


 Xanten Triathlon 2003
 Einlaufliste: Draxi Distanz (0.5 - 20 - 5)

Platz	Nr.	Name, Vorname	Verein/*Ort	Platz	AK	Endzeit	SWIM	BIKE	RUN
1	652	Seidel, Stephan	PV TRI Witten e.V.	1	20	00:56:45	00:07:57	00:32:31	00:16:17
2	219	Harbering, Johannes	Bocholter Wassersportvere	2	20	00:57:00	00:07:30	00:32:59	00:16:29
3	653	Seidel, Ronny	PV TRI Witten e.V.	3	20	00:57:08	00:07:58	00:32:32	00:16:38
4	236	Schürmann, Daniel	Kanu-Klub-Krefeld	4	20	00:57:31	00:07:46	00:32:28	00:17:16
5	353	Steinmetz, Roland	Starlight Team Essen	5	20	00:57:47	00:08:54	00:32:47	00:16:05
6	202	Janssen, Jochen	TV Goch	6	20	00:58:26	00:07:30	00:33:13	00:17:41
7	650	Rohleder, Bastian	TV Germania Buschhütten	7	20	00:58:46	00:07:32	00:32:59	00:18:15
8	675	Rahmann, Klaus-Bernd	TRI Speed Marienfeld	8	20	01:00:10	00:08:58	00:33:04	00:18:07
9	514	Krebber, Theo	TV Goch	1	40	01:00:30	00:08:05	00:34:43	00:17:41
10	475	Witte, Frank de	TuS Xanten	2	40	01:00:48	00:08:24	00:32:54	00:19:28
11	272	Piontek, Andreas	Bayer 05 Uerdingen	9	20	01:01:13	00:08:41	00:33:37	00:18:54
12	611	Janssen, Stefan	TV Cerberus	10	20	01:01:17	00:07:53	00:34:16	00:19:08
13	651	Rohleder, Manuel	TVE Netphen	11	20	01:01:29	00:09:12	00:33:33	00:18:42
14	242	Schneidereit, Günter	Tri Team Schleiden	12	20	01:01:30	00:08:13	00:33:58	00:19:18
15	273	Eiting, Mike	Bocholter Wassersportvere	13	20	01:01:33	00:08:11	00:33:46	00:19:34
16	649	Niklass, Kai	SV Sterkrade Nord	14	20	01:01:49	00:07:48	00:34:23	00:19:37
17	647	Walkenbach, Ulrich	VT Triangel Kempen	15	20	01:01:51	00:07:35	00:35:30	00:18:46
18	201	Harbering, Martin	Bocholter Wassersportvere	16	20	01:01:53	00:08:37	00:34:10	00:19:05
19	582	Strelzyk, Andreas	*Bergisch Gladbach	17	20	01:02:03	00:07:26	00:34:57	00:19:39
20	251	Lensing, Christian	Bocholter Wassersportvere	18	20	01:02:09	00:08:48	00:33:46	00:19:34
21	435	Nagel, Michael	Bayer 05 Uerdingen	3	40	01:02:17	00:09:25	00:33:21	00:19:30
22	349	Steinbach, Norman	Bayer 05 Uerdingen	19	20	01:03:31	00:08:25	00:34:44	00:20:22
23	627	Stein, Marco	*Essen	20	20	01:03:35	00:09:10	00:36:18	00:18:06
24	352	Straetmans, Ralph	*Goch	21	20	01:04:00	00:09:42	00:35:51	00:18:27
25	327	Broch, Tobias	*Duisburg	22	20	01:04:08	00:08:25	00:33:47	00:21:55
26	496	Holfeld, Rainer	TVDÄ	4	40	01:04:09	00:08:36	00:35:34	00:19:58
27	516	Frauenkron, Heinz Peter	*Mülheim	5	40	01:04:10	00:08:43	00:36:25	00:19:01
28	361	Küntzler, Boris	Staubwolke Fischeln	23	20	01:04:11	00:11:55	00:33:07	00:19:08
29	525	Kurbjuhn, Klaus	Bocholter Wassersportvere	6	40	01:04:17	00:08:27	00:36:36	00:19:13
30	379	Wellmanns, Birgit	TV Goch	1	20	01:04:21	00:08:06	00:36:11	00:20:03
31	513	Krippenstapel, Holger	*Unna	7	40	01:04:28	00:09:56	00:35:18	00:19:13
32	278	Kipar, Mirco	SV Gladbeck 1913	24	20	01:05:16	00:08:19	00:36:48	00:20:08
33	506	Wölfel, Thomas	ASV Duisburg	8	40	01:05:21	00:09:28	00:35:23	00:20:30
34	288	Clewer, Lars	SV Willich	25	20	01:05:37	00:08:57	00:36:24	00:20:16
35	446	Schmeichel, Armin	*Kamen	9	40	01:05:45	00:08:47	00:35:52	00:21:05
36	235	Schoemakers, Michael	VfL Merkur Kleve	26	20	01:05:56	00:09:19	00:37:34	00:19:03
37	221	Haak, Holger	Tri-Team Hagen	27	20	01:06:15	00:08:23	00:37:51	00:19:59
38	262	Heydemann, Jörg	*Kamp-Lintfort	28	20	01:06:21	00:09:28	00:36:23	00:20:29
39	214	Kaas, Theo	*Xanten	29	20	01:06:27	00:10:22	00:36:24	00:19:41
40	543	Cozynsen, Jan Lubertus	VRC Veenendaal	1	50	01:06:30	00:08:09	00:36:19	00:22:00
41	443	Ackermann, Johannes	LG Alpen	10	40	01:06:33	00:11:24	00:36:13	00:18:54
42	313	Rottstegge, Thomas	Bocholter Wassersportvere	30	20	01:06:46	00:09:38	00:37:27	00:19:40
43	230	Janssen, Hubertus	GSV Geldern	31	20	01:06:47	00:08:00	00:37:30	00:21:16
44	367	Czernik, Martin	Recklinghäuser LC	32	20	01:06:58	00:10:26	00:36:44	00:19:47
45	293	Glahé, Michael	*Unna	33	20	01:07:02	00:11:35	00:37:27	00:18:00
46	677	Quack, Gerd	KTSV Preussen Krefeld	2	50	01:07:07	00:11:10	00:37:40	00:18:15
47	548	Grossmann, Werner	SV Sterkrade Nord	3	50	01:07:14	00:11:28	00:34:45	00:21:00
48	362	Overhage, Dirk	Trajan-Bau Xanten	34	20	01:07:18	00:09:25	00:35:31	00:22:22
49	442	Lausberg, Dieter	SC Wegberg	11	40	01:07:19	00:11:18	00:34:39	00:21:21
50	450	Schmitz, Dieter	TuS Xanten	12	40	01:07:24	00:10:19	00:35:29	00:21:35
51	344	Frieling, Martin	Schwarz-Weiß Havixbeck	35	20	01:07:30	00:08:44	00:36:21	00:22:25
52	463	Kemper, Hermann	SV Bedburg-Hau	13	40	01:07:35	00:11:02	00:36:41	00:19:50
53	608	Beyerinck, Manfred	TV Goch	14	40	01:07:46	00:10:13	00:37:04	00:20:29
54	555	Buhl, Jürgen	LG Alpen	4	50	01:07:48	00:11:24	00:35:45	00:20:38
55	436	Kahl, Joachim	*Bergisch Gladbach	15	40	01:07:51	00:08:52	00:37:56	00:21:02
56	257	Weber, Dirk	*Moers	36	20	01:08:00	00:09:54	00:37:12	00:20:52
57	540	Hopermann, Udo	SV Hamminkeln	5	50	01:08:02	00:10:50	00:36:21	00:20:49
58	334	Krüger, Olaf	FunGo Sports	37	20	01:08:08	00:10:36	00:36:46	00:20:45
59	559	Schmitz, Georg	TVK 1877 Essen	1	60	01:08:18	00:10:27	00:35:51	00:21:59
60	306	Jong, Martin de	*Essen	38	20	01:08:18	00:10:25	00:37:00	00:20:52
61	291	Illbruck, Marc	*Ratingen	39	20	01:08:23	00:12:18	00:35:21	00:20:43
62	489	Hoven, Alfons	*Wegberg	16	40	01:08:29	00:09:46	00:35:25	00:23:17
63	462	Peters, Michael	TV Goch	17	40	01:08:31	00:08:57	00:38:26	00:21:07
64	318	Kössler, Jürgen	Tauchclub Maritim Borken	40	20	01:08:35	00:11:58	00:36:09	00:20:27
65	526	Büsch, Heinz	*Moers	18	40	01:08:40	00:09:48	00:38:54	00:19:57
66	567	Drewes, Heribert	*Herne	2	60	01:08:43	00:10:33	00:36:30	00:21:39
67	544	Kraffczyk, Rolf	SV Gladbeck 1913	6	50	01:08:47	00:09:15	00:37:53	00:21:38
68	300	Romberg, Bernd	VfL Hüls	41	20	01:08:53	00:10:54	00:36:39	00:21:20
69	542	Bovet, Jürgen	Pulheimer SC	7	50	01:08:55	00:08:52	00:38:15	00:21:46
70	509	Gorba, Klaus	*Dinslaken	19	40	01:08:56	00:09:13	00:37:58	00:21:45
71	383	Hecker, Sandra	SC Oftersheim	2	20	01:08:57	00:10:34	00:37:01	00:21:20
72	504	Oostveen, Manfred von	*Emmerich	20	40	01:08:57	00:10:00	00:39:59	00:18:57
73	492	Bößneck, Ulrich	SV Preußen 07	21	40	01:09:09	00:10:27	00:36:52	00:21:49
74	199	Dallmann, Frank	*Kempen	42	20	01:09:14	00:10:54	00:37:14	00:21:05
75	302	Jörg, Friedrich	*Korschenbroich	43	20	01:09:17	00:11:20	00:38:30	00:19:26

76	554	Duwense, Friedhelm	SC Wegberg	8	50	01:09:18	00:10:16	00:36:40	00:22:21
77	551	Ettelt, Hermann	Starlight Team Essen	9	50	01:09:21	00:11:09	00:36:37	00:21:34
78	673	Bauer, Carolin	SSF Bonn	3	20	01:09:22	00:08:49	00:38:10	00:22:22
79	301	Hönig, Michael	*Waltrop	44	20	01:09:27	00:09:05	00:38:42	00:21:40
80	655	Abels, Markus	TV Goch	45	20	01:09:35	00:10:11	00:36:39	00:22:45
81	629	Leermann, Andree	DJK Armada Würselen	46	20	01:09:35	00:11:04	00:37:15	00:21:15
82	254	Kersbaum, Sandro	AS Neukirchen-Vluyn	47	20	01:09:39	00:11:06	00:36:56	00:21:36
83	523	Stobrawe, Michael	LT Schnecke Sonsbeck	22	40	01:09:42	00:11:02	00:37:35	00:21:04
84	364	Zwaag, Till van der	*Xanten	48	20	01:09:46	00:08:23	00:39:42	00:21:40
85	307	Holz, André	*Kleve	49	20	01:09:52	00:10:28	00:37:14	00:22:09
86	285	Klein-Bösing, Carsten	*Bünde	50	20	01:09:55	00:10:39	00:36:52	00:22:23
87	263	Aegenheister, Norbert	*Geldern	51	20	01:09:57	00:09:22	00:37:40	00:22:54
88	350	Straub, Steffen	*Viersen	52	20	01:10:04	00:10:37	00:36:54	00:22:32
89	524	Fussangel, Rolf	Mönchengladbacher TV 1848	23	40	01:10:11	00:09:13	00:37:53	00:23:04
90	499	Mölders, Richard	TuS Xanten	24	40	01:10:11	00:13:00	00:36:28	00:20:42
91	439	Lange, Wolfgang	DLRG Straelen	25	40	01:10:13	00:09:21	00:36:55	00:21:57
92	466	Reinhardt, Frank	SV Sterkrade Nord	26	40	01:10:15	00:10:48	00:37:04	00:22:22
93	445	Schleß, Jörg	*Xanten	27	40	01:10:19	00:12:02	00:37:17	00:21:00
94	678	Giannikos, Alexandros	*Königstein	28	40	01:10:27	00:11:28	00:36:49	00:22:09
95	438	Mann, Uwe	DSC 99	29	40	01:10:32	00:10:12	00:39:02	00:21:18
96	222	Wagner, Mathias	*Marl	53	20	01:10:35	00:12:20	00:37:42	00:20:32
97	281	Wisnia, Thorsten	TV Attendorn	54	20	01:10:37	00:11:01	00:37:31	00:22:03
98	218	Jasiak, Carsten	SV Gladbeck 1913	55	20	01:10:44	00:09:08	00:38:52	00:22:44
99	271	Dillram, Marko	DLC Aachen	56	20	01:10:48	00:09:04	00:39:15	00:22:28
100	253	Hendricks, Rüdger	Borussia Veen	57	20	01:10:49	00:10:58	00:36:39	00:23:12
101	338	Dreinert, Frank	Heesjogger Bor. Veen	58	20	01:10:50	00:12:29	00:35:36	00:22:43
102	348	Storm, Ulrich	*Duisburg	59	20	01:10:51	00:10:31	00:37:38	00:22:42
103	244	Schmidt, Martin	TUS Drevenack	60	20	01:10:53	00:11:10	00:38:50	00:20:52
104	479	Wiefferink, Gerd	NiersRunners Wachtendonk	30	40	01:10:53	00:10:58	00:37:06	00:22:49
105	275	Mittasch, Markus	SFD Düsseldorf	61	20	01:10:56	00:11:19	00:37:43	00:21:52
106	521	Stegemann, Heiko	*Willich	31	40	01:11:02	00:10:23	00:37:15	00:23:23
107	537	Becke, Achim	*Düsseldorf	10	50	01:11:08	00:11:41	00:38:55	00:20:31
108	633	Streck, Michael	TV Goch	62	20	01:11:13	00:11:31	00:38:46	00:20:55
109	277	Wiedelbach, Frank	*Duisburg	63	20	01:11:17	00:11:53	00:37:40	00:21:43
110	637	Klein, Norbert	LG Alpen	32	40	01:11:22	00:11:39	00:40:44	00:18:57
111	680	Bossmann, Stefan		64	20	01:11:25	00:11:49	00:38:25	00:21:10
112	304	Borgards, Torsten	LT Schnecke Sonsbeck	65	20	01:11:26	00:11:21	00:38:34	00:21:30
113	474	Hidding, Thomas	TuS Xanten	33	40	01:11:32	00:11:08	00:38:18	00:22:05
114	431	Falkus, Bernd	Lauftreff Wesel	34	40	01:11:33	00:11:48	00:38:13	00:21:31
115	377	Schless, Jule	*Xanten	4	20	01:11:35	00:10:52	00:37:48	00:22:54
116	422	Brieden, Karin	VT Triangel Kempen	1	40	01:11:38	00:11:08	00:37:09	00:23:20
117	587	Fillgert, Frank	*Kamp-Lintfort	35	40	01:11:45	00:10:37	00:37:19	00:23:48
118	595	Grote, Ariane	TG Neuss	5	20	01:11:46	00:08:55	00:38:04	00:24:46
119	556	Mund, Ulrich	*Dortmund	11	50	01:11:53	00:09:18	00:38:55	00:23:39
120	231	Schönwitz, Marcus	*Hattingen	66	20	01:11:56	00:08:49	00:41:04	00:22:02
121	261	Gelhaar, Thorsten	*Hilden	67	20	01:11:59	00:11:54	00:39:01	00:21:03
122	292	Alscher, Christian	*Duisburg	68	20	01:12:02	00:11:35	00:36:08	00:24:19
123	311	Kolb, Thomas	SV Siemens	69	20	01:12:04	00:10:14	00:40:46	00:21:02
124	284	Fischer, Stephan	*Duisburg	70	20	01:12:06	00:10:33	00:38:11	00:23:21
125	589	Janssen, Karl	TuS Xanten	71	20	01:12:07	00:11:39	00:37:25	00:23:02
126	342	Kramer, René	*Düsseldorf	72	20	01:12:07	00:10:54	00:36:56	00:24:17
127	269	Wittkamp, Michael	Bocholter Wassersportvere	73	20	01:12:09	00:10:59	00:37:29	00:23:40
128	505	Hoven, Werner	*Bocholt	36	40	01:12:16	00:11:06	00:37:03	00:24:06
129	536	Kettendörfer, Heinz-Otto	TVG Kaiserau	12	50	01:12:19	00:11:26	00:38:43	00:22:10
130	274	Milkereit, Georg	FFW Neukirchen-Vluyn	74	20	01:12:24	00:11:25	00:38:42	00:22:16
131	259	Kempkens, Walter	GSV Geldern	75	20	01:12:33	00:11:00	00:38:45	00:22:48
132	372	Kaiser, Dörte	Triathlon-Team Gießen	6	20	01:12:36	00:11:46	00:37:58	00:22:52
133	336	Ernst, Olaf	*Unna	76	20	01:12:39	00:09:51	00:40:08	00:22:39
134	640	Schmitz, Andreas	Tri Team TSG Sprockhövel	37	40	01:12:39	00:11:00	00:37:50	00:23:48
135	337	Fretschen, Christian	AS Neukirchen-Vluyn	77	20	01:12:44	00:10:59	00:39:07	00:22:37
136	452	Schilke, Norbert	MTG Essen Horst	38	40	01:12:45	00:11:45	00:40:49	00:20:10
137	599	Schaaf, Manfred	*Wesel	39	40	01:12:45	00:12:15	00:37:54	00:22:35
138	287	Elze, Michael	TV Goch	78	20	01:12:54	00:11:33	00:37:57	00:23:23
139	283	Kierek, Stefan	ÜWG Essen 94	79	20	01:12:54	00:11:19	00:39:25	00:22:09
140	238	Schürmann, André	BSG Dinslaken	80	20	01:12:58	00:11:44	00:38:49	00:22:24
141	597	Voß, Rüdiger	Team Niederrhein	40	40	01:13:01	00:11:20	00:37:33	00:24:07
142	467	Wegner, Martin	*Wesel	41	40	01:13:02	00:11:07	00:37:34	00:24:20
143	497	Wöscher, Hans	Victoria Alpen	42	40	01:13:02	00:12:29	00:39:34	00:20:59
144	333	Briffett, Gordon	*Köln	81	20	01:13:02	00:09:48	00:38:16	00:24:58
145	638	Wisnewski, Tanja	ASV Duisburg	7	20	01:13:05	00:11:21	00:38:10	00:23:34
146	609	Stalberg, Dominic	*Duisburg	82	20	01:13:06	00:09:41	00:41:47	00:21:37
147	268	Richrath, Kai	*Mettmann	83	20	01:13:06	00:09:37	00:42:31	00:20:57
148	411	Kisters, Maria	LT Schnecke Sonsbeck	2	40	01:13:09	00:11:18	00:39:13	00:22:37
149	414	Wöscher, Sylvia	Victoria Alpen	3	40	01:13:16	00:10:59	00:39:18	00:22:58
150	432	Radtke, Reinhard	*Xanten	43	40	01:13:18	00:13:12	00:37:42	00:22:23
151	309	Böhnke, Konrad	TuS Xanten	84	20	01:13:18	00:10:44	00:37:04	00:25:29
152	527	Rütz, Peter	VT Triangel Kempen	44	40	01:13:27	00:08:59	00:38:15	00:26:12
153	447	Schmelter, Martin	TV Attendorn	45	40	01:13:29	00:10:29	00:39:59	00:23:00
154	329	Kremser, Thorsten	Schwarz-Weiß Havixbeck	85	20	01:13:32	00:11:40	00:39:16	00:22:35
155	240	Schäffler, Daniel	*Dorsten	86	20	01:13:32	00:09:58	00:39:49	00:23:43
156	534	Scholten, Heinz	Tri Team Aadorf	13	50	01:13:32	00:11:22	00:39:10	00:23:00
157	345	Groß, Michael	*Kamp-Lintfort	87	20	01:13:34	00:11:56	00:37:41	00:23:56
158	585	Raith, Manfred	LV Nütterden	46	40	01:13:36	00:15:27	00:38:48	00:19:21
159	389	Thurm, Anja	LG Mülheim	8	20	01:13:42	00:12:48	00:39:17	00:21:36
160	636	Sander, Harald	*Oberhausen	47	40	01:13:42	00:12:06	00:39:54	00:21:41
161	494	Kowollik, Christian	TuS Xanten	48	40	01:13:45	00:12:45	00:39:00	00:22:00
162	270	Zimmermann, Björn	RV-Adler Lüttringhausen	88	20	01:13:47	00:11:50	00:38:11	00:23:44
163	290	Blomberg, Stefan	*Duisburg	89	20	01:13:47	00:11:23	00:40:02	00:22:21
164	246	Beckmann, Michael	*Mülheim	90	20	01:13:50	00:12:18	00:39:56	00:21:34
165	250	Lenz, Andreas	*Rheinberg	91	20	01:13:53	00:11:07	00:40:48	00:21:56
166	370	Casper, Sonja	*Köln	9	20	01:13:54	00:08:57	00:39:43	00:25:14

167	404	Groterhorst, Ulla	LT Schnecke Sonsbeck	10	20	01:13:56	00:10:54	00:41:20	00:21:42
168	605	Wolfger, Rainer	*Alpen	92	20	01:14:07	00:12:02	00:38:18	00:23:46
169	586	Quinkenstein, Bernd	Weseler Auegazellen	93	20	01:14:13	00:11:09	00:40:57	00:22:05
170	642	Küssner, Bernd	Angerland LT Lintorf	49	40	01:14:13	00:10:28	00:40:18	00:23:27
171	668	Schramm, Andreas	TV Goch	50	40	01:14:14	00:10:55	00:39:20	00:23:59
172	654	Swoboda, Björn	*Kamen	94	20	01:14:15	00:10:23	00:38:57	00:24:55
173	617	Facklam, Horst	*Krefeld	51	40	01:14:16	00:11:59	00:38:11	00:24:05
174	247	Geradts, Ralf	*Aachen	95	20	01:14:18	00:12:55	00:38:55	00:22:28
175	385	Wegenauer, Jutta	*Sonsbeck	11	20	01:14:20	00:12:15	00:38:53	00:23:11
176	351	Stratenschulte, Wolfgang	*Wesel	96	20	01:14:20	00:11:40	00:38:34	00:24:05
177	437	Bauhaus, Reinhard	SV Hamminkeln	52	40	01:14:21	00:12:50	00:39:59	00:21:31
178	580	Gertzen, Klaus-Gerhard	LV Nütterden	53	40	01:14:25	00:13:30	00:40:04	00:20:51
179	232	Schmidt, Dietmar	VfL Bad Arolsen	97	20	01:14:27	00:11:02	00:38:39	00:24:45
180	557	Oymann, Herbert	LG Alpen	14	50	01:14:27	00:11:51	00:40:20	00:22:16
181	674	Emberger, Jana	*Köln	12	20	01:14:28	00:09:30	00:40:35	00:24:21
182	669	Rausch, Martin	*Düsseldorf	98	20	01:14:31	00:12:05	00:39:13	00:23:11
183	243	Schneider, Jens	Duisburger Ruderverein	99	20	01:14:31	00:10:15	00:40:29	00:23:46
184	577	Lausberg, Nadine	SC Wegberg	13	20	01:14:34	00:10:02	00:39:23	00:25:08
185	614	Mannek, Michael	*Moers	100	20	01:14:36	00:13:32	00:38:43	00:22:20
186	315	Tomasik, Berthold	*Xanten	101	20	01:14:37	00:13:10	00:39:20	00:22:07
187	448	Schulz, Michael	BSV Bethesda Essen	54	40	01:14:38	00:13:48	00:40:36	00:20:13
188	600	Lindner, Günter	*Oberhausen	55	40	01:14:41	00:12:37	00:39:03	00:23:00
189	594	Brüning, Stefan	TuS Xanten	102	20	01:14:44	00:13:22	00:38:23	00:22:58
190	519	Arnold, Dieter	*Geldern	56	40	01:14:45	00:10:31	00:38:37	00:25:36
191	310	Joosten, Gregor	*Sonsbeck	103	20	01:14:48	00:10:24	00:41:32	00:22:52
192	498	Köppen, Lothar	Tri Geckos Dortmund	57	40	01:14:50	00:11:20	00:38:41	00:24:48
193	356	Busalla, Thomas	*Langenfeld	104	20	01:14:53	00:11:42	00:39:20	00:23:50
194	623	Storck, Frank	*Kamp-Lintfort	58	40	01:14:54	00:12:15	00:42:01	00:20:37
195	299	Jordan, Klaus	*Issum	105	20	01:14:58	00:11:33	00:38:07	00:25:18
196	604	Bederna, Katrin	Kanuclub Friedrichsfeld	14	20	01:15:06	00:12:21	00:37:56	00:24:48
197	473	Wisnia, Uwe	TV Attendorf	59	40	01:15:07	00:11:49	00:38:18	00:24:58
198	591	Horenkamp, Jan	TuS Xanten	106	20	01:15:11	00:13:34	00:40:37	00:21:00
199	303	Böhler, Jens	*Oberhausen	107	20	01:15:18	00:13:24	00:38:52	00:23:00
200	606	Rösken, Jörg	Victoria Alpen	60	40	01:15:18	00:11:02	00:39:02	00:25:14
201	205	Waffner, Jürgen	MTG Essen Horst	108	20	01:15:19	00:12:00	00:37:34	00:25:44
202	320	Rousek, Arndt	*Unna	109	20	01:15:22	00:11:50	00:38:37	00:24:53
203	441	Maske, Bernd	TUS Breitscheid 72 e.V.	61	40	01:15:26	00:13:45	00:39:01	00:22:39
204	391	Eichler, Heike	*Xanten	15	20	01:15:28	00:09:29	00:39:56	00:26:02
205	615	Löschner, Uwe	Tri Team TSG Sprockhövel	62	40	01:15:28	00:09:24	00:38:10	00:27:53
206	421	Bremer, Monika	DJK Mülheim-Saarn	4	40	01:15:30	00:11:06	00:40:52	00:23:31
207	449	Schwermer, Peter	Cool-Runners Gescher	63	40	01:15:30	00:12:54	00:40:44	00:21:51
208	456	Reichelt, Harald	*Essen	64	40	01:15:32	00:10:48	00:37:55	00:26:48
209	520	Ostermann, Frank	*Mönchengladbach	65	40	01:15:35	00:11:16	00:40:25	00:23:53
210	511	Specks, Michael	SG Trimm 7 Mönchengladbach	66	40	01:15:35	00:11:34	00:40:03	00:23:57
211	308	Bons, Uwe	SV Straelen	110	20	01:15:43	00:13:13	00:41:01	00:21:28
212	294	Smarzlik, Frank	*Essen	111	20	01:15:43	00:12:02	00:40:28	00:23:12
213	564	Dohrmann, Jörg	*Dortmund	3	60	01:15:43	00:11:04	00:39:24	00:25:14
214	276	Wimmers, Jürgen	*Selfkant	112	20	01:15:44	00:13:42	00:38:03	00:23:59
215	371	Gaussmann, Bettina	*Herne	16	20	01:15:47	00:09:17	00:40:52	00:25:37
216	583	Freiheit, Jochen	*Duisburg	113	20	01:15:49	00:10:28	00:39:08	00:26:13
217	472	Killewald, Frank	*Kamp-Lintfort	67	40	01:15:50	00:12:11	00:41:29	00:22:09
218	666	Kötter, Markus	*Bergisch Gladbach	68	40	01:15:52	00:12:56	00:39:02	00:23:53
219	209	Macke, Ralph	*Straelen	114	20	01:15:58	00:09:45	00:40:40	00:25:32
220	380	Weinkath, Wibke	TUS Drevenack	17	20	01:15:58	00:13:12	00:39:34	00:23:12
221	267	Willenborg, Hans-Peter	DLRG Straelen	115	20	01:15:58	00:08:36	00:41:18	00:26:04
222	260	Derrix, Ludger	*Geldern	116	20	01:15:59	00:11:45	00:40:02	00:24:10
223	533	Rabs, Werner	Bayer 05 Uerdingen	15	50	01:16:02	00:11:17	00:40:40	00:24:04
224	529	Guttman, Benny	Johnson Controls	69	40	01:16:03	00:13:47	00:39:43	00:22:32
225	419	Boßmann, Hedwig	SV Hamminkeln	5	40	01:16:06	00:13:12	00:38:44	00:24:10
226	429	Hornig, Eva	LT Leuth	1	50	01:16:07	00:12:41	00:39:46	00:23:39
227	430	Gemander, Irmgard	Fischelner TV	1	60	01:16:12	00:10:35	00:38:39	00:26:57
228	488	Ambrosius, Dieter	TV Elten	70	40	01:16:26	00:11:32	00:42:58	00:21:55
229	613	Marek, Lars	*Bochum	117	20	01:16:35	00:14:08	00:40:48	00:21:38
230	538	Thomas, Heinz-Günther	Alfterer SC	16	50	01:16:35	00:13:53	00:39:14	00:23:27
231	359	Bunzeck, Peter	*Schaephuysen	118	20	01:16:40	00:12:08	00:38:44	00:25:48
232	471	Ritter, Eberhard	*Xanten	71	40	01:16:43	00:10:55	00:41:57	00:23:51
233	249	Seeck, Holger	*Xanten	119	20	01:16:44	00:13:33	00:38:35	00:24:35
234	460	Weibel, Johannes	LT Schnecke Sonsbeck	72	40	01:16:47	00:13:53	00:43:03	00:19:50
235	265	Egner, Oliver	*Oberhausen	120	20	01:16:50	00:11:13	00:39:35	00:26:00
236	490	Wolter, Edmund	Weseler Auegazellen	73	40	01:16:55	00:11:35	00:42:20	00:23:00
237	454	Kemkes, Roland	Johnson Controls	74	40	01:16:56	00:12:15	00:37:55	00:26:45
238	457	Hecker, Axel	MTV Köln	75	40	01:17:02	00:13:54	00:40:53	00:22:15
239	621	Schettkath, Michael	SV Triathlon Borth	121	20	01:17:03	00:11:59	00:39:59	00:25:04
240	593	Pichotka, David	TuS Xanten	122	20	01:17:03	00:12:15	00:43:13	00:21:34
241	500	Köttsch, Udo	*Gelsenkirchen	76	40	01:17:07	00:14:24	00:39:16	00:23:25
242	493	Joseph, Manfred	*Geldern	77	40	01:17:10	00:11:00	00:41:26	00:24:43
243	476	Lichte, Peter	*Düsseldorf	78	40	01:17:12	00:13:15	00:38:30	00:25:26
244	396	Lörcks, Heike	*Kalkar	18	20	01:17:16	00:11:42	00:40:36	00:24:58
245	346	Assies, Mink	NSVV Heyendaal	123	20	01:17:17	00:11:58	00:42:54	00:22:23
246	645	Alfes, Mike	*Dorsten	124	20	01:17:19	00:14:02	00:40:36	00:22:41
247	225	Halswick, Thomas	Spielv. Buderich	125	20	01:17:19	00:10:50	00:40:34	00:25:55
248	661	Howaldt, Andreas	*Duisburg	126	20	01:17:22	00:11:46	00:42:47	00:22:48
249	590	Höptner, Markus	TuS Xanten	127	20	01:17:27	00:12:43	00:41:26	00:23:16
250	482	Illig, Jörg Matthias	*Osnabrück	79	40	01:17:32	00:11:25	00:43:50	00:22:16
251	480	Ellerbrok, Dirk	*Mülheim	80	40	01:17:39	00:11:46	00:43:25	00:22:27
252	588	Prantl, Michael	TuS Xanten	128	20	01:17:40	00:13:10	00:39:52	00:24:37
253	502	Dohmen, Georg	*Brüggen	81	40	01:17:43	00:11:58	00:39:53	00:25:51
254	664	Boger, Martin	*Bochum	129	20	01:17:45	00:11:47	00:40:00	00:25:57
255	322	König, Thorsten	*Euskirchen	130	20	01:17:58	00:10:52	00:41:56	00:25:09
256	224	Raffel, Torsten	*Kamp-Lintfort	131	20	01:18:04	00:11:07	00:39:36	00:27:19
257	465	Derksen, Thomas	*Rheurdt	82	40	01:18:09	00:11:55	00:40:37	00:25:36

258	607	Rösken, Bettina	Victoria Alpen	19	20	01:18:13	00:12:36	00:40:17	00:25:18
259	410	Wisnia, Dagmar	TV Attendorn	6	40	01:18:13	00:10:44	00:41:16	00:26:12
260	297	Kneip, Hartmut	*Düsseldorf	132	20	01:18:20	00:12:32	00:40:18	00:25:28
261	549	Steinbock, Bernd	TuS Gildehaus	17	50	01:18:20	00:12:22	00:38:52	00:27:05
262	584	Raith, Andreas	LV Nütterden	133	20	01:18:20	00:12:24	00:39:40	00:26:15
263	630	Schaffrath, Andreas	LT-Alsdorf-Ost	134	20	01:18:22	00:12:55	00:42:39	00:22:47
264	331	Brückner, Karsten	1. BC Beuel	135	20	01:18:34	00:11:32	00:41:34	00:25:27
265	563	Polte, Heinz	TG Neuss	4	60	01:18:43	00:14:55	00:39:17	00:24:30
266	203	Häselhoff, Thomas	*Kamp-Lintfort	136	20	01:18:47	00:12:18	00:43:03	00:23:25
267	501	Lohmann, Ulrich	LT Schnecke Sonsbeck	83	40	01:18:48	00:13:13	00:41:53	00:23:41
268	374	Schayen, Sibylle	RV Xanten	20	20	01:18:58	00:11:52	00:40:10	00:26:55
269	624	Beins, Christiane	*B	21	20	01:19:00	00:10:47	00:40:51	00:27:21
270	413	Linnenschmidt, Simone	SV Siemens	7	40	01:19:02	00:13:45	00:40:25	00:24:51
271	394	Ellerbrock, Marina	Sport-Treff-Mülheim	22	20	01:19:03	00:11:18	00:40:17	00:27:27
272	405	Stempel, Julia	NSVV Heyendaal	23	20	01:19:06	00:14:03	00:43:42	00:21:20
273	619	Daubert, Derk	*Dortmund	137	20	01:19:07	00:12:06	00:43:52	00:23:08
274	409	Weibel, Luise	LT Schnecke Sonsbeck	8	40	01:19:08	00:13:37	00:43:43	00:21:46
275	643	Horenkamp, Dirk	*Köln	138	20	01:19:12	00:11:52	00:39:54	00:27:25
276	468	Berg, Matthias	TuS St. Hubert	84	40	01:19:18	00:14:47	00:42:06	00:22:24
277	495	Kogel, Rolf	*Duisburg	85	40	01:19:21	00:13:02	00:38:57	00:27:21
278	553	Suberg, Ulrich	VFB Korschenbroich	18	50	01:19:27	00:12:47	00:42:26	00:24:13
279	316	Boshüsen, Thomas	LC Duisburg	139	20	01:19:35	00:11:46	00:46:07	00:21:41
280	503	Höfer, Wolfgang	*Rees	86	40	01:19:35	00:00:00	00:00:00	00:25:30
281	237	Schrumpf, Holger	*Duisburg	140	20	01:19:48	00:12:43	00:41:58	00:25:07
282	469	Dittmann, Frank	Victoria Alpen	87	40	01:19:52	00:10:15	00:43:30	00:26:07
283	366	Dzionsko, Christoph	*Münster	141	20	01:19:54	00:12:18	00:41:12	00:26:23
284	485	Klein, Stefan	*Moers	88	40	01:19:55	00:10:25	00:44:51	00:24:39
285	427	Pohl, Gaby	Team Niederrhein	2	50	01:20:01	00:00:00	00:00:00	00:24:41
286	212	Wachtendonk, Mark	FFW Neukirchen-Vluyn	142	20	01:20:01	00:12:04	00:42:56	00:25:00
287	603	Schlier, Oliver	*Münster	143	20	01:20:02	00:10:57	00:43:45	00:25:19
288	453	Adams, Peter	*Hagen	89	40	01:20:04	00:13:25	00:40:34	00:26:04
289	464	Wehage, Shorty	Team Shorty	90	40	01:20:07	00:12:15	00:42:09	00:25:41
290	343	Braem, Frank	Spielv. Büderich	144	20	01:20:08	00:12:39	00:40:32	00:26:56
291	319	Möllemann, Stefan	*Essen	145	20	01:20:10	00:13:47	00:41:54	00:24:28
292	424	Hüllstrung, Annegret	TV Bocholt	9	40	01:20:21	00:11:12	00:43:42	00:25:25
293	255	Tersteegen, Guido	*Issum	146	20	01:20:21	00:12:08	00:38:32	00:29:40
294	546	Krieff, Peter	Tri Team TSG Sprockhövel	19	50	01:20:24	00:13:44	00:42:41	00:23:59
295	226	Rating, Uwe	*Mülheim	147	20	01:20:29	00:12:59	00:42:48	00:24:42
296	200	Ramacher, Karsten	*Rheinberg	148	20	01:20:29	00:12:56	00:41:22	00:26:10
297	486	Klima, Michael	*Duisburg	91	40	01:20:33	00:13:02	00:44:53	00:22:37
298	241	Schroers, Thorsten	*Neukirchen-Vluyn	149	20	01:20:34	00:12:59	00:42:56	00:24:38
299	487	Ullrich, Ralf	LC Duisburg	92	40	01:20:39	00:12:13	00:43:48	00:24:37
300	477	Eichhorn, Rüdiger	*Duisburg	93	40	01:20:40	00:11:55	00:43:58	00:24:45
301	213	Dams, Michael	*Straelen	150	20	01:20:45	00:14:11	00:43:14	00:23:19
302	339	Orso, Michael	*Heinsberg	151	20	01:20:53	00:13:05	00:41:36	00:26:11
303	657	Weyers, Bernd	*Dortmund	152	20	01:21:13	00:13:42	00:41:53	00:25:37
304	415	Lörcks, Wilma	*Xanten	10	40	01:21:13	00:12:48	00:42:42	00:25:42
305	512	Brand, Rolf	RTB Remscheid	94	40	01:21:13	00:12:50	00:44:43	00:23:39
306	280	Willkomm, Thomas	*Duisburg	153	20	01:21:18	00:11:58	00:43:02	00:26:18
307	639	Hebisch, Ole	*Duisburg	154	20	01:21:25	00:13:24	00:40:46	00:27:13
308	387	Peters, Ursula	*Kalkar	24	20	01:21:26	00:11:38	00:45:21	00:24:26
309	198	Sauvé, Paul	LLG 80 Nordpark Köln	155	20	01:21:34	00:13:44	00:46:33	00:21:16
310	418	Hopermann, Andrea	SV Hamminkeln	11	40	01:21:35	00:12:23	00:42:27	00:26:44
311	296	Emmerich, Uwe	*Mülheim	156	20	01:21:39	00:12:50	00:43:10	00:25:38
312	382	Weyand, Emely	RV Volkardey	25	20	01:21:44	00:11:55	00:43:33	00:26:16
313	667	Wehling, Martin	*Dorsten	157	20	01:21:45	00:14:13	00:45:13	00:22:18
314	535	Hertz, August	*Kleve	20	50	01:21:49	00:12:16	00:41:05	00:28:26
315	282	Bittner, Jürgen	LT Schnecke Sonsbeck	158	20	01:22:00	00:12:18	00:46:24	00:23:16
316	354	Huff, Georg	*Düsseldorf	159	20	01:22:15	00:13:15	00:43:32	00:25:27
317	386	Reinecke, Andrea	*Dinslaken	26	20	01:22:16	00:10:57	00:43:24	00:27:54
318	622	Waschipki, Frank	*Rheinberg	160	20	01:22:29	00:14:17	00:44:49	00:23:22
319	252	Kefalas, Chris	*Uedem	161	20	01:22:37	00:12:52	00:41:34	00:28:10
320	332	Ertelt, Stefan	BSG Sparkasse Moers	162	20	01:22:40	00:13:07	00:46:11	00:23:21
321	217	Kaas, Gerhard	BSG Sparkasse Moers	163	20	01:22:40	00:13:09	00:46:10	00:23:21
322	676	Quack, Anne-Dore	Bayer 05 Uerdingen	12	40	01:22:44	00:12:42	00:43:23	00:26:38
323	210	Pasch, Stephan	VfL Hinsbeck	164	20	01:22:44	00:13:02	00:42:00	00:27:41
324	541	Holzgraefe, Wolfgang	*Kamp-Lintfort	21	50	01:22:49	00:12:30	00:44:15	00:26:03
325	426	Becher-Lemaire, Elisabeth	PSV Lubig Bonn	3	50	01:22:59	00:11:44	00:43:51	00:27:23
326	470	Viegenger, Klaus-Jürgen	TV Attendorn	95	40	01:23:06	00:11:18	00:41:49	00:29:58
327	376	Schickers, Sabine	*Xanten	27	20	01:23:10	00:13:18	00:41:01	00:28:51
328	656	Hanemann, Antje	*Wuppertal	28	20	01:23:15	00:11:15	00:42:52	00:29:08
329	340	Krieger, Swen	*Heinsberg	165	20	01:23:16	00:11:09	00:41:58	00:30:08
330	375	Schless, Iris	*Xanten	29	20	01:23:16	00:11:32	00:43:53	00:27:51
331	399	Kolb, Birgit	SV Siemens	30	20	01:23:20	00:12:33	00:43:37	00:27:09
332	451	Schmidt, Klaus	MTG Essen Horst	96	40	01:23:39	00:13:53	00:44:49	00:24:56
333	395	Vos, Ulla	TV Geldern	31	20	01:24:05	00:14:20	00:43:49	00:25:55
334	665	Schütterigkeit, Horst	SV Concordia Ossenber e.	166	20	01:24:28	00:15:01	00:45:20	00:24:06
335	560	Gemander, Alfons	Fischelner TV	5	60	01:24:35	00:16:28	00:41:24	00:26:42
336	314	Horbach, Andreas	*Mülheim	167	20	01:24:36	00:12:21	00:44:33	00:27:40
337	347	Osten, David	Johnson Controls	168	20	01:24:42	00:11:48	00:44:41	00:28:12
338	662	Mohrenstecher, Jürgen	*Bonn	97	40	01:24:50	00:12:40	00:47:09	00:25:00
339	491	Wolff, Markus von	VC Fabrik Duisburg	98	40	01:25:00	00:12:29	00:46:50	00:25:40
340	434	Gaede, Joachim	*Aachen	99	40	01:25:02	00:12:49	00:45:06	00:27:06
341	458	Lemken, Theo	*Xanten	100	40	01:25:06	00:15:38	00:44:25	00:25:02
342	455	Heuer, Olaf	*Xanten	101	40	01:25:16	00:13:14	00:44:33	00:27:28
343	616	Diepenbruck, Uli	*Köln	169	20	01:25:26	00:11:31	00:44:50	00:29:04
344	286	Klöpken, Stefan	FFW Neukirchen-Vluyn	170	20	01:25:31	00:13:36	00:42:17	00:29:37
345	373	Häusser, Britta	Duisburger Ruderverein	32	20	01:25:34	00:12:42	00:45:06	00:27:45
346	625	Bischoff, Karsten	*Werl	171	20	01:25:58	00:12:34	00:47:28	00:25:55
347	440	Haske, Thomas	TUS Drevenack	102	40	01:25:59	00:13:47	00:44:16	00:27:55
348	335	Ernst, Jan Oliver	*Köln	172	20	01:25:59	00:11:38	00:41:27	00:32:53

349	539	Hötger, Wilfried	HSC Bunde	22	50	01:26:09	00:15:38	00:45:44	00:24:45
350	618	Kühn, Hans-Joachim	*Bergkamen	103	40	01:26:22	00:09:49	00:49:08	00:27:23
351	416	Woolf, Wendy	*Odenthal	13	40	01:26:50	00:11:13	00:45:55	00:29:42
352	401	Coenen, Antje	*Köln	33	20	01:26:57	00:12:46	00:46:18	00:27:52
353	378	Schäfer, Imke	*Wesel	34	20	01:26:57	00:12:31	00:45:43	00:28:42
354	679	Bossmann, Ulli		173	20	01:27:06	00:13:39	00:46:49	00:26:36
355	601	Vrieler, Joost	NSVV Heyendaal	174	20	01:27:09	00:14:57	00:47:35	00:24:35
356	632	Möller, Michael	*Witten	175	20	01:27:14	00:10:56	00:46:16	00:30:01
357	398	Tophoven, Cäcilie	*Kerken	35	20	01:27:33	00:14:22	00:46:00	00:27:10
358	206	Waffner, Volker	DJK Adler Frintrop	176	20	01:27:44	00:13:12	00:47:47	00:26:44
359	578	Gesthüsen, Stefanie	*Sonsbeck	36	20	01:27:55	00:13:23	00:47:46	00:26:45
360	317	Topp, Kerstan	TV Einigkeit Mülheim	177	20	01:28:24	00:13:07	00:46:34	00:28:42
361	392	Ploeg, Petra van der	TV Witzhelden	37	20	01:28:25	00:16:20	00:45:28	00:26:37
362	660	Michel, Gerhard	*Rheinberg	178	20	01:28:30	00:12:12	00:48:02	00:28:16
363	568	Müller, Hans	ASV Duisburg	6	60	01:28:41	00:14:16	00:44:35	00:29:49
364	620	Skupch, Günter	*Kamp-Lintfort	104	40	01:28:45	00:12:43	00:49:00	00:27:01
365	397	Borgards, Andrea	LT Schnecke Sonsbeck	38	20	01:29:06	00:13:36	00:46:24	00:29:04
366	532	Hageney, Willi	LT Schnecke Sonsbeck	23	50	01:29:07	00:13:12	00:47:37	00:28:17
367	558	Dannenbergh, Robert	*Issum	7	60	01:29:32	00:14:01	00:46:26	00:29:04
368	550	Stein, Rudolf	*Kleve	24	50	01:29:36	00:14:43	00:47:08	00:27:44
369	510	Specks, Franz	SG Trimm 7	105	40	01:29:42	00:11:36	00:47:59	00:30:06
370	579	Laack, Wolfgang	*Bonn	25	50	01:29:42	00:16:32	00:47:27	00:25:43
371	227	Pasch, Matthias	VfL Hinsbeck	179	20	01:30:11	00:13:57	00:48:44	00:27:28
372	298	Knechten, Volker	*Straelen	180	20	01:30:28	00:14:08	00:45:17	00:31:02
373	245	Adamek, Dirk	*Selm	181	20	01:31:03	00:12:16	00:46:48	00:31:58
374	552	Jünemann, Kristof	SV Gladbeck 1913	26	50	01:31:06	00:15:07	00:45:21	00:30:36
375	562	Kietzow, Klaus	Laufsportgruppe Münster	8	60	01:31:14	00:12:45	00:47:11	00:31:17
376	326	Sprenger, Detlef	*Oberhausen	182	20	01:31:33	00:10:12	00:47:24	00:33:55
377	478	Tischner, Jürgen	*Xanten	106	40	01:32:14	00:12:52	00:50:45	00:28:36
378	612	Kothes, Stefanie	*Kamp-Lintfort	39	20	01:32:38	00:15:15	00:50:35	00:26:47
379	566	Franken, Heinz	Tauchclub Goch	9	60	01:32:38	00:14:56	00:50:24	00:27:18
380	598	Goudbeek, Martijn	NSVV Heyendaal	183	20	01:33:12	00:14:02	00:52:01	00:27:08
381	393	Klein, Annette	*Moers	40	20	01:33:54	00:14:03	00:48:57	00:30:54
382	644	Oudshoorn, Cornelia	*Dorsten	41	20	01:34:54	00:14:46	00:49:01	00:31:06
383	515	Erdweg, Leo	*Heinsberg-Karken	107	40	01:36:23	00:16:27	00:44:25	00:35:30
384	400	Borchardt, Britta	*Moers	42	20	01:37:33	00:12:31	00:49:20	00:35:41
385	561	Lempken, Heinz	SAG Moers	10	60	01:39:40	00:16:08	00:50:51	00:32:41
386	407	Hamerski-Ruland, Ulrike	*Jülich	14	40	01:42:45	00:13:41	00:51:24	00:37:39
387	412	Wittmann, Susanne	*Voerde	15	40	01:42:45	00:13:51	00:56:04	00:32:50
388	384	Geradts-Wimmers, Brigitte	*Selfkant	43	20	01:44:02	00:15:27	00:54:30	00:34:04
389	592	Pichotka, Daniel	TuS Xanten	184	20	01:48:48	00:14:27	01:05:08	00:29:12
390	381	Weber, Bettina	*Rheinberg	44	20	01:54:08	00:13:11	00:59:23	00:41:33
391	565	Grimbs, Ludwig	*Oberhausen	11	60	01:55:47	00:18:49	00:55:11	00:41:47

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