

## 37. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt	
Draxi-Distanz (0,5/17/ 5 km)														
Männlich														
1.	611	Reichmann, Alexander	Reeser SC Triathlon	M 40	1.	00:06:27	2	00:29:21	4	00:35:48	2	00:19:07	6	00:54:54
2.	1163	Dahmen, Marco	Reeser SC Triathlon	M 35	1.	00:06:36	3	00:28:57	2	00:35:33	1	00:20:12	18	00:55:44
3.	579	Arnold, Tolger	Herner Triathlon Team	M 40	2.	00:06:50	4	00:31:03	16	00:37:53	4	00:18:06	2	00:55:58
4.	614	Wittag, Jörg	Bocholter WSV	M 40	3.	00:06:25	1	00:30:35	7	00:37:00	3	00:19:37	7	00:56:36
5.	1157	Schaffeld, Stefan	Reeser SC Triathlon	M 35	2.	00:07:39	11	00:31:56	32	00:39:35	18	00:18:07	3	00:57:42
6.	650	Zuddas, Giuseppe	SV Gladbeck 13	M 50	1.	00:07:35	8	00:30:41	8	00:38:16	6	00:19:43	10	00:57:59
7.	601	Schönwald, Gerrit	SV Schermbeck	M 40	4.	00:08:28	33	00:31:01	15	00:39:29	14	00:18:39	4	00:58:08
8.	595	Thünen, Andreas	Hamminkelner SV	M 40	5.	00:08:15	31	00:30:06	5	00:38:21	7	00:19:52	12	00:58:12
9.	1247	Stockhausen, Malte	LAZ Rhede	M 25	1.	00:09:18	66	00:32:44	45	00:42:02	47	00:16:17	1	00:58:18
10.	1164	Lensing, Laurenz	Reeser SC Triathlon	M 35	3.	00:07:48	16	00:30:07	6	00:37:55	5	00:20:33	24	00:58:27
11.	539	Kenbeek, Jerry	TVS'90 Spijkenisse	M 45	1.	00:09:20	69	00:29:20	3	00:38:40	8	00:20:02	15	00:58:42
12.	1253	Barkei, Benedikt	TriFUN Kleve e.V.	M 20	1.	00:07:53	17	00:31:36	25	00:39:28	13	00:19:43	9	00:59:11
13.	1252	Engelhardt, Erik	Family Affairs	M 20	2.	00:07:45	13	00:31:26	20	00:39:10	10	00:20:19	21	00:59:29
14.	676	Heutgens, Ludger	TV Goch	M 50	2.	00:08:35	35	00:30:43	9	00:39:17	11	00:20:14	20	00:59:30
15.	1234	Rosenau, Kai		M 25	2.	00:07:54	18	00:31:40	27	00:39:34	17	00:20:04	17	00:59:37
16.	1141	Raith, Andreas	Cycling Club Cleve	M 35	4.	00:09:03	57	00:30:49	11	00:39:51	21	00:20:39	27	01:00:30
17.	1197	Fohrer, Daniel	Flynny-Run	M 30	1.	00:08:58	54	00:30:54	13	00:39:52	22	00:21:10	32	01:01:02
18.	1262	Reineke, Dominik		M 40	6.	00:09:02	56	00:32:02	33	00:41:04	33	00:20:04	16	01:01:07
19.	1192	Peters, Yorick		M 30	2.	00:08:02	25	00:33:26	57	00:41:28	37	00:19:42	8	01:01:09
20.	1191	Klösters, Lukas	TV Goch	M 30	3.	00:07:36	10	00:32:27	39	00:40:03	24	00:21:23	36	01:01:25
21.	637	Koch, Kai-Luca	TuS Xanten	MJA	1.	00:08:03	26	00:32:03	34	00:40:05	25	00:21:30	38	01:01:35
22.	846	Schulz, Kalle	Reeser SC Triathlon	M 55	1.	00:08:48	43	00:30:45	10	00:39:33	16	00:22:23	52	01:01:56
23.	826	Laumen, Richard	Triathlon Waldfeucht e.V.	M 55	2.	00:08:06	27	00:31:53	31	00:39:59	23	00:22:04	48	01:02:02
24.	681	Wachowitz, Andreas	TV Goch	M 50	3.	00:09:15	64	00:30:53	12	00:40:07	26	00:21:57	47	01:02:03
25.	1238	Hillen, Luca	DLRG Rheurdt	M 25	3.	00:06:54	5	00:32:14	35	00:39:08	9	00:22:58	75	01:02:06
26.	1198	Preußner, Christian		M 30	4.	00:09:18	65	00:31:27	21	00:40:44	30	00:21:36	42	01:02:19
27.	616	Boenke, Thomas	TriFUN Kleve e.V.	M 40	7.	00:07:56	20	00:31:40	26	00:39:36	19	00:22:51	69	01:02:26
28.	824	Bockholt, Peter	SV Gladbeck 13	M 55	3.	00:08:01	23	00:31:24	19	00:39:24	12	00:23:03	77	01:02:27
29.	538	Tobias, Weimer	TRC Essen 1984 eV	M 45	2.	00:07:48	15	00:33:38	62	00:41:26	36	00:21:03	31	01:02:28
30.	567	Röttgen, Frank	LG Wipperfürth	M 45	3.	00:10:40	141	00:31:41	28	00:42:20	54	00:20:12	19	01:02:32

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Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
31.	1232	Schumacher, Florian	TV Goch	M 25	4.	00:07:00	7 00:33:59	68	00:40:59	32	00:21:33	41	<b>01:02:32</b>
32.	1255	van Sambeck, Noah	TV Goch	M 20	3.	00:07:00	6 00:32:51	46	00:39:51	20	00:22:47	68	<b>01:02:38</b>
33.	654	Heyer-Hillen, Christoph		M 50	4.	00:08:00	22 00:31:32	22	00:39:32	15	00:23:25	94	<b>01:02:57</b>
34.	581	Becker, Patrick	Triminators TV Voerde	M 40	8.	00:09:54	106 00:32:27	40	00:42:21	55	00:20:37	26	<b>01:02:57</b>
35.	1215	Aßbrock, Gerrit	Capitol	M 30	5.	00:09:27	74 00:32:40	43	00:42:06	50	00:20:59	30	<b>01:03:05</b>
36.	802	Stang, Klemens	TV Goch	M 55	4.	00:08:56	52 00:31:19	18	00:40:15	28	00:22:53	71	<b>01:03:07</b>
37.	1167	Somberg, Stephan		M 35	5.	00:08:54	50 00:32:39	42	00:41:33	38	00:21:45	44	<b>01:03:17</b>
38.	692	Böhmer, Frank	TriFUN Kleve e.V.	M 50	5.	00:07:47	14 00:32:26	38	00:40:13	27	00:23:06	80	<b>01:03:18</b>
39.	555	Knebel, Christoph	SV 19 Straelen	M 45	4.	00:09:07	60 00:31:47	29	00:40:53	31	00:22:30	60	<b>01:03:23</b>
40.	1162	Auberger, Mirco		M 35	6.	00:10:34	138 00:31:11	17	00:41:44	41	00:21:49	45	<b>01:03:33</b>
41.	641	Nieten, Michael	TV Goch	M 50	6.	00:09:39	84 00:31:34	23	00:41:13	34	00:22:32	63	<b>01:03:44</b>
42.	566	Mandel, Marcel		M 45	5.	00:09:27	73 00:31:52	30	00:41:18	35	00:22:27	58	<b>01:03:45</b>
43.	1168	Nebe, Philipp		M 35	7.	00:07:43	12 00:33:00	51	00:40:43	29	00:23:08	81	<b>01:03:51</b>
44.	578	Kammans, Carsten	TTV Kalkar-Niedermörmter	M 40	9.	00:09:42	87 00:32:59	49	00:42:40	59	00:21:12	33	<b>01:03:51</b>
45.	621	Werries, Jannes		Junioren	1.	00:09:01	55 00:32:41	44	00:41:41	39	00:22:14	49	<b>01:03:55</b>
46.	549	van Den Broek, Rainer	DVAG Marathon Team	M 45	6.	00:09:12	62 00:32:54	47	00:42:05	49	00:22:25	55	<b>01:04:30</b>
47.	1149	Vorberg, Christian	TV Hasslinghausen	M 35	8.	00:09:53	104 00:33:07	54	00:43:00	67	00:21:42	43	<b>01:04:41</b>
48.	1182	Roling, Julian	SV Gladbeck 13 - Rolings	M 30	6.	00:07:56	21 00:34:24	78	00:42:20	53	00:22:27	56	<b>01:04:46</b>
49.	838	Aus Dem Spring,		M 55	5.	00:09:26	72 00:32:21	36	00:41:46	42	00:23:10	85	<b>01:04:56</b>
50.	1172	Schaffeld, Georg	Reeser SC Triathlon	M 30	7.	00:09:32	76 00:34:06	71	00:43:37	73	00:21:21	35	<b>01:04:58</b>
51.	1208	Jansen, Marius	Bocholter Wassersportverein 1920 e.V.	M 30	8.	00:09:54	107 00:33:53	67	00:43:47	75	00:21:25	37	<b>01:05:12</b>
52.	651	Wouters, Rob	TV Cerberus Nijmegen Niederlande	M 50	7.	00:09:45	92 00:35:11	102	00:44:56	92	00:20:23	22	<b>01:05:18</b>
53.	1174	Schmitz, Niklas		M 30	9.	00:09:56	108 00:34:39	84	00:44:35	86	00:20:58	29	<b>01:05:32</b>
54.	1267	Hauffe, Chris	RW Endurance Team	M 50	8.	00:09:49	98 00:33:03	52	00:42:52	62	00:22:47	67	<b>01:05:38</b>
55.	1129	Krause, Tobias	Marathon und Triathlon Mülheim	M 35	9.	00:09:43	88 00:33:29	58	00:43:11	70	00:22:29	59	<b>01:05:40</b>
56.	625	Orts, Janus		Junioren	2.	00:09:44	90 00:33:05	53	00:42:49	61	00:23:03	78	<b>01:05:52</b>
57.	694	Jaspers, Hans	AVG	M 50	9.	00:08:45	40 00:34:39	82	00:43:23	71	00:22:35	64	<b>01:05:57</b>
58.	688	Engelhardt, Ingo	Family Affairs	M 50	10.	00:09:33	78 00:32:24	37	00:41:57	45	00:24:04	117	<b>01:06:01</b>
59.	593	Schneider, Michael	TV Aldekerk	M 40	10.	00:09:45	91 00:33:09	55	00:42:53	63	00:23:08	82	<b>01:06:01</b>
60.	1121	Jansen, Andreas	SV Schermbeck	M 35	10.	00:11:31	189 00:34:42	85	00:46:12	114	00:19:50	11	<b>01:06:02</b>
61.	520	Thölking, Franz-Josef	Tri-Geckos Dortmund	M 60	1.	00:08:02	24 00:33:49	65	00:41:50	43	00:24:21	131	<b>01:06:10</b>
62.	1231	Eßer, Julian		M 25	5.	00:10:26	132 00:34:58	91	00:45:24	100	00:20:48	28	<b>01:06:12</b>
63.	574	Schneider, Daniel	Sportkameraden	M 40	11.	00:10:02	118 00:32:32	41	00:42:34	57	00:23:40	107	<b>01:06:13</b>
64.	575	Krabbe, Sven	RRG-Kleverland	M 40	12.	00:11:15	170 00:30:58	14	00:42:12	51	00:24:03	116	<b>01:06:15</b>

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Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
65.	634	Berghoff, Rufus	TuS Xanten	MJA	2.	00:08:44	39 00:33:41	63	00:42:25	56	00:24:00	114	<b>01:06:24</b>
66.	561	Selders, Jens	TriFUN Kleeve e.V.	M 45	7.	00:09:25	71 00:33:32	60	00:42:56	64	00:23:35	101	<b>01:06:31</b>
67.	1183	Feld, Florian	TRC Essen 84	M 30	10.	00:10:29	134 00:31:35	24	00:42:04	48	00:24:28	134	<b>01:06:32</b>
68.	562	Lorenz, Sascha	TriFUN Kleeve	M 45	8.	00:08:27	32 00:33:53	66	00:42:20	52	00:24:14	123	<b>01:06:33</b>
69.	665	Pinkowski, Frank	SV Gladbeck 13	M 50	11.	00:08:46	41 00:34:12	75	00:42:57	66	00:23:57	112	<b>01:06:54</b>
70.	631	Wolf, Arne	Allround Triathlon Team Kleeve	Junioren	3.	00:08:31	34 00:34:07	72	00:42:38	58	00:24:17	125	<b>01:06:54</b>
71.	580	La Torre, Marco		M 40	13.	00:12:18	239 00:34:39	83	00:46:57	128	00:19:59	13	<b>01:06:56</b>
72.	610	Kleinherbers, Jan		M 40	14.	00:09:20	68 00:34:20	77	00:43:40	74	00:23:19	90	<b>01:06:59</b>
73.	815	Borgolte, Stephan		M 55	6.	00:09:59	111 00:33:37	61	00:43:35	72	00:23:31	97	<b>01:07:05</b>
74.	1166	Schmeel, Pascal	DSV 98	M 35	11.	00:08:54	51 00:35:02	93	00:43:55	76	00:23:14	87	<b>01:07:09</b>
75.	841	Becker, Jens-Ulrik	triathlon duisern	M 55	7.	00:08:49	44 00:32:56	48	00:41:44	40	00:25:25	166	<b>01:07:09</b>
76.	1196	Ebers, Jasper		M 30	11.	00:11:49	212 00:35:00	92	00:46:48	125	00:20:30	23	<b>01:07:18</b>
77.	545	Adamski, Andreas	SV Gladbeck 13	M 45	9.	00:08:12	30 00:33:44	64	00:41:56	44	00:25:26	168	<b>01:07:21</b>
78.	535	Feja, Michael	DLRG Recklinghausen	M 60	2.	00:08:39	36 00:34:24	79	00:43:03	69	00:24:19	129	<b>01:07:22</b>
79.	403	Rütter, Marc	Hamminkelter SV	M 50	12.	00:09:51	99 00:34:57	90	00:44:48	90	00:22:44	66	<b>01:07:31</b>
80.	832	Piontek, Andreas		M 55	8.	00:08:54	49 00:34:09	73	00:43:02	68	00:24:33	139	<b>01:07:35</b>
80.	1143	Jonas, Mannhaupt	Moerl	M 35	12.	00:09:46	94 00:34:46	87	00:44:31	83	00:23:05	79	<b>01:07:35</b>
82.	831	Beaupoil, Markus	TV Goch	M 55	9.	00:09:45	93 00:32:59	50	00:42:43	60	00:24:55	151	<b>01:07:38</b>
83.	845	Steltzer, Thomas	SV GLADBECK 13	M 55	10.	00:10:24	129 00:34:11	74	00:44:34	85	00:23:49	109	<b>01:08:22</b>
84.	546	Tinthoff, Daniel		M 45	10.	00:11:12	164 00:34:04	70	00:45:15	96	00:23:17	89	<b>01:08:32</b>
85.	521	Bongers, Achim		M 60	3.	00:09:49	97 00:36:08	128	00:45:56	108	00:22:38	65	<b>01:08:33</b>
86.	835	Podrasa, Frank	-	M 55	11.	00:10:57	151 00:36:09	130	00:47:06	130	00:21:33	40	<b>01:08:38</b>
87.	1171	Kisters, Sebastian		M 30	12.	00:08:40	37 00:35:44	116	00:44:24	81	00:24:16	124	<b>01:08:39</b>
88.	648	Gostomski, Dirk	PV Triathlon TG Witten	M 50	13.	00:07:55	19 00:36:26	138	00:44:20	80	00:24:22	132	<b>01:08:41</b>
89.	591	Kulse, Carsten	Tus 08 Rheinberg	M 40	15.	00:10:36	140 00:35:17	105	00:45:52	107	00:22:56	74	<b>01:08:48</b>
90.	588	Löpelmann, Sebastian	FC St. Pauli Triathlon	M 40	16.	00:10:18	127 00:34:16	76	00:44:33	84	00:24:19	128	<b>01:08:51</b>
91.	664	Klever, Frederick		M 25	6.	00:10:32	137 00:35:53	120	00:46:24	119	00:22:27	57	<b>01:08:51</b>
92.	1228	Matuszczak, Jonas	RWO Endurance Team	M 25	7.	00:09:40	85 00:36:03	124	00:45:43	104	00:23:09	83	<b>01:08:51</b>
93.	839	Gaida, Klemens		M 55	12.	00:09:35	79 00:35:22	107	00:44:56	93	00:24:09	121	<b>01:09:05</b>
94.	522	Urbanek, Waldemar		M 60	4.	00:09:03	58 00:35:06	97	00:44:09	78	00:24:59	156	<b>01:09:07</b>
95.	485	Raith, Manfred	Leichtathletik Nütterden	M 65	1.	00:10:45	143 00:34:44	86	00:45:29	101	00:23:42	108	<b>01:09:10</b>
96.	816	Gattinger, Carsten	TriForce-Vital RS	M 55	13.	00:09:43	89 00:34:26	80	00:44:09	79	00:25:04	157	<b>01:09:13</b>
97.	627	Hansen, Maximilian		Junioren	4.	00:10:00	113 00:36:07	127	00:46:07	111	00:23:10	86	<b>01:09:17</b>
98.	685	Kauhardt, Stefan	SV Glasbeck 13	M 50	14.	00:10:02	116 00:35:15	104	00:45:17	97	00:24:05	120	<b>01:09:22</b>

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Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR NachRad	PlnR	Laufen	PIL	Gesamt
99.	695	Stoppelenburg, Dirk		M 50	15.	00:11:22	179 00:33:30	59 00:44:52	91	00:24:34	140	01:09:25
100.	551	Rataj, André		M 45	11.	00:11:31	188 00:34:46	88 00:46:16	116	00:23:15	88	01:09:31
101.	626	Wagner, Kevin		Junioren	5.	00:08:49	46 00:36:52	147 00:45:40	103	00:23:52	110	01:09:32
102.	515	Roling, Ludger	SV Gladbeck 13 - Rolings	M 60	5.	00:08:51	47 00:35:57	122 00:44:47	89	00:24:46	146	01:09:33
103.	843	Sprungk, Oliver		M 55	14.	00:09:52	102 00:36:35	141 00:46:26	120	00:23:30	96	01:09:55
104.	1128	Müller, Michael		M 35	13.	00:11:12	165 00:36:13	132 00:47:25	137	00:22:31	62	01:09:56
105.	663	Beckmann, Matthias		M 50	16.	00:09:37	81 00:33:20	56 00:42:56	65	00:27:02	220	01:09:58
106.	1219	Stenmans, Leonard	Liebfrauenschule Geldern, Berufskolleg des Bistums	M 30	13.	00:11:29	187 00:35:08	99 00:46:36	122	00:23:24	93	01:09:59
107.	509	Büsch, Heinz		M 60	6.	00:10:01	115 00:36:07	126 00:46:07	113	00:24:05	118	01:10:12
108.	1138	Kramer, Tobias	X4FUN	M 35	14.	00:12:13	233 00:34:02	69 00:46:15	115	00:23:58	113	01:10:13
109.	615	Maag, Matthias	Athletik Akademie	M 40	17.	00:12:11	231 00:35:51	117 00:48:02	152	00:22:17	50	01:10:18
110.	563	Pockrandt, Thomas	POCKISPORTS	M 45	12.	00:09:48	96 00:37:24	166 00:47:12	131	00:23:21	91	01:10:32
111.	1193	Emschermann,	Erdinger Active Team	M 30	14.	00:11:16	172 00:35:04	96 00:46:20	117	00:24:23	133	01:10:43
112.	1223	Mermet, Marco		M 30	15.	00:10:12	123 00:39:59	224 00:50:10	194	00:20:34	25	01:10:43
113.	1132	Roling, Tobias	SV Gladbeck 13 - Rolings	M 35	15.	00:08:53	48 00:36:57	151 00:45:49	106	00:24:56	152	01:10:45
114.	844	Pöttker, Martin	1. Tri Finish Münster 1985 e.V.	M 55	15.	00:11:34	192 00:35:41	114 00:47:14	133	00:23:31	98	01:10:45
115.	1214	Slaby, Christopher		M 30	16.	00:09:11	61 00:38:37	197 00:47:47	143	00:23:23	92	01:11:10
116.	1249	Asri, Samuel	Watthasen Südhessen	M 20	4.	00:10:31	136 00:37:50	176 00:48:20	155	00:22:52	70	01:11:12
117.	1250	Berteld, Martin		M 20	5.	00:11:10	162 00:35:29	109 00:46:38	123	00:24:35	142	01:11:13
118.	1230	Belting, Henry	Liebfrauenschule Geldern, Berufskolleg des Bistums	M 25	8.	00:11:04	155 00:34:34	81 00:45:38	102	00:25:39	176	01:11:16
119.	529	Lichtenberger, Frank	Styrumer TV	M 60	7.	00:09:35	80 00:35:03	94 00:44:38	87	00:26:44	208	01:11:21
120.	671	Schweer, Oliver	Team Hollandse Frietjes	M 50	17.	00:10:50	145 00:37:48	175 00:48:38	161	00:22:54	72	01:11:31
121.	494	Top, Marcel	Cerberus	M 65	2.	00:09:56	109 00:38:00	178 00:47:56	149	00:23:36	103	01:11:31
122.	1213	Otten, Tobias		M 30	17.	00:11:57	221 00:34:55	89 00:46:52	126	00:24:44	145	01:11:36
123.	836	Westphal, Jörn	SG Forst Hessen e.V.	M 55	16.	00:07:36	9 00:36:32	140 00:44:08	77	00:27:30	229	01:11:37
124.	1120	Schmeel, Markus	Duisburger SV98 Triathlon	M 35	16.	00:10:07	120 00:35:52	119 00:45:58	109	00:25:41	178	01:11:39
125.	528	Dr. Rychwalski, Peter		M 60	8.	00:10:09	121 00:35:14	103 00:45:23	99	00:26:17	195	01:11:40
126.	1206	Voß, Tobias	Team zweistellig	M 30	18.	00:09:54	105 00:38:20	184 00:48:14	153	00:23:27	95	01:11:40
127.	1244	Schemann, Yannik	ERDINGER Active TEAM	M 25	9.	00:10:51	146 00:37:42	173 00:48:33	159	00:23:09	84	01:11:41
128.	1188	Berg, Jens		M 30	19.	00:10:15	125 00:39:06	205 00:49:21	178	00:22:22	51	01:11:42
129.	526	Trautmann, Andreas	Brander SV Tri Team	M 60	9.	00:09:32	77 00:36:28	139 00:45:59	110	00:25:52	184	01:11:51
130.	603	Vogtmann, Dennis	ASV Duisburg	M 40	18.	00:11:29	186 00:37:35	169 00:49:04	172	00:22:55	73	01:11:58
131.	1185	Bersching, Philipp		M 30	20.	00:08:56	53 00:36:05	125 00:45:00	94	00:26:59	216	01:11:59
132.	1235	Halbreiter, Robin		M 25	10.	00:12:15	236 00:36:17	134 00:48:31	158	00:23:35	100	01:12:05

## 37. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR NachRad	PlnR	Laufen	PIL	Gesamt
133.	564	Wellmanns, Mario		M 45	13.	00:11:48	210 00:35:29	110 00:47:17	134	00:24:55	149	01:12:11
134.	534	Baumann, Roland	SV 07 Griethausen	M 60	10.	00:11:39	203 00:35:18	106 00:46:57	127	00:25:18	163	01:12:14
135.	644	Rutkowski, Alexander	Marathon und Triathlon Mülheim	M 20	6.	00:10:52	147 00:42:18	266 00:53:09	246	00:19:06	5	01:12:15
136.	499	Homeister, Ralph	SV13 Gladbeck	M 65	3.	00:11:08	159 00:36:35	142 00:47:43	142	00:24:33	137	01:12:15
137.	643	Janssen, Hubertus	Schlammspringer Geldern	M 50	18.	00:08:43	38 00:36:40	145 00:45:22	98	00:27:06	222	01:12:27
138.	1243	Weyers, Valentin	Schalke 04	M 25	11.	00:08:49	45 00:40:08	229 00:48:56	169	00:23:32	99	01:12:27
139.	479	Selbach, Klaus	VT Triangel Kempen	M 70	1.	00:09:27	75 00:36:21	135 00:45:48	105	00:26:42	207	01:12:29
140.	573	Vierbaum, Markus		M 40	19.	00:11:36	197 00:36:14	133 00:47:49	146	00:24:41	144	01:12:30
141.	1246	Kemkes, Alexander		M 25	12.	00:11:19	175 00:35:04	95 00:46:22	118	00:26:08	190	01:12:30
142.	605	van Nahmen, Sven	KCDM	M 40	20.	00:10:40	142 00:35:27	108 00:46:07	112	00:26:25	198	01:12:31
143.	1147	Roch, Florian	Guardians of Recklinghausen	M 35	17.	00:11:09	160 00:35:51	118 00:46:59	129	00:25:36	173	01:12:35
144.	1269	Roskosch, Maik		M 50	19.	00:09:19	67 00:38:33	193 00:47:51	147	00:24:52	148	01:12:42
145.	1227	Kalinski, Jonas		M 25	13.	00:10:53	148 00:40:31	239 00:51:23	219	00:21:20	34	01:12:43
146.	542	Zimmermann, Frank	Bierbälle	M 45	14.	00:11:13	168 00:38:03	179 00:49:16	176	00:23:36	102	01:12:51
147.	691	Eckford, Steven		M 50	20.	00:11:59	222 00:38:23	185 00:50:21	199	00:22:30	61	01:12:51
148.	516	Schmidt, Ralf		M 60	11.	00:13:27	280 00:28:32	1 00:41:58	46	00:30:54	268	01:12:52
149.	600	Heynen, Tobias	SV Haltern Lauftreff	M 40	21.	00:12:40	256 00:38:43	199 00:51:23	218	00:21:32	39	01:12:55
150.	525	Spolders, Andy		M 60	12.	00:11:53	216 00:35:32	111 00:47:25	136	00:25:31	169	01:12:55
151.	1220	Kirsch, Maurice	RWO Endurance Team	M 30	21.	00:11:42	204 00:37:20	163 00:49:01	171	00:24:00	115	01:13:01
152.	658	Barkei, Jörg	TriFUN Kleeve e.V.	M 50	21.	00:09:59	112 00:37:43	174 00:47:42	141	00:25:37	175	01:13:18
153.	653	Peters, Ulrich	Borussia Veen	M 50	22.	00:10:29	135 00:37:11	155 00:47:40	140	00:25:39	177	01:13:18
154.	582	Becker, David		M 40	22.	00:09:52	101 00:36:37	143 00:46:28	121	00:26:59	217	01:13:27
155.	1199	Linnartz, Kai		M 30	22.	00:09:05	59 00:39:52	219 00:48:57	170	00:24:33	136	01:13:29
156.	1259	Westphal, Florian		M 20	7.	00:12:43	261 00:36:01	123 00:48:44	167	00:24:51	147	01:13:35
157.	809	Winterhoff, Paul		M 55	17.	00:09:41	86 00:35:06	98 00:44:46	88	00:28:50	242	01:13:36
158.	1236	Schlüer, Tom		M 25	14.	00:09:52	103 00:38:25	187 00:48:17	154	00:25:19	164	01:13:36
159.	1177	Feuser, Timm		M 30	23.	00:12:09	228 00:36:59	153 00:49:07	173	00:24:35	141	01:13:41
160.	550	Koeters, Stefan	VfL Tönisberg 1928 e.V.	M 45	15.	00:12:33	251 00:36:58	152 00:49:30	181	00:24:12	122	01:13:42
161.	808	Weyers, Jochen	Schalke 04	M 55	18.	00:09:58	110 00:35:11	101 00:45:08	95	00:28:37	240	01:13:45
162.	1212	Steeger, Paul		M 30	24.	00:09:39	83 00:39:34	211 00:49:13	175	00:24:33	138	01:13:45
163.	645	Kempkens, Ralf	KSV Kevelaer	M 50	23.	00:13:07	278 00:35:33	112 00:48:40	162	00:25:06	159	01:13:45
164.	477	Hopermann, Udo	Hamminkelter SV	M 70	2.	00:13:46	288 00:35:42	115 00:49:28	180	00:24:19	127	01:13:46
165.	577	Thelen, Carsten	BSG Sparkasse am Niederrhein	M 40	23.	00:12:10	230 00:35:10	100 00:47:20	135	00:26:28	202	01:13:48
165.	632	Plegge, Lasse		MJA	3.	00:08:07	28 00:39:22	208 00:47:29	138	00:26:19	196	01:13:48

## 37. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR NachRad	PlnR	Laufen	PIL	Gesamt
167.	596	Kunik, Dariusz		M 40	24.	00:11:43	205 00:36:12	131 00:47:54	148	00:26:02	187	<b>01:13:56</b>
168.	661	Müller, Thomas	Power and pace	M 50	24.	00:11:48	211 00:36:08	129 00:47:56	150	00:26:07	189	<b>01:14:03</b>
169.	594	Thöner, Dennis		M 40	25.	00:11:35	195 00:36:48	146 00:48:22	156	00:25:49	183	<b>01:14:11</b>
170.	630	van Den Broek, Kaylan	DVAG Marathon Team	Junioren	6.	00:12:46	268 00:37:42	172 00:50:27	200	00:23:54	111	<b>01:14:21</b>
171.	1134	Löffler, Nicolas		M 35	18.	00:11:18	174 00:38:39	198 00:49:57	191	00:24:32	135	<b>01:14:29</b>
172.	1148	Tillmanns, Christoph	Ronin	M 35	19.	00:14:39	303 00:35:36	113 00:50:15	195	00:24:17	126	<b>01:14:31</b>
173.	486	Kowollik, Christian	Gesundheitspraxis am Niederrhein	M 65	4.	00:11:27	185 00:36:22	136 00:47:49	145	00:26:47	209	<b>01:14:35</b>
174.	851	Kowalski, Achim	SG Borken	M 55	19.	00:12:45	266 00:35:56	121 00:48:41	165	00:26:05	188	<b>01:14:45</b>
175.	1254	Walterbusch, Daniel		M 20	8.	00:10:10	122 00:39:47	216 00:49:56	190	00:24:57	153	<b>01:14:52</b>
176.	519	Leicher, Achim	DJK Marienstatt	M 60	13.	00:11:35	194 00:37:14	157 00:48:48	168	00:26:12	193	<b>01:15:00</b>
177.	606	Derksen, Ralf	Team zweistellig	M 40	26.	00:11:11	163 00:37:17	159 00:48:28	157	00:26:33	204	<b>01:15:00</b>
178.	849	Berghoff, Michael	TuS Xanten	M 55	20.	00:12:34	252 00:37:02	154 00:49:35	185	00:25:36	172	<b>01:15:11</b>
179.	629	Blasitzke, Fynn	Anchor Running Crew Duisburg	Junioren	7.	00:11:36	198 00:41:22	251 00:52:57	241	00:22:24	54	<b>01:15:21</b>
180.	493	Müller, Klaus	Tri-Geckos Dortmund	M 65	5.	00:10:55	149 00:38:27	189 00:49:21	179	00:26:09	192	<b>01:15:30</b>
181.	1125	Pinders, Marcel	Römer Express	M 35	20.	00:12:18	240 00:37:19	160 00:49:37	187	00:25:56	186	<b>01:15:32</b>
182.	483	Temme, Georg	Tri Team Ruhrpott Herne	M 65	6.	00:12:08	227 00:37:25	167 00:49:33	182	00:26:09	191	<b>01:15:41</b>
183.	1142	Dupont, Joél		M 35	21.	00:12:58	273 00:36:57	150 00:49:55	188	00:25:47	182	<b>01:15:42</b>
184.	590	Weiß, Kevin	ASV Duisburg	M 40	27.	00:11:22	178 00:37:19	161 00:48:40	164	00:27:04	221	<b>01:15:44</b>
185.	532	Graß, Klaus	TV Goch	M 60	14.	00:10:20	128 00:36:53	148 00:47:12	132	00:28:34	239	<b>01:15:45</b>
186.	678	Mau, Thomas		M 50	25.	00:11:49	213 00:38:50	202 00:50:39	204	00:25:09	161	<b>01:15:47</b>
187.	517	Allroggen, Alfred		M 60	15.	00:10:59	152 00:39:55	220 00:50:54	208	00:24:55	150	<b>01:15:48</b>
188.	1135	Wölke, Marvin		M 35	22.	00:12:44	263 00:43:07	274 00:55:51	274	00:20:01	14	<b>01:15:52</b>
189.	1122	Osterkamp, Bastian		M 35	23.	00:10:26	131 00:39:56	221 00:50:21	198	00:25:34	171	<b>01:15:54</b>
190.	821	Garmatsch, Ralf	RWO Endurance Team	M 55	21.	00:10:07	119 00:36:39	144 00:46:45	124	00:29:14	246	<b>01:15:59</b>
191.	1203	Unger, Jens	ERDINGER Active TEAM	M 30	25.	00:12:59	275 00:40:01	226 00:53:00	242	00:23:00	76	<b>01:15:59</b>
192.	492	Scholl, Michael	TRI-TIME/TV Attendorn	M 65	7.	00:11:16	171 00:37:19	162 00:48:34	160	00:27:29	228	<b>01:16:03</b>
193.	1179	Spieker, Thomas		M 30	26.	00:12:57	272 00:39:34	210 00:52:30	234	00:23:38	104	<b>01:16:07</b>
194.	554	Kaiser, Björn	Stockbreede	M 45	16.	00:11:46	208 00:36:54	149 00:48:40	163	00:27:28	227	<b>01:16:08</b>
195.	1242	Beckmann, Nils		M 25	15.	00:09:24	70 00:41:25	254 00:50:48	206	00:25:26	167	<b>01:16:14</b>
196.	1173	Reynders, Thomas	Team zweistellig	M 30	27.	00:12:45	267 00:38:07	180 00:50:51	207	00:25:23	165	<b>01:16:14</b>
197.	1224	Braems, Malte		M 30	28.	00:12:59	274 00:37:30	168 00:50:28	201	00:25:52	185	<b>01:16:20</b>
198.	1217	Almahawelee, Hamzah	TV Goch	M 30	29.	00:08:08	29 00:36:23	137 00:44:30	82	00:31:51	280	<b>01:16:21</b>
199.	672	Friedrich, Frank		M 50	26.	00:11:24	181 00:38:33	192 00:49:56	189	00:26:30	203	<b>01:16:25</b>
200.	498	Mätzkow, Rolf		M 65	8.	00:10:17	126 00:37:21	165 00:47:38	139	00:28:56	244	<b>01:16:34</b>

## 37. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR NachRad	PlnR	Laufen	PIL	Gesamt
201.	1195	Albrecht, Markus	Moerser TV Triathlon	M 30	30.	00:14:05	295 00:38:35	196 00:52:39	237	00:24:05	119	01:16:44
202.	1245	Findling, Florian		M 25	16.	00:11:56	219 00:38:12	182 00:50:08	193	00:26:39	206	01:16:46
203.	649	Marquardt, Dirk		M 50	27.	00:12:14	235 00:41:14	248 00:53:28	250	00:23:39	105	01:17:06
204.	804	Hartmann, Klaus	TuS Xanten	M 55	22.	00:10:29	133 00:37:20	164 00:47:48	144	00:29:28	250	01:17:16
205.	1156	Bleker, Mark		M 35	24.	00:10:46	144 00:40:09	231 00:50:55	209	00:26:28	201	01:17:23
206.	620	Heyer, Michael		M 40	28.	00:09:38	82 00:40:54	243 00:50:32	202	00:26:56	214	01:17:27
207.	1153	Jahn, Michael		M 35	25.	00:12:17	237 00:39:40	214 00:51:57	228	00:25:42	180	01:17:39
208.	667	Welzer, Roman		M 50	28.	00:13:53	291 00:37:37	170 00:51:30	221	00:26:14	194	01:17:43
209.	1161	Kischkewitz, Bastian	DLRG Ortsgruppe Dinslaken e.V.	M 35	26.	00:09:51	100 00:39:42	215 00:49:33	183	00:28:10	236	01:17:43
210.	496	Grabowski, Jörg	Grend-Runner	M 65	9.	00:11:10	161 00:39:07	206 00:50:16	197	00:27:30	230	01:17:46
211.	1131	Marquardt, Oliver	Anchor Running Crew	M 35	27.	00:12:01	223 00:38:32	191 00:50:33	203	00:27:16	226	01:17:48
212.	817	Panitz, Thorsten		M 55	23.	00:12:13	234 00:38:29	190 00:50:42	205	00:27:07	224	01:17:49
213.	666	Porschen, Michael	P&G Running Team	M 50	29.	00:11:56	220 00:39:31	209 00:51:27	220	00:26:27	200	01:17:53
214.	1202	Beyerling, Lucas		M 30	31.	00:12:31	248 00:40:25	236 00:52:56	239	00:24:59	155	01:17:54
215.	1251	Sprungk, Marvin		M 20	9.	00:10:02	117 00:46:01	294 00:56:03	277	00:21:56	46	01:17:59
216.	1222	Keßel, Maik	FF Wesel	M 30	32.	00:12:25	245 00:40:48	242 00:53:12	247	00:24:58	154	01:18:10
217.	1221	Jennemann, Marvin		M 30	33.	00:12:28	247 00:40:45	240 00:53:13	248	00:25:05	158	01:18:17
218.	504	Künzel, Rüdiger	Laufftreff Uhlenhorst	M 60	16.	00:13:40	285 00:42:24	267 00:56:04	278	00:22:23	53	01:18:27
219.	586	Przystav, Patrick	-	M 40	29.	00:11:25	182 00:37:17	158 00:48:41	166	00:29:49	254	01:18:30
220.	613	Buchmann, Steffen		M 40	30.	00:12:28	246 00:40:59	244 00:53:27	249	00:25:07	160	01:18:33
221.	619	Hebel, Michael	Vereinlos	M 40	31.	00:11:32	191 00:39:34	212 00:51:06	213	00:27:59	233	01:19:04
222.	513	Schlüter, Wilhelm		M 60	17.	00:12:47	269 00:39:00	204 00:51:46	224	00:27:34	231	01:19:19
223.	820	Sondermann, Arnd	ASCDuisburg	M 55	24.	00:12:42	259 00:38:35	195 00:51:17	216	00:28:10	235	01:19:27
224.	825	Hilgers, Dirk		M 55	25.	00:12:31	249 00:39:57	222 00:52:27	232	00:27:02	219	01:19:29
225.	585	Plettau, Markus	LT Starlight Team Essen	M 40	32.	00:11:25	183 00:41:44	256 00:53:09	245	00:26:21	197	01:19:29
226.	642	Huemmerich, Thomas	RWO Endurance Team	M 50	30.	00:12:44	262 00:40:01	227 00:52:45	238	00:26:49	210	01:19:33
227.	1225	Loewenich, Moritz		M 25	17.	00:11:27	184 00:42:55	270 00:54:21	259	00:25:14	162	01:19:34
228.	842	Braun, Holger		M 55	26.	00:10:12	124 00:40:47	241 00:50:58	212	00:28:38	241	01:19:36
229.	512	Haske, Thomas	TUS Drevenack	M 60	18.	00:12:25	244 00:40:04	228 00:52:29	233	00:27:13	225	01:19:41
230.	558	Noack, Heiko	Max Maulwurf Marathonis	M 45	17.	00:12:42	258 00:41:31	255 00:54:12	258	00:25:31	170	01:19:43
231.	1159	Kons, Felix		M 35	28.	00:10:56	150 00:45:17	291 00:56:12	279	00:23:39	106	01:19:51
232.	1216	Herrmann, Marius		M 30	34.	00:12:21	242 00:42:16	265 00:54:37	261	00:25:36	174	01:20:13
233.	647	Eller, Martin		M 50	31.	00:11:50	214 00:38:11	181 00:50:01	192	00:30:16	257	01:20:16
234.	599	Pfände, Mathias	SV Haldern	M 40	33.	00:13:44	287 00:41:58	261 00:55:42	272	00:24:36	143	01:20:17

## 37. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR NachRad	PlnR	Laufen	PIL	Gesamt
235.	1181	Holtz, Moritz	N/A	M 30	35.	00:11:47	209 00:39:11	207 00:50:57	211	00:29:25	248	01:20:22
236.	810	Steinmaus, Peter		M 55	27.	00:11:55	218 00:37:41	171 00:49:36	186	00:30:53	267	01:20:29
237.	635	Gottschalk, Mattes		MJA	4.	00:15:04	306 00:41:21	250 00:56:25	282	00:24:20	130	01:20:44
238.	597	Bollmann, Axel	Anchor Running Crew Duisburg	M 40	34.	00:11:13	167 00:42:58	271 00:54:10	257	00:26:37	205	01:20:47
239.	1239	Fröming, Fabian	HSG Alpen-Rheinberg	M 25	18.	00:12:45	265 00:41:08	246 00:53:53	256	00:26:57	215	01:20:49
240.	679	Karrasch, Sven		M 50	32.	00:11:37	199 00:42:12	264 00:53:49	255	00:27:06	223	01:20:54
241.	1133	Zelißen, Achim		M 35	29.	00:16:49	308 00:38:23	186 00:55:12	266	00:25:45	181	01:20:56
242.	834	Aengenheister, Norbert	Schlammpringer Geldern	M 55	28.	00:11:08	158 00:39:48	217 00:50:55	210	00:30:22	258	01:21:17
243.	536	Tegethoff, Ralph	WaKaTri Germania	M 60	19.	00:11:45	207 00:40:01	225 00:51:46	223	00:29:34	252	01:21:19
244.	524	Wimmers, Stephan	UteMückel TriathlonTeam	M 60	20.	00:10:01	114 00:40:15	234 00:50:15	196	00:31:05	271	01:21:20
245.	690	Halswick, Thomas	Büdericher SV	M 50	33.	00:11:17	173 00:39:58	223 00:51:15	215	00:30:33	261	01:21:48
246.	378	Mehrer, Thomas		M 55	29.	00:13:10	279 00:38:34	194 00:51:43	222	00:30:15	256	01:21:57
247.	481	Hecht, Heinz		M 70	3.	00:10:35	139 00:38:45	200 00:49:19	177	00:32:43	285	01:22:02
248.	693	Plankert, Otto		M 50	34.	00:12:05	225 00:40:18	235 00:52:22	231	00:29:41	253	01:22:03
249.	491	Lingenauer, Harald	AS Neukirchen-Vluyn	M 65	10.	00:11:04	157 00:41:53	259 00:52:57	240	00:29:27	249	01:22:23
250.	807	Kesseler, Markus		M 55	30.	00:11:51	215 00:41:48	258 00:53:39	253	00:28:55	243	01:22:34
251.	1257	Schlüter, Luis		M 20	10.	00:09:46	95 00:43:20	276 00:53:06	243	00:29:31	251	01:22:36
252.	639	Dreßen, Thomas	PV WABU 1932 e.V.	M 50	35.	00:12:38	254 00:41:10	247 00:53:48	254	00:28:56	245	01:22:43
253.	572	Küch, Matthias	SSV Lüttingen	M 40	35.	00:13:51	290 00:38:17	183 00:52:08	230	00:30:36	262	01:22:44
254.	670	Hoffmann, Peter		M 50	36.	00:11:39	201 00:40:28	237 00:52:07	229	00:30:45	265	01:22:52
255.	1237	Taron, Moritz	Guardians of Recklinghausen	M 25	19.	00:09:14	63 00:38:48	201 00:48:01	151	00:35:23	298	01:23:24
256.	813	Fährmann, Uwe	-	M 55	31.	00:13:42	286 00:38:52	203 00:52:33	235	00:30:51	266	01:23:24
257.	552	Panthel, Jan	WSG Bad Marienberg	M 45	18.	00:11:22	177 00:40:29	238 00:51:51	226	00:31:36	274	01:23:26
258.	829	Wiesner, Michael	AS Neukirchen-Vluyn	M 55	32.	00:11:39	202 00:41:56	260 00:53:35	252	00:30:02	255	01:23:36
259.	568	Lang, Tobias		M 45	19.	00:10:25	130 00:41:25	253 00:51:50	225	00:31:52	281	01:23:42
260.	609	Freihoff,	Hometrail Krefeld e.V.	M 40	36.	00:12:41	257 00:42:31	268 00:55:11	264	00:28:31	238	01:23:42
261.	822	Wegner, Torsten		M 55	33.	00:11:20	176 00:41:48	257 00:53:07	244	00:30:39	263	01:23:46
262.	540	Hermsen, Markus	VBN - was einer allein nicht schafft, das schaffen viele	M 45	20.	00:11:13	166 00:40:08	230 00:51:20	217	00:32:30	284	01:23:50
262.	652	Hofmann, Christian		M 50	37.	00:11:15	169 00:44:14	284 00:55:28	269	00:28:22	237	01:23:50
264.	628	Sett, Henry		Junioren	8.	00:10:59	153 00:40:13	233 00:51:12	214	00:32:45	286	01:23:57
265.	544	Wolko, Marc	Moerser TV Triathlon	M 45	21.	00:14:53	305 00:39:50	218 00:54:43	262	00:29:23	247	01:24:05
266.	1137	Fröhlich, Alex	Gesund und Fit Isselburg e.V.	M 35	30.	00:14:22	299 00:42:44	269 00:57:05	285	00:27:36	232	01:24:41
267.	1126	Dörper, Christian	TuS Xanten	M 35	31.	00:13:06	277 00:45:16	290 00:58:21	293	00:26:26	199	01:24:46
268.	801	Waffner, Jürgen	Unna	M 55	34.	00:11:54	217 00:37:13	156 00:49:07	174	00:35:49	303	01:24:56



## 37. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR NachRad	PlnR	Laufen	PIL	Gesamt
269.	484	Ellerbrok, Dirk		M 65	11.	00:13:39	284 00:44:00	282 00:57:38	289	00:27:59	234	01:25:37
270.	662	Sangchai, Markus		M 50	38.	00:11:32	190 00:47:14	300 00:58:45	294	00:27:00	218	01:25:44
271.	1152	Nonnweiler, Christoph		M 35	32.	00:12:32	250 00:41:00	245 00:53:31	251	00:32:24	282	01:25:54
272.	1211	Reitzig, Marco	Trümmer Triathleten	M 30	36.	00:12:55	271 00:46:23	295 00:59:18	297	00:26:50	211	01:26:08
273.	1136	Wigman, Daniel	Trümmer Triathleten	M 35	33.	00:12:09	229 00:47:08	299 00:59:17	296	00:26:51	212	01:26:08
274.	1200	Langhammer, Aljoscha	Trümmer Triathleten	M 30	37.	00:13:38	283 00:45:39	293 00:59:16	295	00:26:52	213	01:26:08
275.	1150	Peters, Gereon		M 35	34.	00:12:21	241 00:42:03	263 00:54:23	260	00:31:49	278	01:26:11
276.	560	Hanf, Sascha		M 45	22.	00:12:36	253 00:43:13	275 00:55:49	273	00:30:42	264	01:26:31
277.	618	Duchcik, Tomek	Hamminkelter SV	M 40	37.	00:13:30	282 00:42:03	262 00:55:32	270	00:31:50	279	01:27:22
278.	674	Braem, Frank	BSV Büberich	M 50	39.	00:14:10	297 00:38:25	188 00:52:35	236	00:35:02	296	01:27:36
279.	612	Görgen, Martin		M 40	38.	00:13:47	289 00:41:25	252 00:55:11	265	00:32:47	287	01:27:58
280.	501	Storck, Frank	Chemoman	M 60	21.	00:16:53	309 00:40:12	232 00:57:04	284	00:31:04	270	01:28:08
281.	1144	Jan Philip, Heibges	Moerl	M 35	35.	00:12:23	243 00:43:02	273 00:55:24	268	00:32:52	288	01:28:16
282.	624	Kirchmann, Tim	kein Verein	Junioren	9.	00:08:46	42 00:46:30	296 00:55:16	267	00:33:11	290	01:28:26
283.	659	Giesen, Dirk		M 50	40.	00:14:16	298 00:43:01	272 00:57:16	286	00:31:24	273	01:28:40
284.	677	Grönsfelder, Thomas	Team Eini	M 50	41.	00:11:35	196 00:38:00	177 00:49:34	184	00:39:31	308	01:29:05
285.	506	Krambeck, Matthias	ohne	M 60	22.	00:12:02	224 00:45:33	292 00:57:34	288	00:31:38	275	01:29:11
286.	556	Recker, Jonas		M 45	23.	00:11:38	200 00:43:55	281 00:55:33	271	00:33:45	293	01:29:18
287.	636	Schweckhorst, Johann		MJA	5.	00:17:04	310 00:41:14	249 00:58:17	292	00:31:20	272	01:29:37
288.	668	Schneider, Frank	TriFUN Kleve	M 50	42.	00:11:03	154 00:44:53	287 00:55:56	276	00:33:43	291	01:29:38
289.	828	Zohner-Nassi,		M 55	35.	00:12:13	232 00:44:11	283 00:56:24	281	00:34:06	294	01:30:29
290.	533	Hartmann, Stefan	KSV Reichelsheim	M 60	23.	00:12:18	238 00:39:37	213 00:51:54	227	00:38:39	306	01:30:33
291.	584	Kiesel, Dennis	LC Duisburg	M 40	39.	00:11:23	180 00:43:27	278 00:54:49	263	00:35:48	302	01:30:36
292.	523	Pousen, Gerd		M 60	24.	00:11:04	156 00:46:40	298 00:57:44	290	00:33:04	289	01:30:47
293.	675	Rass, Hans-Jürgen	TV Goch	M 50	43.	00:11:34	193 00:44:18	285 00:55:51	275	00:35:32	300	01:31:23
294.	1233	Maassackers, Maik		M 25	20.	00:13:00	276 00:43:24	277 00:56:24	280	00:35:41	301	01:32:05
295.	1160	Wischermann, Tim		M 35	36.	00:12:43	260 00:49:44	307 01:02:26	303	00:30:30	260	01:32:55
296.	507	Niggemann, Andreas	Laufgruppe ziiiiisch und weg	M 60	25.	00:13:54	292 00:43:33	279 00:57:27	287	00:35:29	299	01:32:55
297.	1258	Teubler, Lucas	Duisburgs Hopfnung	M 20	11.	00:12:06	226 00:50:32	309 01:02:38	304	00:30:26	259	01:33:03
298.	805	Rommel, Kai	SF Ennepetal	M 55	36.	00:19:11	312 00:48:19	303 01:07:29	312	00:25:41	179	01:33:10
299.	633	Griebsch, Julian		MJA	6.	00:17:28	311 00:44:54	289 01:02:22	302	00:30:57	269	01:33:18
300.	1146	Drozdol, Marek Jan		M 35	37.	00:16:37	307 00:44:54	288 01:01:30	301	00:32:25	283	01:33:54
301.	478	Baier, Ulli	M.Gladbacher TV 1848 e.V.	M 70	4.	00:12:47	270 00:48:14	302 01:01:01	299	00:33:45	292	01:34:45
302.	503	Kerkhof, Ludolf	SV Haldern Lauffreff	M 60	26.	00:12:39	255 00:44:25	286 00:57:04	283	00:38:20	305	01:35:23

## 37. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR NachRad	PlnR	Laufen	PIL	Gesamt
303.	622	Eck, Arne	Duisburgs Hopfnung	Junioren	10.	00:14:28	302 00:49:21	306 01:03:49	308	00:31:40	276	<b>01:35:29</b>
304.	803	Segna, Peter	Laufsportfreunde Grödnertal	M 55	37.	00:13:30	281 00:47:23	301 01:00:52	298	00:34:50	295	<b>01:35:41</b>
305.	500	Loschelder, Jürgen	SC DÜSSELDORF WEST	M 60	27.	00:14:44	304 00:46:36	297 01:01:19	300	00:35:10	297	<b>01:36:29</b>
306.	565	Peters, André	SV Viktoria Winnekendonk	M 45	24.	00:14:27	301 00:50:32	308 01:04:58	310	00:31:43	277	<b>01:36:41</b>
307.	518	Kons, Klaus		M 60	28.	00:12:45	264 00:50:52	310 01:03:36	307	00:37:07	304	<b>01:40:42</b>
308.	1187	Lansen, Nils Raphael		M 30	38.	00:14:24	300 00:48:31	304 01:02:54	305	00:39:05	307	<b>01:41:58</b>
309.	482	Kurz, Karl-Heinz	Triathlon Waldfeucht	M 65	12.	00:13:58	294 00:43:50	280 00:57:48	291	00:45:20	311	<b>01:43:07</b>
310.	687	Bauer, Andreas	Bootcamp Dortmund Phoenix-West	M 50	44.	00:14:08	296 00:49:15	305 01:03:22	306	00:40:50	309	<b>01:44:12</b>
311.	559	Poluzyn, Tim		M 45	25.	00:13:57	293 00:51:28	311 01:05:25	311	00:41:47	310	<b>01:47:11</b>
312.	537	Hess, Thorsten		M 45	26.	00:11:44	206 00:52:35	312 01:04:19	309	00:49:47	312	<b>01:54:05</b>
	1218	Merani, Luke		M 30		00:07:53						
	50009	Mohrhardt, Werner		M 65		00:11:56						
DSQ	660	Stoffel, Holger	ATV Hückeswagen	M 50	DSQ	00:10:06	00:20:09	00:30:15		00:23:22		<b>00:53:36</b>
DSQ	830	Hohl, Detlev	Allround Triathlon Team Kleve	M 55	DSQ							

## 37. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR NachRad	PlnR	Laufen	PIL	Gesamt		
Weiblich														
1.	997	Holl, Franziska	Triathlon Team Düsseldorf	W 20	1.	00:07:12	1	00:32:22	3	00:39:33	1	00:20:23	1	00:59:55
2.	918	Koppers, Sonja	Moerser TV Triathlon	W 35	1.	00:09:05	14	00:32:14	2	00:41:18	3	00:22:09	8	01:03:27
3.	977	Fileccia, Carina	Nordtriathleten Oberhausen	W 25	1.	00:07:57	3	00:33:51	7	00:41:47	4	00:22:09	7	01:03:55
4.	449	Beaupoil, Karin	TV Goch	W 50	1.	00:08:30	9	00:32:30	4	00:40:59	2	00:23:37	17	01:04:35
5.	986	Beckmann, Antonia	Reeser SC Triathlon	W 25	2.	00:08:25	7	00:34:31	10	00:42:56	8	00:21:49	5	01:04:44
6.	419	Keßler, Katja	AS Neukirchen-Vluyn	W 55	1.	00:09:13	15	00:34:45	13	00:43:58	13	00:22:00	6	01:05:57
7.	430	Beckmann, Ricarda	Reeser SC Triathlon	W 55	2.	00:10:25	44	00:33:11	6	00:43:36	11	00:22:49	12	01:06:24
8.	1115	Dreisbach, Claudia	Soester Triteam	W 35	2.	00:10:13	39	00:32:09	1	00:42:22	6	00:24:09	23	01:06:30
9.	981	Farber, Anke	Reeser SC Triathlon	W 25	3.	00:07:50	2	00:35:10	17	00:43:00	9	00:23:55	21	01:06:54
10.	994	Rodermond, Sina	SV Sonsbeck	W 20	2.	00:10:13	38	00:35:43	23	00:45:55	24	00:21:03	2	01:06:58
11.	1000	Albers, Lilli	PV Triathlon Team TG Witten	W 20	3.	00:09:02	13	00:35:26	20	00:44:28	14	00:22:46	11	01:07:14
12.	461	Branz, Stefanie	TRC Essen 84	W 50	2.	00:10:27	47	00:34:37	11	00:45:03	19	00:22:27	9	01:07:30
13.	930	van Embden, Kerstin	Allround Triathlon Team Kleve	W 35	3.	00:10:55	64	00:35:39	22	00:46:34	27	00:21:37	4	01:08:10
14.	895	Schulte, Christina	DLRG Alpen	W 40	1.	00:08:01	4	00:34:54	14	00:42:54	7	00:25:23	40	01:08:17
15.	431	Börmann, Jutta	SV 13 Gladbeck	W 55	3.	00:10:59	65	00:34:02	9	00:45:00	18	00:23:29	16	01:08:28
16.	978	Voss, Lara		W 25	4.	00:09:59	28	00:35:05	15	00:45:04	20	00:23:25	15	01:08:29
17.	884	Kortenbach, Kathrin	Turnbeutelvergesser	W 40	2.	00:10:20	42	00:32:48	5	00:43:07	10	00:25:24	41	01:08:31
18.	943	Becker, Anne		W 30	1.	00:10:15	40	00:34:37	12	00:44:51	17	00:23:41	19	01:08:32
19.	871	Bockholt, Anika	SV Gladbeck 13	W 45	1.	00:08:16	6	00:33:57	8	00:42:13	5	00:26:29	58	01:08:41
20.	970	Stang, Jule	TV Goch	W 25	5.	00:08:28	8	00:36:16	28	00:44:43	16	00:24:37	32	01:09:20
21.	894	Schulze, Annette	Triathlon Team TSV Gruiten 1884	W 40	3.	00:09:24	18	00:36:41	34	00:46:04	25	00:24:14	24	01:10:18
22.	876	Junkers, Katrin	ASV Duisburg	W 45	2.	00:09:21	17	00:35:11	18	00:44:31	15	00:25:53	46	01:10:24
23.	899	Schuler, Anne	PV Triathlon TG Witten	W 40	4.	00:11:10	74	00:36:12	27	00:47:22	33	00:23:15	14	01:10:36
24.	454	Zuddas, Birgit	SV Gladbeck 13	W 50	3.	00:09:45	24	00:35:51	25	00:45:36	22	00:25:24	42	01:11:00
25.	942	Pesch, Tatjana	Reeser SC Triathlon	W 30	2.	00:08:37	11	00:35:06	16	00:43:42	12	00:27:23	75	01:11:04
26.	932	Dupont, Aline		W 35	4.	00:09:37	22	00:38:01	50	00:47:38	37	00:23:37	18	01:11:14
27.	919	Fahrland, Yvonne	Bocholter WSV	W 35	5.	00:10:28	48	00:38:21	57	00:48:48	53	00:22:33	10	01:11:20
28.	906	Wittag, Rebecca	Bocholter WSV	W 35	6.	00:10:26	46	00:37:25	41	00:47:51	41	00:23:48	20	01:11:38
29.	904	Schwartz, Kristin	Ruderclub Westfalen Herdecke	W 35	7.	00:10:28	49	00:36:33	31	00:47:01	29	00:24:56	35	01:11:56
30.	893	Garon, Jutta		W 40	5.	00:11:00	67	00:36:48	37	00:47:48	40	00:24:15	25	01:12:03
31.	1112	Jeschke, Eva Lily	ATV Hückeswagen	WJA	1.	00:08:57	12	00:38:28	61	00:47:25	34	00:24:43	34	01:12:07
32.	903	Schwill, Christiane		W 35	8.	00:09:25	19	00:36:43	35	00:46:08	26	00:26:07	50	01:12:15

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### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt	
33.	827	Spill, Simone	TSV Bayer Dormagen		1.	00:11:52	100	00:35:11	19	00:47:03	30	00:25:16	38	<b>01:12:19</b>
34.	957	Gosejohann, Lisa		W 30	3.	00:10:01	30	00:38:21	58	00:48:22	46	00:24:00	22	<b>01:12:21</b>
35.	996	Dusza, Tabea		W 20	4.	00:11:01	69	00:39:58	79	00:50:59	74	00:21:27	3	<b>01:12:25</b>
36.	1106	Preikschat, Johanna	TV Goch	WJA	2.	00:10:10	36	00:37:56	49	00:48:05	44	00:24:32	28	<b>01:12:37</b>
37.	869	Giemsma, Monika	Kevelaerer SV	W 45	3.	00:09:39	23	00:38:26	59	00:48:05	43	00:24:36	31	<b>01:12:40</b>
38.	463	Grönsfelder, Frauke	Team Eini	W 50	4.	00:08:37	10	00:37:11	38	00:45:47	23	00:27:04	70	<b>01:12:51</b>
39.	864	Kempkens, Nicole	AS Neukirchen-Vluyn	W 45	4.	00:11:16	78	00:35:50	24	00:47:05	31	00:25:58	47	<b>01:13:03</b>
40.	905	van Stephaudt, Kornelia		W 35	9.	00:11:20	83	00:36:38	33	00:47:58	42	00:25:06	37	<b>01:13:04</b>
41.	967	Joosten, Judith	LG Alpen	W 25	6.	00:11:17	81	00:39:07	71	00:50:23	68	00:23:00	13	<b>01:13:23</b>
42.	440	Den Boer, Ingrid	Cerberus	W 55	4.	00:08:11	5	00:37:12	39	00:45:23	21	00:28:38	91	<b>01:14:00</b>
43.	1260	Schreven, Severine	Fortis Fitness	W 40	6.	00:10:49	60	00:38:19	55	00:49:08	58	00:25:20	39	<b>01:14:27</b>
44.	858	Broeker, Tanja	SV Gladbeck 13	W 45	5.	00:10:10	35	00:37:27	42	00:47:37	36	00:26:55	65	<b>01:14:32</b>
45.	467	Ernst, Angela		W 50	5.	00:10:40	53	00:38:04	51	00:48:44	52	00:25:49	45	<b>01:14:33</b>
46.	949	Goltz, Sophia	Hamminkelner SV	W 30	4.	00:10:12	37	00:37:54	47	00:48:06	45	00:26:31	60	<b>01:14:36</b>
47.	1108	Engel, Kira		Juniorinn	1.	00:10:50	61	00:37:33	43	00:48:23	47	00:26:40	62	<b>01:15:02</b>
48.	472	Pfefferkorn, Paula	SV13 Gladbeck	W 50	6.	00:09:35	21	00:39:19	75	00:48:53	55	00:26:28	57	<b>01:15:21</b>
49.	971	Fockenber, Anna	High Carb Club	W 25	7.	00:11:27	89	00:36:20	30	00:47:46	39	00:27:58	79	<b>01:15:43</b>
50.	1102	Deuper, Lea	Team Carlo	W 20	5.	00:11:23	84	00:37:42	45	00:49:04	57	00:26:41	63	<b>01:15:45</b>
51.	910	Hesse, Anja	Triathlon Team Düsseldorf	W 35	10.	00:11:07	72	00:38:29	63	00:49:36	60	00:26:40	61	<b>01:16:15</b>
52.	466	Reijmers, Laura		W 50	7.	00:10:59	66	00:36:38	32	00:47:36	35	00:28:42	92	<b>01:16:18</b>
53.	945	Feld, Lisa	TRC Essen 84	W 30	5.	00:11:17	80	00:35:30	21	00:46:46	28	00:29:48	105	<b>01:16:34</b>
54.	880	Eckford, Stephanie		W 40	7.	00:12:59	129	00:39:12	73	00:52:11	87	00:24:33	30	<b>01:16:44</b>
55.	867	Schmidt-Schloden,	ATV Hückeswagen	W 45	6.	00:14:10	149	00:36:44	36	00:50:53	72	00:25:59	48	<b>01:16:52</b>
56.	915	Kleinherbers, Annika		W 35	11.	00:12:02	104	00:39:55	78	00:51:56	81	00:24:58	36	<b>01:16:54</b>
57.	988	Deidewig, Carolin		W 25	8.	00:10:00	29	00:42:36	115	00:52:35	95	00:24:21	26	<b>01:16:56</b>
58.	992	Jenke, Charlotte		W 20	6.	00:12:45	125	00:39:41	77	00:52:25	92	00:24:32	27	<b>01:16:57</b>
59.	896	Roeloffs, Jessica	Allround Triathlon Team Kleve	W 40	8.	00:12:55	127	00:37:12	40	00:50:07	66	00:27:06	71	<b>01:17:12</b>
60.	879	Przystav, Vanessa		W 40	9.	00:10:06	32	00:38:35	64	00:48:40	51	00:28:36	89	<b>01:17:15</b>
61.	465	Schmitz, Iris	Marathon Club Eschweiler	W 50	8.	00:10:26	45	00:38:05	52	00:48:30	50	00:28:53	96	<b>01:17:22</b>
62.	875	Weber, Brigitta		W 45	7.	00:11:18	82	00:35:56	26	00:47:13	32	00:30:12	111	<b>01:17:24</b>
63.	989	Hartmann, Svenja	Watthasen Südhessen	W 25	9.	00:11:29	91	00:39:03	69	00:50:32	71	00:26:55	64	<b>01:17:26</b>
64.	935	Kleff, Adriane		W 30	6.	00:11:43	98	00:38:48	67	00:50:30	70	00:27:01	69	<b>01:17:31</b>
65.	993	Taron, Pauline	Guardians of Recklinghausen	W 20	7.	00:12:25	118	00:37:41	44	00:50:05	65	00:27:34	77	<b>01:17:39</b>
66.	453	Ackermann, Diana	EAK	W 50	9.	00:12:02	105	00:40:56	92	00:52:58	98	00:24:42	33	<b>01:17:39</b>

## 37. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
67.	441	Plönes, Ulrike		W 55	5.	00:11:28	90 00:36:18	29	00:47:45	38	00:30:03	109	01:17:48
68.	410	Heming, Nadia		W 60	1.	00:11:01	68 00:41:06	96	00:52:07	86	00:26:02	49	01:18:09
69.	455	Fuchs, Sandra	TV Erkelenz 1860	W 50	10.	00:10:36	52 00:37:49	46	00:48:24	48	00:29:49	107	01:18:12
70.	446	Kumbrink, Alexandra	Allround Triathlon Team Kleve	W 50	11.	00:10:49	58 00:39:05	70	00:49:53	62	00:28:21	86	01:18:14
71.	456	Kracke, Heike		W 50	12.	00:11:08	73 00:38:12	53	00:49:19	59	00:28:55	97	01:18:14
72.	1114	Tietze, Katharina	HAARDMAN Team	WJA	3.	00:09:15	16 00:42:43	117	00:51:58	82	00:26:17	53	01:18:14
73.	940	Boschmann, Sandra	Duisburger SV 98 Triathlon Team	W 30	7.	00:11:37	95 00:38:38	65	00:50:15	67	00:28:00	81	01:18:14
74.	898	Teichner, Fabienne		W 40	10.	00:11:40	96 00:40:20	85	00:52:00	83	00:26:15	51	01:18:15
75.	416	Dr. Schürmann, Ulrike	Keiner	W 60	2.	00:09:47	25 00:41:11	97	00:50:58	73	00:27:18	73	01:18:15
76.	452	Engel, Marion	ERDINGER Active TEAM	W 50	13.	00:12:18	115 00:39:18	74	00:51:36	78	00:26:58	67	01:18:33
77.	415	Vormbaum, Irene	RWO Endurance Team	W 60	3.	00:12:01	103 00:39:02	68	00:51:02	75	00:27:32	76	01:18:33
78.	874	Stoppa, Isolde	Allround Triathlon Team Kleve	W 45	8.	00:12:08	110 00:37:55	48	00:50:03	64	00:28:36	90	01:18:39
79.	983	Schlütter, Melanie		W 25	10.	00:11:13	76 00:42:59	121	00:54:11	109	00:24:32	29	01:18:43
80.	925	Bürder, Anne	Laufftreff 7G	W 35	12.	00:12:24	117 00:40:49	89	00:53:12	100	00:25:48	43	01:19:00
81.	438	Blomeier, Eike	TUS Gahlen	W 55	6.	00:10:34	51 00:40:40	87	00:51:13	77	00:28:00	80	01:19:13
82.	900	Nitsch, Doro	Triathlon Team Düsseldorf	W 40	11.	00:10:06	33 00:38:19	56	00:48:25	49	00:31:01	118	01:19:25
83.	878	Schroka, Bianca	Hadis Wesel	W 40	12.	00:11:34	93 00:40:49	88	00:52:23	90	00:27:09	72	01:19:31
84.	423	Zikoll, Gitte	SC Bayer 05 Uerdingen	W 55	7.	00:10:41	54 00:38:14	54	00:48:54	56	00:30:38	115	01:19:32
85.	987	Schmitt, Marie		W 25	11.	00:10:22	43 00:38:28	60	00:48:49	54	00:31:01	117	01:19:49
86.	857	Weyand, Emely		W 45	9.	00:11:56	101 00:40:11	82	00:52:06	84	00:28:31	88	01:20:37
87.	420	Beckmann-Hunker,		W 55	8.	00:11:17	79 00:39:11	72	00:50:27	69	00:30:21	113	01:20:47
88.	985	Naskrent, Ines	SV Gladbeck 13	W 25	12.	00:11:24	86 00:42:04	106	00:53:28	104	00:27:20	74	01:20:48
89.	872	Behring, Nadine	SV Gladbeck 13	W 45	10.	00:11:24	85 00:41:12	98	00:52:35	94	00:28:13	83	01:20:48
90.	924	Kramer, Theresa	X4FUN	W 35	13.	00:12:21	116 00:39:28	76	00:51:49	79	00:29:00	99	01:20:48
91.	436	Buchkremer, Eva	Weseler TV Triathlon	W 55	9.	00:11:02	70 00:38:43	66	00:49:45	61	00:31:06	121	01:20:51
92.	421	Vollmann, Heike	PV Triathlon TG Witten	W 55	10.	00:11:14	77 00:39:59	80	00:51:13	76	00:29:40	103	01:20:52
93.	961	Vierhaus, Julia	ERDINGER Active TEAM	W 30	8.	00:10:46	56 00:41:29	101	00:52:15	88	00:28:43	94	01:20:57
94.	458	Neumann, Silke	TuS Xanten Handball	W 50	14.	00:11:30	92 00:38:28	62	00:49:58	63	00:31:05	120	01:21:02
95.	859	Jahnel, Patricia		W 45	11.	00:11:36	94 00:40:49	90	00:52:24	91	00:29:03	100	01:21:27
96.	1110	Halmanns, Amelie	Liebfrauenschule Geldern, Berufskolleg des Bistums	Juniorinn	2.	00:13:27	140 00:42:27	111	00:55:54	124	00:25:49	44	01:21:42
97.	1103	Schreier, Merle		W 20	8.	00:10:29	50 00:41:48	104	00:52:17	89	00:29:48	106	01:22:05
98.	902	Temminghoff, Maria	RWO Endurance Team	W 40	13.	00:13:19	139 00:42:31	113	00:55:50	121	00:26:25	55	01:22:14
99.	439	Müller, Ulrike	AS Neukirchen-Vluyn	W 55	11.	00:10:52	62 00:41:01	94	00:51:52	80	00:30:27	114	01:22:19
100.	414	Schmeer, Elke	LG Alpen	W 60	4.	00:11:57	102 00:42:09	107	00:54:06	108	00:28:19	85	01:22:24

## 37. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR NachRad	PlnR	Laufen	PIL	Gesamt
101.	917	Goßens, Friederike		W 35	14.	00:13:08	132 00:42:49	118 00:55:56	125	00:26:30	59	<b>01:22:25</b>
102.	922	Kreuzer, Maximiliane		W 35	15.	00:13:40	142 00:40:51	91 00:54:31	114	00:27:56	78	<b>01:22:27</b>
103.	947	Schulze, Jutta-Verena	ETG Recklinghausen	W 30	9.	00:13:12	135 00:40:04	81 00:53:16	101	00:29:20	101	<b>01:22:36</b>
104.	863	van der Wouw,		W 45	12.			00:56:33	128	00:26:16	52	<b>01:22:49</b>
105.	429	Zander, Heike	Tri Ducks	W 55	12.	00:10:04	31 00:42:54	120 00:52:57	97	00:30:10	110	<b>01:23:07</b>
106.	427	Walbaum, Ute		W 55	13.	00:13:09	133 00:41:19	100 00:54:27	112	00:28:42	93	<b>01:23:09</b>
107.	877	Hentschel, Jenny	RWO Endurance Team	W 45	13.	00:12:54	126 00:44:13	126 00:57:06	132	00:26:17	54	<b>01:23:23</b>
108.	892	Pietsch, Patricia		W 40	14.	00:14:35	156 00:42:14	108 00:56:48	129	00:26:59	68	<b>01:23:47</b>
109.	450	Meike, Diana	ASV Duisburg	W 50	15.	00:11:47	99 00:40:59	93 00:52:45	96	00:31:15	124	<b>01:24:00</b>
110.	409	Nozulack, Angelika	LT Vynen	W 60	5.	00:11:42	97 00:41:37	103 00:53:18	102	00:30:45	116	<b>01:24:03</b>
111.	1268	Olschowka, Claudia		W 50	16.	00:14:23	152 00:41:02	95 00:55:25	119	00:28:55	98	<b>01:24:20</b>
112.	908	Ohle, Ann-Christine	AS Neukirchen-Vluyn	W 35	16.	00:14:07	148 00:40:34	86 00:54:41	117	00:29:42	104	<b>01:24:22</b>
113.	866	Pauli, Daniela	PV Triathlon TG Witten	W 45	14.	00:12:07	108 00:42:27	112 00:54:34	115	00:30:01	108	<b>01:24:34</b>
114.	1101	Böddeker, Miriam		W 20	9.	00:10:52	63 00:43:29	124 00:54:21	110	00:30:14	112	<b>01:24:35</b>
115.	404	Scherf, Maria	TV Goch	W 60	6.	00:12:06	107 00:46:07	141 00:58:12	139	00:26:25	56	<b>01:24:37</b>
116.	1107	Sondermann, Neele	ASCDuisburg	Juniorinn	3.	00:10:48	57 00:45:19	135 00:56:07	126	00:28:45	95	<b>01:24:51</b>
117.	471	Löning, Stefanie		W 50	17.	00:13:19	138 00:40:15	83 00:53:33	105	00:31:42	125	<b>01:25:14</b>
118.	975	Frisch, Franziska		W 25	13.	00:12:57	128 00:44:44	129 00:57:40	134	00:28:01	82	<b>01:25:41</b>
119.	937	Schneider, Julia		W 30	10.	00:10:10	34 00:47:16	145 00:57:25	133	00:28:30	87	<b>01:25:55</b>
120.	435	Poggensee, Martina		W 55	14.	00:12:10	111 00:40:16	84 00:52:26	93	00:33:34	133	<b>01:26:00</b>
121.	926	Albrecht, Christine		W 35	17.	00:14:15	151 00:44:55	130 00:59:10	143	00:26:56	66	<b>01:26:05</b>
122.	891	Giebels, Sabine		W 40	15.	00:12:36	123 00:42:21	110 00:54:57	118	00:31:13	123	<b>01:26:10</b>
123.	448	Preuß, Petra		W 50	18.	00:11:05	71 00:43:20	123 00:54:25	111	00:32:02	127	<b>01:26:26</b>
124.	999	Halbreiter, Elisabeth		W 20	10.	00:11:11	75 00:42:50	119 00:54:00	107	00:32:56	131	<b>01:26:56</b>
125.	887	Cima, Irina	Triathlon Team Rheinberg	W 40	16.	00:11:26	88 00:44:58	131 00:56:24	127	00:31:11	122	<b>01:27:34</b>
126.	444	Breuer, Astrid	Kanu Club Gelsenkirchen e.V.	W 50	19.	00:12:16	113 00:41:33	102 00:53:48	106	00:33:50	135	<b>01:27:38</b>
127.	963	Wenzel, Svenja	PV Triathlon TG Witten	W 30	11.	00:09:50	26 00:42:17	109 00:52:07	85	00:35:39	144	<b>01:27:45</b>
128.	447	Rehse, Regina		W 50	20.	00:13:19	137 00:42:36	114 00:55:54	123	00:31:53	126	<b>01:27:46</b>
129.	914	Ebert, Sonja	Gemischte Tüte	W 35	18.	00:13:01	130 00:43:59	125 00:56:59	130	00:31:02	119	<b>01:28:01</b>
130.	412	Scherberich, Uschi	Brander SV Tri Team	W 60	7.	00:10:17	41 00:42:43	116 00:52:59	99	00:35:51	145	<b>01:28:50</b>
131.	929	Schmidt, Rebecca	SV Gladbeck 13 - Rolings	W 35	19.	00:09:59	27 00:45:46	139 00:55:44	120	00:34:03	138	<b>01:29:46</b>
132.	442	Sevecke-Busch,	TuS Xanten	W 55	15.	00:10:49	59 00:45:02	132 00:55:51	122	00:34:07	139	<b>01:29:58</b>
133.	401	Mosters, Ingrid	LG Alpen	W 65	1.	00:14:49	157 00:47:27	146 01:02:16	147	00:28:18	84	<b>01:30:34</b>
134.	873	Hagemann, Anja	Fun Runner VfL Gladbeck	W 45	15.	00:13:14	136 00:41:17	99 00:54:30	113	00:36:08	147	<b>01:30:37</b>

## 37. Nibelungen Triathlon Xanten

### Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimm	PIS Rad	PIR NachRad	PlnR	Laufen	PIL	Gesamt
135.	432	Sartor, Birgit	Hildes Olymp	W 55	16.	00:12:11	112 00:45:32	137 00:57:43	135	00:33:02	132	<b>01:30:44</b>
136.	434	Radtke, Stephanie	Laufftreff Sterkrade-Nord	W 55	17.	00:12:28	119 00:46:28	142 00:58:55	142	00:32:14	129	<b>01:31:08</b>
137.	445	Glaab, Dorothea	Laufftreff Xanten	W 50	21.	00:13:54	144 00:43:08	122 00:57:02	131	00:34:09	140	<b>01:31:10</b>
138.	886	Stricker, Saskia	Triathlon Team Rheinberg	W 40	17.	00:11:24	87 00:41:57	105 00:53:21	103	00:38:07	152	<b>01:31:28</b>
139.	964	Holderer, Ildiko Sabrina		W 30	12.	00:12:34	122 00:46:01	140 00:58:34	140	00:33:52	136	<b>01:32:25</b>
140.	1113	Grönsfelder, Cora	Team Eini	WJA	4.	00:09:28	20 00:45:13	134 00:54:40	116	00:38:25	153	<b>01:33:05</b>
141.	939	Kastner, Kristina	Guardians of Recklinghausen	W 30	13.	00:19:53	161 00:44:18	127 01:04:10	153	00:29:26	102	<b>01:33:35</b>
142.	979	Büttemeier, Carolin		W 25	14.	00:12:43	124 00:45:11	133 00:57:54	137	00:35:52	146	<b>01:33:45</b>
143.	956	Hirsch, Vanessa		W 30	14.	00:12:08	109 00:47:45	148 00:59:52	145	00:35:11	141	<b>01:35:03</b>
144.	912	Schnizler, Franziska	Erdinger Active Team / Fräulein Triathlon	W 35	20.	00:13:11	134 00:45:28	136 00:58:38	141	00:36:51	149	<b>01:35:28</b>
145.	916	Burkhardt, Conny		W 35	21.	00:14:11	150 00:50:19	150 01:04:30	154	00:32:02	128	<b>01:36:31</b>
146.	411	Steffens, Sabine	AS Neukirchen-Vluyn	W 60	8.	00:12:30	121 00:51:28	152 01:03:58	152	00:32:55	130	<b>01:36:52</b>
147.	868	Nowak, Hannelore	Weseler TV Triathlon	W 45	16.	00:13:29	141 00:44:39	128 00:58:07	138	00:38:57	156	<b>01:37:04</b>
148.	468	Hobe, Claudia	Grend-Runner	W 50	22.	00:15:01	158 00:48:25	149 01:03:26	151	00:33:59	137	<b>01:37:24</b>
149.	888	Weber, Beate		W 40	18.	00:13:55	145 00:47:27	147 01:01:21	146	00:37:04	150	<b>01:38:25</b>
150.	417	Spielberg, Angela	AS Neukirchen-Vluyn	W 60	9.	00:12:17	114 00:45:33	138 00:57:49	136	00:42:33	158	<b>01:40:22</b>
151.	897	Gall, Sabrina	Nordtriathleten Oberhausen	W 40	19.	00:16:22	159 00:46:42	143 01:03:03	148	00:37:33	151	<b>01:40:36</b>
152.	960	Weste, Larissa	Rumelner TV	W 30	15.	00:14:34	155 00:52:44	154 01:07:17	157	00:36:43	148	<b>01:44:00</b>
153.	941	Schwerkolt, Anne-Marie		W 30	16.	00:14:33	154 00:52:44	155 01:07:17	155	00:38:46	154	<b>01:46:02</b>
154.	885	Cagna, Giuseppina		W 40	20.	00:13:06	131 00:54:11	156 01:07:17	156	00:38:47	155	<b>01:46:03</b>
155.	881	Urena Soto, Marxlenin		W 40	21.	00:13:57	146 01:01:08	161 01:15:05	162	00:33:42	134	<b>01:48:46</b>
156.	962	Rosenberg, Kim	Rosis	W 30	17.	00:12:29	120 00:46:43	144 00:59:12	144	00:49:58	162	<b>01:49:10</b>
157.	911	Kote, Hannah		W 35	22.	00:14:00	147 01:00:34	159 01:14:34	161	00:35:38	142	<b>01:50:12</b>
158.	954	Swaczyna, Luise		W 30	18.	00:13:47	143 01:00:47	160 01:14:34	160	00:35:38	143	<b>01:50:12</b>
159.	425	Norpoth, Benedikta	SV Gladbeck 13 - Rolings	W 55	18.	00:12:03	106 00:51:13	151 01:03:16	150	00:47:09	160	<b>01:50:24</b>
160.	413	Roling, Andrea	SV Gladbeck 13 - Rolings	W 60	10.	00:10:45	55 00:52:30	153 01:03:15	149	00:47:09	161	<b>01:50:24</b>
161.	950	Mainka, Ramona		W 30	19.	00:16:36	160 00:54:29	157 01:11:05	158	00:42:54	159	<b>01:53:58</b>
162.	470	Häusser, Britta		W 50	23.	00:14:31	153 00:59:27	158 01:13:58	159	00:42:32	157	<b>01:56:29</b>
	907	Tölg, Vera	VFL Engelskirchen	W 35		00:11:36						