Rees | 85 | 40 | 01:17:05 | 00:10:27 | 00:40:40 | 00:25:57 |
| 233 | 126 | Ellerbrok, Dirk | *Mlheim | 13 | 50 | 01:17:13 | 00:11:13 | 00:43:11 | 00:22:47 |
| 234 | 213 | Hooghoff, Michael | *Kevelaer | 86 | 40 | 01:17:18 | 00:11:07 | 00:40:20 | 00:25:50 |
| 235 | 288 | Graeff, Michael | *Essen | 87 | 40 | 01:17:24 | 00:10:45 | 00:41:49 | 00:24:48 |
| 236 | 349 | Renard, Andre | Triathlon Kevelaer | 69 | 30 | 01:17:50 | 00:08:49 | 00:42:11 | 00:26:49 |
| 237 | 152 | Vlkner, Rainer | Iserlohner Triathlon Team | 88 | 40 | 01:17:54 | 00:09:06 | 00:41:21 | 00:27:27 |
| 238 | 86 | Lausberg, Nadine | SC Wegberg / Radsport | 9 | 20 | 01:17:55 | 00:09:31 | 00:39:08 | 00:29:15 |
| 239 | 458 | Buhl, Simon | Rumelner TV | 40 | 20 | 01:17:56 | 00:11:04 | 00:41:44 | 00:25:06 |
| 240 | 327 | Schten, Peter | SV Rheinhausen 1913 eV | 70 | 30 | 01:17:56 | 00:10:34 | 00:40:20 | 00:27:01 |
| 241 | 93 | Dohrmann, Jrg | *Dortmund | 3 | 60 | 01:17:57 | 00:09:34 | 00:40:33 | 00:27:50 |
| 242 | 179 | Lichte, Peter | *Dsseldorf | 89 | 40 | 01:17:57 | 00:12:14 | 00:38:22 | 00:27:20 |
| 243 | 60 | Fischer, Britta | *Gelsenkirchen | 10 | 30 | 01:17:58 | 00:11:13 | 00:42:38 | 00:24:06 |
| 244 | 172 | Lohmann, Ulrich | LT Schnecke SV Sonsbeck | 90 | 40 | 01:18:03 | 00:12:18 | 00:41:12 | 00:24:32 |
| 245 | 281 | Waffner, Jrgen | *Essen | 91 | 40 | 01:18:04 | 00:11:06 | 00:38:57 | 00:28:00 |
| 246 | 150 | Mtzkow, Rolf | TV Uftorf-Eick | 92 | 40 | 01:18:05 | 00:10:42 | 00:39:52 | 00:27:31 |
| 247 | 5 | Bremer, Tracy | Barracudas | 2 | 50 | 01:18:06 | 00:10:23 | 00:40:36 | 00:27:06 |
| 248 | 460 | Feiler, Christian | *Wesel | 41 | 20 | 01:18:06 | 00:08:42 | 00:42:06 | 00:27:16 |
| 249 | 167 | Van Oostveen, Manfred | TV Elten | 93 | 40 | 01:18:08 | 00:12:51 | 00:42:29 | 00:22:47 |
| 250 | 280 | Gorien, Ludwig | SV Erftstolz Niederauem | 94 | 40 | 01:18:10 | 00:10:51 | 00:41:30 | 00:25:48 |
| 251 | 153 | Joseph, Manfred | *Geldern | 95 | 40 | 01:18:13 | 00:10:31 | 00:40:55 | 00:26:47 |
| 252 | 92 | Hellwig, Sammy | Barracudas | 4 | 60 | 01:18:14 | 00:08:47 | 00:38:01 | 00:31:25 |
| 253 | 186 | Dittmann, Frank | FC Viktoria Alpen Handbal | 96 | 40 | 01:18:19 | 00:09:06 | 00:40:36 | 00:28:35 |
| 254 | 19 | Clauss, Christiane | *Moers | 9 | 40 | 01:18:19 | 00:08:55 | 00:42:26 | 00:26:58 |
| 255 | 193 | Derksen, Thomas | *Rheurdt | 97 | 40 | 01:18:20 | 00:11:27 | 00:41:00 | 00:25:52 |
| 256 | 351 | Groterhorst, Andreas | Lt Schnecke Sonsbeck | 71 | 30 | 01:18:21 | 00:13:15 | 00:39:40 | 00:25:25 |
| 257 | 184 | Knoef, Bert-Jan | *zlpich | 98 | 40 | 01:18:21 | 00:10:46 | 00:40:09 | 00:27:25 |

| | | | | | | | | | |
|-----|------|--------------------------|---------------------------|-----|----|----------|----------|----------|----------|
| 258 | 301 | Jansen, Georg | *Kranenburg | 99 | 40 | 01:18:24 | 00:12:21 | 00:38:38 | 00:27:24 |
| 259 | 188 | Schmidt, Klaus | *Essen | 100 | 40 | 01:18:24 | 00:11:24 | 00:40:15 | 00:26:45 |
| 260 | 68 | Linke, Löre | *Wuppertal | 10 | 20 | 01:18:26 | 00:10:09 | 00:41:27 | 00:26:49 |
| 261 | 393 | Grunau, Dirk | *Köln | 72 | 30 | 01:18:28 | 00:10:03 | 00:42:20 | 00:26:05 |
| 262 | 386 | Smarzlik, Frank | Rot Weiss Essen | 73 | 30 | 01:18:29 | 00:10:06 | 00:42:18 | 00:26:03 |
| 263 | 1096 | Internisten, | Internisten | | | 01:18:30 | 00:13:10 | 00:38:00 | 00:27:19 |
| 264 | 43 | Prinz, Katrin | RSV \"Lippe 23\" Lünen e. | 11 | 30 | 01:18:34 | 00:09:34 | 00:40:31 | 00:28:28 |
| 265 | 6 | Hüllstrung, Annegret | TV Bocholt | 3 | 50 | 01:18:35 | 00:10:14 | 00:41:36 | 00:26:44 |
| 266 | 254 | Neubach, Christoph | Tri Buer | 101 | 40 | 01:18:36 | 00:10:56 | 00:40:36 | 00:27:03 |
| 267 | 53 | Lohrer, Iris | *Köln | 12 | 30 | 01:18:38 | 00:10:19 | 00:42:29 | 00:25:49 |
| 268 | 168 | Hecker, Axel | MTV Köln | 102 | 40 | 01:18:38 | 00:12:53 | 00:41:35 | 00:24:08 |
| 269 | 91 | Glasmacher, Theodor | Tri-Team Hagen | 5 | 60 | 01:18:40 | 00:11:44 | 00:41:23 | 00:25:33 |
| 270 | 87 | Exler, Jessica | Tvk 1877 | 11 | 20 | 01:18:44 | 00:09:05 | 00:40:38 | 00:29:00 |
| 271 | 370 | Bakenfelder, Guido | INJOY Warendorf | 74 | 30 | 01:18:45 | 00:10:58 | 00:40:10 | 00:27:36 |
| 272 | 243 | Droste, Andreas | TSV-Victoria Mülheim | 103 | 40 | 01:18:45 | 00:11:32 | 00:41:44 | 00:25:29 |
| 273 | 402 | Albessard, Eric | *Köln | 75 | 30 | 01:18:49 | 00:10:09 | 00:42:27 | 00:26:12 |
| 274 | 229 | Reich, Delef | *Rheinberg | 104 | 40 | 01:18:58 | 00:12:53 | 00:41:13 | 00:24:51 |
| 275 | 48 | Borgards, Andrea | LT Schnecke SV Sonsbeck | 13 | 30 | 01:18:58 | 00:10:41 | 00:40:36 | 00:27:41 |
| 276 | 227 | Knees, Peter | *Bottrop | 105 | 40 | 01:19:01 | 00:11:33 | 00:39:40 | 00:27:47 |
| 277 | 382 | Jorkowski, Andre | *Kvelaer | 76 | 30 | 01:19:07 | 00:10:13 | 00:41:57 | 00:26:56 |
| 278 | 49 | Schlierkamp, Sandra | *Dortmund | 14 | 30 | 01:19:11 | 00:09:04 | 00:42:11 | 00:27:55 |
| 279 | 103 | Grossestreuer, Wolfgang | Lenneper Turngem. Remsch | 14 | 50 | 01:19:16 | 00:12:07 | 00:40:15 | 00:26:53 |
| 280 | 74 | Kanders, Judith | *Düsseldorf | 12 | 20 | 01:19:18 | 00:10:07 | 00:44:13 | 00:24:58 |
| 281 | 394 | Borkes, Edith | *Duisburg | 15 | 30 | 01:19:26 | 00:09:27 | 00:40:34 | 00:29:23 |
| 282 | 459 | Stolz, Nico | RSV Daadetal | 42 | 20 | 01:19:30 | 00:11:51 | 00:40:05 | 00:27:34 |
| 283 | 110 | Wien, Guenter | *Dortmund | 15 | 50 | 01:19:31 | 00:11:40 | 00:41:18 | 00:26:32 |
| 284 | 83 | Hessing, Nicole | *Reken | 13 | 20 | 01:19:33 | 00:10:29 | 00:39:39 | 00:29:24 |
| 285 | 99 | Rabs, Werner | *Moers | 16 | 50 | 01:19:37 | 00:10:22 | 00:42:17 | 00:26:58 |
| 286 | 312 | Willenborg, Dr. Hans-P. | DLRG Straelen | 77 | 30 | 01:19:41 | 00:08:26 | 00:41:59 | 00:29:14 |
| 287 | 18 | Kels, Petra | *Muelheim/Ruhr | 10 | 40 | 01:19:53 | 00:10:39 | 00:42:56 | 00:26:18 |
| 288 | 366 | Janßen, Andreas | *Xanten | 78 | 30 | 01:19:57 | 00:11:58 | 00:42:36 | 00:25:22 |
| 289 | 275 | Van leendert, Thomas | *kaarst | 106 | 40 | 01:20:05 | 00:10:31 | 00:41:16 | 00:28:17 |
| 290 | 128 | Verberkt, Hans | LT Schnecke Sonsbeck | 17 | 50 | 01:20:08 | 00:12:43 | 00:39:58 | 00:27:27 |
| 291 | 64 | Kisin, Songül | *Duisburg | 16 | 30 | 01:20:10 | 00:11:03 | 00:41:44 | 00:27:22 |
| 292 | 41 | Petrasch, Monika | PV Triathlon Witten | 17 | 30 | 01:20:13 | 00:11:38 | 00:42:57 | 00:25:37 |
| 293 | 219 | Olsfelder, Thomas | *Essen | 107 | 40 | 01:20:17 | 00:15:41 | 00:41:01 | 00:23:35 |
| 294 | 218 | Schleß, Jörg | *Xanten | 108 | 40 | 01:20:18 | 00:12:34 | 00:42:27 | 00:25:16 |
| 295 | 335 | Kottke, Frank | *Bottrop | 79 | 30 | 01:20:20 | 00:11:08 | 00:41:25 | 00:27:45 |
| 296 | 245 | Hilbers, Martin | *Bonn | 109 | 40 | 01:20:23 | 00:11:14 | 00:00:00 | 00:00:00 |
| 297 | 409 | Kohn, Olaf | EJOT Team TV Buschhuetten | 80 | 30 | 01:20:24 | 00:11:11 | 00:42:11 | 00:27:00 |
| 298 | 395 | Greulich, Michael | *Hilden | 81 | 30 | 01:20:24 | 00:12:02 | 00:42:51 | 00:25:30 |
| 299 | 40 | Meier, Melanie | Ski-Klub Bayer Uerdingen | 18 | 30 | 01:20:26 | 00:09:58 | 00:41:47 | 00:28:39 |
| 300 | 162 | Ferdinand, Markus | BSG Airflow | 110 | 40 | 01:20:26 | 00:11:37 | 00:41:13 | 00:27:36 |
| 301 | 353 | König, Thorsten | *Euskirchen | 82 | 30 | 01:20:27 | 00:08:46 | 00:43:26 | 00:28:13 |
| 302 | 376 | Kulik, Christoph | *Essen | 83 | 30 | 01:20:27 | 00:11:57 | 00:43:18 | 00:25:11 |
| 303 | 470 | SCHMITZ, MORITZ | *KALKAR | 43 | 20 | 01:20:31 | 00:12:16 | 00:43:02 | 00:25:12 |
| 304 | 426 | Halswick, Thomas | Büdericher Sportverein | 84 | 30 | 01:20:39 | 00:10:13 | 00:41:32 | 00:28:54 |
| 305 | 363 | Dams, Michael | SV Straelen | 85 | 30 | 01:20:49 | 00:12:15 | 00:41:31 | 00:27:03 |
| 306 | 222 | Tappen, Ralf | *Grevenbroich | 111 | 40 | 01:20:51 | 00:11:22 | 00:44:49 | 00:24:39 |
| 307 | 112 | Buchholz, Dr. Heinz-W. | SV Sterkrade-Nord | 18 | 50 | 01:21:07 | 00:12:46 | 00:39:46 | 00:28:35 |
| 308 | 389 | Sauve, Paul | LLG80 Nordpark Köln | 86 | 30 | 01:21:11 | 00:14:42 | 00:43:05 | 00:23:23 |
| 309 | 163 | Erdweg, Leonard | Triathlonfreunde Waldfeuc | 112 | 40 | 01:21:14 | 00:09:55 | 00:38:56 | 00:32:23 |
| 310 | 273 | Segna, Peter | AVU Dreipunkt Team | 113 | 40 | 01:21:16 | 00:11:51 | 00:44:29 | 00:24:56 |
| 311 | 88 | Gemander, Irmgard | Fischelner TV 1905 e.V. | 1 | 60 | 01:21:19 | 00:11:25 | 00:40:09 | 00:29:44 |
| 312 | 113 | Hageney, Willi | LT Schnecke Sonsbeck | 19 | 50 | 01:21:19 | 00:11:30 | 00:44:34 | 00:25:14 |
| 313 | 198 | Bieker, Christoph | LT Lustige Schleicher Ess | 114 | 40 | 01:21:37 | 00:10:52 | 00:47:09 | 00:23:36 |
| 314 | 326 | Köster, Bernhold | *Oer-Erkenschwick | 87 | 30 | 01:21:38 | 00:09:54 | 00:44:06 | 00:27:37 |
| 315 | 28 | Eyssen, Nicole | TV Goch | 11 | 40 | 01:21:41 | 00:11:43 | 00:42:59 | 00:26:58 |
| 316 | 439 | Osten, David | *Mönchengladbach | 88 | 30 | 01:21:49 | 00:09:38 | 00:43:14 | 00:28:56 |
| 317 | 306 | Kinzel, Norbert | *Castrop-Rauxel | 115 | 40 | 01:21:51 | 00:10:04 | 00:42:40 | 00:29:06 |
| 318 | 148 | Stoltefaut, Frank | ASV Duisburg | 116 | 40 | 01:22:04 | 00:10:54 | 00:41:59 | 00:29:10 |
| 319 | 495 | Hofmann, Robert | Alles aus Liebe | 44 | 20 | 01:22:07 | 00:10:20 | 00:44:54 | 00:26:52 |
| 320 | 333 | Michel, Gerd | Borussia Dortmund Fan Clu | 89 | 30 | 01:22:07 | 00:10:22 | 00:42:38 | 00:29:06 |
| 321 | 132 | Rohde, Bernd | TV Hoffnungsthal 07 | 20 | 50 | 01:22:09 | 00:11:50 | 00:40:18 | 00:30:01 |
| 322 | 45 | Deuter, Katharina | *Essen | 19 | 30 | 01:22:09 | 00:08:25 | 00:43:06 | 00:30:37 |
| 323 | 313 | Copetti, Carlo | *Sonsbeck | 90 | 30 | 01:22:11 | 00:11:21 | 00:46:21 | 00:24:28 |
| 324 | 174 | Dünninger, Michael | KTSV Preussen Krefeld | 117 | 40 | 01:22:16 | 00:13:37 | 00:41:22 | 00:27:16 |
| 325 | 187 | Von Wolff, Markus | VC Fabrik Duisburg | 118 | 40 | 01:22:35 | 00:11:35 | 00:43:20 | 00:27:39 |
| 326 | 442 | Legeland, Frank | Tigers Hamburg | 45 | 20 | 01:22:41 | 00:10:20 | 00:45:01 | 00:27:19 |
| 327 | 122 | Gauert, Frank | BW Bochum | 21 | 50 | 01:22:50 | 00:10:39 | 00:41:47 | 00:30:23 |
| 328 | 305 | Breustedt, Claus-Peter | *Essen | 119 | 40 | 01:22:58 | 00:10:07 | 00:46:35 | 00:26:14 |
| 329 | 131 | Dohmen, Georg | *Brüggen | 22 | 50 | 01:22:58 | 00:11:46 | 00:41:00 | 00:30:11 |
| 330 | 309 | Bullmann, Klaus | *Schwerte | 91 | 30 | 01:23:02 | 00:10:27 | 00:43:43 | 00:28:50 |
| 331 | 7 | Lörcks, Wilma | *Xanten | 12 | 40 | 01:23:03 | 00:11:56 | 00:42:27 | 00:28:39 |
| 332 | 352 | Siegel, Mario | *Schwerte | 92 | 30 | 01:23:07 | 00:12:04 | 00:42:07 | 00:28:54 |
| 333 | 32 | Vos, Ulla | *Geldern | 13 | 40 | 01:23:20 | 00:13:14 | 00:42:33 | 00:27:31 |
| 334 | 494 | Kower, Marcel | *Duisburg | 46 | 20 | 01:23:21 | 00:12:43 | 00:43:56 | 00:26:42 |
| 335 | 24 | Blum, Birgit | *meerbusch | 14 | 40 | 01:23:28 | 00:12:09 | 00:45:09 | 00:26:08 |
| 336 | 302 | Höhnen, Thorsten | Moerser TV | 120 | 40 | 01:23:34 | 00:11:49 | 00:44:07 | 00:27:37 |
| 336 | 435 | Seegers, Marc | *Essen | 93 | 30 | 01:23:34 | 00:09:52 | 00:44:41 | 00:28:59 |
| 338 | 365 | Jansen, Prof. Dr. Dieter | *München | 94 | 30 | 01:23:36 | 00:11:07 | 00:43:34 | 00:28:54 |
| 339 | 72 | Mager, Nicole | ASV Duisburg | 14 | 20 | 01:23:39 | 00:09:10 | 00:42:11 | 00:32:17 |
| 340 | 492 | Specks, Christian | SG Trim 7 | 47 | 20 | 01:23:41 | 00:11:34 | 00:41:29 | 00:30:37 |
| 341 | 121 | Gaede, Joachim | *Aachen | 23 | 50 | 01:23:42 | 00:11:31 | 00:43:06 | 00:29:03 |
| 342 | 410 | Tiemann, Christian | FC Schalke 04 | 95 | 30 | 01:23:54 | 00:13:29 | 00:44:21 | 00:26:04 |
| 343 | 201 | Wehage, Shorty | *Sonsbeck | 121 | 40 | 01:23:56 | 00:12:19 | 00:43:36 | 00:28:01 |
| 344 | 115 | Cleusters, Albert | *Kleve | 24 | 50 | 01:24:11 | 00:12:10 | 00:42:45 | 00:29:15 |
| 345 | 225 | Brass, Marcus | *Ratingen | 122 | 40 | 01:24:25 | 00:11:28 | 00:39:23 | 00:33:33 |
| 346 | 157 | Schönnebeck, Dr. Ingo | *Essen | 123 | 40 | 01:24:43 | 00:09:25 | 00:47:56 | 00:27:21 |
| 347 | 1095 | Chirurgen, | Chirurgen | | | 01:24:45 | 00:10:18 | 00:42:11 | 00:32:14 |
| 348 | 379 | Farkas, Stefan | *Kerpen | 96 | 30 | 01:24:52 | 00:10:01 | 00:44:05 | 00:30:45 |

| | | | | | | | | | |
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| 349 | 37 | Pospiech, Kerstin | Tri Buer | 20 | 30 | 01:24:55 | 00:10:05 | 00:45:35 | 00:29:15 |
| 350 | 196 | Kupsch, Hardy | *Duisburg | 124 | 40 | 01:24:58 | 00:10:37 | 00:40:43 | 00:33:37 |
| 351 | 39 | Van der Ploeg, Petra | *Leichlingen | 21 | 30 | 01:25:11 | 00:13:02 | 00:44:46 | 00:27:22 |
| 352 | 300 | Orso, Michael | *Heinsberg | 125 | 40 | 01:25:16 | 00:12:24 | 00:41:03 | 00:31:49 |
| 353 | 11 | Hillmer, Frauke | FS Rheinkamp | 15 | 40 | 01:25:18 | 00:08:43 | 00:48:20 | 00:28:14 |
| 354 | 392 | Neuhaus, Martin | *Essen | 97 | 30 | 01:25:22 | 00:11:18 | 00:48:19 | 00:25:44 |
| 355 | 69 | Eberhard, Sonja | *Mönchengladbach | 15 | 20 | 01:25:32 | 00:13:34 | 00:45:07 | 00:26:49 |
| 356 | 277 | Wimmer-Mätzkow, Frauke | TV Uf fort-Eick | 16 | 40 | 01:25:41 | 00:11:23 | 00:43:38 | 00:30:39 |
| 357 | 217 | Pateisky, Boris | *Essen | 126 | 40 | 01:25:41 | 00:11:08 | 00:46:10 | 00:28:22 |
| 358 | 79 | Seidel, Nina | *Duisburg | 16 | 20 | 01:25:47 | 00:10:28 | 00:44:31 | 00:30:47 |
| 359 | 94 | Wagner, Karl | *Kalkar | 6 | 60 | 01:25:50 | 00:12:28 | 00:46:05 | 00:27:15 |
| 360 | 251 | Kuehn, Hans-Joachim | *Bergkamen | 127 | 40 | 01:26:01 | 00:09:17 | 00:48:05 | 00:28:38 |
| 361 | 75 | Basalla, Katrin | *Duisburg | 17 | 20 | 01:26:03 | 00:09:01 | 00:44:40 | 00:32:22 |
| 362 | 364 | Fell, Marc | *Denzlingen | 98 | 30 | 01:26:07 | 00:12:55 | 00:44:30 | 00:28:41 |
| 363 | 451 | Weerepas, Christian | *Goch | 48 | 20 | 01:26:39 | 00:12:19 | 00:45:25 | 00:28:53 |
| 364 | 338 | Teigeler, Michael | *Düsseldorf | 99 | 30 | 01:26:42 | 00:14:38 | 00:45:58 | 00:27:07 |
| 365 | 285 | Pulawski, Michael | *Rheinberg | 128 | 40 | 01:27:05 | 00:11:33 | 00:43:10 | 00:32:21 |
| 366 | 125 | Farsen, Siegfried | *Essen | 25 | 50 | 01:27:13 | 00:12:12 | 00:47:56 | 00:27:04 |
| 367 | 120 | Meters, Norbert | Triminators im TV Voerde | 26 | 50 | 01:27:19 | 00:12:43 | 00:44:51 | 00:30:44 |
| 368 | 44 | Coenen, Antje | *Köln | 22 | 30 | 01:27:23 | 00:11:47 | 00:46:50 | 00:28:45 |
| 369 | 16 | Ziervogel, Michaela | HAT Hilden | 17 | 40 | 01:27:26 | 00:11:37 | 00:41:19 | 00:34:28 |
| 370 | 325 | Weber, Markus | *Kamen | 100 | 30 | 01:27:29 | 00:11:01 | 00:43:59 | 00:32:29 |
| 371 | 4 | Pohl, Gaby | LG Alpen | 4 | 50 | 01:27:33 | 00:00:00 | 00:00:00 | 00:00:00 |
| 372 | 374 | Köhler, Ingo | *Köln | 101 | 30 | 01:27:41 | 00:11:48 | 00:45:53 | 00:29:59 |
| 373 | 248 | Buchmann, Dirk | Tus Drevenack | 129 | 40 | 01:27:49 | 00:12:59 | 00:45:58 | 00:28:51 |
| 374 | 205 | Haske, Thomas | TUS Drevenack | 130 | 40 | 01:27:55 | 00:11:59 | 00:43:42 | 00:32:13 |
| 375 | 29 | Krüßmann, Bärbel | Hamminkelner SV | 18 | 40 | 01:27:57 | 00:13:43 | 00:45:03 | 00:29:10 |
| 376 | 106 | Hopermann, Udo | Hamminkelner SV | 27 | 50 | 01:27:57 | 00:14:01 | 00:44:50 | 00:29:05 |
| 377 | 240 | Wilms, Thorsten | *Erkelenz | 131 | 40 | 01:28:01 | 00:12:48 | 00:46:55 | 00:28:17 |
| 378 | 244 | Scheidung, Dr. Jörg | *Moers | 132 | 40 | 01:28:16 | 00:11:57 | 00:46:31 | 00:29:47 |
| 379 | 237 | Boes, Holger | *Koeln | 133 | 40 | 01:28:17 | 00:11:17 | 00:42:32 | 00:34:27 |
| 380 | 444 | Müller, Christian | *München | 49 | 20 | 01:28:52 | 00:12:43 | 00:47:01 | 00:29:07 |
| 381 | 357 | Wüstemeyer, Ingo | *Wesel | 102 | 30 | 01:29:07 | 00:11:41 | 00:45:35 | 00:31:50 |
| 382 | 47 | Joost, Eva | *Wesel | 23 | 30 | 01:29:31 | 00:11:56 | 00:47:29 | 00:30:05 |
| 383 | 95 | Hitzel, Reinhold | Freiburger FC | 7 | 60 | 01:29:35 | 00:11:10 | 00:41:19 | 00:37:05 |
| 384 | 111 | Middeldorf, Hans Georg | KSV LWT Kevelaer | 28 | 50 | 01:29:37 | 00:15:28 | 00:44:38 | 00:29:29 |
| 385 | 315 | Schydlo, Heliodor | *Xanten | 103 | 30 | 01:29:44 | 00:12:17 | 00:50:04 | 00:27:22 |
| 386 | 63 | Ochel, Sonja-Carolina | TV Attendorn Neptun | 24 | 30 | 01:29:47 | 00:09:11 | 00:46:11 | 00:34:23 |
| 387 | 20 | Harfst-Jordan, Sabine | *Sonsbeck | 19 | 40 | 01:29:55 | 00:11:10 | 00:43:34 | 00:35:10 |
| 388 | 98 | Stein, Rudolf | Mercur Kleve | 29 | 50 | 01:29:56 | 00:13:26 | 00:45:38 | 00:30:52 |
| 389 | 56 | Häusser, Britta | Duisburger Ruderverein | 25 | 30 | 01:29:56 | 00:11:48 | 00:46:13 | 00:31:54 |
| 390 | 10 | Groh-Grüter, Antje | Schwimmverein Rheinhausen | 20 | 40 | 01:29:58 | 00:10:42 | 00:46:26 | 00:32:49 |
| 391 | 90 | Müller, Hans-Eberhard | ASV Duisburg | 8 | 60 | 01:30:08 | 00:13:13 | 00:44:00 | 00:32:54 |
| 392 | 445 | Schayen, Stephan | *Xanten | 50 | 20 | 01:30:17 | 00:12:45 | 00:46:59 | 00:30:32 |
| 393 | 465 | Engels, Patrick | *Oberhausen | 51 | 20 | 01:30:22 | 00:12:41 | 00:49:08 | 00:28:32 |
| 394 | 31 | Le Naour, Catherine | *Bonn | 21 | 40 | 01:30:44 | 00:14:52 | 00:43:49 | 00:32:03 |
| 395 | 200 | Becker, Juergen | *xanten | 134 | 40 | 01:30:49 | 00:12:45 | 00:44:17 | 00:33:47 |
| 396 | 161 | Specks, Franz-Josef | SG Trim 7 | 135 | 40 | 01:31:36 | 00:10:57 | 00:47:11 | 00:33:27 |
| 397 | 419 | Braem, Frank | *Wesel-Büderich | 104 | 30 | 01:31:48 | 00:12:06 | 00:45:08 | 00:34:33 |
| 398 | 294 | Pass, Christoph | *Xanten | 136 | 40 | 01:31:50 | 00:13:00 | 00:47:08 | 00:31:42 |
| 399 | 480 | Sonnwald, Andreas | *Essen | 52 | 20 | 01:31:54 | 00:13:19 | 00:53:31 | 00:25:04 |
| 400 | 337 | Schröder, Carsten | *Oer-Erkenschwick | 105 | 30 | 01:32:01 | 00:11:03 | 00:46:14 | 00:34:43 |
| 401 | 246 | Indrikson, Carsten | *Dorsten | 137 | 40 | 01:33:16 | 00:13:35 | 00:49:17 | 00:30:23 |
| 402 | 135 | Tischner, Juergen | *xanten | 138 | 40 | 01:33:17 | 00:11:39 | 00:50:16 | 00:31:21 |
| 403 | 117 | Bartosiewicz, Jerzy | *dormagen | 30 | 50 | 01:33:58 | 00:13:13 | 00:48:35 | 00:32:09 |
| 404 | 214 | Langenbeck, Bernhard | *Dortmund | 139 | 40 | 01:34:13 | 00:12:37 | 00:51:10 | 00:30:25 |
| 405 | 342 | Dahms, Frank | *Geldern | 106 | 30 | 01:35:17 | 00:10:15 | 00:47:55 | 00:37:07 |
| 406 | 346 | Seilheimer, Thorsten | *Alpen | 107 | 30 | 01:35:27 | 00:16:27 | 00:47:19 | 00:31:40 |
| 407 | 235 | Harker, Rüdiger | *Schermbek | 140 | 40 | 01:35:36 | 00:13:36 | 00:47:56 | 00:34:03 |
| 408 | 400 | Viell, Thomas | *Goch | 108 | 30 | 01:35:43 | 00:14:27 | 00:46:04 | 00:35:11 |
| 409 | 319 | Biesemann, Marcus | *Essen | 109 | 30 | 01:35:59 | 00:11:47 | 00:50:45 | 00:33:26 |
| 410 | 89 | Reusch, Karl-Heinz | LT-Düsseldorf Süd | 9 | 60 | 01:36:08 | 00:12:17 | 00:52:41 | 00:31:08 |
| 411 | 149 | Böttcher, Ralf | SV Veert | 141 | 40 | 01:36:17 | 00:13:05 | 00:45:40 | 00:37:30 |
| 412 | 33 | Borchardt, Britta | *Moers | 22 | 40 | 01:36:43 | 00:11:41 | 00:46:45 | 00:38:16 |
| 413 | 323 | Pütz, Michael | triminators voerde | 110 | 30 | 01:36:45 | 00:11:31 | 00:46:10 | 00:39:03 |
| 414 | 100 | Howahl, Friedrich | LT Schnecke Sonsbeck | 31 | 50 | 01:37:06 | 00:11:49 | 00:53:45 | 00:31:30 |
| 415 | 55 | Nelleßen, Ursula | *Mettmann | 26 | 30 | 01:37:13 | 00:12:09 | 00:53:27 | 00:31:36 |
| 415 | 58 | Holzmann, Claudia | *Dortmund | 26 | 30 | 01:37:13 | 00:12:09 | 00:53:27 | 00:31:36 |
| 417 | 430 | Gramm, Sascha | *Wesel-Büderich | 111 | 30 | 01:38:22 | 00:11:39 | 00:53:45 | 00:32:58 |
| 418 | 266 | Sam, Frank | LG Kofferfreunde 08 | 142 | 40 | 01:39:48 | 00:14:02 | 00:52:40 | 00:33:06 |
| 419 | 35 | Geradts-Wimmers, Brigitte | Triathlonfreunde Waldfeuc | 28 | 30 | 01:40:23 | 00:13:10 | 00:51:58 | 00:35:13 |
| 420 | 438 | Damm, Carsten | TG Neuss | 112 | 30 | 01:40:23 | 00:19:09 | 00:57:48 | 00:23:25 |
| 421 | 472 | Kulik, Paul | *Bottrop | 53 | 20 | 01:40:30 | 00:14:33 | 00:51:09 | 00:34:47 |
| 422 | 197 | Rüffer, Andreas | *Essen | 143 | 40 | 01:41:17 | 00:13:48 | 00:54:56 | 00:32:32 |
| 423 | 77 | Geisler, Katja | *Düsseldorf | 18 | 20 | 01:42:45 | 00:12:47 | 00:53:10 | 00:36:47 |
| 424 | 358 | Heinz, Michael | *Duisburg | 113 | 30 | 01:44:38 | 00:18:22 | 00:52:08 | 00:34:06 |
| 425 | 30 | Schwakenberg, Britta | *Monheim | 23 | 40 | 01:44:51 | 00:11:12 | 00:53:59 | 00:39:39 |
| 426 | 289 | Scheuvsen, Dietmar | *Monheim | 144 | 40 | 01:44:51 | 00:12:52 | 00:52:19 | 00:39:39 |
| 427 | 114 | Kazzer, Bernhard | LC Duisburg | 32 | 50 | 01:47:51 | 00:15:27 | 00:55:37 | 00:36:45 |
| 428 | 2 | Howahl, Gabi | LT Schnecke Sonsbeck | 5 | 50 | 01:49:25 | 00:12:10 | 00:58:47 | 00:38:27 |