

## 36. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startnr.	Name	Verein	AK	Platz AK	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
Draxi-Distanz (0,5/17/ 5 km)														
Männlich														
1.	997	Reichmann,	Reeser SC Triathlon	M 35	1.	00:06:31	2	00:28:28	3	00:34:59	2	00:19:34	9	00:54:32
2.	944	Dahmen, Marco	Reeser SC Triathlon	M 30	1.	00:06:28	1	00:28:27	2	00:34:55	1	00:20:30	16	00:55:24
3.	880	Carnielo, Matteo	Die Flotten Karotten	M 20	1.	00:10:25	106	00:27:15	1	00:37:40	7	00:18:30	1	00:56:09
4.	481	Thünen, Andreas	Hamminkelner SV	M 40	1.	00:07:59	20	00:29:16	5	00:37:14	3	00:20:04	10	00:57:18
5.	660	Zuddas, Giuseppe	SV Gladbeck 13	M 50	1.	00:07:39	10	00:29:44	9	00:37:23	5	00:20:32	17	00:57:54
6.	615	Heutgens, Ludger	TV Goch	M 50	2.	00:08:45	37	00:29:54	12	00:38:39	13	00:19:34	8	00:58:13
7.	981	van Rens, Markus	TV Goch	M 35	2.	00:08:43	36	00:31:27	31	00:40:10	32	00:18:39	3	00:58:48
8.	480	Storm, Sven	Triminators TV Voerde	M 40	2.	00:08:32	31	00:29:50	11	00:38:22	9	00:20:33	18	00:58:54
9.	468	Rautenstrauch, Tim	Reeser SC Triathlon	M 40	3.	00:08:13	25	00:29:21	7	00:37:34	6	00:21:40	31	00:59:13
10.	685	Bockholt, Peter	SV Gladbeck 13	M 55	1.	00:07:54	18	00:29:26	8	00:37:19	4	00:22:16	45	00:59:35
11.	991	Boenke, Thomas	TriFUN Kleve e.V.	M 35	3.	00:08:46	38	00:29:21	6	00:38:07	8	00:21:39	30	00:59:45
12.	705	Peter, Detlev	Krefelder Kanu Klub	M 55	2.	00:08:50	41	00:30:44	22	00:39:33	24	00:20:17	13	00:59:50
13.	494	Häcker, Jan	Hartman Triathlon Team TVG	M 40	4.	00:07:39	9	00:30:57	24	00:38:36	11	00:21:15	26	00:59:50
14.	477	Mundi, Björn	TV Goch	M 40	5.	00:08:29	27	00:32:24	48	00:40:52	36	00:18:59	5	00:59:51
15.	983	Cernys, Alexander	TV Goch	M 35	4.	00:08:54	43	00:30:28	16	00:39:22	22	00:20:36	19	00:59:57
16.	877	Engelhardt, Erik	Family Affairs	M 20	2.	00:07:33	6	00:31:38	36	00:39:10	18	00:21:13	25	01:00:23
17.	484	Becker, Patrick	Triminators TV Voerde	M 40	6.	00:09:40	73	00:30:29	17	00:40:08	31	00:20:15	12	01:00:23
18.	612	van Sambeck, Noah	TV Goch	Junioren	1.	00:07:21	4	00:31:14	29	00:38:34	10	00:21:50	35	01:00:24
19.	945	Gottwald, Christian	LV Marathon Kleve	M 30	2.	00:10:32	110	00:30:41	19	00:41:13	39	00:19:14	6	01:00:26
20.	502	Mandel, Marcel		M 40	7.	00:09:32	65	00:29:59	13	00:39:31	23	00:21:01	23	01:00:31
21.	879	Rüdinger, Gordon	JUNG	M 20	3.	00:08:54	44	00:33:00	60	00:41:53	44	00:18:38	2	01:00:31
22.	700	Fraussen, Noel	Tri Club Stein	M 55	3.	00:08:02	23	00:30:43	21	00:38:45	15	00:21:53	38	01:00:37
23.	648	Roßkothen, Jens	LC Adler Bottrop	M 50	3.	00:10:32	109	00:30:59	25	00:41:31	42	00:19:25	7	01:00:55
24.	938	Roling, Julian	SV Gladbeck 13	M 30	3.	00:07:49	16	00:31:46	37	00:39:35	25	00:21:59	39	01:01:33
25.	551	Kemper, Hermann	TV Goch	M 60	1.	00:08:00	21	00:32:04	41	00:40:04	29	00:21:33	29	01:01:36
26.	992	Bors, André	TriFun Kleve e.V.	M 35	5.	00:10:12	97	00:28:31	4	00:38:42	14	00:23:12	67	01:01:53
27.	934	Klösters, Lukas	TV Goch	M 30	4.	00:07:53	17	00:32:09	45	00:40:02	28	00:21:53	37	01:01:54
28.	952	Auberger, Mirco		M 35	6.	00:10:16	98	00:29:45	10	00:40:01	27	00:21:59	40	01:01:59
29.	669	Missner, Dirk		M 50	4.	00:07:32	5	00:31:06	27	00:38:37	12	00:23:23	73	01:02:00
30.	542	Engelhardt, Ingo	Family Affairs	M 45	1.	00:08:41	35	00:30:31	18	00:39:11	19	00:22:59	58	01:02:10
31.	928	Jansen, Lars	Triminators TV-Voerde	M 30	5.	00:09:43	76	00:29:59	14	00:39:41	26	00:22:34	52	01:02:14
32.	657	Nieten, Michael	TV Goch	M 50	5.	00:09:13	54	00:30:53	23	00:40:06	30	00:22:11	44	01:02:17

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Platz	Startnr.	Name	Verein	AK	Platz AK	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
33.	924	Meyer, Simon	Tri Finish Münster	M 30	6.	00:08:30	29	00:30:24	15	00:38:53	16	00:23:38	79	01:02:30
34.	947	Lensing, Laurenz	Reeser SC Triathlon	M 30	7.	00:07:43	11	00:31:33	34	00:39:16	20	00:23:29	76	01:02:45
35.	953	Cleusters, Lasse	Allround Triathlon Team Kleve	M 35	7.	00:09:17	57	00:32:07	44	00:41:24	41	00:21:31	28	01:02:55
36.	958	Schwietering, Lukas		M 35	8.	00:10:30	108	00:31:27	32	00:41:56	46	00:21:06	24	01:03:02
37.	955	Kalscheuer, Max	LV Marathon Kleve	M 35	9.	00:09:44	78	00:32:32	52	00:42:16	54	00:20:59	22	01:03:15
38.	541	Böhmer, Frank	TriFUN Kleve	M 45	2.	00:07:48	14	00:32:35	53	00:40:22	33	00:22:57	57	01:03:18
39.	724	Fraussen, Jean-Pierre	Tri Club Stein	M 55	4.	00:08:29	28	00:32:02	40	00:40:31	34	00:23:02	61	01:03:32
40.	611	Roßkothen, Jan	LC Adler Bottrop	Junioren	2.	00:12:12	208	00:31:55	38	00:44:06	84	00:20:07	11	01:04:13
41.	976	Krause, Tobias	Marathon und Triathlon Mülheim	M 35	10.	00:10:01	89	00:32:02	39	00:42:02	49	00:22:24	50	01:04:25
42.	627	Bennemann, Rolf	TRlandertaler ME sport	M 50	6.	00:08:35	34	00:30:42	20	00:39:17	21	00:25:22	118	01:04:38
43.	878	Fallbrügge, Felix		M 20	4.	00:07:48	15	00:36:05	145	00:43:53	78	00:20:54	21	01:04:46
44.	903	Peters, Jonas	TV Goch	M 25	1.	00:07:47	12	00:34:11	94	00:41:57	47	00:23:01	60	01:04:58
45.	670	van Sambeck, Michael	TV Goch	M 50	7.	00:09:07	49	00:33:02	61	00:42:08	52	00:22:51	54	01:04:59
46.	478	Schlüter, Philipp	TRlandertaler	M 40	8.	00:09:58	86	00:33:07	65	00:43:05	64	00:22:02	42	01:05:06
47.	717	Stang, Klemens	TV Goch	M 55	5.	00:09:43	77	00:31:34	35	00:41:17	40	00:23:52	87	01:05:09
48.	731	Rychwalski, Peter		M 55	6.	00:09:35	69	00:31:02	26	00:40:37	35	00:24:34	100	01:05:11
49.	882	Beckschulte, Moritz		M 20	5.	00:09:45	79	00:34:58	114	00:44:43	96	00:20:29	15	01:05:11
50.	521	Engemann, Patrick		M 45	3.	00:09:38	71	00:31:26	30	00:41:04	37	00:24:24	99	01:05:28
51.	714	Kössler, Jürgen	SG Borken	M 55	7.	00:10:54	128	00:32:21	47	00:43:14	67	00:22:16	47	01:05:30
52.	913	Fehling, Anton	RWO Endurance Team	M 25	2.	00:09:08	50	00:34:07	91	00:43:14	68	00:22:22	49	01:05:35
53.	569	Krebber, Theo	TV Goch	M 60	2.	00:10:23	103	00:32:55	58	00:43:17	70	00:22:21	48	01:05:38
54.	921	Förster, Sebastian	LT Wischlingen Dortmund	M 30	8.	00:09:16	56	00:33:08	66	00:42:23	56	00:23:21	70	01:05:44
55.	917	Merani, Luke		M 25	3.	00:07:35	8	00:31:29	33	00:39:03	17	00:26:50	156	01:05:52
56.	886	Hamm, Jan-Niklas	Brutale Alphas	M 20	6.	00:06:49	3	00:34:51	112	00:41:40	43	00:24:15	95	01:05:55
57.	672	Beaupoil, Markus	TV Goch	M 55	8.	00:09:33	67	00:32:27	49	00:41:59	48	00:23:59	92	01:05:58
58.	444	Hauffe, Chris	RWO Endurance Team	M 50	8.	00:10:09	95	00:32:35	54	00:42:44	57	00:23:19	69	01:06:03
59.	643	Belting-Clar, Christian	Marathon Triathlon Mülheim	M 50	9.	00:09:58	87	00:34:26	100	00:44:24	90	00:21:45	34	01:06:08
60.	682	Schaffeld, Ralf	RWO Endurance Team	M 55	9.	00:11:12	147	00:32:04	42	00:43:15	69	00:23:04	62	01:06:19
61.	474	Hoymann, Georg	Run4All	M 40	9.	00:10:54	130	00:33:10	67	00:44:04	83	00:22:16	46	01:06:20
62.	680	Podrasa, Frank		M 55	10.	00:10:22	102	00:34:43	109	00:45:05	102	00:21:17	27	01:06:21
63.	488	Reinhold, Matthias	Dsv98	M 40	10.	00:09:43	75	00:33:42	80	00:43:25	73	00:23:04	63	01:06:28
64.	535	Kerkhoff, Christoph	Tus Xanten	M 45	4.	00:11:51	185	00:34:31	104	00:46:21	131	00:20:19	14	01:06:40
65.	514	Selders, Jens	TriFun Kleve e.V.	M 45	5.	00:10:50	125	00:32:30	50	00:43:20	72	00:23:27	75	01:06:46
66.	557	Urbanek, Waldemar		M 60	3.	00:10:09	94	00:32:49	57	00:42:58	60	00:23:59	91	01:06:56
67.	959	Baranowski, Filip		M 35	11.	00:11:37	176	00:33:37	77	00:45:14	105	00:21:44	32	01:06:57
68.	509	Haseleu, Christian	Fortuna Düsseldorf Triathlon	M 45	6.	00:09:08	51	00:32:05	43	00:41:12	38	00:25:45	127	01:06:57

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Platz	Startnr.	Name	Verein	AK	Platz AK	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
69.	554	Schumacher, Peter	Puter	M 60	4.	00:11:18	157	00:32:43	56	00:44:00	81	00:23:10	65	01:07:10
70.	999	Wasem, Sascha	ASV Duisburg	M 35	12.	00:11:31	168	00:34:53	113	00:46:23	132	00:20:51	20	01:07:14
71.	971	Frommelt, Klaus		M 35	13.	00:11:33	172	00:33:46	81	00:45:19	107	00:21:59	41	01:07:18
72.	663	Cremer, Michael		M 50	10.	00:11:09	145	00:31:06	28	00:42:15	53	00:25:06	113	01:07:21
73.	591	Raith, Manfred	Leichtathletik Nütterden	M 65	1.	00:10:37	113	00:33:21	72	00:43:57	80	00:23:25	74	01:07:22
74.	912	Almahawelee,	Tv goch	M 25	4.	00:08:26	26	00:33:29	75	00:41:55	45	00:25:28	122	01:07:23
75.	476	Löpelmann, Sebastian	FC St. Pauli Triathlon	M 40	11.	00:10:01	90	00:34:02	87	00:44:03	82	00:23:21	71	01:07:23
76.	887	Heinzen, Till		M 20	7.	00:09:49	81	00:34:05	88	00:43:53	79	00:23:34	78	01:07:27
77.	651	Gostomski, Dirk	PV Triathlon TG Witten	M 50	11.	00:07:56	19	00:35:13	119	00:43:08	66	00:24:21	97	01:07:28
78.	893	Ewering, Felix	Brutale Alphas	M 25	5.	00:09:10	52	00:33:53	84	00:43:02	62	00:24:39	101	01:07:40
79.	536	Kramer, Rene	TRlandertaler Mettmann-Sport	M 45	7.	00:09:33	66	00:32:30	51	00:42:03	50	00:25:48	128	01:07:50
80.	996	Kleinherbers, Jan		M 35	14.	00:09:30	62	00:33:37	78	00:43:07	65	00:24:46	102	01:07:52
81.	906	Beckmann, Lucas	TSV Raesfeld	M 25	6.	00:11:46	181	00:34:28	102	00:46:14	129	00:21:52	36	01:08:06
82.	527	Tinthoff, Daniel		M 45	8.	00:10:54	129	00:33:40	79	00:44:33	94	00:23:40	80	01:08:13
83.	520	Rataj, André		M 45	9.	00:11:00	137	00:34:27	101	00:45:26	111	00:22:51	55	01:08:17
84.	649	Brauer, Bernd	TSV Bayer Dormagen Triathlon	M 50	12.	00:09:59	88	00:34:32	105	00:44:31	92	00:23:50	86	01:08:21
85.	925	Otten, Tobias		M 30	9.	00:11:50	184	00:33:10	68	00:45:00	101	00:23:33	77	01:08:33
86.	975	Koller, Marcel	Team Müllebar	M 35	15.	00:11:37	175	00:33:04	63	00:44:41	95	00:23:54	89	01:08:34
87.	691	Sundermann, Frank		M 55	11.	00:11:58	191	00:33:50	83	00:45:48	115	00:22:49	53	01:08:37
88.	948	Schmeel, Pascal	Duisburger SV98 Triathlon Team	M 30	10.	00:08:48	39	00:35:03	116	00:43:51	77	00:24:48	104	01:08:39
89.	972	Haupt, Marvin		M 35	16.	00:10:21	101	00:35:53	140	00:46:14	128	00:22:32	51	01:08:45
90.	526	Schneider, Jens	Duisburger Ruderverein	M 45	10.	00:09:11	53	00:33:50	82	00:43:01	61	00:25:52	131	01:08:52
91.	504	Pockrandt, Thomas	POCKISPORTS	M 40	12.	00:09:28	61	00:35:18	121	00:44:46	97	00:24:12	94	01:08:57
92.	933	Jerrentrup, Fabian		M 30	11.	00:09:38	72	00:33:18	70	00:42:56	59	00:26:06	137	01:09:01
93.	904	Rauch, Robin		M 25	7.	00:11:04	142	00:33:04	64	00:44:08	85	00:24:58	108	01:09:05
94.	592	Terhorst, Klaus	Geldern	M 65	2.	00:09:15	55	00:36:46	161	00:46:01	121	00:23:09	64	01:09:09
95.	950	Winter, David	Die Eiszapfen	M 30	12.	00:10:35	112	00:33:03	62	00:43:38	74	00:25:34	123	01:09:11
96.	885	Beckmann, Klaus		M 20	8.	00:10:47	123	00:35:27	126	00:46:13	127	00:23:01	59	01:09:13
97.	936	Merker, Sebastian		M 30	13.	00:11:20	160	00:36:08	147	00:47:27	147	00:22:07	43	01:09:34
98.	686	Chill, Jan	TRC Essen 84	M 55	12.	00:09:25	60	00:32:42	55	00:42:06	51	00:27:36	178	01:09:42
99.	564	Roling, Ludger	SV Gladbeck 13	M 60	5.	00:08:12	24	00:36:14	150	00:44:26	91	00:25:26	121	01:09:51
100.	969	Föcking, Michael		M 35	17.	00:09:31	63	00:33:17	69	00:42:48	58	00:27:05	166	01:09:52
101.	572	Boenisch, Winfried	Wohlfühlelektriker	M 60	6.	00:11:35	174	00:33:19	71	00:44:53	99	00:25:00	111	01:09:53
102.	467	Magdeburg, Dennis		M 40	13.	00:12:09	198	00:34:37	108	00:46:45	136	00:23:21	72	01:10:06
103.	916	Kimpel, Simon		M 25	8.	00:09:57	85	00:35:21	123	00:45:18	106	00:24:52	105	01:10:10
104.	530	Fröhlich, Marc	SV 13 Gladbeck	M 45	11.	00:10:34	111	00:35:53	141	00:46:27	134	00:23:44	83	01:10:10

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Platz	Startnr.	Name	Verein	AK	Platz AK	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
105.	633	Karatas, Michael	SV Concordia Ossenberg	M 50	13.	00:10:58	131	00:33:22	73	00:44:20	88	00:26:13	142	<b>01:10:32</b>
106.	555	Thun, Christian	SC Bayer 05 Uerdingen	M 60	7.	00:08:34	32	00:35:47	136	00:44:20	89	00:26:13	143	<b>01:10:33</b>
107.	720	Wiedelbach, Frank		M 55	13.	00:11:20	159	00:34:25	98	00:45:44	113	00:24:59	109	<b>01:10:42</b>
108.	941	Kisters, Sebastian		M 30	14.	00:09:20	58	00:35:51	138	00:45:10	104	00:25:36	126	<b>01:10:46</b>
109.	466	Henneke, Sebastian	Anchor Running Crew	M 40	14.	00:11:16	154	00:35:48	137	00:47:04	140	00:23:56	90	<b>01:10:59</b>
110.	673	Becker, Jens-Ulrik	triathlon duisern	M 55	14.	00:09:37	70	00:34:09	92	00:43:45	76	00:27:16	169	<b>01:11:01</b>
111.	653	Janssen, Hubertus	Schlammpringer Geldern	M 50	14.	00:08:54	42	00:34:24	96	00:43:18	71	00:27:50	186	<b>01:11:07</b>
112.	489	Scharfschwerdt,		M 40	15.	00:11:21	161	00:38:05	188	00:49:26	188	00:21:44	33	<b>01:11:09</b>
113.	715	Schloutz, Edgar		M 55	15.	00:10:44	119	00:33:32	76	00:44:15	87	00:26:55	162	<b>01:11:10</b>
114.	501	Gierow, Norman	Wasserwacht Rostock	M 40	16.	00:08:35	33	00:37:36	178	00:46:11	126	00:25:01	112	<b>01:11:11</b>
115.	722	Baumann, Roland	SV 07 Griethausen	M 55	16.	00:10:47	121	00:35:16	120	00:46:02	122	00:25:10	115	<b>01:11:11</b>
116.	659	Sevecke, Niklot	TuS Xanten Radsport	M 50	15.	00:10:41	118	00:32:58	59	00:43:38	75	00:27:36	179	<b>01:11:14</b>
117.	985	Machel, Peter		M 35	18.	00:11:27	165	00:35:30	127	00:46:56	138	00:24:20	96	<b>01:11:15</b>
118.	556	Trautmann, Andreas	Brander SV Tri Team	M 60	8.	00:10:47	124	00:35:01	115	00:45:48	114	00:25:34	124	<b>01:11:21</b>
119.	662	Berghoff, Michael	TuS Xanten	M 50	16.	00:12:10	203	00:35:21	122	00:47:30	149	00:23:54	88	<b>01:11:24</b>
120.	567	Büsch, Heinz		M 60	9.	00:08:48	40	00:37:20	174	00:46:07	125	00:25:17	117	<b>01:11:24</b>
121.	667	Kowalski, Achim	SG Borken	M 50	17.	00:12:17	209	00:34:11	95	00:46:28	135	00:25:08	114	<b>01:11:35</b>
122.	990	Siebers, Sebastian		M 35	19.	00:08:00	22	00:38:55	200	00:46:55	137	00:24:48	103	<b>01:11:43</b>
123.	475	Kloß, Christian		M 40	17.	00:12:31	218	00:35:32	130	00:48:02	161	00:23:42	82	<b>01:11:43</b>
124.	529	Boßmann, Stefan	Sonsbeck	M 45	12.	00:12:10	202	00:35:57	142	00:48:07	164	00:23:42	81	<b>01:11:48</b>
125.	908	Kentgen, Lucas		M 25	9.	00:09:34	68	00:35:59	143	00:45:33	112	00:26:20	146	<b>01:11:52</b>
126.	625	Alexander, Brian	TRlandertaler Mettmann-Sport	M 50	18.	00:13:07	233	00:34:25	97	00:47:31	150	00:24:21	98	<b>01:11:52</b>
127.	978	Roling, Tobias	SV Gladbeck 13	M 35	20.	00:08:55	45	00:36:59	167	00:45:54	117	00:26:06	138	<b>01:11:59</b>
128.	974	Kappelhoff, Christof		M 35	21.	00:16:24	263	00:36:53	165	00:53:16	225	00:18:50	4	<b>01:12:05</b>
129.	897	Dieckheuer, Tim	Brutale Alphas	M 25	10.	00:12:09	199	00:36:48	163	00:48:57	182	00:23:11	66	<b>01:12:08</b>
130.	922	Heckelmann, Jan		M 30	15.	00:11:56	189	00:32:14	46	00:44:09	86	00:28:06	195	<b>01:12:15</b>
131.	540	Bente, Marco	Ausdauerschule by bunert	M 45	13.	00:10:06	92	00:34:26	99	00:44:31	93	00:27:54	188	<b>01:12:25</b>
132.	681	Pöttker, Martin	TriFinish Münster	M 55	17.	00:13:15	236	00:35:34	131	00:48:49	180	00:23:46	84	<b>01:12:35</b>
133.	579	Mätzkow, Rolf		M 60	10.	00:10:47	122	00:34:05	89	00:44:51	98	00:27:49	185	<b>01:12:40</b>
134.	979	Schmink, Patrick	Allround Triathlon Team Kleve	M 35	22.	00:08:58	47	00:34:07	90	00:43:04	63	00:29:40	219	<b>01:12:44</b>
135.	614	Grönsfelder, Thomas		M 50	19.	00:10:39	115	00:35:26	125	00:46:04	123	00:26:41	152	<b>01:12:45</b>
136.	711	Dzionsko, Christoph	Trifinish Münster	M 55	18.	00:10:18	99	00:35:37	133	00:45:55	119	00:26:51	159	<b>01:12:46</b>
137.	533	Höfkes, Michael	FCB	M 45	14.	00:12:01	194	00:36:38	158	00:48:39	176	00:24:08	93	<b>01:12:46</b>
138.	710	Christoph, Mark	Krefelder Kanu Klub	M 55	19.	00:12:09	201	00:34:10	93	00:46:19	130	00:26:39	151	<b>01:12:57</b>
139.	600	Hopermann, Udo	Hamminkelner SV	M 70	1.	00:12:57	230	00:35:07	118	00:48:03	162	00:24:59	110	<b>01:13:02</b>
140.	895	Olbrück, Tobias		M 25	11.	00:08:56	46	00:38:46	198	00:47:41	153	00:25:25	120	<b>01:13:06</b>

## 36. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startnr.	Name	Verein	AK	Platz AK	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
141.	677	Hanisch, Andreas	VfB Frohnhausen	M 55	20.	00:11:26	164	00:34:00	86	00:45:26	110	00:27:41	183	01:13:06
142.	609	Werries, Jannes		Junioren	3.	00:10:39	116	00:34:29	103	00:45:07	103	00:28:03	193	01:13:10
143.	989	Schmeel, Markus	Duisburger SV98 Triathlon Team	M 35	23.	00:10:23	104	00:34:37	107	00:45:00	100	00:28:13	198	01:13:12
144.	601	Kufeld, Gerhard	TV Goch	M 70	2.	00:11:03	141	00:34:51	111	00:45:53	116	00:27:21	172	01:13:13
145.	927	Dieck, Philipp		M 30	16.	00:11:56	188	00:35:44	135	00:47:39	152	00:25:36	125	01:13:14
146.	471	Böhne, Jan	Team Freisport	M 40	18.	00:09:53	84	00:37:34	177	00:47:26	146	00:25:50	129	01:13:16
147.	565	Schlüter, Willi		M 60	11.	00:11:15	152	00:35:52	139	00:47:06	142	00:26:32	149	01:13:38
148.	640	Welzer, Roman		M 50	20.	00:12:47	228	00:35:31	128	00:48:17	168	00:25:23	119	01:13:40
149.	943	Koplin, Björn	ELV Sprintteam	M 30	17.	00:10:59	133	00:36:31	155	00:47:29	148	00:26:15	144	01:13:43
150.	911	Zimehl, Daniel		M 25	12.	00:11:58	190	00:36:00	144	00:47:57	156	00:26:02	136	01:13:59
151.	949	Solbach, Björn	ELV Sprintteam	M 30	18.	00:10:46	120	00:36:36	157	00:47:21	145	00:26:39	150	01:13:59
152.	543	Gärtner, Frank		M 45	15.	00:10:10	96	00:37:47	185	00:47:56	155	00:26:10	141	01:14:06
153.	894	Möller, Jannis		M 25	13.	00:11:54	186	00:36:21	152	00:48:14	166	00:26:08	140	01:14:22
154.	946	Hufnagel, Sebastian		M 30	19.	00:10:09	93	00:37:23	176	00:47:31	151	00:26:51	158	01:14:22
155.	492	Dudler, Martin	Hiesfeld Ghostriders	M 40	19.	00:14:58	258	00:33:27	74	00:48:24	171	00:26:01	135	01:14:25
156.	499	Thelen, Carsten	BSG Sparkasse am Niederrhein	M 40	20.	00:12:30	216	00:35:26	124	00:47:55	154	00:26:43	153	01:14:37
157.	654	Kempkens, Ralf		M 50	21.	00:12:36	221	00:36:10	148	00:48:45	178	00:25:55	132	01:14:40
158.	604	Helbig, Sven	Alpen Eagles	M 45	16.	00:07:34	7	00:34:45	110	00:42:19	55	00:32:22	240	01:14:40
159.	956	Kleinpaß, Jonathan		M 35	24.	00:10:59	136	00:35:06	117	00:46:05	124	00:28:42	205	01:14:47
160.	588	Kowollik, Christian		M 65	3.	00:10:59	132	00:37:02	168	00:48:00	157	00:26:53	161	01:14:53
161.	658	Peters, Ulrich	RSG Borussia Veen	M 50	22.	00:10:26	107	00:36:52	164	00:47:17	144	00:27:40	181	01:14:57
162.	507	Wellmanns, Mario		M 40	21.	00:11:48	183	00:36:43	159	00:48:30	173	00:26:27	148	01:14:57
163.	688	Leismann, Markus		M 55	21.	00:09:51	83	00:37:19	173	00:47:09	143	00:27:53	187	01:15:02
164.	674	Dieckmann, Jörg	Dextro Energy Sport Team	M 55	22.	00:10:52	127	00:34:34	106	00:45:25	109	00:29:45	221	01:15:09
165.	515	Ellinghaus, David		M 45	17.	00:10:24	105	00:38:00	187	00:48:24	170	00:26:53	160	01:15:17
166.	907	Gerber,	SG Suderwich	M 25	14.	00:12:10	204	00:39:59	217	00:52:09	214	00:23:14	68	01:15:22
167.	593	Cascales, Miguel	ohne	M 65	4.	00:11:13	149	00:37:02	171	00:48:15	167	00:27:27	175	01:15:42
168.	549	Weisbach, Guido	LT Hennef/Sieg	M 45	18.	00:11:26	163	00:37:06	172	00:48:31	174	00:27:21	173	01:15:52
169.	496	Pusch, Niko		M 40	22.	00:11:16	153	00:37:44	181	00:48:59	184	00:27:00	164	01:15:58
170.	473	Hermans, Nils		M 40	23.	00:11:31	170	00:36:30	153	00:48:01	158	00:28:02	192	01:16:02
171.	896	Schemann, Yannik		M 25	15.	00:11:14	150	00:37:57	186	00:49:11	185	00:27:05	165	01:16:15
172.	562	Mnietzkowski, Ralf	AH Sparta Gerderath	M 60	12.	00:08:59	48	00:38:08	189	00:47:06	141	00:29:10	214	01:16:15
173.	646	Neuhaus, Martin		M 50	23.	00:11:19	158	00:38:20	193	00:49:38	190	00:26:47	154	01:16:25
174.	988	Pinders, Marcel	Römer Express	M 35	25.	00:11:38	177	00:37:02	169	00:48:40	177	00:28:00	191	01:16:40
175.	888	Kemkes, Alexander		M 20	9.	00:11:46	182	00:36:18	151	00:48:04	163	00:28:38	201	01:16:41
176.	909	Kleinpaß, Julian		M 25	16.	00:13:15	235	00:38:31	194	00:51:46	208	00:24:56	107	01:16:42

## 36. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startnr.	Name	Verein	AK	Platz AK	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
177.	586	Beume, Edgar	Marathon Club,Eschweiler	M 65	5.	00:12:40	224	00:38:13	192	00:50:52	197	00:25:56	133	01:16:47
178.	620	Nauber, Jens		M 50	24.	00:12:37	222	00:37:02	170	00:49:39	192	00:27:12	168	01:16:50
179.	905	Arbeiter, Vincent		M 25	17.	00:12:11	205	00:36:46	160	00:48:56	181	00:28:10	196	01:17:05
180.	683	Schröder, Carsten	TUS09 Oer-Erkenschwick	M 55	23.	00:11:00	138	00:42:26	244	00:53:26	227	00:23:49	85	01:17:14
181.	931	Kodjayan, Luis		M 20	10.	00:12:42	226	00:39:47	211	00:52:28	217	00:24:54	106	01:17:21
182.	965	Lichy, Martin	RWO Endurance Team	M 35	26.	00:11:41	178	00:37:45	183	00:49:25	187	00:27:57	190	01:17:21
183.	671	Aengenheister,	Schlammpringer Geldern	M 55	24.	00:11:10	146	00:37:23	175	00:48:33	175	00:28:51	207	01:17:23
184.	638	Porschen, Michael		M 50	25.	00:12:20	210	00:37:45	182	00:50:04	194	00:27:19	171	01:17:23
185.	923	Hüting, Florian		M 30	20.	00:12:23	212	00:39:06	204	00:51:29	202	00:26:06	139	01:17:34
186.	544	Halswick, Thomas	SV Buderich	M 45	19.	00:10:40	117	00:37:43	180	00:48:23	169	00:29:12	215	01:17:35
187.	899	Kronwald, Luke	RWO Endurance Team	M 25	18.	00:07:47	13	00:38:37	196	00:46:24	133	00:31:17	234	01:17:41
188.	693	Wansing, Klaus	SuS Stadtlohn	M 55	25.	00:11:01	139	00:40:32	223	00:51:32	203	00:26:16	145	01:17:48
189.	523	Karner, Sven	ZIELEXPORTE	M 45	20.	00:14:55	257	00:35:31	129	00:50:25	195	00:27:24	174	01:17:49
190.	968	Bikar, André		M 35	27.	00:10:20	100	00:35:35	132	00:45:54	118	00:32:03	237	01:17:57
191.	881	Wigger, Johannes		M 20	11.	00:12:59	231	00:39:06	203	00:52:05	212	00:25:57	134	01:18:01
192.	914	Holtermann, Kevin		M 25	19.	00:11:44	180	00:38:57	201	00:50:40	196	00:27:37	180	01:18:17
193.	687	Jendro, Alfred		M 55	26.	00:11:31	169	00:36:31	156	00:48:01	159	00:30:20	227	01:18:21
194.	631	Hoffmann, Peter		M 50	26.	00:11:15	151	00:36:47	162	00:48:02	160	00:30:20	226	01:18:21
195.	730	Riedel, Thomas	Pott8	M 55	27.	00:11:29	166	00:36:56	166	00:48:24	172	00:30:06	224	01:18:30
196.	664	Gempp, Carsten	Marathon Triathlon Mülheim	M 50	27.	00:13:33	244	00:38:08	191	00:51:41	205	00:26:49	155	01:18:30
197.	726	Kronwald, Jens	RWO Endurance Team	M 55	28.	00:09:45	80	00:35:40	134	00:45:25	108	00:33:17	245	01:18:41
198.	470	van Nahmen, Sven	KCDM	M 40	24.	00:11:01	140	00:37:46	184	00:48:47	179	00:29:58	222	01:18:45
199.	684	Warth, Holger		M 55	29.	00:13:27	240	00:38:35	195	00:52:01	210	00:26:50	157	01:18:51
200.	901	Alders, Mick		M 25	20.	00:15:24	261	00:33:54	85	00:49:18	186	00:29:44	220	01:19:01
201.	697	Amberger, Andreas	Lauf Team Unna	M 55	30.	00:11:33	171	00:41:40	240	00:53:12	223	00:25:50	130	01:19:02
202.	930	Schmeinck, Tim		M 30	21.	00:12:24	213	00:40:18	220	00:52:42	218	00:26:26	147	01:19:07
203.	472	Bollmann, Axel	Anchor Running Crew Duisburg	M 40	25.	00:14:49	256	00:41:39	239	00:56:27	250	00:22:53	56	01:19:19
204.	528	Wenz, Michael	LahmeEnte!	M 45	21.	00:10:59	135	00:40:43	226	00:51:42	206	00:27:43	184	01:19:24
205.	559	Haske, Thomas	TUS Drevenack	M 60	13.	00:12:40	225	00:38:40	197	00:51:20	200	00:28:52	209	01:20:12
206.	650	Dreßen, Thomas		M 50	28.	00:11:55	187	00:39:49	212	00:51:44	207	00:28:40	203	01:20:23
207.	692	Waffner, Volker	DJK Adler Frintrop	M 55	31.	00:12:35	219	00:40:51	229	00:53:26	228	00:26:59	163	01:20:25
208.	621	Niggemann, Torsten		M 50	29.	00:08:32	30	00:41:05	232	00:49:36	189	00:30:49	231	01:20:25
209.	637	Meyer, André	Triminators TV Voerde	M 50	30.	00:12:01	193	00:36:13	149	00:48:13	165	00:32:23	241	01:20:35
210.	576	Pitone, Michael	PV Triathlon Witten	M 60	14.	00:09:51	82	00:36:07	146	00:45:57	120	00:34:43	251	01:20:39
211.	561	Leicher, Achim	DJK Marienstatt	M 60	15.	00:11:25	162	00:40:40	225	00:52:05	213	00:28:37	200	01:20:42
212.	622	Rass, Hans-Jürgen		M 50	31.	00:11:12	148	00:41:40	241	00:52:52	220	00:27:57	189	01:20:49

## 36. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startnr.	Name	Verein	AK	Platz AK	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
213.	587	Kästner, Eckhard	SV Straelen TRI 19	M 65	6.	00:14:46	255	00:38:46	199	00:53:32	231	00:27:18	170	01:20:49
214.	571	Vogel, Dirk	LF-Serm	M 60	16.	00:09:42	74	00:43:31	248	00:53:12	222	00:27:40	182	01:20:52
215.	708	Wiggeshoff, Michael	RC Sorpensee TriTeam	M 55	32.	00:11:08	144	00:40:56	231	00:52:03	211	00:28:51	208	01:20:53
216.	607	Wagner, Kevin		MJA	1.	00:09:24	59	00:37:38	179	00:47:02	139	00:33:58	248	01:20:59
217.	713	Kessler, Markus		M 55	33.	00:10:50	126	00:40:13	218	00:51:03	198	00:30:01	223	01:21:03
218.	987	Osterkamp, Bastian		M 35	28.	00:10:05	91	00:42:55	246	00:52:59	221	00:28:10	197	01:21:09
219.	570	Kügler, Klaus		M 60	17.	00:12:06	197	00:44:05	252	00:56:11	247	00:25:14	116	01:21:25
220.	935	Lightfoot, Lee		M 30	22.	00:11:34	173	00:40:26	222	00:52:00	209	00:29:28	217	01:21:28
221.	721	Wienen, Hartmut	RWO Endurance Team	M 55	34.	00:13:39	246	00:39:03	202	00:52:42	219	00:29:04	213	01:21:46
222.	558	Wimmers, Stephan	UteMückel TriathlonTeam	M 60	18.	00:09:32	64	00:39:26	207	00:48:58	183	00:32:52	244	01:21:50
223.	491	Voss, Christian	Triathlon Turbine Wetten	M 40	26.	00:13:16	237	00:41:08	234	00:54:23	241	00:27:28	176	01:21:51
223.	495	Krahn, Thomas		M 40	26.	00:11:08	143	00:43:16	247	00:54:23	240	00:27:28	177	01:21:51
225.	679	Kunze, Martin		M 55	35.	00:11:42	179	00:39:36	208	00:51:17	199	00:30:48	230	01:22:04
226.	626	Balic, Dragan		M 50	32.	00:13:28	241	00:40:34	224	00:54:02	234	00:28:05	194	01:22:06
227.	545	Klimas, Stefan		M 45	22.	00:12:25	214	00:42:37	245	00:55:01	242	00:27:05	167	01:22:06
228.	719	Waffner, Jürgen	Unna	M 55	36.	00:13:09	234	00:36:30	154	00:49:38	191	00:32:45	243	01:22:23
229.	970	Frank, Rene		M 35	29.	00:12:03	195	00:41:57	242	00:54:00	233	00:28:40	202	01:22:39
230.	695	Wiesner, Michael		M 55	37.	00:11:17	155	00:40:17	219	00:51:34	204	00:31:10	233	01:22:43
231.	522	Hügen, Ulrich		M 45	23.	00:13:45	249	00:40:19	221	00:54:04	235	00:29:00	211	01:23:03
232.	505	Schlaszus, Stefan	NW Keeken	M 40	28.	00:13:32	243	00:40:49	228	00:54:20	239	00:28:45	206	01:23:04
233.	876	Bräutigam, Jonas		M 20	12.	00:11:30	167	00:39:52	214	00:51:21	201	00:31:55	235	01:23:16
234.	977	Marquardt, Oliver	Anchor Running Crew	M 35	30.	00:14:13	251	00:40:52	230	00:55:04	243	00:28:22	199	01:23:25
235.	482	Weiß, Kevin		M 40	29.	00:12:38	223	00:41:38	238	00:54:16	238	00:29:16	216	01:23:31
236.	910	Koester, Christian		M 25	21.	00:13:16	238	00:39:58	216	00:53:14	224	00:30:17	225	01:23:31
237.	617	Karrasch, Sven		M 50	33.	00:12:09	200	00:41:21	236	00:53:29	230	00:30:47	229	01:24:16
238.	589	Lederbogen,		M 65	7.	00:14:15	252	00:41:05	233	00:55:20	245	00:29:01	212	01:24:21
239.	984	Fetscher, Nico		M 35	31.	00:12:36	220	00:39:45	210	00:52:20	215	00:32:06	238	01:24:25
240.	590	Pfalz, Ulrich	PV Triathlon TG Witten	M 65	8.	00:16:48	265	00:40:48	227	00:57:36	252	00:28:59	210	01:26:34
241.	578	Grabowski, Jörg		M 60	19.	00:12:21	211	00:43:41	249	00:56:01	246	00:30:42	228	01:26:43
242.	647	Pomm, Magnus		M 50	34.	00:15:16	259	00:38:08	190	00:53:24	226	00:33:41	246	01:27:05
243.	566	Schmidt, Ralf		M 60	20.	00:14:01	250	00:43:47	250	00:57:47	254	00:29:31	218	01:27:18
244.	967	Wulfinghoff, David		M 35	32.	00:12:31	217	00:39:56	215	00:52:27	216	00:34:57	252	01:27:23
245.	538	Schüller, Sascha		M 45	24.	00:15:33	262	00:39:41	209	00:55:13	244	00:32:11	239	01:27:24
246.	547	Kodjayan, Carlos	Team Gambebene	Junioren	4.	00:12:11	206	00:41:16	235	00:53:27	229	00:34:21	250	01:27:47
247.	709	Brüggemann, Jürgen	AS Neukirchen-Vluyn	M 55	38.	00:10:38	114	00:39:07	205	00:49:44	193	00:38:33	259	01:28:17
248.	641	Ambos, Peter		M 50	35.	00:12:29	215	00:47:17	261	00:59:45	258	00:28:41	204	01:28:26

## 36. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startnr.	Name	Verein	AK	Platz AK	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
249.	548	Peter, Marko	LT Wischlingen Dortmund	M 45	25.	00:16:35	264	00:39:51	213	00:56:25	249	00:32:42	242	<b>01:29:07</b>
250.	892	Wolters, Daniel		M 20	13.	00:13:40	247	00:43:54	251	00:57:34	251	00:32:00	236	<b>01:29:34</b>
251.	613	Braem, Frank	BSV Büderich	M 50	36.	00:14:24	254	00:39:17	206	00:53:40	232	00:36:57	255	<b>01:30:37</b>
252.	596	Kurz, Karl-Heinz	Triathlon Waldfeucht	M 65	9.	00:12:11	207	00:42:01	243	00:54:12	236	00:39:07	260	<b>01:33:18</b>
253.	575	Krambeck, Matthias	Ohne	M 60	21.	00:12:00	192	00:50:32	265	01:02:32	263	00:30:57	232	<b>01:33:29</b>
254.	993	Görgen, Martin		M 35	33.	00:13:03	232	00:47:08	260	01:00:10	260	00:34:11	249	<b>01:34:21</b>
255.	961	Cengiz, Renan	RADikal Bikes Rheinberg	M 35	34.	00:15:23	260	00:45:33	255	01:00:55	261	00:33:42	247	<b>01:34:37</b>
256.	668	Lindner, Lilli	FC Schalke 04	M 50	37.	00:13:31	242	00:44:10	253	00:57:41	253	00:37:22	256	<b>01:35:02</b>
257.	716	Segna, Peter	Laufsportfreunde Grödnertal	M 55	39.	00:13:19	239	00:46:29	259	00:59:48	259	00:35:25	253	<b>01:35:13</b>
258.	583	Thiel, Werner	Team Erdinger Alkoholfrei	M 60	22.	00:12:52	229	00:41:23	237	00:54:15	237	00:41:20	261	<b>01:35:34</b>
259.	500	Alexander, Erdt	Adler Langlauf Bottrop	M 40	30.	00:12:45	227	00:46:21	258	00:59:06	255	00:37:45	257	<b>01:36:50</b>
260.	584	Eicker, Joachim	Triclub Wuppertal	M 65	10.	00:11:18	156	00:45:06	254	00:56:23	248	00:42:57	265	<b>01:39:19</b>
261.	696	Zimmermann, Axel	LT Wischlingen Dortmund	M 55	40.	00:13:43	248	00:47:41	262	01:01:24	262	00:38:19	258	<b>01:39:42</b>
262.	598	Jordan, Jürgen	SuS Bertlich	M 65	11.	00:13:39	245	00:45:36	256	00:59:15	256	00:41:58	263	<b>01:41:13</b>
263.	531	Gretscher, Bernd		M 45	26.	00:12:05	196	00:52:48	266	01:04:53	266	00:36:26	254	<b>01:41:19</b>
264.	532	Hess, Thorsten		M 45	27.	00:10:59	134	00:48:23	263	00:59:22	257	00:43:52	266	<b>01:43:14</b>
265.	573	Grevelhörster, Jürgen		M 60	23.	00:17:02	266	00:45:37	257	01:02:39	264	00:42:31	264	<b>01:45:09</b>
266.	603	Jockenhöfer, Heinrich	SV Gladbeck 13	M 75	1.	00:14:19	253	00:50:00	264	01:04:18	265	00:41:39	262	<b>01:45:57</b>
267.	581	Peters, Klaus	Mountainbike Kleve	M 60	24.	00:19:15	267	00:53:14	267	01:12:29	267	00:47:46	267	<b>02:00:14</b>
	552	Schmitz, Dieter	TuS Xanten Triathlon	M 60		00:10:14		00:31:53		00:42:07				
	666	Janssen, Jochen	TV Goch	M 50		00:08:37		00:30:03		00:38:39				
	694	Wegner, Torsten		M 55		00:11:04		00:39:38		00:50:41				
	939	Decker, Noah	SV Vyma 1997	M 30		00:09:47		00:34:13		00:43:59				
	616	Hundgeburth, Edwin		M 50		00:09:06								
	926	Reckmann, Manuel		M 30		00:12:33								
	577	Storck, Frank	Chemoman Happythonie	M 60		00:14:17								
	962	Czapski, Piotr		M 35		00:11:08								
DSQ	525	Sasse, Manuel		M 45	DSQ	00:09:49		00:25:03		00:34:51		00:28:11		<b>01:03:01</b>

## 36. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startnr.	Name	Verein	AK	Platz AK	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
Weiblich														
1.	834	Terweiden, Christine	TV Goch	W 40	1.	00:08:38	18	00:30:39	2	00:39:17	2	00:20:24	1	00:59:40
2.	870	Schön, Sabine	SV Gladbeck 13	W 45	1.	00:08:46	20	00:30:49	3	00:39:35	3	00:20:56	3	01:00:30
3.	764	Peters, Carolin	TV Goch	W 25	1.	00:08:10	12	00:32:05	7	00:40:14	7	00:20:48	2	01:01:01
4.	845	Wirth, Sandra	Triathlon Team Düsseldorf	W 40	2.	00:07:56	3	00:30:22	1	00:38:17	1	00:23:09	10	01:01:26
5.	771	Kronwald, Lea	RWO Endurance Team	W 25	2.	00:07:57	4	00:32:19	9	00:40:16	8	00:22:15	7	01:02:31
6.	766	Stern, Frauke	TV Goch	W 25	3.	00:08:08	10	00:32:05	8	00:40:12	6	00:22:43	8	01:02:55
7.	405	Beupoil, Karin	TV Goch	W 50	1.	00:08:39	19	00:31:17	4	00:39:55	4	00:24:02	14	01:03:57
8.	754	Fileccia, Carina	Nordtriathleten Oberhausen	W 25	4.	00:07:53	2	00:32:48	10	00:40:40	9	00:23:20	11	01:03:59
9.	787	Gobrecht, Chantal	TuS Breitscheid	W 30	1.	00:08:03	8	00:33:39	13	00:41:42	12	00:23:03	9	01:04:45
10.	746	Beckmann, Antonia	Reeser SC Triathlon	W 20	1.	00:08:03	7	00:34:52	18	00:42:54	13	00:21:52	5	01:04:46
11.	801	Koppers, Sonja	Moerser TV Triathlon	W 35	1.	00:10:03	37	00:31:24	5	00:41:27	10	00:24:21	16	01:05:47
12.	852	Bockholt, Anika	SV Gladbeck 13	W 45	2.	00:08:03	6	00:31:53	6	00:39:55	5	00:26:08	32	01:06:03
13.	826	Schulte, Christina	DLRG Alpen	W 40	3.	00:08:09	11	00:33:33	12	00:41:42	11	00:24:44	20	01:06:25
14.	409	Zuddas, Birgit	SV Gladbeck 13	W 50	2.	00:09:12	24	00:34:23	16	00:43:35	19	00:23:47	12	01:07:21
14.	761	Stang, Jule	TV Goch	W 25	5.	00:08:35	17	00:34:38	17	00:43:12	15	00:24:10	15	01:07:21
16.	425	Beckmann, Ricarda	Reeser SC Triathlon	W 55	1.	00:10:29	53	00:32:53	11	00:43:21	18	00:24:39	19	01:07:59
17.	875	Kluge- Schöpp, Doris		W 45	3.	00:10:19	46	00:35:50	28	00:46:08	30	00:22:12	6	01:08:20
18.	424	Wellmanns, Birgit	TV Goch 1883 e.V.	W 50	3.	00:09:07	23	00:34:13	14	00:43:20	17	00:25:28	23	01:08:47
19.	752	Rappers, Eva	TV Goch	W 25	6.	00:08:06	9	00:35:02	19	00:43:08	14	00:26:38	42	01:09:46
20.	765	Pouwels, Alina	Tv Goch	W 25	7.	00:08:50	21	00:36:44	37	00:45:34	24	00:24:31	18	01:10:04
21.	800	Niggemann, Marinja	Ausdauer Schule by bunert	W 35	2.	00:11:44	93	00:36:56	40	00:48:39	52	00:21:43	4	01:10:22
22.	750	Farber, Anke	Reeser SC Triathlon	W 25	8.	00:07:46	1	00:36:53	39	00:44:39	21	00:25:44	26	01:10:22
23.	786	Enbergs, Janine		W 30	2.	00:09:34	26	00:37:03	42	00:46:37	35	00:23:48	13	01:10:24
24.	758	Simon, Meike		W 25	9.	00:08:12	13	00:35:02	21	00:43:14	16	00:28:07	66	01:11:20
25.	823	Dormels, Sarah		W 40	4.	00:09:42	31	00:35:46	27	00:45:28	23	00:26:31	40	01:11:58
26.	814	Schwill, Christiane		W 35	3.	00:09:33	25	00:35:45	26	00:45:17	22	00:26:46	44	01:12:02
27.	441	Schumacher, Ute	Puter	W 55	2.	00:09:35	28	00:36:16	32	00:45:50	26	00:26:17	36	01:12:07
28.	416	Wiesner, Sonja		W 50	4.	00:11:30	85	00:35:02	20	00:46:32	33	00:25:41	25	01:12:13
29.	775	Wirtz, Maike		W 30	3.	00:10:03	38	00:35:55	30	00:45:58	27	00:26:16	35	01:12:13
30.	779	Kleinfeld, Esther		W 30	4.	00:10:38	60	00:35:31	24	00:46:09	31	00:26:28	39	01:12:36
31.	736	Thoone, Anna	TV Goch	WJA	1.	00:08:58	22	00:37:35	50	00:46:33	34	00:26:12	33	01:12:44
32.	781	Möbus, Katharina	LT Wischlingen Dortmund	W 30	5.	00:11:17	77	00:36:17	33	00:47:34	42	00:25:36	24	01:13:10
33.	806	Muster, Anika	SV Gladbeck 13	W 35	4.	00:10:17	45	00:36:20	34	00:46:37	37	00:26:48	47	01:13:24
34.	403	Horstkamp, Juliane		W 50	5.	00:10:57	68	00:35:40	25	00:46:37	36	00:26:48	48	01:13:24

## 36. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startnr.	Name	Verein	AK	Platz AK	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
35.	860	Klingenberg, Anja	AS Neukirchen-Vluyn	W 45	4.	00:10:28	51	00:36:00	31	00:46:27	32	00:27:01	53	<b>01:13:28</b>
36.	401	Grönsfelder, Frauke		W 50	6.	00:08:29	16	00:37:35	48	00:46:03	29	00:27:57	62	<b>01:14:00</b>
37.	459	Wöscher, Sylvia	Triathlon Team Rheinberg	W 60	1.	00:10:16	44	00:34:22	15	00:44:37	20	00:29:28	78	<b>01:14:05</b>
38.	859	Kempkens, Nicole		W 45	5.	00:10:33	56	00:36:47	38	00:47:20	39	00:26:46	45	<b>01:14:05</b>
39.	853	Giemsma, Monika	Kevelaerer SV	W 45	6.	00:10:22	49	00:38:20	65	00:48:42	53	00:25:24	22	<b>01:14:05</b>
40.	778	Gosejohann, Lisa		W 30	6.	00:10:01	36	00:38:08	62	00:48:08	45	00:26:12	34	<b>01:14:20</b>
41.	854	Hinz, Randi		W 45	7.	00:10:25	50	00:38:03	56	00:48:28	50	00:26:04	31	<b>01:14:32</b>
42.	793	Thiel, Anke		W 30	7.	00:10:35	58	00:37:41	52	00:48:15	46	00:26:26	38	<b>01:14:41</b>
43.	745	Patan, Katharina	Die Flotten Karotten	W 20	2.	00:10:40	61	00:39:32	85	00:50:12	75	00:24:31	17	<b>01:14:42</b>
44.	815	Deilmann, Sandra		W 35	5.	00:10:08	41	00:39:08	73	00:49:15	59	00:25:52	27	<b>01:15:06</b>
45.	410	Berg, Andrea	RWO Endurance Team	W 50	7.	00:11:35	88	00:35:54	29	00:47:29	41	00:27:48	60	<b>01:15:17</b>
46.	835	Becker, Katharina	DLRG Dinslaken e.V.	W 40	5.	00:12:01	104	00:36:43	36	00:48:43	54	00:26:49	49	<b>01:15:31</b>
47.	795	Dupont, Aline		W 30	8.	00:10:21	48	00:39:12	78	00:49:32	66	00:26:03	30	<b>01:15:35</b>
48.	772	Matthiesen, Svenja	TuS Xanten	W 25	10.	00:11:37	89	00:37:45	53	00:49:21	65	00:26:18	37	<b>01:15:39</b>
49.	867	Newrzella, Nina	TRlandertaler	W 45	8.	00:10:15	43	00:35:29	23	00:45:43	25	00:30:17	91	<b>01:16:00</b>
50.	843	Orlamünde, Nadine		W 40	6.	00:08:12	14	00:39:28	83	00:47:40	43	00:28:33	68	<b>01:16:13</b>
51.	406	Engel, Marion		W 50	8.	00:12:15	115	00:37:00	41	00:49:15	58	00:26:59	52	<b>01:16:14</b>
52.	846	Halmans, Monika	Kevelaerer SV	W 40	7.	00:11:00	69	00:36:26	35	00:47:25	40	00:29:04	73	<b>01:16:28</b>
53.	749	Wegenauer, Johanna	Die 77er	W 20	3.	00:10:20	47	00:38:06	61	00:48:25	49	00:28:08	67	<b>01:16:33</b>
54.	760	Müller, Jale		W 25	11.	00:09:59	35	00:40:17	100	00:50:15	76	00:26:38	43	<b>01:16:53</b>
55.	763	Joosten, Judith	LG Alpen	W 25	12.	00:11:24	82	00:39:53	91	00:51:16	88	00:25:55	28	<b>01:17:11</b>
56.	413	Kumbrink, Alexandra	Allround Triathlon Team Kleve	W 50	9.	00:10:32	55	00:37:22	46	00:47:53	44	00:29:33	79	<b>01:17:25</b>
57.	871	Braun, Melanie		W 45	9.	00:07:59	5	00:38:01	54	00:45:59	28	00:31:38	106	<b>01:17:37</b>
58.	862	Bergermann, Nicole	RWO Endurance Team	W 45	10.	00:10:56	66	00:39:08	74	00:50:04	71	00:27:36	58	<b>01:17:39</b>
59.	774	Rodermund, Anna	SV Blau Weiß Bochum	W 30	9.	00:08:24	15	00:41:15	113	00:49:38	68	00:28:07	65	<b>01:17:44</b>
60.	423	Selter, Sabine	TV Attendorf TRI-TIME	W 50	10.	00:10:07	39	00:38:14	64	00:48:20	47	00:29:26	77	<b>01:17:46</b>
61.	438	Dr. Schürmann, Ulrike	Ohne	W 55	3.	00:09:55	34	00:40:42	103	00:50:36	78	00:27:25	55	<b>01:18:01</b>
62.	816	Huhn, Kirsten		W 35	6.	00:11:17	76	00:38:49	69	00:50:05	73	00:27:57	63	<b>01:18:02</b>
63.	431	Eicker, Barbara	Triclub Wuppertal	W 55	4.	00:12:11	113	00:37:27	47	00:49:37	67	00:28:58	70	<b>01:18:35</b>
64.	769	Cepok, Claudia	Alles aus Liebe	W 25	13.	00:11:34	87	00:40:13	99	00:51:47	93	00:26:51	50	<b>01:18:37</b>
65.	866	Weisbach, Heike	LT Hennef/Sieg	W 45	11.	00:12:50	125	00:39:41	88	00:52:31	101	00:26:32	41	<b>01:19:03</b>
66.	756	Merani, Natalina		W 25	14.	00:11:22	80	00:37:21	45	00:48:43	55	00:30:42	94	<b>01:19:25</b>
67.	414	Stehr, Nicole	Kevelaerer SV Triathlon	W 50	11.	00:12:02	105	00:37:13	43	00:49:14	57	00:30:12	90	<b>01:19:25</b>
68.	804	Derenthal, Yvonne	Moerser TV-Triathlon	W 35	7.	00:12:44	122	00:39:16	79	00:51:59	96	00:27:33	57	<b>01:19:32</b>
69.	872	Brinkhoff, Astrid	LT Wischlingen Dortmund	W 45	12.	00:13:51	136	00:39:04	72	00:52:54	108	00:26:46	46	<b>01:19:40</b>
70.	868	Pusch, Ivonne		W 45	13.	00:09:49	32	00:40:49	107	00:50:37	79	00:29:07	75	<b>01:19:44</b>

## 36. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startnr.	Name	Verein	AK	Platz AK	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
71.	848	Zanders, Jenny	Bocholter WSV	W 40	8.	00:11:32	86	00:39:11	77	00:50:43	81	00:29:13	76	01:19:55
72.	837	De Kloet, Martina	TRlandertaler	W 40	9.	00:11:19	78	00:37:40	51	00:48:59	56	00:31:04	102	01:20:03
73.	830	Henneke, Katja	Anchor Running Crew	W 40	10.	00:13:47	135	00:38:36	68	00:52:22	99	00:27:51	61	01:20:13
74.	864	Kortz, Vanessa	Marathon und Triathlon Mülheim	W 45	14.	00:11:15	75	00:38:04	58	00:49:18	61	00:30:56	100	01:20:14
75.	818	Lorenz, Alexandra		W 35	8.	00:11:12	72	00:39:31	84	00:50:43	80	00:29:45	81	01:20:27
76.	810	Kalscheuer, Fee	CrossFit Kleve	W 35	9.	00:10:10	42	00:39:09	75	00:49:19	62	00:31:11	104	01:20:29
77.	865	Van der Wouw,		W 45	15.	00:12:55	127	00:42:14	122	00:55:09	127	00:25:24	21	01:20:32
78.	789	Herrmann, Sarah	LV Marathon Kleve	W 30	10.	00:14:44	147	00:39:46	90	00:54:30	122	00:26:03	29	01:20:33
79.	784	Becker, Anne		W 30	11.	00:12:03	107	00:37:17	44	00:49:20	63	00:31:14	105	01:20:33
80.	869	Schön, Sandra	By Laufcoach Schön	W 45	16.	00:11:11	71	00:41:35	119	00:52:46	106	00:27:48	59	01:20:34
81.	770	Honvehlmann,	TSV Raesfeld	W 25	15.	00:14:11	143	00:38:27	66	00:52:37	103	00:28:02	64	01:20:38
82.	740	Mörch, Nina	Die Flotten Karotten	W 20	4.	00:11:40	91	00:38:51	70	00:50:31	77	00:30:09	88	01:20:39
83.	428	Kozay, Susanne	TSVE 1890 Bielefeld	W 55	5.	00:11:52	99	00:38:13	63	00:50:05	72	00:30:43	95	01:20:47
84.	753	Weinmann, Judith		W 25	16.	00:13:55	137	00:39:40	87	00:53:35	115	00:27:15	54	01:20:49
85.	707	Thiel, Daniela		W 50	12.	00:12:00	103	00:39:17	80	00:51:16	87	00:29:37	80	01:20:53
86.	840	Kleff, Adriane		W 40	11.	00:12:59	128	00:38:04	59	00:51:03	85	00:29:52	82	01:20:55
87.	851	Blaut, Anke	Lauf Team Unna	W 45	17.	00:10:57	67	00:40:01	95	00:50:58	84	00:30:27	93	01:21:25
88.	757	Petersen, Anna		W 25	17.	00:09:38	29	00:40:11	98	00:49:49	70	00:31:38	107	01:21:27
89.	436	Schlüter, Andrea		W 55	6.	00:11:57	101	00:38:55	71	00:50:52	82	00:30:45	96	01:21:36
90.	747	Lauth, Anna		W 20	5.	00:11:23	81	00:35:25	22	00:46:48	38	00:35:00	128	01:21:47
91.	809	Döring, Kirsten		W 35	10.	00:13:10	132	00:38:04	57	00:51:13	86	00:30:50	98	01:22:03
92.	791	Michel, Isabell		W 30	12.	00:12:22	117	00:40:44	105	00:53:05	109	00:29:00	72	01:22:05
93.	838	Fenkl, Sandra	TSV Bayer Dormagen Triathlon	W 40	12.	00:12:08	108	00:39:59	94	00:52:07	98	00:30:04	87	01:22:10
94.	447	Schmeer, Elke	LG Alpen	W 60	2.	00:12:13	114	00:41:05	111	00:53:17	112	00:29:05	74	01:22:22
95.	780	Lipki, Jessica		W 30	13.	00:11:20	79	00:40:23	101	00:51:43	91	00:30:51	99	01:22:33
96.	820	Teichner, Fabienne		W 35	11.	00:12:10	111	00:41:56	120	00:54:05	118	00:28:39	69	01:22:43
97.	419	Buchkremer, Eva	Weseler TV Triathlon	W 50	13.	00:10:31	54	00:38:02	55	00:48:32	51	00:34:20	124	01:22:51
98.	418	Becker, Beate	SV Haltern, Lauftreff	W 50	14.	00:12:38	120	00:39:54	93	00:52:32	102	00:30:24	92	01:22:55
99.	743	Petersen, Hilka		W 20	6.	00:09:49	33	00:39:32	86	00:49:21	64	00:33:45	117	01:23:05
100.	455	Thiel, Silvia	Team Erdinger Alkoholfrei	W 60	3.	00:12:44	121	00:40:42	104	00:53:25	114	00:29:53	83	01:23:17
101.	861	Pauli, Daniela		W 45	18.	00:11:46	94	00:40:11	97	00:51:56	95	00:31:55	110	01:23:50
102.	811	Kuhlmann, Jutta		W 35	12.	00:11:29	84	00:43:29	131	00:54:57	126	00:28:59	71	01:23:56
103.	819	Nitsch, Doro		W 35	13.	00:10:46	63	00:38:31	67	00:49:17	60	00:34:48	126	01:24:05
104.	856	Ellinghaus, Carola		W 40	13.	00:13:16	133	00:39:53	92	00:53:09	111	00:31:02	101	01:24:10
105.	411	Christmann, Gabi	Grenzfahrer e.V.	W 50	15.	00:11:49	96	00:41:20	116	00:53:08	110	00:31:07	103	01:24:15
106.	805	Gliebe, Sabrina	Cappuccino Crew Dortmund	W 35	14.	00:10:28	52	00:41:18	114	00:51:46	92	00:32:35	113	01:24:20

## 36. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startnr.	Name	Verein	AK	Platz AK	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
107.	792	Schmuck, Maren		W 30	14.	00:10:44	62	00:40:09	96	00:50:53	83	00:33:33	115	01:24:25
108.	434	Quinders, Petra		W 55	7.	00:11:52	98	00:40:50	108	00:52:41	104	00:31:50	109	01:24:31
109.	450	Rütten, Conni	TRlandertaler me-sport	W 60	4.	00:10:47	64	00:41:03	109	00:51:49	94	00:32:56	114	01:24:45
110.	454	Scherf, Maria	TV Goch	W 60	5.	00:12:24	118	00:45:39	138	00:58:02	139	00:26:56	51	01:24:58
111.	842	Nowak, Isabelle	ASV Süchteln	W 40	14.	00:10:50	65	00:37:35	49	00:48:25	48	00:36:37	139	01:25:02
112.	742	Wellmanns, Hannah	TV Goch 1883 e.V.	W 20	7.	00:09:41	30	00:40:27	102	00:50:07	74	00:35:16	130	01:25:23
113.	417	Zimmermann, Anja	LT Wischlingen Dortmund	W 50	16.	00:13:57	138	00:39:42	89	00:53:39	116	00:31:46	108	01:25:24
114.	422	Poggensee, Martina		W 50	17.	00:12:08	109	00:39:27	82	00:51:35	89	00:33:55	119	01:25:29
115.	404	Neumann, Silke	Handball TuS Xanten	W 50	18.	00:11:42	92	00:38:06	60	00:49:47	69	00:35:43	132	01:25:30
116.	783	Vogel, Vanessa		W 30	15.	00:12:10	112	00:43:13	128	00:55:22	129	00:30:09	89	01:25:31
117.	437	Wimmer-Mätzkow,		W 55	8.	00:12:53	126	00:39:10	76	00:52:03	97	00:33:53	118	01:25:56
118.	863	Horster, Britta	Marathon Triathlon Mülheim	W 45	19.	00:10:37	59	00:41:04	110	00:51:40	90	00:34:19	123	01:25:58
119.	807	Ohle, Ann-Christine	AS Neukirchen-Vluyn	W 35	15.	00:14:11	142	00:41:05	112	00:55:15	128	00:30:49	97	01:26:03
120.	850	Weber, Brigitta		W 40	15.	00:11:39	90	00:43:02	125	00:54:41	124	00:32:30	112	01:27:10
121.	449	Nozulack, Angelika		W 60	6.	00:12:09	110	00:40:45	106	00:52:54	107	00:34:18	122	01:27:12
122.	738	Wiggeshoff, Marie	RC Sorpensee TriTeam	Juniorinne	1.	00:11:05	70	00:43:12	127	00:54:16	119	00:33:39	116	01:27:55
123.	824	Garon, Jutta		W 40	16.	00:14:01	140	00:39:22	81	00:53:23	113	00:35:12	129	01:28:35
124.	412	Düllberg, Carolin		W 35	16.	00:10:34	57	00:41:56	121	00:52:30	100	00:36:23	136	01:28:53
125.	828	Cima, Irina		W 40	17.	00:13:02	129	00:43:48	133	00:56:50	135	00:32:29	111	01:29:18
126.	755	Jezierski, Julia		W 25	18.	00:11:55	100	00:44:00	134	00:55:55	132	00:33:56	120	01:29:51
127.	429	Thurm, Anja		W 55	9.	00:12:45	123	00:41:18	115	00:54:02	117	00:36:09	135	01:30:11
128.	782	Norpoth, Katharina		W 30	16.	00:11:28	83	00:43:06	126	00:54:33	123	00:35:38	131	01:30:11
129.	798	Schmidt, Rebecca	SV Gladbeck 13	W 30	17.	00:09:34	27	00:44:52	135	00:54:26	120	00:35:46	133	01:30:11
130.	831	Kreuz, Janina		W 40	18.	00:13:04	130	00:43:02	124	00:56:05	133	00:34:18	121	01:30:22
131.	799	Faeser, Ann-Katrin	Anchorrrunning Crew	W 35	17.	00:14:07	141	00:47:00	142	01:01:07	143	00:30:02	85	01:31:09
132.	794	Beckmann, Katharina	Anchor Running Crew Duisburg	W 30	18.	00:12:18	116	00:48:49	144	01:01:07	142	00:30:03	86	01:31:09
133.	821	Temminghoff, Maria	Team Mont Blanc	W 35	18.	00:14:44	146	00:49:18	145	01:04:02	146	00:27:29	56	01:31:31
134.	402	Slusarski, Sabine		W 50	19.	00:12:03	106	00:45:12	136	00:57:14	137	00:34:40	125	01:31:54
135.	808	Rothstein, Julia		W 35	19.	00:13:21	134	00:42:52	123	00:56:13	134	00:36:26	137	01:32:38
136.	452	Steffens, Sabine	AS neukirchen vluyn	W 60	7.	00:11:59	102	00:46:08	140	00:58:07	140	00:34:53	127	01:32:59
137.	457	Hillmer, Frauke	Freie Schwimmer Rheinkamp	W 60	8.	00:10:07	40	00:46:52	141	00:56:59	136	00:36:36	138	01:33:35
138.	759	Dittmann, Maren	KSV Kirchlinde 1926 e.V.	W 25	19.	00:11:15	73	00:43:29	130	00:54:43	125	00:39:07	140	01:33:49
139.	849	Hagemann, Anja	Fun Runner VfL Gladbeck	W 40	19.	00:13:06	131	00:41:20	117	00:54:26	121	00:39:26	142	01:33:52
140.	461	Mosters, Ingrid	LG Alpen	W 65	1.	00:16:38	148	00:47:24	143	01:04:02	145	00:29:55	84	01:33:57
141.	874	Hobe, Claudia	Grend-Runner	W 45	20.	00:14:26	144	00:46:03	139	01:00:29	141	00:35:51	134	01:36:19
142.	451	Scherberich, Uschi	Brander SV Tri Team	W 60	9.	00:11:15	74	00:41:32	118	00:52:46	105	00:44:57	147	01:37:43

## 36. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startnr.	Name	Verein	AK	Platz AK	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
143.	833	Stricker, Saskia	Triathlon Team Rheinberg	W 40	20.	00:11:48	95	00:43:42	132	00:55:29	130	00:42:36	145	<b>01:38:05</b>
144.	511	Spielberg, Angela		W 55	10.	00:12:34	119	00:43:19	129	00:55:52	131	00:42:42	146	<b>01:38:34</b>
145.	435	Surmann, Doris	LT Wischlingen Dortmund	W 55	11.	00:11:50	97	00:45:24	137	00:57:14	138	00:41:25	144	<b>01:38:39</b>
146.	873	Häusser, Britta		W 45	21.	00:12:45	124	00:51:06	146	01:03:50	144	00:39:27	143	<b>01:43:17</b>
147.	456	Cepok, Ingrid	Alles aus Liebe	W 60	10.	00:17:29	149	00:53:40	148	01:11:08	149	00:39:18	141	<b>01:50:26</b>
148.	448	Leismann, Birgit		W 60	11.	00:14:00	139	00:51:32	147	01:05:32	147	00:45:01	148	<b>01:50:32</b>
149.	858	Jabeur, Jasmin	Lanakila Racers	W 45	22.	00:14:34	145	00:56:01	149	01:10:35	148	00:51:32	149	<b>02:02:06</b>
	797	Neumann, Pia-Maria		W 30		00:15:21								
	790	Luyven, Melanie		W 30		00:14:13								