


 Xanten Triathlon 2005
 Einlaufliste: Draxi Distanz (0.5 - 20 - 5)

Platz	Nr.	Name, Vorname	Verein/*Ort	Platz	AK	Endzeit	SWIM	BIKE	RUN
1	399	Schmidt, Mario Michael	TUS Breitscheid	1	30	00:57:30	00:07:04	00:32:27	00:17:58
2	449	Schuhmachers, Jörg	SC Wegberg Radsport	1	20	00:58:28	00:09:30	00:31:45	00:17:12
3	380	Kaiser, Marcus	TSV Bayer 04 Leverkusen	2	30	00:58:38	00:07:45	00:32:14	00:18:38
4	431	Kruska, Marco	Triathlon Team TK Grevenb	3	30	00:58:54	00:07:20	00:31:15	00:20:17
5	242	Dirker, Frank	TVE-Greven Triathlon	1	40	00:59:16	00:07:15	00:33:03	00:18:56
6	369	Dirker, Olaf	TVE-Greven Triathlon	4	30	00:59:26	00:07:22	00:32:34	00:19:29
7	185	Krebber, Theo	TV Goch	2	40	00:59:57	00:07:10	00:34:00	00:18:46
8	307	Schneidereit, Günter	Tri Team TuS Schleiden	3	40	01:00:16	00:07:22	00:33:16	00:19:37
9	475	Schoelen, Henning	TV Goch	2	20	01:00:18	00:07:30	00:34:10	00:18:37
10	499	Steentjes, Simon	Bocholter WSV	3	20	01:00:34	00:06:46	00:33:29	00:20:18
11	336	Leggiewie, Christian	PV Triathlon Witten	5	30	01:00:46	00:06:30	00:34:53	00:19:22
12	440	Rademacher, Jens	TF Waldfeucht	4	20	01:01:08	00:06:53	00:34:39	00:19:34
13	412	Strelzyk, Andreas	*Bergisch Gladbach	6	30	01:01:40	00:06:28	00:34:24	00:20:47
14	356	Janssen, Jochen	tv goch	7	30	01:01:47	00:06:51	00:35:02	00:19:53
15	140	Kuper, Klaus	TSV Bayer 04 Leverkusen	4	40	01:01:53	00:06:43	00:34:19	00:20:50
16	264	Glahe, Michael	SSV Mühlhausen	5	40	01:01:59	00:06:12	00:34:42	00:19:04
17	180	Schweiger, Rolf	TV Gronau	6	40	01:02:18	00:07:20	00:33:55	00:21:03
18	443	Overhgae, Dirk	Sturm03 Uedem	5	20	01:02:46	00:07:27	00:34:14	00:21:04
19	390	Trenn, Gerhard	SC Bayer 05 Uerdingen	8	30	01:03:31	00:07:53	00:36:28	00:19:10
20	268	Basten, Roman	Sv Duelken	7	40	01:03:42	00:07:36	00:35:27	00:20:39
21	468	Steinbach, Norman	SC Bayer 05 Uerdingen	6	20	01:04:08	00:07:24	00:35:16	00:21:27
22	340	Schoemakers, Thomas	TV Goch	9	30	01:04:21	00:06:51	00:36:33	00:20:56
23	233	Nagel, Michael	SC Bayer 05 Uerdingen	8	40	01:04:23	00:09:47	00:33:12	00:21:23
24	138	Stockum, Volker	VTT Kempen	9	40	01:04:30	00:08:24	00:34:36	00:21:29
25	403	Nobbe, Markus	TVE Greven	10	30	01:04:42	00:08:02	00:35:18	00:21:20
26	182	Flüthmann, Joachim	TV Gronau	10	40	01:04:44	00:08:15	00:35:01	00:21:27
27	1097	Weibel, Peter	LT Schnecke Sonsbeck	7	20	01:04:48	00:08:44	00:35:16	00:20:47
28	314	Schmitz, Frank	TV Goch	11	30	01:04:58	00:09:03	00:35:41	00:20:13
29	477	Schmitz, Alexander	TuS Drevenack	8	20	01:05:08	00:07:49	00:36:26	00:20:52
30	476	Hennig, Andreas	Kölner Triathlon-Team 01	9	20	01:05:15	00:07:29	00:36:00	00:21:45
31	141	Nassmacher, Wilhelm	TV-Gronau	11	40	01:05:18	00:06:54	00:36:38	00:21:45
32	1098	Müller, Sebastian	Tria Delphin Essen	10	20	01:05:26	00:07:28	00:36:27	00:21:30
33	119	Schüler, Joachim	Styrumer TV	1	50	01:05:30	00:08:08	00:35:15	00:22:06
34	216	Kemper, Hermann	TV Goch	12	40	01:05:30	00:07:58	00:37:00	00:20:31
35	484	Bullermann, Tim	TV Kapellen	11	20	01:05:43	00:08:14	00:35:59	00:21:30
36	250	Wieschemann, Frank	SV Sterkrade-Nord	13	40	01:05:46	00:08:37	00:35:40	00:21:28
37	232	Wölfel, Thomas	ASV Duisburg	14	40	01:05:57	00:08:26	00:35:13	00:22:16
38	467	Stegemann, Stefan	Haminkelner SV	12	20	01:06:01	00:09:34	00:36:52	00:19:34
39	334	Weber, Dirk	*Moers	12	30	01:06:05	00:08:50	00:34:47	00:22:27
40	256	Klein, Carl	*KK Zolle	15	40	01:06:18	00:08:58	00:36:14	00:21:05
41	304	Kaas, Theo	*Xanten	16	40	01:06:23	00:09:13	00:36:01	00:21:08
42	299	Schwiegerhaus, Horst	TSV Bayer 04 Leverkusen	17	40	01:06:25	00:08:49	00:37:14	00:20:21
43	488	Ettelt, Stefan	Lt Starlight Team Essen	13	20	01:06:29	00:08:02	00:36:29	00:21:57
44	226	Brendel, Bernd	*Kempen	18	40	01:06:31	00:09:10	00:36:37	00:20:43
45	497	Van Zadelhoff, Andreas	*Kalkar	14	20	01:06:36	00:10:21	00:34:25	00:21:50
46	448	Schoelen, Arndt	TV GOCH	15	20	01:06:47	00:08:34	00:36:30	00:21:42
47	286	Wieschemann, Dr. Armin	SV Sterkrade Nord	19	40	01:06:50	00:07:57	00:35:31	00:23:22
48	457	Jarosch, Dirk	*Düsseldorf	16	20	01:06:51	00:07:29	00:36:51	00:22:30
49	139	Raith, Manfred	LN Nütterden	20	40	01:07:16	00:09:43	00:36:57	00:20:34
50	406	Heydemann, Jörg	*Kamp-Lintfort	13	30	01:07:17	00:08:43	00:36:35	00:21:59
51	350	Krüger, Uwe	*Tiefenthal	14	30	01:07:18	00:09:29	00:36:28	00:21:19
52	155	Gorba, Klaus	Grubenwehr Walsum	21	40	01:07:23	00:08:05	00:35:29	00:23:47
53	321	Laumen, Richard	Triathlonfreunde Waldfeuc	15	30	01:07:24	00:08:37	00:36:43	00:22:02
54	452	Klein-Bösing, Carsten	SV Schermbeck	17	20	01:07:26	00:09:00	00:35:42	00:22:43
55	175	Rudolph, Heinz	Blauer Mathildenweg	22	40	01:07:26	00:08:41	00:36:23	00:22:22
56	176	Büsch, Heinz	*Moers	23	40	01:07:34	00:08:32	00:37:43	00:21:18
57	230	Klein, Ernst	TV Attendorn	24	40	01:07:35	00:07:59	00:37:03	00:22:32
58	104	Schmitz, Dr Karl- Heinz	*Wissel	2	50	01:07:41	00:09:19	00:35:25	00:22:55
59	228	Heyer, Thomas	ASV Süchteln	16	30	01:07:44	00:09:27	00:36:17	00:21:59
60	269	Schülke, Thomas	Triminators TV Voerde	25	40	01:07:53	00:07:28	00:35:59	00:24:25
61	50	Hecker, Sandra	SC Oftersheim	1	30	01:07:56	00:09:37	00:36:33	00:21:45
62	377	Janssen, Hubertus	*Geldern	17	30	01:08:01	00:07:26	00:38:05	00:22:29
63	46	Wellmanns, Birgit	tv goch	2	30	01:08:02	00:07:21	00:37:17	00:23:23
64	330	Köhler, Christoph	*duisburg	18	30	01:08:07	00:10:07	00:36:50	00:21:08
65	348	Thom, Jörg	LDT Bochum	19	30	01:08:10	00:09:40	00:36:06	00:22:23
66	372	Streck, Michael	TV Goch	20	30	01:08:12	00:08:40	00:37:37	00:21:55
67	360	Weber, Ingo	*Bochum	21	30	01:08:21	00:09:19	00:39:28	00:19:34
68	136	Dahmen, Hanno	*Aachen	26	40	01:08:24	00:08:22	00:38:00	00:22:02
69	498	Schüler, Thorsten	Styrumer TV	18	20	01:08:32	00:07:22	00:39:06	00:22:03
70	339	Elze, Michael	TV Goch	22	30	01:08:34	00:08:16	00:37:00	00:23:17
71	486	Kaden, Philip	*Bocholt	19	20	01:08:35	00:10:02	00:36:12	00:22:20
72	116	Dobrovsky, Erwin	ASV Duisburg	3	50	01:08:41	00:08:16	00:36:44	00:23:40
73	282	Schloutz, Edgar	*Kevelaer	27	40	01:08:42	00:10:25	00:35:50	00:22:26
74	234	Rychwalski, Peter	AVU Dreipunkt Team	28	40	01:08:44	00:09:56	00:36:57	00:21:50
75	279	Kössler, Jürgen	Tauchclub Maritim Borken	29	40	01:08:46	00:10:17	00:36:25	00:22:02

76	203	Klein, Norbert	LG Alpen	30	40	01:08:50	00:10:28	00:39:12	00:19:09
77	344	Güldner, Matthias	*tönisvorst	23	30	01:08:52	00:10:15	00:36:29	00:22:08
78	257	Wiedelbach, Frank	*Duisburg	31	40	01:08:56	00:10:41	00:36:25	00:21:49
79	385	Friedrich, Jörg	*Korschenbroich	24	30	01:08:56	00:10:14	00:37:44	00:20:57
80	247	Heydemann, Michael	*Moers	32	40	01:08:59	00:11:47	00:37:01	00:20:10
81	446	Schaaf, Stefan	*Mönchengladbach	20	20	01:09:03	00:09:47	00:37:12	00:22:03
82	151	Walter, Viktor	FC Viktoria Alpen LA	33	40	01:09:04	00:11:30	00:36:44	00:20:49
83	97	Schmitz, Georg	TVK 1877 essen	1	60	01:09:23	00:09:26	00:36:34	00:23:22
84	61	Krause, Alexandra	*Leochlingen	3	30	01:09:29	00:10:00	00:37:59	00:21:28
85	482	Völlm, Johannes	*Bonn	21	20	01:09:29	00:09:54	00:35:52	00:23:41
86	371	Borgards, Torsten	LT Schnecke SV Sonsbeck	25	30	01:09:31	00:08:53	00:37:02	00:23:36
87	422	Neuhaus, Nils	*Schermbbeck	26	30	01:09:40	00:08:38	00:37:20	00:23:41
88	427	Deppermann, Martin	RC Pommes Ruhr	27	30	01:09:42	00:07:57	00:39:22	00:22:22
89	212	Jakob, Markus	TUS Baerl	34	40	01:09:47	00:08:14	00:36:51	00:24:40
90	418	Alscher, Christian	*Duisburg	28	30	01:09:47	00:10:07	00:35:23	00:24:16
91	397	Schweer, Oliver	RC Pommes-Ruhr	29	30	01:09:52	00:09:16	00:39:14	00:21:21
92	455	Langert, Tobias	*Kamp-Lintfort	22	20	01:09:55	00:10:00	00:38:28	00:21:25
93	192	Winter, Wolfgang	TV Goch	35	40	01:09:59	00:07:22	00:39:26	00:23:10
94	12	Wöscher, Sylvia	FC Viktoria Alpen LA	1	40	01:10:00	00:09:37	00:36:53	00:23:30
95	78	Wimmer, Nina	ASC Rosellen	1	20	01:10:05	00:09:18	00:40:00	00:20:46
96	417	Illbruck, Marc	*Ratingen	30	30	01:10:09	00:11:59	00:36:36	00:21:33
97	331	Pechhold, Andreas	Triathlon Kevelaer	31	30	01:10:10	00:08:57	00:37:41	00:23:32
98	278	Kolb, Thomas	Sv Siemens	36	40	01:10:13	00:09:26	00:38:33	00:22:13
99	221	Schmitz, Dieter	Tus Xanten	37	40	01:10:25	00:09:34	00:35:22	00:25:28
100	177	Mann, Uwe	*Düsseldorf	38	40	01:10:25	00:08:56	00:38:50	00:22:39
101	158	Ackermann, Johannes	LG Alpen	39	40	01:10:26	00:11:26	00:36:55	00:22:04
102	295	Groß, Michael	*Kamp-Lintfort	40	40	01:10:28	00:10:00	00:36:07	00:24:19
103	343	Aengenheister, Norbert	ASV Süchteln	32	30	01:10:28	00:09:58	00:36:03	00:24:27
104	109	Laese, Christian	*Düsseldorf	4	50	01:10:29	00:09:10	00:38:56	00:22:23
105	170	Blum, Michael	*meerbusch	41	40	01:10:35	00:08:28	00:39:24	00:22:42
106	181	Schramm, Andreas	TV Goch	42	40	01:10:37	00:08:43	00:38:01	00:23:52
107	423	Schwarze, Falk	Moerser TV	33	30	01:10:38	00:09:44	00:37:34	00:23:19
108	169	Reinhardt, Frank	*Oberhausen	43	40	01:10:38	00:10:08	00:35:57	00:24:32
109	367	Dey, Michael	*Kleve	34	30	01:10:39	00:10:31	00:37:31	00:22:36
110	433	Schewe, Stefan	SV Hoyerhagen	35	30	01:10:44	00:10:05	00:39:35	00:21:04
111	471	Weber, Gereon	TritTeam Grimberg	23	20	01:10:47	00:10:09	00:37:14	00:23:23
112	463	Sander, Michael	*Haltern am See	24	20	01:10:48	00:08:57	00:38:46	00:23:03
113	108	Buhl, Jürgen	LG ALPEN	5	50	01:10:49	00:11:29	00:37:13	00:22:06
114	36	Rösken, Bettina	FC Viktoria Alpen LA	4	30	01:10:51	00:08:54	00:37:45	00:24:11
115	270	Bittner, Juergen	Lt Schnecke Sonsbeck	44	40	01:10:52	00:09:28	00:36:36	00:24:46
116	396	Elbers, Thomas	TV-Goch	36	30	01:10:57	00:07:22	00:38:05	00:25:28
117	1099	Schulz, Christian	*Wetter	37	30	01:11:00	00:07:58	00:38:29	00:24:33
118	137	Kowollik, Christian	TUS Xanten	45	40	01:11:11	00:10:06	00:36:32	00:24:32
119	408	Haarmann, Claude Chr.	*Meerbusch	38	30	01:11:23	00:07:41	00:38:45	00:24:56
120	252	Angres, Klaudius	*Essen	46	40	01:11:24	00:10:25	00:38:16	00:22:42
121	160	Bock, Rolf	Tri Team TuS Schleiden	47	40	01:11:29	00:08:11	00:38:26	00:24:51
122	165	Ambrosius, Dieter	TV Elten	48	40	01:11:30	00:09:44	00:38:52	00:22:53
123	384	Vloet, Thomas	*Winnekendonk	39	30	01:11:30	00:09:28	00:39:18	00:22:44
124	373	Geradts, Ralf	Triathlonfreunde Waldfeuc	40	30	01:11:32	00:10:04	00:37:36	00:23:52
125	107	Ettelt, Hermann	Lt Starlight Team Essen	6	50	01:11:39	00:11:41	00:36:28	00:23:29
126	415	Bettger, Thomas	RTG-Wesel	41	30	01:11:39	00:10:26	00:37:48	00:23:24
127	143	Lausberg, Dieter	SC Wegberg / Radsport	49	40	01:11:42	00:10:52	00:35:50	00:24:58
128	133	Van de Bovenkamp, Gerard	V.N. Nederland	50	40	01:11:46	00:11:39	00:39:19	00:20:46
129	462	Vom Hofe, Björn	ETV Hamburg	25	20	01:11:49	00:09:41	00:37:33	00:24:34
130	82	Köhler, Maria	TVK 1877 Essen Kupferdreh	2	20	01:11:50	00:08:56	00:39:06	00:23:47
131	38	Nasfi, Susanne	Gesundheitszentrum Lang	5	30	01:11:52	00:11:20	00:39:11	00:21:20
132	362	Straub, Steffen	*Viersen	42	30	01:11:54	00:09:53	00:38:29	00:23:30
133	255	Lubjuhn, Stefan	Team Niederrhein	51	40	01:11:57	00:10:48	00:40:00	00:21:09
134	81	Mölders, Ulrike	*Moers	3	20	01:11:59	00:09:54	00:38:51	00:23:14
135	311	Wimmers, Jürgen	Triathlonfreunde Waldfeuc	43	30	01:12:05	00:09:46	00:36:57	00:25:21
136	156	Rollenbeck, Dietrich	PV-Triathlon	52	40	01:12:09	00:09:32	00:38:29	00:24:07
137	296	Borchardt, Oliver	*Moers	53	40	01:12:15	00:08:48	00:37:50	00:25:36
138	70	Rohmann, Daniela	SC Bayer 05 Uerdingen	4	20	01:12:16	00:09:03	00:37:11	00:26:01
139	206	Peters, Michael	TV Goch	54	40	01:12:19	00:07:56	00:40:12	00:24:10
140	194	Stobrawe, Michael	LT-Schnecke-Sonsbeck	55	40	01:12:20	00:11:35	00:37:59	00:22:45
141	428	Bacher, Martin	KTT01	44	30	01:12:27	00:09:50	00:38:02	00:24:35
142	224	Schmitt, Roland	*Rheurdt	56	40	01:12:28	00:11:44	00:36:33	00:24:09
143	145	Haupt, Marvin	TuS Xanten	26	20	01:12:31	00:10:22	00:39:35	00:22:33
144	62	Lammers, Silke	TV Gronau	6	30	01:12:31	00:09:59	00:38:32	00:23:59
145	166	Schünemann, Dr. Uwe	Eintracht Duisburg	57	40	01:12:33	00:10:03	00:38:00	00:24:29
146	65	Maxeiner, Nadine	LDT Bochum	5	20	01:12:33	00:08:33	00:39:51	00:24:09
147	496	Kleinpass, Jonathan	*Xanten	27	20	01:12:37	00:11:35	00:36:45	00:24:17
148	328	Freiheit, Jochen	*Duisburg	45	30	01:12:39	00:08:56	00:38:06	00:25:37
149	239	Rösken, Jörg	LG Alpen	58	40	01:12:41	00:08:35	00:37:40	00:26:25
150	432	Janssen, Karl	TUS Xanten Handball	46	30	01:12:43	00:10:39	00:36:41	00:25:22
151	436	Schneider, Jens	Duisburger Ruderverein	47	30	01:12:51	00:09:09	00:39:21	00:24:20
152	259	Buchkremer, Marcus	SV Wesel	59	40	01:12:53	00:06:46	00:36:58	00:29:08
153	450	Korreck, Jochen	Trinimators TV Voerde	28	20	01:13:00	00:14:45	00:38:16	00:19:58
154	34	Heidi, Chlasta	TV GOCH	2	40	01:13:03	00:09:08	00:39:51	00:24:02
155	241	Hartmann, Dr. Timo-Ludwig	DJK-TRI-Rhede	60	40	01:13:12	00:09:45	00:38:28	00:24:59
156	310	Hendricks, Rüdger	Borussia Veen	48	30	01:13:16	00:10:19	00:38:28	00:24:29
157	320	Mansfeld, Matthias	*Gelsenkirchen	49	30	01:13:20	00:11:13	00:37:13	00:24:53
158	473	Ermer, Hendrik	TriTeam Grimberg	29	20	01:13:23	00:08:36	00:38:47	00:26:00
159	210	Ter Beek, Ralf	TV Gronau	61	40	01:13:28	00:09:48	00:39:36	00:24:03
160	308	Schmitz, Michael	LT Lustige Schleicher Ess	50	30	01:13:31	00:09:47	00:38:51	00:24:52
161	424	Paez y Barcelo, Manfred	TG Neuss	51	30	01:13:31	00:09:40	00:38:35	00:25:16
162	52	Donart, Kathi	*Schermbbeck	7	30	01:13:33	00:10:18	00:38:18	00:24:56
163	324	Schmidt, Dietmar	VFL Bad Arolsen	52	30	01:13:34	00:09:31	00:38:11	00:25:52
164	263	Goessler, Thomas	Moerser Turnverein	62	40	01:13:37	00:11:09	00:39:45	00:22:42
165	361	Mattern, Carsten	*Moers	53	30	01:13:37	00:10:16	00:37:01	00:26:19
166	291	Püllen, Roland	*Meerbusch	63	40	01:13:41	00:10:27	00:38:47	00:24:27

167	283	Rieksmeier, Hanno	*Meerbusch	64	40	01:13:41	00:10:02	00:38:15	00:25:24
168	195	Grommisch, Klaus	TUS Haffen-Mehr	65	40	01:13:54	00:12:39	00:38:54	00:22:20
169	461	Wei, Thorsten	*Oberhausen	30	20	01:14:03	00:07:31	00:39:48	00:26:44
170	199	Lange, Wolfgang	DLRG Straelen	66	40	01:14:06	00:08:39	00:40:02	00:25:23
171	411	Awater, Alfons	Hamminkelner SV	54	30	01:14:07	00:12:10	00:40:27	00:21:29
172	447	Zimmermann, Dirk	*Xanten	31	20	01:14:10	00:10:56	00:40:53	00:22:20
173	262	Sdbeck, Peter	PKF	67	40	01:14:12	00:09:41	00:39:49	00:24:41
174	67	Rhl, Julia	TV Goch	6	20	01:14:16	00:08:28	00:40:49	00:24:58
175	378	Bskens, Jens	*Duisburg	55	30	01:14:27	00:10:19	00:38:56	00:25:11
176	207	Linnenschmidt, Harald	Sport-Treff Mlheim	68	40	01:14:31	00:11:03	00:38:21	00:25:06
177	66	Weinkath, Wibke	TUS Drevenack	7	20	01:14:34	00:11:49	00:38:07	00:24:37
178	118	Wscher, Hans	FC Viktoria Alpen LA	7	50	01:14:42	00:11:35	00:39:08	00:23:59
179	164	Thor, Matthias	*Witten	69	40	01:14:43	00:11:49	00:41:46	00:21:07
180	9	Bomann, Hedwig	Hamminkelner SV	3	40	01:14:48	00:11:24	00:37:58	00:25:24
181	127	Ltkehans-Kirchfeld, Wilh	*Rees-Haldern	8	50	01:14:53	00:11:50	00:40:29	00:22:33
182	420	Mhlmann, Ralf	INJOY Warendorf	56	30	01:14:56	00:10:21	00:39:43	00:24:51
183	105	Greven, Volker	TV Borken	9	50	01:14:58	00:10:18	00:38:05	00:26:33
184	124	Facklam, Horst	*Krefeld	10	50	01:15:00	00:11:34	00:38:33	00:24:52
185	15	Jongmanns, Elisabeth	*Nettetal	4	40	01:15:03	00:10:22	00:41:01	00:23:38
186	464	Hbert, Hauke	Rheinische Landjugend	32	20	01:15:04	00:11:10	00:40:31	00:23:23
187	147	Bullermann, Wolfgang	TV Kapellen	70	40	01:15:07	00:09:13	00:37:24	00:28:30
188	401	Ogon, Marcus	*Erding	57	30	01:15:08	00:10:04	00:39:11	00:25:52
189	398	Senftleben, Oliver	*Jchen	58	30	01:15:08	00:10:46	00:40:50	00:23:30
190	27	Annette, Wozny	TUS Haffen-Mehr	5	40	01:15:10	00:11:11	00:40:22	00:23:36
191	21	Fischer, Karen	*Greifenstein	6	40	01:15:10	00:09:12	00:42:47	00:23:11
192	183	Schmelter, Martin	TV Attendorf Tri-Time	71	40	01:15:14	00:09:49	00:39:12	00:26:12
193	381	Niedecker, Ingo	*Bocholt	59	30	01:15:15	00:09:37	00:38:48	00:26:49
194	292	Derrix, Ludger	*Geldern	72	40	01:15:18	00:10:38	00:39:31	00:25:08
195	341	Claessen, Norbert	*Wesel	60	30	01:15:20	00:09:57	00:40:29	00:24:52
196	22	Weibel, Luise	LT Schnecke Sonsbeck	7	40	01:15:22	00:11:22	00:40:56	00:23:03
197	178	Weibel, Johannes	LT Schnecke Sonsbeck	73	40	01:15:23	00:14:07	00:40:15	00:21:00
198	42	Groterhorst, Ulla	Lt Schnecke Sonsbeck	8	30	01:15:25	00:10:14	00:41:00	00:24:11
199	96	Bnsch, Karl	*Berrendorf	2	60	01:15:32	00:10:34	00:40:14	00:24:42
200	487	Joosten, Mario	Bocholter WSV	33	20	01:15:34	00:10:32	00:39:55	00:25:06
201	238	Jung, Holger	*Moers	74	40	01:15:40	00:10:40	00:40:34	00:24:26
202	57	Ingenfeld, Astrid	*Xanten	9	30	01:15:46	00:08:29	00:40:13	00:27:03
203	383	Schimanke, Carsten	*Sonsbeck	61	30	01:15:53	00:09:45	00:40:36	00:25:32
204	388	Waschipki, Frank	Sparkasse am Niederrhein	62	30	01:15:56	00:12:50	00:38:42	00:24:22
205	429	Horenkamp, Dirk	*Berlin	63	30	01:15:58	00:10:18	00:39:57	00:25:43
206	425	Bhmer, Frank	TV Goch	64	30	01:16:01	00:09:15	00:38:42	00:28:04
207	85	Nicole, Klmper	*Heiden	8	20	01:16:03	00:10:05	00:36:34	00:29:23
208	359	Bittner, Martin	DJK Kalkar	65	30	01:16:04	00:09:39	00:39:30	00:26:54
209	466	Wachtendonk, Mark	Feuerwehr Neukirchen-Vluy	34	20	01:16:09	00:10:01	00:38:59	00:27:07
210	293	Jordan, Klaus	*Sonsbeck	75	40	01:16:09	00:09:35	00:37:36	00:28:57
211	483	Heiming, Jan	TV Goch	35	20	01:16:12	00:09:47	00:39:41	00:26:43
212	134	Lickes, Heinz-Theo	S-Bayer 05 Uerdingen	76	40	01:16:15	00:10:21	00:41:19	00:24:34
213	493	Van Ende, Kristof	*Aachen	36	20	01:16:20	00:11:37	00:40:03	00:24:39
214	407	Gies, Andreas	*Duisburg	66	30	01:16:23	00:12:24	00:39:40	00:24:18
215	297	Pleines, Andre	*Essen	77	40	01:16:24	00:11:17	00:41:33	00:23:33
216	261	Brommann, Kai	Havelweg-Team Eick-West	78	40	01:16:25	00:11:27	00:39:57	00:25:00
217	287	Brckner, Karsten	1.BC Beuel	79	40	01:16:27	00:11:21	00:40:02	00:25:04
218	265	Sickau, Thomas	*Sprockhvel	80	40	01:16:29	00:11:42	00:41:51	00:22:55
219	202	Ingenpa, Jrgen	Union Wetten	81	40	01:16:30	00:12:38	00:37:56	00:25:55
220	441	Averesch, Sebastian	TV Wattenscheid 01	37	20	01:16:30	00:10:54	00:40:11	00:25:24
221	191	Heupink, Dieter	TV Gronau	82	40	01:16:32	00:12:54	00:40:16	00:23:21
222	8	Vlker, Thekla	CSV Marathon Krefeld	8	40	01:16:35	00:12:05	00:37:24	00:27:06
223	454	Jansen, Markus	*Kalkar	38	20	01:16:39	00:09:06	00:39:59	00:27:34
224	414	Stratmann, Jan	LG Hase und Igel	67	30	01:16:40	00:14:07	00:41:34	00:20:57
225	209	Kisters, Willi	*Sonsbeck	83	40	01:16:41	00:08:54	00:42:04	00:25:43
226	123	Platte, Reinhard	*Dsseldorf	11	50	01:16:42	00:10:33	00:40:25	00:25:44
227	355	Hahn, Jens	*Sonsbeck	68	30	01:16:46	00:10:11	00:41:00	00:25:34
228	173	Kgler, Klaus	*Duisburg	84	40	01:16:47	00:10:20	00:42:14	00:24:11
229	474	Van Ende, Thomas	*Kerken	39	20	01:16:48	00:11:09	00:41:03	00:24:35
230	3	Greven, Mechtild	TV Borken	1	50	01:16:52	00:11:52	00:40:38	00:24:20
231	129	Bauhaus, Reinhard	Hamminkelner SV	12	50	01:17:00	00:12:10	00:41:48	00:23:01
232	271	Van Bruck, Ralf	*Rees	85	40	01:17:05	00:10:27	00:40:40	00:25:57
233	126	Ellerbrok, Dirk	*Mlheim	13	50	01:17:13	00:11:13	00:43:11	00:22:47
234	213	Hooghoff, Michael	*Kevelaer	86	40	01:17:18	00:11:07	00:40:20	00:25:50
235	288	Graeff, Michael	*Essen	87	40	01:17:24	00:10:45	00:41:49	00:24:48
236	349	Renard, Andre	Triathlon Kevelaer	69	30	01:17:50	00:08:49	00:42:11	00:26:49
237	152	Vlkner, Rainer	Iserlohner Triathlon Team	88	40	01:17:54	00:09:06	00:41:21	00:27:27
238	86	Lausberg, Nadine	SC Wegberg / Radsport	9	20	01:17:55	00:09:31	00:39:08	00:29:15
239	458	Buhl, Simon	Rumelner TV	40	20	01:17:56	00:11:04	00:41:44	00:25:06
240	327	Schten, Peter	SV Rheinhausen 1913 eV	70	30	01:17:56	00:10:34	00:40:20	00:27:01
241	93	Dohrmann, Jrg	*Dortmund	3	60	01:17:57	00:09:34	00:40:33	00:27:50
242	179	Lichte, Peter	*Dsseldorf	89	40	01:17:57	00:12:14	00:38:22	00:27:20
243	60	Fischer, Britta	*Gelsenkirchen	10	30	01:17:58	00:11:13	00:42:38	00:24:06
244	172	Lohmann, Ulrich	LT Schnecke SV Sonsbeck	90	40	01:18:03	00:12:18	00:41:12	00:24:32
245	281	Waffner, Jrgen	*Essen	91	40	01:18:04	00:11:06	00:38:57	00:28:00
246	150	Mtzkow, Rolf	TV Uftorf-Eick	92	40	01:18:05	00:10:42	00:39:52	00:27:31
247	5	Bremer, Tracy	Barracudas	2	50	01:18:06	00:10:23	00:40:36	00:27:06
248	460	Feiler, Christian	*Wesel	41	20	01:18:06	00:08:42	00:42:06	00:27:16
249	167	Van Oostveen, Manfred	TV Elten	93	40	01:18:08	00:12:51	00:42:29	00:22:47
250	280	Gorien, Ludwig	SV Erftstolz Niederauem	94	40	01:18:10	00:10:51	00:41:30	00:25:48
251	153	Joseph, Manfred	*Geldern	95	40	01:18:13	00:10:31	00:40:55	00:26:47
252	92	Hellwig, Sammy	Barracudas	4	60	01:18:14	00:08:47	00:38:01	00:31:25
253	186	Dittmann, Frank	FC Viktoria Alpen Handbal	96	40	01:18:19	00:09:06	00:40:36	00:28:35
254	19	Clauss, Christiane	*Moers	9	40	01:18:19	00:08:55	00:42:26	00:26:58
255	193	Derksen, Thomas	*Rheurdt	97	40	01:18:20	00:11:27	00:41:00	00:25:52
256	351	Groterhorst, Andreas	Lt Schnecke Sonsbeck	71	30	01:18:21	00:13:15	00:39:40	00:25:25
257	184	Knoef, Bert-Jan	*zlpich	98	40	01:18:21	00:10:46	00:40:09	00:27:25

258	301	Jansen, Georg	*Kranenburg	99	40	01:18:24	00:12:21	00:38:38	00:27:24
259	188	Schmidt, Klaus	*Essen	100	40	01:18:24	00:11:24	00:40:15	00:26:45
260	68	Linke, Löre	*Wuppertal	10	20	01:18:26	00:10:09	00:41:27	00:26:49
261	393	Grunau, Dirk	*Köln	72	30	01:18:28	00:10:03	00:42:20	00:26:05
262	386	Smarzlik, Frank	Rot Weiss Essen	73	30	01:18:29	00:10:06	00:42:18	00:26:03
263	1096	Internisten,	Internisten			01:18:30	00:13:10	00:38:00	00:27:19
264	43	Prinz, Katrin	RSV \"Lippe 23\" Lünen e.	11	30	01:18:34	00:09:34	00:40:31	00:28:28
265	6	Hüllstrung, Annegret	TV Bocholt	3	50	01:18:35	00:10:14	00:41:36	00:26:44
266	254	Neubach, Christoph	Tri Buer	101	40	01:18:36	00:10:56	00:40:36	00:27:03
267	53	Lohrer, Iris	*Köln	12	30	01:18:38	00:10:19	00:42:29	00:25:49
268	168	Hecker, Axel	MTV Köln	102	40	01:18:38	00:12:53	00:41:35	00:24:08
269	91	Glasmacher, Theodor	Tri-Team Hagen	5	60	01:18:40	00:11:44	00:41:23	00:25:33
270	87	Exler, Jessica	Tvk 1877	11	20	01:18:44	00:09:05	00:40:38	00:29:00
271	370	Bakenfelder, Guido	INJOY Warendorf	74	30	01:18:45	00:10:58	00:40:10	00:27:36
272	243	Droste, Andreas	TSV-Victoria Mülheim	103	40	01:18:45	00:11:32	00:41:44	00:25:29
273	402	Albessard, Eric	*Köln	75	30	01:18:49	00:10:09	00:42:27	00:26:12
274	229	Reich, Delef	*Rheinberg	104	40	01:18:58	00:12:53	00:41:13	00:24:51
275	48	Borgards, Andrea	LT Schnecke SV Sonsbeck	13	30	01:18:58	00:10:41	00:40:36	00:27:41
276	227	Knees, Peter	*Bottrop	105	40	01:19:01	00:11:33	00:39:40	00:27:47
277	382	Jorkowski, Andre	*Kvelaer	76	30	01:19:07	00:10:13	00:41:57	00:26:56
278	49	Schlierkamp, Sandra	*Dortmund	14	30	01:19:11	00:09:04	00:42:11	00:27:55
279	103	Grossestreuer, Wolfgang	Lenneper Turngem. Remsch	14	50	01:19:16	00:12:07	00:40:15	00:26:53
280	74	Kanders, Judith	*Düsseldorf	12	20	01:19:18	00:10:07	00:44:13	00:24:58
281	394	Borkes, Edith	*Duisburg	15	30	01:19:26	00:09:27	00:40:34	00:29:23
282	459	Stolz, Nico	RSV Daadetal	42	20	01:19:30	00:11:51	00:40:05	00:27:34
283	110	Wien, Guenter	*Dortmund	15	50	01:19:31	00:11:40	00:41:18	00:26:32
284	83	Hessing, Nicole	*Reken	13	20	01:19:33	00:10:29	00:39:39	00:29:24
285	99	Rabs, Werner	*Moers	16	50	01:19:37	00:10:22	00:42:17	00:26:58
286	312	Willenborg, Dr. Hans-P.	DLRG Straelen	77	30	01:19:41	00:08:26	00:41:59	00:29:14
287	18	Kels, Petra	*Muelheim/Ruhr	10	40	01:19:53	00:10:39	00:42:56	00:26:18
288	366	Janßen, Andreas	*Xanten	78	30	01:19:57	00:11:58	00:42:36	00:25:22
289	275	Van leendert, Thomas	*kaarst	106	40	01:20:05	00:10:31	00:41:16	00:28:17
290	128	Verberkt, Hans	LT Schnecke Sonsbeck	17	50	01:20:08	00:12:43	00:39:58	00:27:27
291	64	Kisin, Songül	*Duisburg	16	30	01:20:10	00:11:03	00:41:44	00:27:22
292	41	Petrasch, Monika	PV Triathlon Witten	17	30	01:20:13	00:11:38	00:42:57	00:25:37
293	219	Olsfelder, Thomas	*Essen	107	40	01:20:17	00:15:41	00:41:01	00:23:35
294	218	Schleß, Jörg	*Xanten	108	40	01:20:18	00:12:34	00:42:27	00:25:16
295	335	Kottke, Frank	*Bottrop	79	30	01:20:20	00:11:08	00:41:25	00:27:45
296	245	Hilbers, Martin	*Bonn	109	40	01:20:23	00:11:14	00:00:00	00:00:00
297	409	Kohn, Olaf	EJOT Team TV Buschhuetten	80	30	01:20:24	00:11:11	00:42:11	00:27:00
298	395	Greulich, Michael	*Hilden	81	30	01:20:24	00:12:02	00:42:51	00:25:30
299	40	Meier, Melanie	Ski-Klub Bayer Uerdingen	18	30	01:20:26	00:09:58	00:41:47	00:28:39
300	162	Ferdinand, Markus	BSG Airflow	110	40	01:20:26	00:11:37	00:41:13	00:27:36
301	353	König, Thorsten	*Euskirchen	82	30	01:20:27	00:08:46	00:43:26	00:28:13
302	376	Kulik, Christoph	*Essen	83	30	01:20:27	00:11:57	00:43:18	00:25:11
303	470	SCHMITZ, MORITZ	*KALKAR	43	20	01:20:31	00:12:16	00:43:02	00:25:12
304	426	Halswick, Thomas	Büdericher Sportverein	84	30	01:20:39	00:10:13	00:41:32	00:28:54
305	363	Dams, Michael	SV Straelen	85	30	01:20:49	00:12:15	00:41:31	00:27:03
306	222	Tappen, Ralf	*Grevenbroich	111	40	01:20:51	00:11:22	00:44:49	00:24:39
307	112	Buchholz, Dr. Heinz-W.	SV Sterkrade-Nord	18	50	01:21:07	00:12:46	00:39:46	00:28:35
308	389	Sauve, Paul	LLG80 Nordpark Köln	86	30	01:21:11	00:14:42	00:43:05	00:23:23
309	163	Erdweg, Leonard	Triathlonfreunde Waldfeuc	112	40	01:21:14	00:09:55	00:38:56	00:32:23
310	273	Segna, Peter	AVU Dreipunkt Team	113	40	01:21:16	00:11:51	00:44:29	00:24:56
311	88	Gemander, Irmgard	Fischelner TV 1905 e.V.	1	60	01:21:19	00:11:25	00:40:09	00:29:44
312	113	Hageney, Willi	LT Schnecke Sonsbeck	19	50	01:21:19	00:11:30	00:44:34	00:25:14
313	198	Bieker, Christoph	LT Lustige Schleicher Ess	114	40	01:21:37	00:10:52	00:47:09	00:23:36
314	326	Köster, Bernhold	*Oer-Erkenschwick	87	30	01:21:38	00:09:54	00:44:06	00:27:37
315	28	Eyssen, Nicole	TV Goch	11	40	01:21:41	00:11:43	00:42:59	00:26:58
316	439	Osten, David	*Mönchengladbach	88	30	01:21:49	00:09:38	00:43:14	00:28:56
317	306	Kinzel, Norbert	*Castrop-Rauxel	115	40	01:21:51	00:10:04	00:42:40	00:29:06
318	148	Stoltefaut, Frank	ASV Duisburg	116	40	01:22:04	00:10:54	00:41:59	00:29:10
319	495	Hofmann, Robert	Alles aus Liebe	44	20	01:22:07	00:10:20	00:44:54	00:26:52
320	333	Michel, Gerd	Borussia Dortmund Fan Clu	89	30	01:22:07	00:10:22	00:42:38	00:29:06
321	132	Rohde, Bernd	TV Hoffnungsthal 07	20	50	01:22:09	00:11:50	00:40:18	00:30:01
322	45	Deuter, Katharina	*Essen	19	30	01:22:09	00:08:25	00:43:06	00:30:37
323	313	Copetti, Carlo	*Sonsbeck	90	30	01:22:11	00:11:21	00:46:21	00:24:28
324	174	Dünninger, Michael	KTSV Preussen Krefeld	117	40	01:22:16	00:13:37	00:41:22	00:27:16
325	187	Von Wolff, Markus	VC Fabrik Duisburg	118	40	01:22:35	00:11:35	00:43:20	00:27:39
326	442	Legeland, Frank	Tigers Hamburg	45	20	01:22:41	00:10:20	00:45:01	00:27:19
327	122	Gauert, Frank	BW Bochum	21	50	01:22:50	00:10:39	00:41:47	00:30:23
328	305	Breustedt, Claus-Peter	*Essen	119	40	01:22:58	00:10:07	00:46:35	00:26:14
329	131	Dohmen, Georg	*Brüggen	22	50	01:22:58	00:11:46	00:41:00	00:30:11
330	309	Bullmann, Klaus	*Schwerte	91	30	01:23:02	00:10:27	00:43:43	00:28:50
331	7	Lörcks, Wilma	*Xanten	12	40	01:23:03	00:11:56	00:42:27	00:28:39
332	352	Siegel, Mario	*Schwerte	92	30	01:23:07	00:12:04	00:42:07	00:28:54
333	32	Vos, Ulla	*Geldern	13	40	01:23:20	00:13:14	00:42:33	00:27:31
334	494	Kower, Marcel	*Duisburg	46	20	01:23:21	00:12:43	00:43:56	00:26:42
335	24	Blum, Birgit	*meerbusch	14	40	01:23:28	00:12:09	00:45:09	00:26:08
336	302	Höhnen, Thorsten	Moerser TV	120	40	01:23:34	00:11:49	00:44:07	00:27:37
336	435	Seegers, Marc	*Essen	93	30	01:23:34	00:09:52	00:44:41	00:28:59
338	365	Jansen, Prof. Dr. Dieter	*München	94	30	01:23:36	00:11:07	00:43:34	00:28:54
339	72	Mager, Nicole	ASV Duisburg	14	20	01:23:39	00:09:10	00:42:11	00:32:17
340	492	Specks, Christian	SG Trim 7	47	20	01:23:41	00:11:34	00:41:29	00:30:37
341	121	Gaede, Joachim	*Aachen	23	50	01:23:42	00:11:31	00:43:06	00:29:03
342	410	Tiemann, Christian	FC Schalke 04	95	30	01:23:54	00:13:29	00:44:21	00:26:04
343	201	Wehage, Shorty	*Sonsbeck	121	40	01:23:56	00:12:19	00:43:36	00:28:01
344	115	Cleusters, Albert	*Kleve	24	50	01:24:11	00:12:10	00:42:45	00:29:15
345	225	Brass, Marcus	*Ratingen	122	40	01:24:25	00:11:28	00:39:23	00:33:33
346	157	Schönnenbeck, Dr. Ingo	*Essen	123	40	01:24:43	00:09:25	00:47:56	00:27:21
347	1095	Chirurgen,	Chirurgen			01:24:45	00:10:18	00:42:11	00:32:14
348	379	Farkas, Stefan	*Kerpen	96	30	01:24:52	00:10:01	00:44:05	00:30:45

349	37	Pospiech, Kerstin	Tri Buer	20	30	01:24:55	00:10:05	00:45:35	00:29:15
350	196	Kupsch, Hardy	*Duisburg	124	40	01:24:58	00:10:37	00:40:43	00:33:37
351	39	Van der Ploeg, Petra	*Leichlingen	21	30	01:25:11	00:13:02	00:44:46	00:27:22
352	300	Orso, Michael	*Heinsberg	125	40	01:25:16	00:12:24	00:41:03	00:31:49
353	11	Hillmer, Frauke	FS Rheinkamp	15	40	01:25:18	00:08:43	00:48:20	00:28:14
354	392	Neuhaus, Martin	*Essen	97	30	01:25:22	00:11:18	00:48:19	00:25:44
355	69	Eberhard, Sonja	*Mönchengladbach	15	20	01:25:32	00:13:34	00:45:07	00:26:49
356	277	Wimmer-Mätzkow, Frauke	TV Uf fort-Eick	16	40	01:25:41	00:11:23	00:43:38	00:30:39
357	217	Pateisky, Boris	*Essen	126	40	01:25:41	00:11:08	00:46:10	00:28:22
358	79	Seidel, Nina	*Duisburg	16	20	01:25:47	00:10:28	00:44:31	00:30:47
359	94	Wagner, Karl	*Kalkar	6	60	01:25:50	00:12:28	00:46:05	00:27:15
360	251	Kuehn, Hans-Joachim	*Bergkamen	127	40	01:26:01	00:09:17	00:48:05	00:28:38
361	75	Basalla, Katrin	*Duisburg	17	20	01:26:03	00:09:01	00:44:40	00:32:22
362	364	Fell, Marc	*Denzlingen	98	30	01:26:07	00:12:55	00:44:30	00:28:41
363	451	Weerepas, Christian	*Goch	48	20	01:26:39	00:12:19	00:45:25	00:28:53
364	338	Teigeler, Michael	*Düsseldorf	99	30	01:26:42	00:14:38	00:45:58	00:27:07
365	285	Pulawski, Michael	*Rheinberg	128	40	01:27:05	00:11:33	00:43:10	00:32:21
366	125	Farsen, Siegfried	*Essen	25	50	01:27:13	00:12:12	00:47:56	00:27:04
367	120	Meters, Norbert	Triminators im TV Voerde	26	50	01:27:19	00:12:43	00:44:51	00:30:44
368	44	Coenen, Antje	*Köln	22	30	01:27:23	00:11:47	00:46:50	00:28:45
369	16	Ziervogel, Michaela	HAT Hilden	17	40	01:27:26	00:11:37	00:41:19	00:34:28
370	325	Weber, Markus	*Kamen	100	30	01:27:29	00:11:01	00:43:59	00:32:29
371	4	Pohl, Gaby	LG Alpen	4	50	01:27:33	00:00:00	00:00:00	00:00:00
372	374	Köhler, Ingo	*Köln	101	30	01:27:41	00:11:48	00:45:53	00:29:59
373	248	Buchmann, Dirk	Tus Drevenack	129	40	01:27:49	00:12:59	00:45:58	00:28:51
374	205	Haske, Thomas	TUS Drevenack	130	40	01:27:55	00:11:59	00:43:42	00:32:13
375	29	Krüßmann, Bärbel	Hamminkelner SV	18	40	01:27:57	00:13:43	00:45:03	00:29:10
376	106	Hopermann, Udo	Hamminkelner SV	27	50	01:27:57	00:14:01	00:44:50	00:29:05
377	240	Wilms, Thorsten	*Erkelenz	131	40	01:28:01	00:12:48	00:46:55	00:28:17
378	244	Scheidung, Dr. Jörg	*Moers	132	40	01:28:16	00:11:57	00:46:31	00:29:47
379	237	Boes, Holger	*Koeln	133	40	01:28:17	00:11:17	00:42:32	00:34:27
380	444	Müller, Christian	*München	49	20	01:28:52	00:12:43	00:47:01	00:29:07
381	357	Wüstemeyer, Ingo	*Wesel	102	30	01:29:07	00:11:41	00:45:35	00:31:50
382	47	Joost, Eva	*Wesel	23	30	01:29:31	00:11:56	00:47:29	00:30:05
383	95	Hitzel, Reinhold	Freiburger FC	7	60	01:29:35	00:11:10	00:41:19	00:37:05
384	111	Middeldorf, Hans Georg	KSV LWT Kevelaer	28	50	01:29:37	00:15:28	00:44:38	00:29:29
385	315	Schydlo, Heliodor	*Xanten	103	30	01:29:44	00:12:17	00:50:04	00:27:22
386	63	Ochel, Sonja-Carolina	TV Attendorn Neptun	24	30	01:29:47	00:09:11	00:46:11	00:34:23
387	20	Harfst-Jordan, Sabine	*Sonsbeck	19	40	01:29:55	00:11:10	00:43:34	00:35:10
388	98	Stein, Rudolf	Mercur Kleve	29	50	01:29:56	00:13:26	00:45:38	00:30:52
389	56	Häusser, Britta	Duisburger Ruderverein	25	30	01:29:56	00:11:48	00:46:13	00:31:54
390	10	Groh-Grüter, Antje	Schwimmverein Rheinhausen	20	40	01:29:58	00:10:42	00:46:26	00:32:49
391	90	Müller, Hans-Eberhard	ASV Duisburg	8	60	01:30:08	00:13:13	00:44:00	00:32:54
392	445	Schayen, Stephan	*Xanten	50	20	01:30:17	00:12:45	00:46:59	00:30:32
393	465	Engels, Patrick	*Oberhausen	51	20	01:30:22	00:12:41	00:49:08	00:28:32
394	31	Le Naour, Catherine	*Bonn	21	40	01:30:44	00:14:52	00:43:49	00:32:03
395	200	Becker, Juergen	*xanten	134	40	01:30:49	00:12:45	00:44:17	00:33:47
396	161	Specks, Franz-Josef	SG Trim 7	135	40	01:31:36	00:10:57	00:47:11	00:33:27
397	419	Braem, Frank	*Wesel-Büderich	104	30	01:31:48	00:12:06	00:45:08	00:34:33
398	294	Pass, Christoph	*Xanten	136	40	01:31:50	00:13:00	00:47:08	00:31:42
399	480	Sonnwald, Andreas	*Essen	52	20	01:31:54	00:13:19	00:53:31	00:25:04
400	337	Schröder, Carsten	*Oer-Erkenschwick	105	30	01:32:01	00:11:03	00:46:14	00:34:43
401	246	Indrikson, Carsten	*Dorsten	137	40	01:33:16	00:13:35	00:49:17	00:30:23
402	135	Tischner, Juergen	*xanten	138	40	01:33:17	00:11:39	00:50:16	00:31:21
403	117	Bartosiewicz, Jerzy	*dormagen	30	50	01:33:58	00:13:13	00:48:35	00:32:09
404	214	Langenbeck, Bernhard	*Dortmund	139	40	01:34:13	00:12:37	00:51:10	00:30:25
405	342	Dahms, Frank	*Geldern	106	30	01:35:17	00:10:15	00:47:55	00:37:07
406	346	Seilheimer, Thorsten	*Alpen	107	30	01:35:27	00:16:27	00:47:19	00:31:40
407	235	Harker, Rüdiger	*Schermbeck	140	40	01:35:36	00:13:36	00:47:56	00:34:03
408	400	Viell, Thomas	*Goch	108	30	01:35:43	00:14:27	00:46:04	00:35:11
409	319	Biesemann, Marcus	*Essen	109	30	01:35:59	00:11:47	00:50:45	00:33:26
410	89	Reusch, Karl-Heinz	LT-Düsseldorf Süd	9	60	01:36:08	00:12:17	00:52:41	00:31:08
411	149	Böttcher, Ralf	SV Veert	141	40	01:36:17	00:13:05	00:45:40	00:37:30
412	33	Borchardt, Britta	*Moers	22	40	01:36:43	00:11:41	00:46:45	00:38:16
413	323	Pütz, Michael	triminators voerde	110	30	01:36:45	00:11:31	00:46:10	00:39:03
414	100	Howahl, Friedrich	LT Schnecke Sonsbeck	31	50	01:37:06	00:11:49	00:53:45	00:31:30
415	55	Nelleßen, Ursula	*Mettmann	26	30	01:37:13	00:12:09	00:53:27	00:31:36
415	58	Holzmann, Claudia	*Dortmund	26	30	01:37:13	00:12:09	00:53:27	00:31:36
417	430	Gramm, Sascha	*Wesel-Büderich	111	30	01:38:22	00:11:39	00:53:45	00:32:58
418	266	Sam, Frank	LG Kofferfreunde 08	142	40	01:39:48	00:14:02	00:52:40	00:33:06
419	35	Geradts-Wimmers, Brigitte	Triathlonfreunde Waldfeuc	28	30	01:40:23	00:13:10	00:51:58	00:35:13
420	438	Damm, Carsten	TG Neuss	112	30	01:40:23	00:19:09	00:57:48	00:23:25
421	472	Kulik, Paul	*Bottrop	53	20	01:40:30	00:14:33	00:51:09	00:34:47
422	197	Rüffer, Andreas	*Essen	143	40	01:41:17	00:13:48	00:54:56	00:32:32
423	77	Geisler, Katja	*Düsseldorf	18	20	01:42:45	00:12:47	00:53:10	00:36:47
424	358	Heinz, Michael	*Duisburg	113	30	01:44:38	00:18:22	00:52:08	00:34:06
425	30	Schwakenberg, Britta	*Monheim	23	40	01:44:51	00:11:12	00:53:59	00:39:39
426	289	Scheuvsen, Dietmar	*Monheim	144	40	01:44:51	00:12:52	00:52:19	00:39:39
427	114	Kazzer, Bernhard	LC Duisburg	32	50	01:47:51	00:15:27	00:55:37	00:36:45
428	2	Howahl, Gabi	LT Schnecke Sonsbeck	5	50	01:49:25	00:12:10	00:58:47	00:38:27