

36. Nibelungen Triathlon Xanten

Ergebnisliste MW Olympische Distanz (1,5/42/10 km)

Platz	Startnr	Name	Verein	AK	Platz	Schwimm	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
Olympische Distanz (1,5/42/10 km)														
Männlich														
1.	250	Hug, Tom	SV Bayreuth	M 20	1.	00:19:19	2	01:00:46	1	01:20:05	1	00:32:07	1	01:52:12
2.	61	Concha, Fernando	Triathlon Team Rheinberg	M 35	1.	00:26:14	26	01:06:33	3	01:32:46	5	00:37:17	2	02:10:03
3.	249	Adamek, Janis		M 20	2.	00:19:19	1	01:11:42	20	01:31:00	3	00:41:50	14	02:12:50
4.	4	Domhöfer, Steffen	Puls 190 - effektiv trainieren	M 30	1.	00:22:08	6	01:09:56	11	01:32:04	4	00:41:31	11	02:13:35
5.	248	Adamek, Joshua	TUS Westfalia Hombruch	M 20	3.	00:20:40	3	01:12:55	30	01:33:34	6	00:40:33	7	02:14:06
6.	252	Hartmann, Sören	KSV Reichelsheim / Odenwald	M 25	1.	00:24:59	17	01:11:18	17	01:36:16	14	00:39:01	4	02:15:16
7.	312	Weiss, Stephan	Triathlon Team Düsseldorf	M 45	1.	00:26:37	31	01:07:46	5	01:34:23	9	00:41:57	17	02:16:20
8.	21	Ohlig, Jonas		M 30	2.	00:26:04	22	01:09:26	10	01:35:30	12	00:41:16	8	02:16:45
9.	146	Röpstorf, Uwe	SC Bayer 05 Uerdingen	M 55	1.	00:27:11	37	01:08:21	6	01:35:32	13	00:41:27	10	02:16:58
10.	26	Treucker, Christopher	Moerser TV Triathlon	M 30	3.	00:26:18	27	01:08:43	7	01:35:01	11	00:42:10	19	02:17:10
11.	335	Tagliente, Vito		M 45	2.	00:26:18	28	01:12:43	26	01:39:01	26	00:38:15	3	02:17:15
12.	258	Beus, Armin Gero	TriFUN Kleve e.V.	M 25	2.	00:25:03	18	01:11:14	16	01:36:16	15	00:41:55	15	02:18:11
13.	299	Knauff, Marcel	Triathlon Team Rheinberg	M 40	1.	00:26:33	30	01:07:14	4	01:33:46	7	00:45:18	30	02:19:04
14.	116	Bosch, Rene		M 50	1.	00:22:36	7	01:13:42	41	01:36:17	16	00:42:52	21	02:19:09
15.	115	Bischof, Markus	TriFinish Münster	M 50	2.	00:25:19	19	01:12:47	27	01:38:05	23	00:41:17	9	02:19:21
16.	50	Schüler, Thorsten	Styrumer TV	M 35	2.	00:24:09	11	01:13:34	38	01:37:43	22	00:41:59	18	02:19:41
17.	243	Weiss, Bastian	Sc Bayer 05 Uerdingen	M 20	4.	00:24:06	9	01:05:35	2	01:29:40	2	00:52:58	100	02:22:38
18.	156	van Kampen, Hans		M 60	1.	00:24:08	10	01:13:17	34	01:37:25	19	00:45:40	34	02:23:04
19.	247	Sancken, Hanno	TV Werne von 1903	M 20	5.	00:24:56	16	01:12:29	24	01:37:25	20	00:45:42	35	02:23:06
20.	150	Vrieze, Bert	NDD	M 60	2.	00:27:22	41	01:11:20	18	01:38:42	24	00:44:36	29	02:23:18
21.	329	Kodjayan, Patrick	Team Gambebene	M 45	3.	00:26:50	33	01:12:49	29	01:39:39	30	00:43:59	27	02:23:37
22.	55	Weck, Ansgar	RWO- Endurance- Team	M 35	3.	00:27:34	46	01:16:03	59	01:43:36	44	00:40:16	5	02:23:51
23.	319	Rubisch, Michael		M 45	4.	00:24:17	12	01:10:04	13	01:34:21	8	00:49:34	73	02:23:54
24.	3	Crass, Manuel	SV Gladbeck 13	M 30	4.	00:26:25	29	01:15:46	57	01:42:11	38	00:41:55	16	02:24:06
25.	76	Wichmann, Stefan	SG Welper	M 35	4.	00:27:41	50	01:11:25	19	01:39:05	27	00:45:35	33	02:24:40
26.	301	Moeller, Jonas	SG Kaarst	M 40	2.	00:28:15	55	01:09:17	9	01:37:32	21	00:47:10	46	02:24:41
27.	37	Müller, Andre	Tri Familia	M 35	5.	00:29:11	67	01:15:22	52	01:44:33	49	00:40:23	6	02:24:55
28.	103	Schönlau, Roman	SV21 Essentho	M 50	3.	00:24:45	14	01:12:31	25	01:37:15	18	00:47:53	53	02:25:08
29.	59	Thiel, Daniel	Tri-Team Nettetal	M 35	6.	00:26:00	21	01:13:51	42	01:39:50	33	00:45:27	31	02:25:17
30.	321	Egin-Richter, Taner	TuS Breitscheid	M 45	5.	00:24:51	15	01:12:24	23	01:37:15	17	00:48:35	61	02:25:49
31.	30	Leuker, Jan	Allround Triathlon Team Kleve	M 30	5.	00:30:41	92	01:14:03	43	01:44:44	50	00:41:44	12	02:26:28
32.	69	Fröhling, Tim	Iserlohner Triathlon Team	M 35	7.	00:26:12	25	01:13:37	39	01:39:49	32	00:46:59	44	02:26:48

36. Nibelungen Triathlon Xanten

Ergebnisliste MW Olympische Distanz (1,5/42/10 km)

Platz	Startnr	Name	Verein	AK	Platz	Schwimm	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
33.	51	Staymann, Ludger	Triathlon Team Rheinberg	M 35	8.	00:30:36	90	01:11:11	15	01:41:47	37	00:46:08	41	02:27:54
34.	259	Girek, Dominik	TSV Bocholt	M 25	3.	00:26:42	32	01:12:16	22	01:38:58	25	00:49:20	70	02:28:17
35.	320	Barbera, Pino	Team Erdinger Alkoholfrei	M 45	6.	00:29:43	76	01:10:00	12	01:39:43	31	00:48:40	63	02:28:22
36.	266	Schulte, Marc	#ballern	M 25	4.	00:29:08	66	01:13:28	36	01:42:36	41	00:45:47	36	02:28:23
37.	126	Riesmeier, Andre	Tri Finish Münster	M 55	2.	00:27:16	40	01:15:03	51	01:42:18	39	00:46:14	42	02:28:32
38.	294	Otto, Achim		M 40	3.	00:27:00	36	01:13:33	37	01:40:32	35	00:48:15	59	02:28:46
39.	256	Schüler, Robin	Triathlon Team Rheinberg	M 25	5.	00:27:25	43	01:13:19	35	01:40:43	36	00:48:09	57	02:28:52
40.	45	Kallibekow, Ruslan		M 35	9.	00:29:26	72	01:15:42	56	01:45:07	53	00:43:58	26	02:29:05
41.	265	Schilling, Patrick		M 25	6.	00:30:38	91	01:08:50	8	01:39:27	29	00:49:43	74	02:29:10
42.	109	Schieder, Mike	AS Neukirchen-Vluyn	M 50	4.	00:32:01	109	01:13:17	33	01:45:17	56	00:43:56	25	02:29:13
43.	110	Schürgers, Martin		M 50	5.	00:30:02	81	01:15:29	53	01:45:31	57	00:43:48	23	02:29:19
44.	279	Kräher, Thorsten	TV Werne 03 Wasserfreunde e.V.	M 40	4.	00:28:34	58	01:10:52	14	01:39:26	28	00:49:56	79	02:29:21
45.	314	Bleibtreu, Lars		M 45	7.	00:30:20	87	01:12:56	31	01:43:15	42	00:46:19	43	02:29:33
46.	22	Droste, André	Trifun Hennesee	M 30	6.	00:20:43	4	01:13:42	40	01:34:25	10	00:55:54	127	02:30:18
47.	72	Kesche, Stefan		M 35	10.	00:30:43	93	01:14:33	48	01:45:15	55	00:46:02	39	02:31:16
48.	142	Bolten, Ulrich	Dülkener SV 06	M 55	3.	00:30:18	86	01:16:44	64	01:47:02	66	00:44:21	28	02:31:22
49.	108	Hörsting, Jochen	BkN Velbert	M 50	6.	00:26:09	24	01:17:15	67	01:43:24	43	00:48:06	54	02:31:30
50.	48	Raith, Andreas	Allround Triathlon Team Kleve	M 35	11.	00:31:16	103	01:14:17	47	01:45:33	59	00:46:07	40	02:31:40
51.	275	Dier, Andre	SV Gladbeck 13	M 40	5.	00:30:11	83	01:14:38	50	01:44:49	51	00:47:14	47	02:32:03
52.	73	Kruse, Sebastian	SV Gladbeck 13	M 35	12.	00:30:13	84	01:16:24	62	01:46:36	63	00:45:55	38	02:32:31
53.	310	Scholten, Thomas	SV Bayer Uerdingen 08 e.V.	M 45	8.	00:31:00	99	01:14:12	45	01:45:11	54	00:47:34	51	02:32:44
54.	283	Vloet, Michael	Fortuna Düsseldorf Triathlon	M 40	6.	00:30:14	85	01:14:15	46	01:44:29	48	00:48:45	65	02:33:14
55.	86	Dercks, Marko		M 50	7.	00:25:43	20	01:20:35	91	01:46:18	62	00:47:01	45	02:33:18
56.	23	Machwitz, Lucas		M 30	7.	00:27:41	51	01:23:52	123	01:51:33	89	00:41:50	13	02:33:22
57.	270	Lenkenhoff, Mike	TriFinish Münster	M 40	7.	00:29:42	75	01:15:54	58	01:45:36	60	00:48:12	58	02:33:47
58.	60	van Hüüt, Martin		M 35	13.	00:34:19	143	01:17:15	66	01:51:34	90	00:43:54	24	02:35:27
59.	94	Schenk, Michael	SV Hellas Siegburg	M 50	8.	00:27:35	47	01:12:47	28	01:40:21	34	00:55:58	129	02:36:19
60.	332	Conradi, Oliver		M 45	9.	00:26:54	34	01:21:05	98	01:47:58	71	00:48:35	62	02:36:33
61.	74	Lambrechts, Damien		M 35	14.	00:32:22	114	01:14:38	49	01:47:00	65	00:50:14	84	02:37:13
62.	98	Chudy, Michael	PV Traithlon TG Witten (Team Zoot	M 50	9.	00:27:26	44	01:19:41	82	01:47:06	67	00:50:29	85	02:37:35
63.	18	Dargatz, Dustin		M 30	8.	00:29:24	71	01:19:29	80	01:48:53	77	00:48:44	64	02:37:36
64.	302	Uhlenbrock, Christian	PV Witten	M 40	8.	00:33:47	133	01:14:12	44	01:47:58	72	00:49:46	76	02:37:44
65.	154	Muhren, Mario	ASV Duisburg	M 60	3.	00:29:49	77	01:21:13	99	01:51:01	86	00:47:21	49	02:38:21
66.	41	Ehwald, Holger	LT Wischlingen Dortmund	M 35	15.	00:31:04	100	01:24:01	126	01:55:04	112	00:43:19	22	02:38:23
67.	19	Feld, Florian	TRC Essen 84	M 30	9.	00:32:39	117	01:11:49	21	01:44:27	47	00:54:03	108	02:38:30
68.	317	Otto, André	Team Erdinger Alkoholfrei	M 45	10.	00:30:47	95	01:13:08	32	01:43:54	45	00:55:12	123	02:39:06

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Ergebnisliste MW Olympische Distanz (1,5/42/10 km)

Platz	Startnr	Name	Verein	AK	Platz	Schwimm	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
69.	65	Sperling, Christian	Nepalhilfe Rheinberg e.V.	M 35	16.	00:30:56	97	01:25:52	139	01:56:48	122	00:42:37	20	02:39:24
70.	144	Lichtenberger, Frank	Styrumer TV	M 55	4.	00:29:23	70	01:15:40	55	01:45:02	52	00:54:56	118	02:39:58
71.	83	Van Den Heuvel,		M 50	10.	00:32:47	119	01:17:14	65	01:50:00	82	00:49:59	80	02:39:59
72.	62	Deimann, Phil		M 35	17.	00:28:38	60	01:23:49	122	01:52:26	93	00:47:46	52	02:40:12
73.	333	Hinz, Mark		M 45	11.	00:21:41	5	01:20:45	94	01:42:26	40	00:57:56	146	02:40:21
74.	289	Jörg, Diekmann		M 40	9.	00:30:31	89	01:20:59	96	01:51:29	88	00:48:58	67	02:40:27
75.	17	Bersching, Philipp		M 30	10.	00:28:20	56	01:17:18	68	01:45:38	61	00:55:01	120	02:40:38
76.	327	Scherberich, Patrick	Fortuna Düsseldorf Triathlon	M 45	12.	00:32:14	113	01:18:33	73	01:50:47	85	00:50:13	83	02:41:00
77.	165	Leiting, Hubert	TEAM ERDINGER ALKOHOLFREI	M 65	1.	00:32:24	115	01:16:11	60	01:48:34	76	00:52:27	95	02:41:00
78.	5	Knoke, Tom	Tri Team Ruhrpott Hern	M 30	11.	00:29:22	69	01:18:09	71	01:47:30	69	00:53:32	104	02:41:02
79.	322	Endres, Stefan		M 45	13.	00:33:33	131	01:16:16	61	01:49:48	81	00:51:20	89	02:41:08
80.	102	Müller, Holger	TV Aldekerk	M 50	11.	00:29:31	73	01:17:59	70	01:47:30	68	00:53:43	106	02:41:12
81.	93	Roskosch, Maik	SV13 Gladbeck	M 50	12.	00:30:01	80	01:15:32	54	01:45:32	58	00:56:08	130	02:41:39
82.	38	Peters, Kai	1. Kspvgg Alter Grieche 09	M 35	18.	00:31:07	101	01:19:02	75	01:50:08	83	00:51:42	91	02:41:49
83.	151	Hamacher, Dieter	Triathlon Waldfeucht e.V.	M 60	4.	00:29:40	74	01:22:48	112	01:52:27	94	00:49:24	71	02:41:51
84.	244	Fabisiak, Malte	TriDucks Dorsten	M 20	6.	00:33:31	130	01:18:58	74	01:52:29	96	00:49:26	72	02:41:54
85.	127	Schwiars, Olaf	DSV-Dülken	M 55	5.	00:29:57	79	01:26:14	144	01:56:11	120	00:45:49	37	02:41:59
86.	92	Richter, Thomas		M 50	13.	00:26:56	35	01:20:49	95	01:47:45	70	00:54:42	115	02:42:26
87.	277	Heiming, Alexander		M 40	10.	00:34:12	141	01:17:30	69	01:51:42	91	00:51:13	87	02:42:54
88.	282	Scheibak, Michael		M 40	11.	00:31:49	107	01:21:25	102	01:53:13	100	00:49:50	77	02:43:03
89.	271	Linke, Daniel	Rheinfuer	M 40	12.	00:36:17	156	01:18:13	72	01:54:30	110	00:48:50	66	02:43:19
90.	32	Schweeren, Patrick	Allround Triathlon Team Kleve	M 30	12.	00:28:02	53	01:20:17	89	01:48:18	74	00:55:07	122	02:43:25
91.	111	Sonnen, Stephan	Team Triathlon Ratingen 08	M 50	14.	00:32:04	110	01:21:48	106	01:53:51	105	00:49:45	75	02:43:36
92.	267	van Heek, Yannick	Allround Kleve	M 25	7.	00:30:51	96	01:25:21	135	01:56:12	121	00:47:27	50	02:43:38
93.	286	Friedrich, Carsten	Tri-As Hamm	M 40	13.	00:30:10	82	01:16:43	63	01:46:52	64	00:57:16	143	02:44:08
94.	133	Möller, Hans Joachim		M 55	6.	00:29:01	63	01:19:31	81	01:48:31	75	00:55:48	126	02:44:19
95.	96	Wetzels, Christan		M 50	15.	00:27:25	42	01:26:21	146	01:53:45	103	00:50:52	86	02:44:37
96.	29	Koschmieder, Tim	Frühschicht	M 30	13.	00:36:53	160	01:20:38	93	01:57:31	130	00:47:17	48	02:44:47
97.	308	Neusässer, Christian	SV Gladbeck 1913	M 45	14.	00:28:41	61	01:20:17	90	01:48:57	79	00:56:12	131	02:45:09
98.	136	Eder, Thomas	TV Werne 03 Wasserfreunde e.V.	M 55	7.	00:33:26	128	01:23:24	118	01:56:49	123	00:48:21	60	02:45:10
99.	273	Schreiner, Max	Kevelaerer SV	M 40	14.	00:33:10	126	01:20:35	92	01:53:45	102	00:51:40	90	02:45:24
100.	35	Hackstein, Hendrik	LG Alpen	M 35	19.	00:27:40	49	01:21:16	100	01:48:55	78	00:56:42	137	02:45:37
101.	34	Glanz, Joshua		M 35	20.	00:34:42	146	01:22:51	113	01:57:33	131	00:48:08	55	02:45:40
102.	113	Weyers, Raimund	TSV Bocholt	M 50	16.	00:31:12	102	01:21:56	107	01:53:08	99	00:52:53	99	02:46:01
103.	15	Ubbens, Jan-Hendrik		M 30	14.	00:35:11	153	01:19:59	85	01:55:09	113	00:51:20	88	02:46:29
104.	88	Hoppe, Christian	Berufskolleg Niederberg Velbert	M 50	17.	00:41:06	180	01:20:08	88	02:01:14	147	00:45:35	32	02:46:49

36. Nibelungen Triathlon Xanten

Ergebnisliste MW Olympische Distanz (1,5/42/10 km)

Platz	Startnr	Name	Verein	AK	Platz	Schwimm	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
105.	112	Stehr, Dirk	Kevelaerer SV Triathlon	M 50	18.	00:32:14	112	01:19:03	76	01:51:16	87	00:56:19	133	02:47:35
106.	161	Müller, Hermann		M 60	5.	00:36:59	163	01:22:40	110	01:59:39	137	00:48:09	56	02:47:47
107.	284	Bross, Michael	RWO Endurance Team	M 40	15.	00:34:07	138	01:21:43	103	01:55:50	116	00:52:00	93	02:47:50
108.	313	Wolf, Andy		M 45	15.	00:24:39	13	01:19:48	84	01:44:27	46	01:03:25	169	02:47:52
109.	166	Rumpel, Peter	/	M 65	2.	00:32:28	116	01:22:47	111	01:55:15	114	00:52:38	98	02:47:52
110.	87	Heinen, Marcel	Allround Triathlon Team Kleve	M 50	19.	00:29:07	65	01:26:11	143	01:55:18	115	00:53:16	102	02:48:33
111.	54	Unger, Tobias		M 35	21.	00:28:23	57	01:24:22	128	01:52:45	97	00:55:55	128	02:48:39
112.	132	Kunte, Carsten	ASC Mülheim	M 55	8.	00:27:13	38	01:26:37	147	01:53:50	104	00:54:53	117	02:48:42
113.	63	Janßen, Daniel	TriFUN Kleve	M 35	22.	00:31:35	106	01:20:08	87	01:51:42	92	00:57:02	139	02:48:44
114.	99	Deuper, Carsten	Tennis Club Sonsbeck	M 50	20.	00:33:27	129	01:23:26	119	01:56:52	124	00:51:57	92	02:48:48
115.	318	Prediger, André	SV Gladbeck 13	M 45	16.	00:33:24	127	01:19:03	77	01:52:27	95	00:56:33	135	02:49:00
116.	130	Gurny, Rüdiger	Reeser SC Triathlon	M 55	9.	00:29:20	68	01:24:51	130	01:54:11	106	00:55:03	121	02:49:13
117.	24	Schaffeld, Georg	Reeser SC	M 30	15.	00:33:06	125	01:19:45	83	01:52:51	98	00:56:23	134	02:49:14
118.	25	Schmitz, Niklas		M 30	16.	00:36:34	158	01:23:46	120	02:00:20	142	00:49:11	68	02:49:31
119.	80	Kauhardt, Stefan	SV Gladbeck 13	M 50	21.	00:27:30	45	01:21:45	104	01:49:15	80	01:00:24	157	02:49:38
120.	105	Walter, Holger	Dortmunder Jungs	M 50	22.	00:31:28	105	01:25:53	140	01:57:20	127	00:52:20	94	02:49:39
121.	16	Bartschke, Julius	TSG 1861 Kaiserslautern	M 30	17.	00:26:04	23	01:22:11	108	01:48:15	73	01:01:31	160	02:49:45
122.	101	Modschink, Andreas	Eintracht Emmerich	M 50	23.	00:33:47	134	01:22:23	109	01:56:10	119	00:53:42	105	02:49:51
123.	334	Meuche, Thomas		M 45	17.	00:36:58	162	01:23:06	115	02:00:03	141	00:50:13	82	02:50:16
124.	107	Flintrop, Thorsten	Weseler TV Triathlon	M 50	24.	00:28:57	62	01:21:46	105	01:50:43	84	00:59:42	152	02:50:24
125.	143	Dr Richter, Stefan	triteam gegenwind hippos	M 55	10.	00:29:06	64	01:26:47	148	01:55:52	117	00:55:20	124	02:51:11
126.	295	Seegers, Tobias	TriFUN Kleve e.V.	M 40	16.	00:38:09	170	01:19:08	78	01:57:17	126	00:53:56	107	02:51:12
127.	124	König, Arne	Hamminkelter SV	M 55	11.	00:35:32	154	01:21:22	101	01:56:54	125	00:54:32	111	02:51:25
128.	27	Drost, Maik	Lauffreunde Hadi's	M 30	18.	00:28:36	59	01:25:49	138	01:54:25	109	00:57:29	145	02:51:54
129.	84	Barral Farto, Ramon	Ute Mückel Triathlon e.V.	M 50	25.	00:34:10	140	01:23:19	117	01:57:29	129	00:54:39	114	02:52:07
130.	75	Skorupa, Jakob		M 35	23.	00:34:08	139	01:19:26	79	01:53:33	101	00:58:45	148	02:52:18
131.	53	Stremlau, David	SV Gladbeck 13	M 35	24.	00:34:14	142	01:25:36	137	01:59:50	138	00:52:36	97	02:52:25
132.	117	Hoffmann, Christoph	Triathlon Nonstop Köln	M 50	26.	00:27:14	39	01:27:08	150	01:54:21	108	00:58:11	147	02:52:31
133.	287	Göhring, Felix		M 40	17.	00:40:51	179	01:23:00	114	02:03:51	162	00:49:17	69	02:53:08
134.	129	Frings, Andreas	TV Witzhelden Triathlon	M 55	12.	00:29:50	78	01:29:09	164	01:58:59	135	00:54:59	119	02:53:58
135.	168	Derks, Josef		M 70	1.	00:37:11	165	01:23:52	125	02:01:03	145	00:53:10	101	02:54:12
136.	40	Badziong, Jonas		M 35	25.	00:32:08	111	01:28:54	162	02:01:01	144	00:53:17	103	02:54:18
137.	246	Wegenauer, Lorenz *	Die 77er	M 20	7.	00:30:58	98	01:23:47	121	01:54:44	111	00:59:19	150	02:54:18
138.	66	Burger, Lars	TSV Kappeln	M 35	26.	00:37:35	168	01:20:07	86	01:57:42	132	00:56:51	138	02:54:32
139.	278	Kliem, Christian		M 40	18.	00:34:48	147	01:29:56	170	02:04:44	164	00:50:01	81	02:54:45
140.	85	Bräutigam, Stefan		M 50	27.	00:33:06	124	01:26:48	149	01:59:53	139	00:55:32	125	02:55:25

36. Nibelungen Triathlon Xanten

Ergebnisliste MW Olympische Distanz (1,5/42/10 km)

Platz	Startnr	Name	Verein	AK	Platz	Schwimm	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
141.	141	Schmahl, Jochen	Rhein Trias Neuss/TriCity	M 55	13.	00:28:04	54	01:26:16	145	01:54:20	107	01:01:35	162	02:55:55
142.	90	Krammer, Mischa	Styrumer TV	M 50	28.	00:27:59	52	01:34:05	177	02:02:03	151	00:54:15	109	02:56:17
143.	64	Reiche, Philipp		M 35	27.	00:37:43	169	01:26:02	141	02:03:45	161	00:54:39	113	02:58:23
144.	137	Koch, Christian	TriTeam TSG Sprockhövel	M 55	14.	00:32:49	120	01:23:14	116	01:56:03	118	01:02:43	166	02:58:45
145.	56	Hackenbroich, Martin		M 35	28.	00:33:02	122	01:29:40	168	02:02:42	157	00:56:13	132	02:58:54
146.	157	Schmidt, Klaus		M 60	6.	00:30:28	88	01:28:25	161	01:58:53	134	01:00:46	158	02:59:39
147.	97	Brockmann, Stefan	Triathlon Team Düsseldorf	M 50	29.	00:36:16	155	01:21:05	97	01:57:20	128	01:02:57	168	03:00:17
148.	159	Bremm, Markus		M 60	7.	00:33:59	136	01:31:47	172	02:05:46	166	00:54:43	116	03:00:28
149.	155	Otto, Stephan	TSV Hochdahl	M 60	8.	00:34:40	144	01:23:52	124	01:58:32	133	01:01:58	165	03:00:29
150.	148	Overhage, Lothar	DLC Aachen	M 60	9.	00:38:11	171	01:25:00	133	02:03:10	158	00:57:29	144	03:00:39
151.	303	Brünnen, Marcel		M 45	18.	00:38:13	173	01:28:00	156	02:06:13	167	00:54:35	112	03:00:48
152.	268	Bruske, Marco	SV Haldern	M 40	19.	00:46:17	188	01:25:34	136	02:11:51	178	00:49:51	78	03:01:42
153.	131	Jorissen, Andreas		M 55	15.	00:32:41	118	01:29:56	169	02:02:37	156	00:59:43	153	03:02:19
154.	160	Justke, Matthias	LT Wischlingen Dortmund	M 60	10.	00:40:08	176	01:28:24	160	02:08:31	170	00:54:24	110	03:02:54
155.	81	Rathgeber, Stefan	Pulchra Amphora	M 50	30.	00:24:02	8	01:38:30	183	02:02:32	155	01:01:04	159	03:03:35
156.	153	Laskowski, Andreas	RW0 Endurance Team	M 60	11.	00:34:53	148	01:27:23	152	02:02:16	152	01:01:33	161	03:03:49
157.	298	Kettner, Robert		M 40	20.	00:34:54	149	01:25:05	134	01:59:59	140	01:04:03	170	03:04:02
158.	290	Landwehr, Arne		M 40	21.	00:39:03	174	01:24:18	127	02:03:21	159	01:01:55	164	03:05:15
159.	70	Gatzki, Christian		M 45	19.	00:36:39	159	01:36:41	182	02:13:19	181	00:52:32	96	03:05:50
160.	123	Jürgensmeier,	TSVE 1890 Bielefeld	M 55	16.	00:34:40	145	01:35:10	178	02:09:50	172	00:57:13	142	03:07:02
161.	296	Stais, Patrick	SB United	M 40	22.	00:37:34	167	01:32:23	174	02:09:56	173	00:57:10	141	03:07:06
162.	164	Ebbers, Martin		M 65	3.	00:42:41	182	01:28:09	157	02:10:50	176	00:56:38	136	03:07:27
163.	145	Ringel, Hans-Dieter	Tri-Geckos Dortmund e.V.	M 55	17.	00:45:32	185	01:24:57	131	02:10:28	175	00:57:10	140	03:07:37
164.	79	Heeke, Stephan		M 50	31.	00:37:06	164	01:28:16	158	02:05:22	165	01:02:45	167	03:08:07
165.	242	Tischmeyer, Tobias	TG Viktoria Augsburg	M 20	8.	00:31:56	108	01:29:16	165	02:01:12	146	01:08:11	173	03:09:23
166.	33	Wiesener-Vollmer,		M 30	19.	00:37:32	166	01:26:10	142	02:03:41	160	01:05:57	171	03:09:37
167.	78	Borin, Peter	RW0 Endurance Team	M 50	32.	00:35:08	151	01:27:13	151	02:02:21	153	01:07:34	172	03:09:54
168.	50005	50005, Dy76xa1			1.	00:33:37	132	01:27:54	154	02:01:30	148	01:08:49	175	03:10:18
169.	272	Mitzel, Alex	FLITZEPIEPEN on Tour	M 40	23.	00:40:40	178	01:27:56	155	02:08:35	171	01:01:46	163	03:10:20
170.	311	Siano, Claas		M 45	20.	00:41:22	181	01:29:29	166	02:10:51	177	01:00:17	155	03:11:07
171.	47	Pydde, Christopher	Frühschicht	M 35	29.	00:36:33	157	01:24:28	129	02:01:00	143	01:10:33	177	03:11:33
172.	104	Tröger, Alexander		M 50	33.	00:45:02	184	01:27:40	153	02:12:42	180	01:00:21	156	03:13:02
173.	323	Enters, Timm	BSG Volksbank Niederrhein	M 45	21.	00:36:54	161	01:24:58	132	02:01:52	149	01:11:33	179	03:13:25
174.	71	Haase, Roman	BSG Stadtwerke Duisburg	M 35	30.	00:34:07	137	01:28:18	159	02:02:24	154	01:11:37	180	03:14:00
175.	125	Lankes, Stefan	SV Schermbeck 1912 e. V.	M 55	18.	00:32:55	121	01:29:00	163	02:01:55	150	01:12:12	183	03:14:07
176.	89	Köhler, Thomas		M 50	34.	00:33:03	123	01:31:14	171	02:04:17	163	01:10:13	176	03:14:29

36. Nibelungen Triathlon Xanten

Ergebnisliste MW Olympische Distanz (1,5/42/10 km)

Platz	Startnr	Name	Verein	AK	Platz	Schwimm	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
177.	281	Pfände, Mathias	SV Haldern	M 40	24.	00:45:39	186	01:29:32	167	02:15:10	182	01:00:15	154	03:15:25
178.	162	Seuthe, Ulrich	TEAM QASS	M 60	12.	00:38:12	172	01:40:53	184	02:19:04	183	00:59:26	151	03:18:29
179.	328	Hermsen, Markus	VBN fit & aktiv BSG Volksbank	M 45	22.	00:31:21	104	01:35:43	180	02:07:04	168	01:12:08	182	03:19:12
180.	58	Overmann, Jan		M 35	31.	00:35:01	150	01:32:26	175	02:07:26	169	01:12:33	184	03:19:58
181.	251	Anderl, Timon		M 25	8.	00:33:50	135	01:36:26	181	02:10:16	174	01:11:39	181	03:21:54
182.	2	Kirchmann, Tim		Junioren	1.	00:27:36	48	01:32:01	173	01:59:36	136	01:23:04	189	03:22:40
183.	6	Pospiech, Jan	SV Gladbeck 13	M 30	20.	00:40:01	175	01:32:33	176	02:12:34	179	01:11:14	178	03:23:48
184.	11	Kriegel, Stephan	Team QASS	M 30	21.	00:47:01	189	01:49:16	185	02:36:16	189	00:58:53	149	03:35:09
185.	297	Barteldes, Sören	TEAM QASS	M 40	25.	00:30:45	94	01:50:34	187	02:21:19	184	01:18:45	187	03:40:03
186.	95	Slusarski, Klaus		M 50	35.	00:40:22	177	01:52:01	189	02:32:23	187	01:08:49	174	03:41:11
187.	167	Kasielke, Jürgen	ASCD Amateur-Schwimm-Club	M 70	2.	00:35:11	152	01:51:14	188	02:26:25	186	01:18:03	186	03:44:27
188.	291	Lusina, Markus		M 40	26.	00:50:42	190	01:35:43	179	02:26:24	185	01:25:21	190	03:51:44
189.	20	Lambrecht, Dennis		M 30	22.	00:44:39	183	01:55:11	190	02:39:49	190	01:13:20	185	03:53:08
190.	263	Herschke, Jonas		M 25	9.	00:46:07	187	01:49:54	186	02:36:01	188	01:21:44	188	03:57:44
	43	Hänel, Jan Moritz	PV Triathlon Witten	M 35		00:24:10		01:13:11		01:37:21				
	138	Tenbrock-Ingenhorst,	Reeser SC Triathlon	M 55		00:32:35		01:14:42		01:47:16				
	293	Nitsch, Sven	Lauffreunde HADI Wesel e.V.	M 40		00:29:28		01:18:53		01:48:21				
	28	Jung, Dominik		M 30		00:28:39		01:10:15		01:38:53				
	140	Schlüter, Karl-Heinz		M 55		00:35:16								
	13	Scherz, Hendrik	SV Gladbeck 13	M 30		00:27:31								

36. Nibelungen Triathlon Xanten

Ergebnisliste MW Olympische Distanz (1,5/42/10 km)

Platz	Startnr	Name	Verein	AK	Platz	Schwimm	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
Weiblich														
1.	189	Lischka, Sabine	EJOT TEAM Buschhütten	W 30	1.	00:24:19	1	01:11:03	1	01:35:21	1	00:46:38	6	02:21:59
2.	336	Osterkamp, Andrea	Dülkener SV 06	W 45	1.	00:24:36	3	01:12:49	2	01:37:25	2	00:46:16	4	02:23:40
3.	179	Puschnigg, Kira	TRI-GECKOS Dortmund e.V.	W 25	1.	00:25:08	4	01:14:53	4	01:40:01	4	00:45:25	2	02:25:25
4.	225	Vrieze, Dorothé	NDD	W 55	1.	00:26:06	5	01:17:59	12	01:44:04	6	00:43:03	1	02:27:07
5.	197	Tempesta, Angela	AS Neukirchen-Vluyn	W 35	1.	00:24:19	2	01:14:42	3	01:39:00	3	00:48:57	8	02:27:57
6.	191	Horbach, Franziska		W 30	2.	00:28:23	13	01:15:45	5	01:44:07	7	00:47:39	7	02:31:46
7.	178	Janshen, Luca Marie	TSV Bocholt	W 25	2.	00:27:27	8	01:16:10	6	01:43:37	5	00:48:57	9	02:32:34
8.	224	Siebke, Dörte	La Carrera Triteam	W 55	2.	00:28:22	12	01:16:11	7	01:44:33	8	00:52:30	18	02:37:03
9.	211	Scheer, Ellen	Allround Triathlon Team Kleve	W 45	2.	00:30:29	21	01:20:49	17	01:51:17	15	00:46:21	5	02:37:37
10.	212	Hanke, Andrea	PV Triathlon TG Witten	W 45	3.	00:28:30	15	01:16:15	8	01:44:45	9	00:52:54	19	02:37:39
11.	337	Höller, Andrea	TSV Bayer 04 Leverkusen	W 55	3.	00:32:23	26	01:19:44	15	01:52:06	16	00:45:44	3	02:37:49
12.	177	Hohl, Jana	Allround Triathlon Team Kleve	W 25	3.	00:28:05	9	01:20:53	18	01:48:58	13	00:49:26	10	02:38:24
13.	204	Uhlenbrock, Julia	PV Witten	W 40	1.	00:27:02	7	01:19:19	13	01:46:21	10	00:54:51	21	02:41:11
14.	186	Dargatz, Aaltje		W 30	3.	00:26:51	6	01:23:45	22	01:50:36	14	00:50:43	14	02:41:18
15.	175	Scherz, Maren	SV Gladbeck 13	Juniorinn	1.	00:28:14	10	01:19:52	16	01:48:05	11	00:54:49	20	02:42:54
16.	196	Hirsch, Jessica		W 35	2.	00:31:16	24	01:22:40	20	01:53:56	18	00:49:33	11	02:43:28
17.	190	Schweers, Julia	Reeser SC Triathlon	W 30	4.	00:31:00	22	01:17:24	11	01:48:23	12	00:55:43	25	02:44:06
18.	219	Müller, Alexandra		W 50	1.	00:36:24	34	01:17:15	10	01:53:38	17	00:50:50	16	02:44:27
19.	176	Rauch, Leonie		W 20	1.	00:28:30	14	01:26:09	25	01:54:39	20	00:50:46	15	02:45:24
20.	193	Lanfermann, Jill	RWO Endurance Team	W 35	3.	00:35:41	31	01:19:35	14	01:55:16	21	00:51:33	17	02:46:49
21.	223	Börmann, Jutta	SV 13 Gladbeck	W 55	4.	00:42:15	45	01:16:51	9	01:59:05	28	00:50:22	13	02:49:27
22.	214	Maus, Katja	TV Witzhelden Triathlon	W 50	2.	00:28:54	17	01:25:18	23	01:54:12	19	00:55:35	24	02:49:47
23.	231	Hanssen, Beate	Allround Triathlon Team Kleve	W 60	1.	00:29:47	19	01:26:34	26	01:56:21	24	00:55:33	23	02:51:53
24.	206	Steiner, Tanja	Marathon Dinslaken	W 40	2.	00:34:09	28	01:30:33	34	02:04:42	34	00:50:15	12	02:54:57
25.	222	Schmidt, Sabine	Triangel Kempen	W 50	3.	00:30:12	20	01:27:16	31	01:57:28	25	00:57:48	27	02:55:15
26.	195	Zehm, Carina		W 35	4.	00:34:16	29	01:21:52	19	01:56:08	23	00:59:25	30	02:55:32
27.	181	Kaliske, Lara		W 25	4.	00:28:21	11	01:31:24	35	01:59:45	30	00:56:42	26	02:56:26
28.	217	Fuchs, Sandra	ETV 1860	W 50	4.	00:32:03	25	01:25:56	24	01:57:58	26	00:59:35	31	02:57:33
29.	227	van der Elst, Ingrid	Allround Triathlon Team Kleve	W 55	5.	00:28:35	16	01:26:44	28	01:55:19	22	01:03:29	36	02:58:47
30.	233	Berkemann, Heide	PV Triathlon TG Witten	W 60	2.	00:29:47	18	01:28:42	33	01:58:28	27	01:01:10	33	02:59:38
31.	210	Goldmann, Frauke		W 45	4.	00:34:08	27	01:26:45	29	02:00:53	31	00:59:20	29	03:00:12
32.	183	Schild, Lena	Turnverein Erkelenz	W 25	5.	00:37:28	40	01:32:19	36	02:09:46	37	00:55:28	22	03:05:14
33.	230	Richter-Müller, Dagmar	Tri-Geckos Dortmund	W 60	3.	00:37:55	41	01:26:47	30	02:04:41	33	01:01:08	32	03:05:48
34.	215	Schneck-Henter,	Marathon und Triathlon Mülheim	W 50	5.	00:36:21	33	01:26:36	27	02:02:56	32	01:03:04	35	03:06:00

36. Nibelungen Triathlon Xanten

Ergebnisliste MW Olympische Distanz (1,5/42/10 km)

Platz	Startnr	Name	Verein	AK	Platz	Schwimm	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
35.	188	Feld, Lisa	TRC Essen 84	W 30	5.	00:36:42	37	01:23:01	21	01:59:43	29	01:07:14	39	03:06:56
36.	185	van Rennings, Linda	Team Erdinger Alkoholfrei	W 30	6.	00:37:09	39	01:28:28	32	02:05:37	35	01:01:25	34	03:07:01
37.	209	Engelsmeier, Angela	TSV Bayer 04 Leverkusen	W 45	5.	00:36:26	35	01:33:19	37	02:09:44	36	01:04:45	38	03:14:29
38.	232	Hopermann, Andrea	Hamminkelner SV	W 60	4.	00:34:20	30	01:36:12	39	02:10:31	38	01:07:30	40	03:18:01
39.	207	Streich, Julia	Tri Club Wuppertal	W 40	3.	00:39:23	42	01:38:50	42	02:18:12	42	01:03:53	37	03:22:05
40.	184	Plattner, Anna	Tri Club Wuppertal	W 30	7.	00:31:03	23	01:43:24	45	02:14:27	40	01:09:16	43	03:23:42
41.	205	Honingh-Bauhaus,	TriForce Vital Remscheid	W 40	4.	00:40:01	43	01:37:04	40	02:17:05	41	01:07:33	41	03:24:38
42.	226	Cosack, Annette		W 55	6.	00:36:29	36	01:52:31	47	02:28:59	47	00:58:06	28	03:27:05
43.	202	Prange, Katrin		W 40	5.	00:45:38	47	01:34:46	38	02:20:23	44	01:08:01	42	03:28:23
44.	229	Ruhrmann, Hannelore	Essen	W 55	7.	00:36:02	32	01:38:24	41	02:14:26	39	01:14:32	47	03:28:58
45.	50009	50009, Dy3pc0z			1.	00:36:59	38	01:42:18	43	02:19:16	43	01:14:08	46	03:33:23
46.	221	Schild, Bianca	Turnverein Erkelenz	W 50	6.	00:41:45	44	01:43:10	44	02:24:55	45	01:12:21	44	03:37:15
47.	218	Kratz, Sandra		W 50	7.	00:42:22	46	01:43:53	46	02:26:14	46	01:12:22	45	03:38:36
	234	Boßmann, Hedwig	Hamminkelner SV	W 65		00:32:50		01:25:51		01:58:41				
	216	Seibel-Kremkus,		W 50		00:08:58								