

Nibelungen Triathlon Xanten 2002

Einlaufliste: Volkstriathlon (500m - 20km - 5km)

Platz	Nr.	Name, Vorname	Verein/*Ort	Platz	AK	Endzeit	SWIM	BIKE	RUN
1	555	Reinders, Yves	TuS Xanten	1	30	00:56:47	00:07:05	00:31:55	00:17:46
2	485	Prenzel, Georg	SV Willich	2	30	01:01:00	00:07:40	00:33:10	00:20:08
3	679	Krebber, Theo	TV Goch	1	40	01:01:04	00:08:37	00:34:45	00:17:42
4	470	Siemes, Andreas	ASV Süchteln	3	30	01:01:07	00:07:27	00:33:40	00:19:59
5	480	Sonsmann, Guido	*Xanten	4	30	01:02:20	00:08:04	00:34:51	00:19:24
6	461	Hees, Marcus	Tri Geckos Dortmund	5	30	01:02:32	00:08:36	00:35:08	00:18:47
7	693	Radusch, Hans-Uwe	TuS Xanten	1	45	01:03:06	00:09:02	00:35:16	00:18:47
8	442	Walkenbach, Ulrich	VT Triangel Kempen	6	30	01:03:09	00:07:44	00:36:15	00:19:09
9	721	Stockum, Volker	VT Triangel Kempen	2	45	01:03:26	00:09:29	00:34:49	00:19:07
10	494	Nagel, Michael	Bayer 05 Uerdingen	1	35	01:03:37	00:10:15	00:33:40	00:19:41
11	522	Piontek, Andreas	AS Neukirchen-Vluyn	2	35	01:04:27	00:08:47	00:35:54	00:19:45
12	660	de Witte, Frank	TuS Xanten	2	40	01:04:30	00:08:37	00:34:27	00:21:25
13	668	Holfeld, Rainer	*Duisburg	3	40	01:04:35	00:08:54	00:35:46	00:19:54
14	459	Beumer, Marc	*Solingen	7	30	01:04:45	00:09:09	00:36:23	00:19:12
15	475	Anger, Chris	Tri Club Wuppertal	8	30	01:04:58	00:09:32	00:36:53	00:18:31
16	731	Cozynsen, Jan Lubertus	VRC Veendaal	1	50	01:04:59	00:08:34	00:35:08	00:21:16
17	697	Zerbin, Dieter	TV Rosbach	3	45	01:05:25	00:09:25	00:37:05	00:18:53
18	414	Ettelt, Stefan	Starlight Team Essen	1	Jun	01:05:36	00:08:11	00:36:50	00:20:34
19	530	Clewer, Lars	SV Willich	3	35	01:05:39	00:09:02	00:36:56	00:19:39
20	508	Schneidemeit, Günter	Tri Team Schleiden	4	35	01:05:59	00:11:04	00:34:52	00:20:02
21	767	Geisler, Ingo	TuS Xanten	1	HK	01:06:36	00:09:51	00:36:11	00:20:33
22	458	Heyer, Thomas	ASV Süchteln	9	30	01:06:48	00:09:40	00:37:46	00:19:22
23	423	Kerkhoff, Christoph	SV Viktoria Birten	2	HK	01:07:01	00:12:34	00:36:17	00:18:09
24	694	Schlang, Volker	*Krefeld	4	45	01:07:09	00:10:22	00:36:23	00:20:22
25	441	Valk, Oliver	*Duisburg	10	30	01:07:15	00:08:10	00:37:36	00:21:28
26	511	von Gerkan, Dr. Oliver	*Voerde	5	35	01:07:18	00:10:12	00:37:05	00:20:00
27	463	Heydemann, Jörg	*Kamp-Lintfort	11	30	01:07:28	00:10:24	00:36:35	00:20:27
28	734	Großmann, Werner	*Mülheim	2	50	01:07:32	00:11:47	00:35:05	00:20:40
29	536	Köhler, Christoph	Tri Team Nice Guys	6	35	01:07:49	00:10:43	00:36:33	00:20:33
30	643	Schmitz, Dieter	TuS Xanten	4	40	01:07:59	00:09:59	00:36:30	00:21:29
31	781	Holste, Alexander		3	HK	01:08:07	00:09:12	00:35:32	00:23:23
32	730	Bovet, Hans-Jürgen	Pulheimer SC	3	50	01:08:18	00:09:41	00:38:32	00:20:04
33	434	von der Cron, Olaf	*Wuppertal	4	HK	01:08:23	00:11:41	00:38:28	00:18:12
34	462	Kehr, Michele	*Dorsten	12	30	01:08:38	00:11:45	00:36:29	00:20:24
35	499	Kaas, Theo	*Xanten	7	35	01:08:39	00:10:50	00:37:46	00:20:02
36	780	de Jong, Martin		8	35	01:08:47	00:11:15	00:36:48	00:20:44
37	777	Hillen, Hans-Joachim	SV Bayer 08 Uerdingen	5	40	01:08:52	00:10:34	00:38:21	00:19:57
38	490	Ötting, Clasen	ASV Süchteln	13	30	01:09:03	00:11:35	00:38:03	00:19:24
39	488	Straub, Steffen	*Mönchengladbach	14	30	01:09:15	00:10:58	00:37:28	00:20:48
40	652	Kemper, Hermann	SV Bedburg-Hau	6	40	01:09:18	00:11:42	00:38:13	00:19:22
41	741	Schmitz, Georg	TV Kettwig	1	55	01:09:35	00:11:40	00:36:10	00:21:44
42	476	Rott, Carsten	*Willich	15	30	01:09:45	00:10:37	00:37:45	00:21:22

43	507	Schrör, Markus	Tri Star Regensburg	9	35	01:10:07	00:07:57	00:38:48	00:23:21
44	635	Backus, Klaus	*Krefeld	7	40	01:10:14	00:12:31	00:37:03	00:20:40
45	538	Locher, Matthias	Team Telekorn	10	35	01:10:15	00:09:32	00:38:29	00:22:13
46	520	Christen, Roland	Bayer 05 Uerdingen	11	35	01:10:23	00:10:14	00:38:31	00:21:36
47	556	Kuhlen, Reiner	*Duisburg	12	35	01:10:25	00:09:16	00:39:25	00:21:43
48	639	Ackermann, Johannes	LG Alpen	8	40	01:10:30	00:12:38	00:37:24	00:20:28
49	524	Wiedelbach, Frank	*Duisburg	13	35	01:10:31	00:11:55	00:37:55	00:20:40
50	473	Illbruck, Marc	TUS Breitscheid 72 e.V.	16	30	01:10:36	00:13:11	00:36:50	00:20:34
51	553	Breitenbruch, Georg	*Mülheim/Ruhr	14	35	01:10:40	00:09:38	00:37:26	00:23:35
52	465	Bittner, Martin	LT DJK Kalkar	17	30	01:10:41	00:11:00	00:38:09	00:21:30
53	587	Komp, Claudia	ASV Duisburg	1	30	01:10:55	00:08:58	00:38:28	00:23:28
54	495	Faßbender, Michael	Voerde GWH-Runners	15	35	01:10:57	00:11:11	00:38:54	00:20:51
55	688	Gaß, Detlef	Grün-Weiß Vernum	5	45	01:10:58	00:11:21	00:37:21	00:22:15
56	537	Kollenberg, Frank	*Oberhausen	16	35	01:10:58	00:12:22	00:37:59	00:20:36
57	723	Duwensee, Friedhelm	SC Wegberg	6	45	01:11:01	00:10:19	00:39:07	00:21:35
58	527	Wiegand, Harald	Bayer 05 Uerdingen	17	35	01:11:12	00:10:11	00:39:03	00:21:57
59	408	Hoffmann, Tobias	Tria Kettwig	1	JA	01:11:19	00:10:17	00:38:48	00:22:14
60	443	Janssen, Hubertus	GSV Geldern	18	30	01:11:21	00:09:38	00:40:28	00:21:14
61	673	Hoffmann, Rüdiger	Tria Kettwig	9	40	01:11:26	00:10:06	00:38:39	00:22:39
62	732	Kraffczyk, Rolf	SV Gladbeck 1913	4	50	01:11:35	00:09:34	00:40:12	00:21:48
63	713	Jordan, Jürgen	ETG Recklinghausen	7	45	01:11:35	00:13:03	00:38:01	00:20:30
64	468	Mittasch, Markus	SFD Düsseldorf	19	30	01:11:41	00:11:47	00:37:39	00:22:13
65	549	Krüßmann, Jörg	SV Hamminkeln	18	35	01:11:41	00:10:05	00:38:48	00:22:47
66	675	Dohm, Markus	DJK Teutonia St. Tönis	10	40	01:11:42	00:13:07	00:38:02	00:20:32
67	579	Hecker, Sandra	SC Oftersheim	2	30	01:11:45	00:10:55	00:39:19	00:21:30
68	712	Hoven, Alfons	*Wegberg	8	45	01:11:53	00:10:13	00:38:23	00:23:15
69	402	Lausberg, René	SC Wegberg	2	JA	01:11:54	00:10:17	00:36:51	00:24:46
70	417	Jansen, Henning	*Bielefeld	5	HK	01:11:55	00:10:56	00:38:24	00:22:34
71	517	Heydemann, Michael	*Moers	19	35	01:11:56	00:13:03	00:38:49	00:20:03
72	550	Dreinert, Frank	Heesjogger Bor. Veen	20	35	01:12:06	00:12:39	00:36:55	00:22:31
73	654	Peto, Frank	Bayer 05 Uerdingen	11	40	01:12:10	00:11:15	00:38:52	00:22:02
74	632	Lange, Wolfgang	DLRG Straelen	12	40	01:12:12	00:09:41	00:39:55	00:22:35
75	666	Nobes, Rainer	*Wesel	13	40	01:12:12	00:12:30	00:37:22	00:22:20
76	645	Leuf, Friedhelm	VfL Hinsbeck	14	40	01:12:12	00:11:21	00:40:09	00:20:40
77	542	Kolb, Thomas	SV Siemens	21	35	01:12:22	00:10:42	00:41:11	00:20:28
78	782	Marx, Bernd	*Solingen	5	50	01:12:23	00:10:42	00:41:19	00:20:21
79	433	Grabowski, Damian	*Krefeld	6	HK	01:12:30	00:10:54	00:39:28	00:22:08
80	630	Falkus, Bernd	*Wesel	15	40	01:12:33	00:11:39	00:39:51	00:21:02
81	512	Hendricks, Rüdger	Quibbles Xanten	22	35	01:12:34	00:11:38	00:38:06	00:22:49
82	692	Lausberg, Dieter	SC Wegberg	9	45	01:12:39	00:12:29	00:37:41	00:22:27
83	454	Steidl, Bernhard	SV Neukirchen	23	35	01:12:39	00:09:20	00:38:00	00:25:19
84	422	Hersch, Arne	Nils Design Xanten	7	HK	01:12:42	00:10:50	00:39:57	00:21:55
85	738	Nahrgang, Ralf	LSV Tri-Team Remscheid	2	55	01:12:43	00:11:20	00:38:19	00:23:03
86	705	Fischer, Bernd	Tusem Essen	10	45	01:12:53	00:10:50	00:39:50	00:22:13
87	770	Müller, Karolin	CNE Team Essen 99	1	JA	01:12:57	00:09:20	00:41:20	00:22:16
88	746	Krämer, Manfred	MTG Horst	3	55	01:13:05	00:11:41	00:38:31	00:22:52
89	489	Storm, Ulrich	*Wesel	20	30	01:13:06	00:11:13	00:38:01	00:23:50

90	631 Mann, Uwe	*Düsseldorf	16	40	01:13:06	00:10:39	00:41:08	00:21:18
91	577 Breuer, Meike	*Bochum	1	HK	01:13:08	00:10:38	00:40:47	00:21:42
92	657 Nebelung, Wolfgang	*Duisburg	17	40	01:13:15	00:11:35	00:39:37	00:22:02
93	640 Schaaf, Manfred	*Wesel	18	40	01:13:19	00:12:36	00:37:08	00:23:34
94	482 Hönig, Michael	*Dortmund	21	30	01:13:19	00:09:58	00:39:09	00:24:11
95	706 Hidding, Thomas	TuS Xanten	11	45	01:13:28	00:00:00	00:00:00	00:00:00
96	528 Plöger, Markus	*Krefeld	24	35	01:13:30	00:11:51	00:40:14	00:21:24
97	472 Blessing, Markus	*Oberboihingen	22	30	01:13:31	00:11:44	00:39:22	00:22:24
98	456 Rettenmaier, Thomas	ASV SüchteIn	23	30	01:13:36	00:12:26	00:38:46	00:22:23
99	735 Ettelt, Hermann	TLV Germania Überraehr	6	50	01:13:44	00:11:25	00:39:30	00:22:48
100	707 Lickes, Heinz-Theo	Bayer 05 Uerdingen	12	45	01:13:47	00:11:49	00:39:48	00:22:09
101	559 Even, Joachim	*Senden	25	35	01:13:50	00:10:42	00:40:14	00:22:52
102	501 Oberdieck, Christoph	*Mülheim	26	35	01:13:58	00:11:39	00:39:58	00:22:20
103	403 Geffkem, Lennarth	Tria Kettwig	3	JA	01:14:17	00:09:49	00:39:26	00:25:01
104	642 Schieß, Jörg	*Xanten	19	40	01:14:31	00:12:39	00:39:31	00:22:19
105	578 Kaiser, Dörte	*Heiligenhaus	3	30	01:14:32	00:12:14	00:38:24	00:23:53
106	618 Wöschler, Sylvia	Victoria Alpen	1	40	01:14:33	00:11:42	00:40:00	00:22:49
107	653 Reinhardt, Frank	SV Sterkrade Nord	20	40	01:14:37	00:11:09	00:39:23	00:24:03
108	766 Elze, Michael	TV Louisendorf	27	35	01:14:40	00:11:04	00:41:00	00:22:35
109	533 Engling, Rüdiger	*Willich	28	35	01:14:43	00:12:57	00:39:43	00:22:03
110	585 Wissing, Beate	TV Goch	4	30	01:14:45	00:11:15	00:41:10	00:22:19
111	662 Claßen, Jürgen	*Grefrath	21	40	01:14:57	00:12:30	00:39:27	00:22:59
112	560 Dzionsko, Christoph	*Münster	29	35	01:15:06	00:12:05	00:41:02	00:21:59
113	680 Trostmann, Dirk	*Wetter	22	40	01:15:12	00:12:57	00:38:56	00:23:18
114	446 Schulz, Christian	TSC Langenberg	24	30	01:15:16	00:09:42	00:39:59	00:25:35
115	448 Lenz, Andreas	*Rheinberg	25	30	01:15:20	00:11:11	00:42:15	00:21:53
116	745 Kriege, Alfred	Team Telekom	4	55	01:15:21	00:12:47	00:39:14	00:23:18
117	504 Schulz, Michael	BSV Bethesda Essen	30	35	01:15:22	00:13:52	00:42:17	00:19:12
118	411 Fischer, Andrej	*Essen	2	Jun	01:15:29	00:12:37	00:40:11	00:22:40
119	515 Jeong, Bruce	*Düsseldorf	31	35	01:15:30	00:11:10	00:40:15	00:24:04
120	401 Saurenhaus, Boris	Tria Kettwig	4	JA	01:15:30	00:08:27	00:40:22	00:26:39
121	509 Schmidt, Martin	TUS Drevenack	32	35	01:15:32	00:11:53	00:43:36	00:20:03
122	405 Nebelung, Sven	*Duisburg	5	JA	01:15:44	00:11:25	00:41:52	00:22:26
123	736 Oymann, Herbert	LG Alpen	7	50	01:15:46	00:13:58	00:39:51	00:21:56
124	628 Gemander, Irmgard	Fischelner TV	1	65	01:15:53	00:10:56	00:39:06	00:25:50
125	410 Giese, Andreas	Tria Kettwig	3	Jun	01:15:56	00:09:36	00:41:55	00:24:25
126	740 Rabs, Werner	Bayer 05 Uerdingen	5	55	01:15:57	00:11:36	00:40:29	00:23:50
127	421 Schäffler, Daniel	*Dorsten	8	HK	01:15:57	00:10:39	00:40:59	00:24:18
128	497 Waffner, Jürgen	MTG Essen Horst	33	35	01:15:59	00:13:07	00:39:31	00:23:20
129	714 Kötzsch, Udo	*Gelsenkirchen	13	45	01:16:08	00:14:13	00:39:34	00:22:20
130	412 Longrée, Paul	Tria Kettwig	4	Jun	01:16:16	00:09:34	00:43:13	00:23:27
131	733 Kreuels, Ernst	SV Willich	8	50	01:16:17	00:13:39	00:38:46	00:23:52
132	505 Schlese, Andreas	TV Einigkeit 06	34	35	01:16:21	00:11:14	00:41:05	00:24:01
133	658 Winkler, Dirk	*Mülheim	23	40	01:16:32	00:11:21	00:40:31	00:24:39
134	558 Quinkenstein, Bernd	*Wesel	35	35	01:16:34	00:12:01	00:43:46	00:20:47
135	437 Lassak, Christof	*Viersen	36	35	01:16:37	00:11:51	00:43:14	00:21:32
136	561 Paulukat, Cora-Stefanie	Starlight Team Essen	2	JA	01:16:44	00:09:20	00:41:15	00:26:09

137	563 Lörcks, Heike	*Kalkar	1 Jun	01:16:56	00:12:08	00:41:17	00:23:30
138	778 Freiheit, Jochen		37 35	01:16:58	00:11:29	00:39:28	00:25:59
139	750 Schröder, Horst Hartmut	TuS Xanten	1 65	01:16:58	00:11:13	00:38:35	00:27:09
140	502 Schwieters, Michael	*Gladbeck	38 35	01:17:03	00:10:35	00:42:11	00:24:15
141	492 Bunzeck, Peter	*Rheurd	26 30	01:17:07	00:12:51	00:38:33	00:25:42
142	500 Overhage, Dirk	Trajan-Bau Xanten	9 HK	01:17:08	00:13:09	00:40:30	00:23:28
143	592 Schless, Jule	*Xanten	1 35	01:17:12	00:11:17	00:41:52	00:24:02
144	648 Hecker, Axel	MTV Köln	24 40	01:17:17	00:13:50	00:42:11	00:21:15
145	573 Weinkath, Wibke	*Haminkeln	2 HK	01:17:27	00:12:28	00:39:58	00:25:00
146	698 Terwedow, Ulrich	TLV Germania Überra	14 45	01:17:27	00:12:59	00:40:24	00:24:03
147	614 Linn, Petra	Bayer 05 Uerdingen	2 40	01:17:31	00:10:40	00:41:23	00:25:26
148	718 Presting, Dr. Hartmut	*Blaustein	15 45	01:17:31	00:11:46	00:42:39	00:23:05
149	491 Buschheuer, Olaf	TSG Wesel	27 30	01:17:34	00:09:03	00:40:57	00:27:33
150	595 Linnenschmidt, Heidi	*Mülheim	2 35	01:17:45	00:11:04	00:41:21	00:25:18
151	406 Berndt, Jens	ASV Süchteln	6 JA	01:17:45	00:10:13	00:39:35	00:27:56
152	709 Claßen, Ulrich	*Straelen	16 45	01:17:47	00:12:55	00:40:29	00:24:22
153	677 Specks, Michael	SG Trimm 7 Mönchengladbac	25 40	01:17:47	00:12:14	00:41:30	00:24:02
154	661 Lichte, Peter	*Düsseldorf	26 40	01:17:51	00:13:27	00:39:35	00:24:48
155	479 Hormes, Dietmar	*Kevelaer	28 30	01:17:53	00:12:59	00:41:52	00:23:01
156	771 Polte, Heinz	TG Neuss	2 65	01:17:58	00:15:26	00:38:55	00:23:36
157	623 Bremer, Monika	DJK Mülheim-Saarn	1 45	01:18:00	00:11:18	00:43:39	00:23:02
158	704 Ritter, Eberhard	Xantener Querschieser	17 45	01:18:09	00:11:19	00:43:20	00:23:29
159	717 van Bracht, Günter	Osterather TV	18 45	01:18:11	00:00:00	00:00:00	00:00:00
160	534 Jordan, Klaus	*Issum	39 35	01:18:11	00:11:41	00:41:12	00:25:18
161	783 Laupichler, Ulrike		3 HK	01:18:16	00:10:50	00:42:52	00:24:33
162	407 Höcker, Sebastian	*Marl	7 JA	01:18:21	00:10:30	00:41:46	00:26:04
163	539 Ropers, Stefan	*Moers	40 35	01:18:23	00:13:32	00:39:52	00:24:57
164	611 Jacobs, Claudia	DJK Teutonia St. Tönis	3 40	01:18:25	00:12:30	00:42:27	00:23:27
165	481 König, Thorsten	*Euskirchen	29 30	01:18:32	00:10:34	00:43:31	00:24:26
166	681 Braun, Frank	Bayer 05 Uerdingen	27 40	01:18:33	00:10:36	00:40:35	00:27:22
167	737 Halama, Klaus	*Duisburg	6 55	01:18:34	00:13:54	00:42:58	00:21:41
168	457 Kempkens, Walter	GSV Geldern	30 30	01:18:34	00:12:30	00:42:04	00:24:00
169	728 Hopermann, Udo	SV Haminkeln	9 50	01:18:41	00:16:39	00:39:23	00:22:39
170	466 Gies, Andreas	*Duisburg	31 30	01:18:46	00:13:44	00:42:17	00:22:43
171	581 Bederna, Katrin	*Dinslaken	5 30	01:18:56	00:00:00	00:00:00	00:24:28
172	496 Langmann, Holger	LC Olympia Wiesbaden	41 35	01:18:57	00:10:54	00:40:35	00:27:27
173	447 Wendt, Marco	*Kevelaer	32 30	01:19:02	00:11:28	00:41:14	00:26:19
174	543 Tomasik, Berthold	*Xanten	42 35	01:19:08	00:13:58	00:43:16	00:21:53
175	452 Tewes, Holger	*Dorsten	33 30	01:19:12	00:12:34	00:42:43	00:23:54
176	523 Mitlewski, Gregor	Tri Turtles Hamm	43 35	01:19:35	00:10:29	00:39:23	00:29:42
177	557 Suhr, Rainer	LAC Oberhausen	44 35	01:19:36	00:14:20	00:42:09	00:23:07
178	743 Cleff, Dirk	*Wuppertal	7 55	01:19:38	00:12:42	00:44:32	00:22:23
179	427 Niehaus, Jan	*Ratingen	10 HK	01:19:57	00:11:12	00:44:34	00:24:09
180	773 de Man, Michael		11 HK	01:20:02	00:11:37	00:43:09	00:25:15
181	699 Neugebauer, Paul	SV Benhausen	19 45	01:20:04	00:13:39	00:43:48	00:22:35
182	684 Strerath, Dirk	*Duisburg	28 40	01:20:07	00:12:53	00:41:11	00:26:02
183	548 Brückner, Karsten	1. BC Beuel	45 35	01:20:20	00:11:58	00:43:59	00:24:22

184	425 Heymann, Tobias	*Dortmund	12	HK	01:20:22	00:11:48	00:45:18	00:23:15
185	449 van Bebber, Manfred	DLRG Straelen	34	30	01:20:30	00:11:17	00:45:30	00:23:42
186	493 Wyes, Norman	*Grefrath	35	30	01:20:31	00:12:41	00:41:00	00:26:49
187	621 Boßmann, Hedwig	SV Hamminkeln	2	45	01:20:33	00:13:48	00:41:05	00:25:39
188	570 Schayen, Sibylle	RV Xanten	4	HK	01:20:33	00:12:09	00:43:00	00:25:24
189	419 Halswick, Thomas	*Wesel	13	HK	01:20:36	00:12:13	00:42:07	00:26:15
190	651 Wehage, Shorty	Team Shorty	29	40	01:20:41	00:12:38	00:43:16	00:24:47
191	429 Klemm, Michael	*Geldern	14	HK	01:20:41	00:13:35	00:43:01	00:24:05
192	409 Haberl, Georg	VfL Hinsbeck	5	Jun	01:20:42	00:12:12	00:41:24	00:27:05
193	655 Wegner, Martin	*Wesel	30	40	01:20:51	00:11:38	00:43:39	00:25:32
194	601 Rössig, Renate	*Erkrath	3	35	01:20:56	00:09:55	00:45:29	00:25:31
195	484 Brimmers, Martin	DLRG Straelen	36	30	01:21:02	00:11:17	00:45:30	00:24:14
196	599 Plur, Christine	*Dortmund	4	35	01:21:06	00:11:10	00:44:39	00:25:16
197	605 Krüßmann, Bärbel	SV Hamminkeln	5	35	01:21:18	00:13:37	00:42:22	00:25:18
198	619 Hopermann, Andrea	SV Hamminkeln	4	40	01:21:18	00:13:37	00:42:42	00:24:58
199	672 Höcker, Uwe	*Marl	31	40	01:21:20	00:11:58	00:44:11	00:25:10
200	474 Alscher, Christian	*Duisburg	37	30	01:21:32	00:12:58	00:41:42	00:26:51
201	626 Hornig, Eva	*Nettetal	1	50	01:21:37	00:13:03	00:44:19	00:24:15
202	727 Knubben, Hans-Jürgen	SC Wegberg	10	50	01:21:39	00:13:01	00:42:35	00:26:02
203	663 Illig, Jörg	*Osnabrück	32	40	01:21:39	00:12:00	00:46:20	00:23:18
204	615 Winkler, Cornelia	*Mülheim	5	40	01:21:43	00:12:06	00:43:33	00:26:04
205	722 Suberg, Ulrich	VfB Korschenbroich	20	45	01:21:51	00:13:06	00:44:57	00:23:47
206	551 Trumpa, Ludger	*Langen	46	35	01:21:54	00:12:34	00:45:23	00:23:57
207	608 Groterhorst, Ursula	*Sonsbeck	6	35	01:22:06	00:13:21	00:44:30	00:24:15
208	627 Holey, Heidi	TG 81 Düsseldorf	2	50	01:22:15	00:13:53	00:43:02	00:25:18
209	532 Claessen, Norbert	*Wesel	47	35	01:22:19	00:14:21	00:43:02	00:24:55
210	420 Schrimpf, Holger	*Xanten	15	HK	01:22:24	00:13:30	00:45:01	00:23:52
211	546 Borhardt, Oliver	*Moers	48	35	01:22:29	00:10:50	00:44:15	00:27:23
212	529 Ölrich, Hans-Jürgen	*Mülheim	49	35	01:22:35	00:14:45	00:47:19	00:20:30
213	541 Joosten, Gregor	*Sonsbeck	50	35	01:22:38	00:11:49	00:45:42	00:25:06
214	562 Lausberg, Nadine	SC Wegberg	3	JA	01:22:41	00:11:02	00:44:33	00:27:06
215	486 Braem, Frank	*Wesel	38	30	01:22:44	00:13:03	00:43:58	00:25:43
216	440 Janssen, Andreas	The Quibbles Xanten	39	30	01:22:51	00:15:31	00:41:24	00:25:55
217	695 Adams, Peter	*Hagen	21	45	01:22:56	00:13:00	00:44:33	00:25:22
218	415 Daberkow, Tim	*Hilden	16	HK	01:23:00	00:14:24	00:44:17	00:24:17
219	609 Eyssen, Nicole	TuS Xanten	7	35	01:23:02	00:14:07	00:43:51	00:25:02
220	665 Joseph, Manfred	*Geldern	33	40	01:23:16	00:12:08	00:46:08	00:24:59
221	774 Scharfhausen, Jörg		17	HK	01:23:17	00:13:39	00:45:53	00:23:44
222	710 Cleusters, Albert	SV Hamminkeln	22	45	01:23:17	00:13:24	00:43:56	00:25:57
223	685 Guttman, Detlef-Benny	*Schwalmtal	34	40	01:23:22	00:15:13	00:44:14	00:23:53
224	636 Pateisky, Boris	*Essen	35	40	01:23:23	00:13:11	00:46:45	00:23:26
225	641 Schönnenbeck, Ingo	*Essen	36	40	01:23:23	00:10:46	00:49:10	00:23:26
226	649 Hegemann, Harald	*Hattingen	37	40	01:23:23	00:13:20	00:45:08	00:24:54
227	754 Gemander, Alfons	Fischelner TV	1	70	01:23:24	00:16:57	00:40:50	00:25:36
228	620 Lörcks, Wilma	*Xanten	3	45	01:23:29	00:13:13	00:43:45	00:26:30
229	567 Jansen, Julia	Bocholter Wassersportvere	5	HK	01:23:31	00:10:17	00:44:18	00:28:55
230	646 Hederich, Peter	*Duisburg	38	40	01:23:44	00:14:37	00:45:29	00:23:38

231	616 Plischke, Gaby	DJK Teutonia St. Tönis	6 40	01:23:48	00:12:06	00:45:09	00:26:32
232	424 Lensing, Marcel	*Aachen	18 HK	01:23:57	00:14:15	00:47:07	00:22:33
233	571 Schäfer, Melanie	Ruhrschnecken	6 HK	01:24:10	00:13:05	00:44:38	00:26:26
234	516 Ley, Markus	ASV Süchteln	51 35	01:24:15	00:12:33	00:44:11	00:27:30
235	625 Becher-Lemaire, Babeth	PSV Lubig Bonn	3 50	01:24:18	00:12:57	00:44:22	00:26:59
236	428 Florin, Martin	*Duisburg	19 HK	01:24:24	00:11:31	00:44:51	00:28:01
237	613 Heuer, Katrina	*Xanten	7 40	01:24:31	00:13:36	00:44:38	00:26:17
238	467 Diepholz, Thomas	*Hilden	40 30	01:24:32	00:12:20	00:45:04	00:27:07
239	629 Mitzner, Marlies	ASV Süchteln	2 65	01:24:55	00:13:01	00:44:56	00:26:57
240	436 Fuchs, Alexander	*Geldern	20 HK	01:25:16	00:14:06	00:41:38	00:29:31
241	634 Haske, Thomas	*Hünxe	39 40	01:25:21	00:14:09	00:43:36	00:27:34
242	438 Ramacher, Karsten	*Rheinberg	41 30	01:25:22	00:13:54	00:46:14	00:25:13
243	445 Schürmann, André	BSG Dinslaken	42 30	01:25:27	00:14:59	00:47:09	00:23:18
244	602 Kolb, Birgit	SV Siemens	8 35	01:25:35	00:12:10	00:45:17	00:28:07
245	600 Vos, Ulla	*Geldern	9 35	01:25:37	00:13:36	00:46:31	00:25:29
246	580 Gesthüsen, Stefanie	*Sonsbeck	6 30	01:25:40	00:13:46	00:46:45	00:25:08
247	670 Köppen, Lothar	*Schwerte	40 40	01:25:48	00:13:11	00:47:13	00:25:23
248	586 Ziemann, Jutta	ASV Duisburg	7 30	01:26:02	00:13:40	00:44:59	00:27:22
249	612 Schmeer, Elke	Victoria Alpen	8 40	01:26:04	00:12:51	00:47:38	00:25:34
250	637 Oberdieck, Lutz	Nils Design Xanten	41 40	01:26:18	00:13:52	00:45:49	00:26:36
251	477 Hölting, Holger	*Dorsten	43 30	01:26:19	00:14:18	00:42:54	00:29:06
252	594 Nebelung, Bianka	*Duisburg	10 35	01:26:32	00:12:47	00:45:24	00:28:20
253	656 Tekath, Helmut	Berufsfeuerwehr Duisburg	42 40	01:26:57	00:11:12	00:46:56	00:28:47
254	752 Lietzow, Klaus	Laufunion Münster	3 65	01:27:01	00:12:59	00:46:33	00:27:28
255	779 Marotta, Franco		21 HK	01:27:05	00:14:08	00:44:51	00:28:06
256	431 Möller, Michael	Ruhrschnecken	22 HK	01:27:07	00:11:02	00:47:28	00:28:36
257	404 Heymann, Matthias	*Dortmund	8 JA	01:27:18	00:14:29	00:46:54	00:25:54
258	590 Schless, Iris	*Straelen	11 35	01:27:20	00:12:36	00:46:33	00:28:11
259	624 Gebauer-Funke, Gerda	TRC Essen	4 50	01:27:28	00:12:08	00:45:10	00:30:09
260	724 Aust, Dietmar	*Straelen	23 45	01:27:34	00:13:47	00:45:01	00:28:45
261	514 Tersteegen, Guido	*Issum	52 35	01:27:37	00:13:26	00:41:46	00:32:23
262	413 Loth, Jan-Martin	Tria Kettwig	6 Jun	01:28:03	00:09:46	00:48:04	00:30:13
263	701 Demming, Michael	SV Burlo	24 45	01:28:06	00:15:37	00:43:18	00:29:10
264	569 Rau, Dena	*Ratingen	7 HK	01:28:09	00:10:18	00:48:32	00:29:19
265	583 Mingers, Claudia	*Essen	8 30	01:28:11	00:12:57	00:48:27	00:26:46
266	576 Trepmann, Susanne	Team Telekorn	8 HK	01:28:11	00:12:31	00:47:54	00:27:45
267	531 Alders, Holger	*Xanten	53 35	01:28:21	00:15:02	00:44:51	00:28:27
268	700 Neikes, Holger	*Duisburg	25 45	01:28:35	00:13:55	00:45:43	00:28:55
269	742 Seyfferth, Wilfried	*Essen	8 55	01:28:46	00:12:29	00:46:44	00:29:33
270	676 Specks, Franz-Josef	SG Trimm 7 Mönchengladbac	43 40	01:28:58	00:11:48	00:48:46	00:28:23
271	451 Hensel, Ulrich	*Geldern	44 30	01:29:00	00:17:08	00:46:09	00:25:42
272	603 Woge, Manuela	Lauftreff Kettwig	12 35	01:29:10	00:13:46	00:47:52	00:27:31
273	564 Osthues, Leonie	*Ratingen	2 Jun	01:29:10	00:11:37	00:49:26	00:28:06
274	460 Hebisch, Ole	*Duisburg	45 30	01:30:05	00:13:38	00:48:51	00:27:35
275	607 Grohmann, Ute	TuS Westfalia Hombruch	13 35	01:30:16	00:10:40	00:50:25	00:29:10
276	574 Seidel, Nina	*Duisburg	9 HK	01:30:20	00:13:40	00:47:12	00:29:28
277	753 Müller, Hans	ASV Duisburg	4 65	01:30:24	00:15:51	00:45:15	00:29:17

278	572 Schäfer, Imke	*Wesel	10 HK	01:30:30	00:13:06	00:47:46	00:29:37
279	566 Lämmel, Julia	*Duisburg	11 HK	01:30:55	00:12:06	00:48:45	00:30:03
280	506 Schrör, Thorsten	*Bamberg	54 35	01:31:10	00:11:22	00:51:46	00:28:01
281	469 Wilmsen, Bernd	*Xanten	46 30	01:31:17	00:14:29	00:46:46	00:30:02
282	708 Tischner, Jürgen	*Xanten	26 45	01:31:34	00:13:11	00:50:13	00:28:10
283	744 Grundl, Gerhard	*Essen	9 55	01:31:35	00:13:38	00:50:37	00:27:19
284	503 Schroll, Peter	*Nürnberg	55 35	01:31:42	00:14:30	00:46:58	00:30:13
285	464 Pfitzner, Michael	*Oberhausen	47 30	01:31:43	00:12:40	00:47:47	00:31:16
286	487 Fritz, Mike	BSC Hilden	48 30	01:32:15	00:14:09	00:52:05	00:25:59
287	589 Harfst-Jordan, Sabine	*Issum	14 35	01:32:35	00:13:08	00:47:41	00:31:45
288	622 Groh-Grüter, Antje	OSC 04 Rheinhausen	4 45	01:33:20	00:12:06	00:49:20	00:31:53
289	513 Kefalas, Chris	*Uedem	56 35	01:33:22	00:13:34	00:52:26	00:27:21
290	690 Maas, Bernd	*Gaimersheim	27 45	01:33:40	00:13:17	00:47:23	00:32:59
291	702 Heymann, Friedhelm	*Dortmund	28 45	01:33:41	00:12:52	00:48:24	00:32:24
292	748 Franken, Heinz	Tauchclub Goch	1 60	01:34:16	00:16:12	00:51:51	00:26:11
293	715 Jonath, Joachim	*Mannheim	29 45	01:34:27	00:13:03	00:52:06	00:29:17
294	544 Röse, Holger	*Dinslaken	57 35	01:34:30	00:14:58	00:50:06	00:29:25
295	772 Pohl, Gaby	Team Niederrhein	5 50	01:34:30	00:00:00	00:00:00	00:28:44
296	755 Lempken, Heinz	*Duisburg	2 70	01:35:14	00:16:41	00:48:48	00:29:44
297	683 Fritz, Dietmar	*Xanten	44 40	01:35:28	00:16:59	00:48:56	00:29:32
298	582 Ciuman, Isabell	*Mannheim	9 30	01:35:50	00:11:56	00:53:13	00:30:40
299	610 Dzionsko, Kerstin	*Münster	15 35	01:35:57	00:13:11	00:55:38	00:27:07
300	664 Anderl, Andreas	*Oberhausen	45 40	01:36:06	00:16:14	00:49:36	00:30:15
301	547 Sprenger, Detlef	*Oberhausen	58 35	01:36:17	00:09:56	00:52:36	00:33:45
302	597 Kleimeier, Kerstin	*Bottrop	16 35	01:38:51	00:16:30	00:52:38	00:29:42
303	729 Jost, Fritz	*Grefrath	11 50	01:39:12	00:15:47	00:47:18	00:36:06
304	691 Balta, Halil	*Düsseldorf	30 45	01:40:25	00:15:57	00:53:41	00:30:46
305	633 Janssen, Thomas	*Niederkrüchten	46 40	01:45:34	00:16:52	00:55:02	00:33:39
306	604 Borchardt, Britta	*Moers	17 35	01:47:28	00:13:28	00:55:20	00:38:39
307	682 Kramer, Andreas	*Duisburg	47 40	01:47:45	00:17:40	01:00:44	00:29:20
308	747 Schrör, Heinz	*Alpen	2 60	01:47:45	00:14:27	00:59:15	00:34:02
309	776 Topp, Kerstan	TV Einigkeit Mülheim	49 30	01:53:07	00:14:28	01:09:24	00:29:15