

38. Nibelungen Triathlon Xanten

Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
Draxi-Distanz (0,5/17/ 5 km)														
Männlich														
1.	1561	Stockhausen, Malte	LAZ Rhede	M 25	1.	00:08:40	16	00:30:10	5	00:38:50	3	00:15:54	1	00:54:43
2.	1095	Arnold, Tolger	TV Werne 1903 Wasserfreunde	M 40	1.	00:06:59	1	00:30:46	8	00:37:44	1	00:18:32	2	00:56:16
3.	1114	Schönwald, Gerrit	SV Schermbeck	M 40	2.	00:09:48	50	00:29:58	4	00:39:46	9	00:19:38	6	00:59:23
4.	1217	Heutgens, Ludger	TV Goch	M 50	1.	00:08:25	12	00:30:15	6	00:38:40	2	00:20:46	11	00:59:25
5.	1104	Mundi, Björn	TV Goch	M 40	3.	00:08:54	25	00:32:16	19	00:41:10	16	00:18:35	3	00:59:44
6.	1458	Raith, Andreas	Cycling Club Cleve	M 35	1.	00:09:21	35	00:29:48	3	00:39:09	5	00:20:50	12	00:59:59
7.	1123	Bors, André	TriFUN Kleve e.V.	M 40	4.	00:11:08	115	00:28:37	2	00:39:45	8	00:21:35	19	01:01:20
8.	1096	Becker, Patrick	Triminators TV Voerde	M 40	5.	00:10:09	69	00:31:06	9	00:41:15	17	00:20:45	10	01:01:59
9.	1126	Hecheltjen, Jens		M 40	6.	00:08:09	8	00:32:59	33	00:41:08	15	00:21:13	13	01:02:21
10.	1101	Thünen, Andreas	Hamminkelter SV	M 40	7.	00:08:46	20	00:31:29	13	00:40:14	10	00:22:16	25	01:02:29
11.	1229	Weimer, Tobias	TRC Essen 84 eV	M 50	2.	00:08:00	5	00:32:53	31	00:40:53	14	00:21:42	22	01:02:34
12.	1185	Franke, Ulrich	SV Hellas Emmerich	M 55	1.	00:07:16	3	00:31:57	17	00:39:13	6	00:23:31	49	01:02:43
13.	1176	Janssen, Jochen	TV Goch	M 55	2.	00:07:41	4	00:32:45	26	00:40:25	11	00:22:57	31	01:03:22
14.	1239	Berghoff, Rufus *	TuS Xanten	MJA	1.	00:08:41	17	00:31:55	14	00:40:35	12	00:23:08	35	01:03:52
15.	1590	Schmitz, Niklas		M 35	2.	00:10:16	75	00:32:39	25	00:42:54	32	00:21:31	18	01:04:24
16.	1062	Reschke, Michael	SC Bayer 05 Uerdingen	M 60	1.	00:10:54	103	00:30:42	7	00:41:36	20	00:23:09	38	01:04:45
17.	1064	Rolf, Sudmann	Tri Finish Münster	M 60	2.	00:08:53	24	00:31:55	15	00:40:47	13	00:24:12	66	01:04:59
18.	1107	Smyk, Martin	ASV Duisburg	M 40	8.	00:11:53	160	00:34:03	58	00:45:55	79	00:19:07	4	01:05:02
19.	1169	Bandmann, Uwe	TVK Essen	M 55	3.	00:08:33	15	00:31:06	10	00:39:39	7	00:25:28	99	01:05:06
20.	1106	Ernsting, Christian	RG Haldern 03	M 40	9.	00:11:16	128	00:33:21	42	00:44:36	55	00:20:35	8	01:05:10
21.	1467	Cleusters, Lasse	Allround Triathlon Team Kleve	M 35	3.	00:09:48	51	00:34:09	61	00:43:57	47	00:21:17	14	01:05:14
22.	1492	Decker, Noah	SV Vynen Marienbaum 1997	M 35	4.	00:10:22	82	00:33:17	41	00:43:39	42	00:21:38	20	01:05:16
23.	1498	Roling, Julian	SV Gladbeck 13 - Die Rolings	M 30	1.	00:08:14	9	00:33:10	37	00:41:24	19	00:24:09	65	01:05:33
24.	1480	Nebe, Philipp	TV Goch	M 35	5.	00:08:19	10	00:33:02	35	00:41:21	18	00:24:24	72	01:05:45
25.	1001	Knepper, Marc	Hamminkelter SV	M 40	10.	00:09:07	27	00:33:37	49	00:42:44	28	00:23:11	39	01:05:54
26.	1075	Selders, Jens	TriFUN Kleve e.V.	M 45	1.	00:10:31	90	00:31:25	12	00:41:56	22	00:24:20	68	01:06:15
27.	1200	Kempf, Achim	ASV Köln Triathlon	M 50	3.	00:07:00	2	00:32:09	18	00:39:08	4	00:27:18	144	01:06:25
28.	1084	Dietl, Matthias		M 45	2.	00:09:57	55	00:32:56	32	00:42:53	31	00:23:45	53	01:06:37
29.	1164	Wolters, Jörg	TV Derichsweiler	M 55	4.	00:10:27	86	00:32:45	27	00:43:12	35	00:23:26	44	01:06:38
30.	1202	Pinkowski, Frank	SV Gladbeck 13	M 50	4.	00:08:51	23	00:33:51	53	00:42:42	27	00:24:07	64	01:06:48

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Platz	Startn	Name	Verein	AK	Platz	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
31.	1452	Krause, Tobias	Marathon und Triathlon Mülheim e.V.	M 35	6.	00:10:08	68	00:32:34	24	00:42:41	26	00:24:13	67	01:06:53
32.	1071	Knebel, Christoph	SV 19 Straelen	M 45	3.	00:10:17	78	00:33:01	34	00:43:18	37	00:23:43	52	01:07:01
33.	1165	Aus Dem Spring, Thomas	Hamminkelter SV	M 55	5.	00:09:26	37	00:32:31	22	00:41:57	23	00:25:07	88	01:07:04
34.	1120	Kleinherbers, Jan		M 40	11.	00:09:36	42	00:33:28	45	00:43:04	34	00:24:03	61	01:07:06
35.	1520	Meyer, Simon		M 30	2.	00:09:16	30	00:32:30	21	00:41:45	21	00:25:22	97	01:07:07
36.	1023	Krebber, Theo	TV Goch	M 60	3.	00:10:21	81	00:33:22	43	00:43:42	43	00:23:29	47	01:07:11
36.	1482	Beermann, Niklas	Kaifu Tri Team	M 35	7.	00:11:01	110	00:34:40	72	00:45:41	75	00:21:30	17	01:07:11
38.	1125	Benk, Thoren		M 40	12.	00:11:34	143	00:34:05	59	00:45:39	74	00:21:39	21	01:07:18
39.	1220	Paff, Oliver	SG Welper Triathlon	M 50	5.	00:09:27	38	00:35:03	82	00:44:29	51	00:23:08	37	01:07:36
40.	1092	La Torre, Marco		M 40	13.	00:12:39	208	00:34:53	75	00:47:31	114	00:20:07	7	01:07:37
41.	1223	Jaspers, Hans	AVG	M 50	6.	00:09:34	41	00:34:21	64	00:43:55	46	00:24:05	63	01:07:59
42.	1334	Schwerkolt, Torsten		M 50	7.	00:11:13	123	00:33:41	52	00:44:54	59	00:23:08	36	01:08:01
43.	1051	Feja, Michael	DLRG Recklinghausen	M 60	4.	00:09:19	33	00:33:30	46	00:42:49	29	00:25:13	93	01:08:01
44.	1111	Schlüter, Philipp	TRlandertaler me-sport	M 40	14.	00:08:50	22	00:35:19	87	00:44:08	48	00:23:57	59	01:08:05
45.	1575	Pels, Lucas		M 20	1.	00:09:00	26	00:37:22	130	00:46:22	88	00:21:46	23	01:08:08
46.	1102	Knoop, Thomas		M 40	15.	00:09:38	45	00:34:58	79	00:44:36	54	00:23:34	50	01:08:09
47.	1167	Beaupoil, Markus	TV Goch	M 55	6.	00:10:02	61	00:32:49	28	00:42:50	30	00:25:20	96	01:08:10
48.	1508	Theunißen, Martin		M 30	3.	00:11:13	124	00:34:09	60	00:45:21	68	00:22:53	29	01:08:14
49.	1534	Lenßen, Jan		M 30	4.	00:11:08	116	00:35:46	98	00:46:54	101	00:21:22	15	01:08:16
50.	1557	Kessler, Alexander		M 25	2.	00:11:02	111	00:32:32	23	00:43:33	39	00:24:49	80	01:08:22
51.	1022	Büsch, Heinz		M 60	5.	00:10:05	66	00:33:40	51	00:43:44	45	00:24:42	77	01:08:26
52.	1455	Klaßen, Sebastian	Moerser TV Triathlon	M 35	8.	00:11:25	135	00:34:22	65	00:45:46	77	00:23:00	33	01:08:46
53.	1191	Gostomski, Dirk	PV Triathlon TG Witten	M 55	7.	00:08:08	7	00:35:36	91	00:43:43	44	00:25:08	89	01:08:50
54.	1234	Mackowski, Ralph		M 50	8.	00:11:01	109	00:35:03	83	00:46:04	82	00:22:48	28	01:08:52
55.	1108	Heynen, Tobias	SV Haltern Lauftreff	M 40	16.	00:12:14	188	00:36:07	105	00:48:21	125	00:20:41	9	01:09:01
56.	1034	Schulz, Jörg	RWO Endurance Team	M 60	6.	00:11:18	130	00:35:01	81	00:46:19	87	00:23:05	34	01:09:23
57.	1128	Janßen, Daniel	Trifun Kleve	M 40	17.	00:10:10	71	00:32:51	30	00:43:01	33	00:26:25	123	01:09:25
58.	1067	Engemann, Patrick	Deutschland	M 45	4.	00:10:26	85	00:33:11	38	00:43:37	41	00:25:50	112	01:09:26
59.	1506	Winter, Andreas		M 30	5.	00:11:06	114	00:33:24	44	00:44:29	52	00:25:08	90	01:09:37
60.	1100	Löpelmann, Sebastian	FC St. Pauli Triathlon	M 40	18.	00:11:38	147	00:31:56	16	00:43:34	40	00:26:04	118	01:09:37
61.	1026	Schwarz, Harald	VT Triangel Kempen	M 60	7.	00:10:49	98	00:33:52	54	00:44:41	56	00:24:58	83	01:09:38
62.	1172	Hilgers, Uwe	AS Neukirchen-Vluyn	M 55	8.	00:11:38	145	00:34:22	66	00:46:00	80	00:23:49	55	01:09:49
63.	1456	Wölke, Marvin		M 35	9.	00:12:26	198	00:38:00	154	00:50:25	164	00:19:29	5	01:09:54
64.	1214	Tervooren, Patrick		M 50	9.	00:11:24	133	00:34:38	71	00:46:01	81	00:23:54	58	01:09:55

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Platz	Startn	Name	Verein	AK	Platz	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
65.	1586	Trint, Nicolas	Team Carlo	M 20	2.	00:11:04	113	00:33:07	36	00:44:10	49	00:25:45	109	01:09:55
66.	1512	Slaby, Christopher	Good Suff	M 30	6.	00:09:58	57	00:35:47	99	00:45:44	76	00:24:21	70	01:10:05
67.	1187	Flintrop, Thorsten	Weseler TV Triathlon	M 55	9.	00:10:05	67	00:32:25	20	00:42:30	25	00:27:36	150	01:10:05
68.	1231	Boßmann, Stefan	Sonsbecker Dream Team	M 50	10.	00:12:30	201	00:34:29	68	00:46:59	104	00:23:13	41	01:10:12
69.	1539	Maas, Matthias		M 25	3.	00:09:51	53	00:34:53	76	00:44:43	57	00:25:29	100	01:10:12
70.	1235	Beauipoil, Josef	TV Goch	Junioren	1.	00:09:15	29	00:33:11	39	00:42:26	24	00:28:04	159	01:10:29
71.	1218	Eckford, Steven		M 50	11.	00:10:29	88	00:36:36	118	00:47:05	107	00:23:28	45	01:10:33
72.	1031	Roling, Ludger	SV Gladbeck 13 - Die Rolings	M 60	8.	00:09:14	28	00:35:53	101	00:45:07	63	00:25:29	101	01:10:36
73.	1173	Bongers, Andreas	Allround Triathlon Team Kleve	M 55	10.	00:11:26	136	00:33:37	48	00:45:02	62	00:25:46	110	01:10:48
74.	1552	Gerwers, Felix		M 25	4.	00:10:47	97	00:37:23	132	00:48:10	124	00:22:43	27	01:10:52
75.	1008	Raith, Manfred	Leichtathletik Nütterden	M 65	1.	00:11:02	112	00:35:23	88	00:46:24	89	00:24:30	73	01:10:54
76.	1546	Baumann, Julius		M 25	5.	00:11:30	140	00:35:23	89	00:46:53	100	00:24:04	62	01:10:56
77.	1181	Wentzel, Thomas		M 55	11.	00:08:27	13	00:37:02	127	00:45:28	70	00:25:36	103	01:11:04
78.	1088	Dudler, Martin	RWO Endurance Team	M 45	5.	00:12:35	206	00:32:49	29	00:45:24	69	00:25:48	111	01:11:11
79.	1113	Maier, Michael	Parkrun Volksgarten Düsseldorf	M 40	19.	00:14:45	251	00:35:05	84	00:49:50	152	00:21:22	16	01:11:12
80.	1474	Luppa, Pascal		M 35	10.	00:08:31	14	00:38:12	157	00:46:43	98	00:24:31	74	01:11:13
81.	1076	Lorenz, Sascha	TriFUN Kleve e.V.	M 45	6.	00:12:03	178	00:34:30	69	00:46:32	92	00:24:45	79	01:11:17
82.	1486	Zanders, Fabian	CF AACHEN	M 35	11.	00:10:04	64	00:34:49	73	00:44:53	58	00:26:29	126	01:11:22
83.	1124	Seyfried, Marcel		M 40	20.	00:09:32	40	00:38:36	168	00:48:07	122	00:23:28	46	01:11:35
84.	1094	Evers, Jens	SV Spellen	M 40	21.	00:10:34	93	00:37:29	137	00:48:03	121	00:23:46	54	01:11:49
85.	1203	Porschen, Michael		M 50	12.	00:12:03	179	00:35:00	80	00:47:03	106	00:24:53	82	01:11:55
86.	1011	Terhorst, Klaus	Terhorst - Clan	M 65	2.	00:09:37	43	00:37:23	131	00:46:59	103	00:25:01	86	01:11:59
87.	1035	Trautmann, Andreas	Brander SV Tri Team	M 60	9.	00:09:37	44	00:35:41	94	00:45:18	66	00:26:46	129	01:12:03
88.	1476	Michels, Daniel		M 35	12.	00:10:04	63	00:35:10	85	00:45:13	65	00:26:52	132	01:12:05
89.	1057	Neukäter, Winfried	Lauffreunde HADI Wesel	M 60	10.	00:10:50	100	00:34:10	62	00:44:59	61	00:27:06	138	01:12:05
90.	1152	Tenbrock, Andreas	Reeser SC Triathlon	M 55	12.	00:11:45	151	00:33:12	40	00:44:56	60	00:27:11	141	01:12:07
91.	1453	Haupt, Marvin		M 35	13.	00:11:46	153	00:36:22	110	00:48:08	123	00:24:01	60	01:12:08
92.	1190	Blümel, Andreas		M 55	13.	00:11:48	154	00:34:52	74	00:46:40	96	00:25:41	107	01:12:20
93.	1560	Wilhelm, Maximilian		M 25	6.	00:10:12	73	00:39:23	189	00:49:35	144	00:22:58	32	01:12:32
94.	1555	Cirener, Maximilian		M 25	7.	00:10:11	72	00:38:31	164	00:48:42	131	00:23:51	56	01:12:32
95.	1060	Schloutz, Edgar		M 60	11.	00:12:03	177	00:33:33	47	00:45:36	73	00:26:59	135	01:12:34
96.	1531	Schumacher, Daniel		M 30	7.	00:08:44	19	00:38:25	162	00:47:08	108	00:25:28	98	01:12:35
97.	1238	Gottschalk, Mattes		MJA	2.	00:14:16	246	00:34:29	67	00:48:44	132	00:23:52	57	01:12:35
98.	1540	Schreiber, Gregor	Runnershigh Niederrhein	M 25	8.	00:11:19	131	00:36:36	117	00:47:54	118	00:24:43	78	01:12:37

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Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimme	PIS Rad	PIR NachRad	PlnR	Laufen	PIL	Gesamt
99.	1039	Spolders, Andreas		M 60	12.	00:11:51	157 00:34:01	57 00:45:51	78	00:26:51	131	01:12:41
100.	1517	Biesemann, Marvin		M 30	8.	00:10:59	107 00:35:41	95 00:46:40	97	00:26:04	119	01:12:43
101.	1572	Stiridis, Christopher		M 20	3.	00:11:10	119 00:36:18	109 00:47:27	112	00:25:17	95	01:12:44
102.	1504	Volmer, Vincent		M 30	9.	00:11:43	148 00:36:13	106 00:47:55	119	00:24:51	81	01:12:45
103.	1475	Deymann, Julian		M 35	14.	00:11:45	150 00:37:52	150 00:49:37	145	00:23:11	40	01:12:48
104.	1194	Hallen, Daniel		M 55	14.	00:12:54	210 00:34:56	78 00:47:49	116	00:25:08	91	01:12:56
105.	1175	Berghoff, Michael	TuS Xanten	M 55	15.	00:12:30	199 00:34:30	70 00:46:59	105	00:25:58	116	01:12:57
106.	1045	Dr. Rychwalski, Peter		M 60	13.	00:10:24	84 00:33:59	56 00:44:23	50	00:28:37	170	01:13:00
107.	1079	Pockrandt, Thomas	POCKISPORTS	M 45	7.	00:10:27	87 00:36:43	121 00:47:10	109	00:25:58	115	01:13:07
108.	1236	Wagner, Kevin		Junioren	2.	00:08:41	18 00:36:40	120 00:45:20	67	00:27:48	154	01:13:08
109.	1483	Schmitz, Niklas		M 35	15.	00:11:45	149 00:36:14	108 00:47:59	120	00:25:12	92	01:13:10
110.	1040	van Holt, Ludger	DSV 98	M 60	14.	00:09:19	32 00:37:37	141 00:46:56	102	00:26:25	124	01:13:20
111.	1544	Schlüter, Tom		M 25	9.	00:09:57	56 00:36:40	119 00:46:37	94	00:26:44	127	01:13:21
112.	1170	Becker, Jens-Ulrik	triathlon duisern	M 55	16.	00:09:38	46 00:33:54	55 00:43:32	38	00:29:49	195	01:13:21
113.	1502	Schopphoven, Peter		M 30	10.	00:14:12	244 00:36:34	114 00:50:46	172	00:22:37	26	01:13:22
114.	1192	Peters, Ulrich	RSG Borussia Veen	M 55	17.	00:10:32	92 00:36:03	102 00:46:35	93	00:26:50	130	01:13:25
115.	1472	Becker, Daniel		M 35	16.	00:11:58	171 00:35:37	92 00:47:35	115	00:25:52	114	01:13:27
116.	1065	Enters, Timm	BSG Volksbank Niederrhein fit & aktiv	M 45	8.	00:11:58	170 00:36:28	111 00:48:25	127	00:25:03	87	01:13:28
117.	1522	Laser, Robin		M 30	11.	00:11:14	126 00:34:54	77 00:46:08	83	00:27:37	151	01:13:44
118.	1530	Skomro, Domenik		M 30	12.	00:12:59	212 00:36:06	104 00:49:05	140	00:24:40	76	01:13:44
119.	1208	Barral Farto, Ramon	Ute Mückel Triathlon e.V.	M 50	13.	00:10:16	76 00:36:34	115 00:46:50	99	00:26:55	133	01:13:45
120.	1565	Bucksteeg, Maximilian	TV Rees	M 25	10.	00:10:52	101 00:33:39	50 00:44:31	53	00:29:15	188	01:13:45
121.	1069	Koeters, Stefan	VfL Tönisberg 1928 e.V.	M 45	9.	00:13:01	213 00:37:16	129 00:50:16	162	00:23:30	48	01:13:46
122.	1103	Terhorst, Jan	Terhorst - Clan	M 40	22.	00:12:05	181 00:38:23	161 00:50:27	165	00:23:21	43	01:13:47
123.	1004	Selbach, Klaus	VT Triangel Kempen	M 70	1.	00:09:42	47 00:35:49	100 00:45:31	71	00:28:18	164	01:13:49
124.	1030	Peters, Michael	TV Goch	M 60	15.	00:08:04	6 00:38:36	169 00:46:39	95	00:27:10	140	01:13:49
125.	1115	van Nahmen, Sven	KCDM	M 40	23.	00:11:14	125 00:34:19	63 00:45:33	72	00:28:20	166	01:13:52
126.	1559	Bimczok, Martin		M 25	11.	00:11:00	108 00:36:31	112 00:47:30	113	00:26:27	125	01:13:56
127.	1529	Di Mauro, Robin	Rote Bete Rakete	M 30	13.	00:12:33	205 00:38:11	155 00:50:44	170	00:23:20	42	01:14:03
128.	1053	Schulte, Franz *	LSF-Unna-2000	M 60	16.	00:09:28	39 00:38:58	178 00:48:25	128	00:25:38	105	01:14:13
129.	1059	Dzionsko, Christoph	Trifinish Münster	M 60	17.	00:10:00	59 00:36:14	107 00:46:14	85	00:28:23	167	01:14:37
130.	1543	Roeling, Jan Niklas	SV Sonsbeck	M 25	12.	00:11:15	127 00:37:25	133 00:48:40	130	00:26:01	117	01:14:40
131.	1566	Lanfermann, Robert		M 25	13.	00:13:07	215 00:37:29	136 00:50:35	167	00:24:23	71	01:14:58
132.	1077	Ertel, Gernot		M 45	10.	00:11:59	172 00:37:01	126 00:48:59	137	00:26:13	120	01:15:12

38. Nibelungen Triathlon Xanten

Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
133.	1130	Molkenthin, Dirk	RWO Endurance Team	M 40	24.	00:10:32	91	00:35:45	96	00:46:16	86	00:29:00	181	01:15:16
134.	1019	Dürre, Ralph	TSV Bayer 04 Leverkusen	M 65	3.	00:09:53	54	00:35:15	86	00:45:08	64	00:30:10	196	01:15:17
135.	1551	Böhle, Jonas		M 25	14.	00:10:42	95	00:35:46	97	00:46:28	90	00:28:53	176	01:15:20
136.	1576	Wesseling, Tristan		M 20	4.	00:11:11	120	00:38:32	165	00:49:42	147	00:25:39	106	01:15:21
137.	1024	Dietsch, Christian		M 45	11.	00:12:03	176	00:38:59	180	00:51:01	176	00:24:21	69	01:15:21
138.	1536	Gerber, Lysander-Arpad	Erdinger Active Team	M 30	14.	00:13:49	236	00:39:32	191	00:53:21	206	00:22:06	24	01:15:27
139.	1571	Abels, Niklas		M 25	15.	00:10:53	102	00:37:38	142	00:48:31	129	00:27:15	142	01:15:46
140.	1201	Jablonski, Christian *	AS Neukirchen-Vluyn	M 50	14.	00:08:48	21	00:38:38	170	00:47:26	110	00:28:11	160	01:15:46
141.	1545	Fröming, Fabian		M 25	16.	00:11:48	155	00:37:11	128	00:48:59	136	00:26:56	134	01:15:55
142.	1484	Becker, Dominic		M 35	17.	00:10:58	106	00:37:50	148	00:48:47	133	00:27:19	145	01:16:06
143.	1462	Roch, Florian	Murphy's Pup Recklinghausen	M 35	18.	00:14:12	245	00:35:36	90	00:49:48	151	00:26:20	122	01:16:08
144.	1568	Haferkamp, Jesse		M 25	17.	00:13:52	237	00:37:51	149	00:51:42	192	00:24:38	75	01:16:20
145.	1554	Lashin, Alaa Imad	Anchor Running Crew Duisburg	M 25	18.	00:10:38	94	00:42:48	229	00:53:25	208	00:22:56	30	01:16:20
146.	1112	Pfände, Mathias	SV Haldern Lauftreff	M 40	25.	00:13:47	233	00:37:40	144	00:51:27	187	00:24:59	84	01:16:25
147.	1029	Schlüter, Willy		M 60	18.	00:12:04	180	00:36:50	124	00:48:54	135	00:27:37	152	01:16:30
148.	1511	Rohde, Florian	Die rasenden Rohdes	M 30	15.	00:09:48	52	00:37:38	143	00:47:26	111	00:29:13	186	01:16:39
149.	1016	Grabowski, Jörg	Grend-Runner	M 65	4.	00:11:09	117	00:38:12	156	00:49:21	142	00:27:38	153	01:16:58
150.	1090	Küch, Matthias		M 45	12.	00:13:12	219	00:36:31	113	00:49:43	148	00:27:26	147	01:17:09
151.	1189	Kempkens, Ralf	KSV Kevelaer	M 55	18.	00:13:48	234	00:36:36	116	00:50:23	163	00:26:46	128	01:17:09
152.	1460	Dupont, Joël		M 35	19.	00:13:37	231	00:36:06	103	00:49:43	149	00:27:29	148	01:17:11
153.	1184	Huemmerich, Thomas	RWO Endurance Team	M 55	19.	00:12:26	197	00:37:33	139	00:49:58	157	00:27:15	143	01:17:13
154.	1213	Mau, Thomas		M 50	15.	00:11:54	163	00:39:47	193	00:51:41	191	00:25:42	108	01:17:22
155.	1193	Raab, Stephan *		M 55	20.	00:13:21	224	00:36:54	125	00:50:15	161	00:27:03	137	01:17:27
156.	1547	Quentin, Leon		M 25	19.	00:09:20	34	00:42:41	225	00:52:01	196	00:25:34	102	01:17:34
157.	1007	Temme, Georg	Tri Team Ruhrpott Herne	M 65	5.	00:11:53	161	00:38:44	172	00:50:36	168	00:27:01	136	01:17:36
158.	1157	Locher, Matthias	MSV Steele	M 55	21.	00:10:17	77	00:38:47	174	00:49:03	139	00:28:44	171	01:17:46
159.	1542	Dhein, Michael		M 25	20.	00:12:18	191	00:36:48	123	00:49:06	141	00:29:03	183	01:18:08
160.	1523	Holtermann, Kevin		M 30	16.	00:12:01	174	00:37:55	152	00:49:56	156	00:28:15	163	01:18:10
161.	1131	Pinders, Marcel	Römer Express	M 40	26.	00:12:25	195	00:37:27	134	00:49:51	153	00:28:33	168	01:18:24
162.	1488	Efing, Justus		M 35	20.	00:10:18	79	00:41:05	206	00:51:22	185	00:27:07	139	01:18:29
163.	1477	Esper, Christian		M 35	21.	00:11:20	132	00:38:52	175	00:50:12	159	00:28:18	165	01:18:30
164.	1583	Staude, Tom		M 20	5.	00:10:23	83	00:40:08	197	00:50:30	166	00:28:02	158	01:18:31
165.	1510	Albrecht, Markus	Moerser TV Triathlon	M 30	17.	00:15:52	256	00:37:31	138	00:53:23	207	00:25:17	94	01:18:39
166.	1465	Sweeren, Christoph		M 35	22.	00:12:23	193	00:41:18	208	00:53:40	213	00:25:00	85	01:18:40

38. Nibelungen Triathlon Xanten

Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
167.	1133	Löll, Hendrik		M 40	27.	00:12:26	196	00:38:43	171	00:51:08	180	00:27:52	155	01:19:00
168.	1089	Erkelenz, Jörg	VfL Engelskirchen	M 45	13.	00:13:14	221	00:38:33	166	00:51:46	195	00:27:21	146	01:19:06
169.	1155	Cosler, Stefan	Brander SV Tri Team	M 55	22.	00:12:06	183	00:39:22	188	00:51:28	188	00:27:53	157	01:19:20
170.	1158	Garmatsch, Ralf	RWO Endurance Team	M 55	23.	00:10:50	99	00:35:41	93	00:46:30	91	00:32:58	223	01:19:27
171.	1501	Schäfers, Toni		M 30	18.	00:10:05	65	00:37:49	147	00:47:53	117	00:31:35	208	01:19:28
172.	1048	Riedel, Thomas	Pott 8	M 60	19.	00:12:12	187	00:37:43	145	00:49:54	155	00:29:38	194	01:19:32
173.	1009	Kowollik, Christian	Gesundheitspraxis am Niederrhein	M 65	6.	00:11:57	169	00:38:17	159	00:50:14	160	00:29:33	191	01:19:47
174.	1005	Kuhn, Erich	Tri Club Wuppertal	M 70	2.	00:12:30	200	00:39:08	183	00:51:37	190	00:28:13	162	01:19:50
175.	1562	Gawenda, Adrian		M 25	21.	00:17:59	261	00:28:15	1	00:46:13	84	00:33:38	229	01:19:51
176.	1052	Grzywacz, Frank		M 60	20.	00:11:55	166	00:39:09	184	00:51:04	178	00:28:51	175	01:19:54
177.	1021	Vogel, Dirk	LF Serm	M 60	21.	00:10:00	60	00:41:46	212	00:51:45	194	00:28:13	161	01:19:58
178.	1537	Kahlau, Lukas		M 30	19.	00:11:53	159	00:38:58	177	00:50:50	173	00:29:26	190	01:20:16
179.	1222	Ruhne, Marcel		M 50	16.	00:10:54	104	00:37:27	135	00:48:21	126	00:32:03	214	01:20:24
180.	1082	Mohrig, Jochen	Team Neverest	M 45	14.	00:16:01	258	00:40:42	201	00:56:43	236	00:23:42	51	01:20:24
181.	1212	Rass, Hans-Jürgen	TV Goch	M 50	17.	00:11:59	173	00:37:56	153	00:49:54	154	00:30:37	200	01:20:31
182.	1119	Buchcic, Christian		M 40	28.	00:12:38	207	00:42:19	219	00:54:57	220	00:25:36	104	01:20:32
183.	1589	Raab, Noah		M 20	6.	00:13:36	230	00:37:55	151	00:51:30	189	00:29:05	184	01:20:35
184.	1509	Hölscher, Lennart		M 30	20.	00:11:27	138	00:42:54	231	00:54:20	218	00:26:19	121	01:20:39
185.	1489	Joosten, Patrick	TSV Nieukerk	M 35	23.	00:14:02	241	00:38:58	179	00:53:00	203	00:27:53	156	01:20:52
186.	1577	Rothkopf, Jan		M 20	7.	00:14:27	248	00:39:03	181	00:53:30	209	00:27:32	149	01:21:01
187.	1521	Weis, Dominik		M 30	21.	00:10:14	74	00:38:35	167	00:48:49	134	00:32:21	216	01:21:10
188.	1036	Lippa, Volker	TRIGERS Radevormwald	M 60	22.	00:13:10	218	00:37:36	140	00:50:45	171	00:30:26	198	01:21:11
189.	1516	Boß, Fabian	Deutschland	M 30	22.	00:09:47	48	00:39:14	187	00:49:01	138	00:32:16	215	01:21:17
190.	1535	van Loock, René		M 30	23.	00:11:26	137	00:39:14	186	00:50:39	169	00:30:39	201	01:21:18
191.	1037	Peter, Uwe		M 60	23.	00:14:39	250	00:36:44	122	00:51:23	186	00:30:17	197	01:21:40
192.	1232	Meyer-Urbach, Andreas		M 50	18.	00:08:19	11	00:41:25	209	00:49:43	150	00:32:36	217	01:22:19
193.	1050	Tegethoff, Ralph	WaKaTri Germania	M 60	24.	00:12:16	190	00:38:47	173	00:51:02	177	00:31:19	205	01:22:21
194.	1207	Scholl, Sebastian *		M 40	29.	00:11:36	144	00:41:57	214	00:53:32	211	00:28:58	180	01:22:39
195.	1118	Merz, Florian		M 40	30.	00:10:19	80	00:39:51	195	00:50:09	158	00:32:51	221	01:22:59
196.	1569	Miller, Julius		M 25	22.	00:12:10	186	00:39:11	185	00:51:20	184	00:31:44	210	01:23:04
197.	1068	Panthel, Jan	WSG Bad Marienberg	M 45	15.	00:11:56	167	00:37:44	146	00:49:40	146	00:33:27	227	01:23:07
198.	1553	Sachsse, Malte	Die Letzten	M 25	23.	00:13:10	217	00:41:09	207	00:54:18	216	00:28:57	179	01:23:14
199.	1219	Halswick, Thomas	Büdericher SV	M 50	19.	00:11:18	129	00:39:57	196	00:51:14	182	00:32:01	213	01:23:15
200.	1567	Schnell, Richard		M 25	24.	00:09:59	58	00:40:52	203	00:50:51	174	00:32:43	218	01:23:33

38. Nibelungen Triathlon Xanten

Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
201.	1532	Spinger, Tobias		M 30	24.	00:11:09	118	00:43:54	242	00:55:03	222	00:28:47	174	01:23:50
202.	1538	Delle Vedove, Michelangelo		M 25	25.	00:11:30	139	00:43:33	237	00:55:03	223	00:28:47	173	01:23:50
203.	1221	Plankert, Otto		M 50	20.	00:12:33	204	00:40:10	199	00:52:43	201	00:31:14	203	01:23:56
204.	1168	Guzmann, Michael	Düsseldorf	M 55	24.	00:10:03	62	00:40:55	205	00:50:57	175	00:33:17	225	01:24:14
205.	1491	Klaus, Alexander		M 35	24.	00:10:55	105	00:38:31	163	00:49:25	143	00:34:52	239	01:24:17
206.	1110	Bollmann, Axel	Anchor Running Crew Duisburg	M 40	31.	00:15:31	254	00:43:02	233	00:58:32	250	00:25:51	113	01:24:23
207.	1014	Lingenauer, Harald	AS Neukirchen-Vluyn	M 65	7.	00:11:33	142	00:42:26	221	00:53:58	215	00:30:32	199	01:24:30
208.	1225	Belleil, Sébastien	Kevelaerer SV Triathlon	M 50	21.	00:11:31	141	00:39:36	192	00:51:06	179	00:33:40	230	01:24:46
209.	1584	Hußmann, Bastian		M 20	8.	00:13:32	229	00:38:13	158	00:51:44	193	00:33:16	224	01:25:00
210.	1116	Müller, Ben		M 40	32.	00:09:26	36	00:44:06	244	00:53:31	210	00:31:47	212	01:25:18
211.	1163	Wiesner, Michael	AS Neukirchen-Vluyn	M 55	25.	00:11:53	162	00:40:43	202	00:52:36	200	00:32:44	219	01:25:19
212.	1587	Schlüter, Luis		M 20	9.	00:09:48	49	00:46:01	252	00:55:48	228	00:29:36	193	01:25:23
213.	1061	Kessler, Markus		M 60	25.	00:11:56	168	00:40:09	198	00:52:04	198	00:33:23	226	01:25:26
214.	1033	de Baey, Norbert	Hamminkeler SV	M 60	26.	00:18:37	262	00:38:18	160	00:56:55	240	00:28:37	169	01:25:32
215.	1161	Wegner, Torsten		M 55	26.	00:11:51	158	00:40:16	200	00:52:06	199	00:33:29	228	01:25:35
216.	1497	Engerand, Antoine		M 30	25.	00:11:55	165	00:45:07	248	00:57:02	241	00:29:02	182	01:26:03
217.	1151	Amberger, Andreas	Lauf Team Unna	M 55	27.	00:11:49	156	00:39:29	190	00:51:17	183	00:34:49	237	01:26:05
218.	1490	Krawiec, Mathias		M 35	25.	00:14:22	247	00:42:29	222	00:56:51	238	00:29:35	192	01:26:25
219.	1485	Mahmic, Sanel	Erdinger Activ Team	M 35	26.	00:13:12	220	00:41:57	215	00:55:09	224	00:31:32	207	01:26:41
220.	1227	Knobe, Matthias		M 50	22.	00:13:49	235	00:43:58	243	00:57:47	243	00:28:56	178	01:26:43
221.	1518	Heulmanns, Dominik		M 30	26.	00:12:19	192	00:43:45	240	00:56:04	231	00:30:40	202	01:26:44
222.	1230	Hermesen, Markus	BSG Volksbank Niederrhein	M 50	23.	00:09:16	31	00:43:38	239	00:52:54	202	00:33:51	231	01:26:44
223.	1556	Krystiniak, Noah		M 25	26.	00:14:34	249	00:43:28	236	00:58:01	244	00:29:08	185	01:27:08
224.	1017	Storck, Frank	Chemoman und orthopädisches Wrack	M 65	8.	00:16:07	259	00:39:49	194	00:55:56	229	00:31:31	206	01:27:27
225.	1581	Hensel, Jennick		M 20	10.	00:11:12	121	00:40:53	204	00:52:04	197	00:35:30	241	01:27:34
226.	1507	Schmeinc, Tim		M 30	27.	00:13:18	223	00:42:42	227	00:56:00	230	00:31:44	209	01:27:43
227.	1494	Mainka, Harald		M 35	27.	00:12:55	211	00:43:34	238	00:56:29	235	00:31:18	204	01:27:46
228.	1451	Kern, Dennis		M 35	28.	00:17:17	260	00:41:37	210	00:58:53	253	00:28:55	177	01:27:47
229.	1129	Dörper, Christian		M 40	33.	00:13:24	225	00:45:15	251	00:58:39	251	00:29:15	187	01:27:53
230.	1505	Conrad, Nils		M 30	28.	00:13:24	226	00:45:15	250	00:58:39	252	00:29:15	189	01:27:53
230.	1580	Hermesen, Henning		M 20	11.	00:13:28	227	00:42:39	224	00:56:07	232	00:31:46	211	01:27:53
232.	1159	Hemmers, Thorsten	TSV Weeze	M 55	28.	00:13:09	216	00:46:12	254	00:59:21	254	00:28:47	172	01:28:07
233.	1154	Fährmann, Uwe		M 55	29.	00:13:56	240	00:39:05	182	00:53:01	204	00:35:07	240	01:28:08
234.	1081	Kotzur, Thorsten	DJK Armada Euchen-Würselen	M 45	16.	00:11:12	122	00:43:19	235	00:54:31	219	00:34:08	234	01:28:39

38. Nibelungen Triathlon Xanten

Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
235.	1550	Kettler, Christian		M 25	27.	00:11:38	146	00:42:41	226	00:54:19	217	00:34:50	238	01:29:09
236.	1078	Audick-Dehn, Stefan		M 45	17.	00:13:56	239	00:42:23	220	00:56:18	234	00:32:56	222	01:29:14
237.	1514	Malaske, Dennis	Good Suff	M 30	29.	00:13:29	228	00:41:59	216	00:55:27	226	00:34:03	233	01:29:30
238.	1099	Finke, Daniel	The rocking sporties	M 40	34.	00:10:10	70	00:42:53	230	00:53:03	205	00:37:39	249	01:30:41
239.	1533	Offergeld, Dennis		M 30	30.	00:13:42	232	00:42:00	217	00:55:41	227	00:36:13	243	01:31:54
240.	1054	Waffner, Jürgen	LT Unna	M 60	27.	00:12:15	189	00:38:56	176	00:51:10	181	00:40:59	256	01:32:09
241.	1044	Janzen, Michael	SV Gladbeck 13	M 60	28.	00:12:33	203	00:44:21	245	00:56:54	239	00:35:48	242	01:32:41
242.	1574	Frantz, Henrik	Schönebeckerkegelkollegen	M 20	12.	00:13:16	222	00:42:59	232	00:56:14	233	00:36:29	244	01:32:43
243.	1041	Wimmers, Stephan	Ute Mückel Triathlon e.V.	M 60	29.	00:10:46	96	00:44:30	247	00:55:16	225	00:37:34	248	01:32:49
244.	1122	Preckel, Alexander		M 40	35.	00:12:52	209	00:47:53	259	01:00:45	259	00:32:48	220	01:33:32
245.	1032	Meiwes, Matthias	Essen-Werther	M 60	30.	00:15:26	253	00:44:28	246	00:59:54	256	00:34:23	235	01:34:16
246.	1585	Bischof, Jason		M 20	13.	00:14:07	242	00:42:43	228	00:56:50	237	00:37:45	250	01:34:35
247.	1466	Rix, Steffen	Spielplatzfreunde	M 35	29.	00:12:08	184	00:41:40	211	00:53:48	214	00:40:49	255	01:34:36
248.	1166	Jeremias, Alexis	Neusser Schwimmverein	M 55	30.	00:11:55	164	00:45:08	249	00:57:02	242	00:38:08	252	01:35:10
249.	1058	Segna, Peter-Josef	Laufsportfreunde Grödnertal	M 60	31.	00:13:52	238	00:46:33	256	01:00:25	258	00:34:48	236	01:35:13
250.	1573	Samson, Jannik		M 20	14.	00:10:29	89	00:47:48	258	00:58:17	246	00:37:13	247	01:35:29
251.	1570	Wehlmann, Silas		M 25	28.	00:16:00	257	00:42:18	218	00:58:17	247	00:37:12	246	01:35:29
252.	1196	Voitz, Michael		M 50	24.	00:12:05	182	00:31:12	11	00:43:17	36	00:52:59	263	01:36:15
253.	1055	Korten, Dieter	TSV Gruiten	M 60	32.	00:15:39	255	00:43:51	241	00:59:30	255	00:36:53	245	01:36:22
254.	1056	Brüggemann, Jürgen	AS Neukirchen-Vluyn	M 60	33.	00:11:46	152	00:41:51	213	00:53:36	212	00:43:08	260	01:36:44
255.	1006	Kurz, Karl-Heinz	Triathlon Waldfeucht	M 70	3.	00:12:32	202	00:42:30	223	00:55:01	221	00:41:49	257	01:36:50
256.	1066	Holz, Michael		M 45	18.	00:12:02	175	00:46:18	255	00:58:19	248	00:40:22	254	01:38:41
257.	1080	Peters, André *		M 45	19.	00:14:11	243	00:51:14	261	01:05:24	261	00:34:02	232	01:39:36
258.	1020	Niggemann, Andreas	Laufgruppe ziiiiisch und weg	M 65	9.	00:15:11	252	00:43:17	234	00:58:27	249	00:42:00	258	01:40:27
259.	1195	Gulatz, Heiner	TV Aldekerk	M 55	31.	00:12:09	185	00:46:03	253	00:58:11	245	00:43:13	261	01:41:24
260.	1127	Gertzen, Bernd		M 40	36.	00:13:01	214	00:49:54	260	01:02:55	260	00:39:17	253	01:42:12
261.	1473	Heldt, Christian		M 35	30.	00:11:25	134	00:55:38	263	01:07:03	262	00:37:51	251	01:44:53
262.	1013	Eicker, Joachim		M 65	10.	00:12:24	194	00:47:35	257	00:59:58	257	00:45:07	262	01:45:05
263.	1481	Böker, Christoph		M 35	31.	00:18:50	263	00:53:28	262	01:12:17	263	00:42:31	259	01:54:48
	1093	Beck, Christian	Allround Triathlon Team Kleve	M 40		00:10:43								
DSQ	1240	Flinterhoff, Matti	TV Goch	MJB	DSQ	00:06:44		00:31:48		00:38:32		00:20:31		00:59:02

38. Nibelungen Triathlon Xanten

Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
Weiblich														
1.	1454	Schön, Sabine	SV Gladbeck 13	W 50	1.	00:07:59	4	00:32:49	5	00:40:47	1	00:21:43	4	01:02:30
2.	1340	Abbing, Maike		W 30	1.	00:07:40	1	00:33:40	10	00:41:20	4	00:21:29	3	01:02:48
3.	1370	Skala, Melena	SRL Triathlon Koblenz	W 25	1.	00:09:15	18	00:33:28	7	00:42:43	8	00:20:48	2	01:03:30
4.	1361	Irle, Laura	RSV Osthelden	W 30	2.	00:08:45	10	00:32:42	4	00:41:27	5	00:22:11	6	01:03:37
5.	1386	Beckmann, Antonia	Reeser SC Triathlon	W 25	2.	00:08:08	5	00:33:26	6	00:41:33	6	00:22:58	8	01:04:31
6.	1371	Fileccia, Carina	Nordtriathleten Oberhausen	W 25	3.	00:08:22	8	00:32:26	3	00:40:47	2	00:24:19	16	01:05:06
7.	1420	Jansen, Levke	TV Goch	Juniorinne	1.	00:09:06	15	00:33:38	9	00:42:44	9	00:22:24	7	01:05:08
8.	1394	Rodermond, Sina	Deutschland	W 25	4.	00:10:14	40	00:35:24	21	00:45:38	21	00:20:16	1	01:05:53
9.	639	Beaupoil, Karin	TV Goch	W 50	2.	00:08:57	13	00:31:59	2	00:40:55	3	00:25:37	24	01:06:32
10.	1381	Farber, Anke	Reeser SC Triathlon	W 25	5.	00:07:52	3	00:34:11	12	00:42:02	7	00:24:45	18	01:06:47
11.	1335	Becker, Anne	TV Goch	W 30	3.	00:10:26	44	00:33:40	11	00:44:05	10	00:24:36	17	01:08:41
12.	1377	Finger, Vanessa	LFS Geldern, Berufskolleg des Bistums	W 25	6.	00:09:19	20	00:35:44	26	00:45:02	15	00:24:02	13	01:09:03
13.	1366	Fileccia, Helena		W 25	7.	00:09:13	16	00:36:10	35	00:45:23	20	00:24:13	15	01:09:35
14.	1294	Tölg, Vera	VfL Engelskirchen	W 40	1.	00:11:52	82	00:35:58	30	00:47:50	42	00:21:49	5	01:09:39
15.	1351	Jurkschat, Ines	MTV Stuttgart	W 30	4.	00:11:16	64	00:35:15	19	00:46:30	25	00:23:09	10	01:09:39
16.	626	Beckmann, Ricarda	Reeser SC Triathlon	W 55	1.	00:10:37	49	00:33:33	8	00:44:09	11	00:26:00	33	01:10:08
17.	1362	Stang, Jule	Allround Triathlon Team Kleve	W 25	8.	00:09:17	19	00:35:01	16	00:44:18	12	00:25:52	29	01:10:09
18.	646	van Haren, Simone	AS Neukirchen-Vluyn	W 50	3.	00:10:02	29	00:35:02	17	00:45:03	16	00:25:51	28	01:10:54
19.	656	Tekamp, Alice	Reeser Triathlon	W 50	4.	00:09:03	14	00:35:29	24	00:44:31	13	00:26:41	40	01:11:12
20.	1373	Knoche, Lea	SV Gladbeck 13	W 25	9.	00:10:53	58	00:34:17	13	00:45:10	19	00:26:10	35	01:11:19
21.	1330	Raschke, Viola		W 35	1.	00:12:08	98	00:35:12	18	00:47:20	35	00:24:12	14	01:11:31
22.	1293	Schwartz, Kristin		W 40	2.	00:10:34	47	00:35:51	28	00:46:25	24	00:25:13	22	01:11:37
23.	1350	Noffke, Shari	Rote Bete Rakete	W 30	5.	00:12:53	133	00:35:26	22	00:48:19	46	00:23:36	12	01:11:54
24.	1256	Kühn, Tina	SV Budberg	W 45	1.	00:12:01	91	00:36:40	48	00:48:41	51	00:23:15	11	01:11:55
25.	1277	Hahnen, Aiyanna	RWO Endurance Team	W 40	3.	00:12:39	120	00:36:09	34	00:48:48	57	00:23:08	9	01:11:56
26.	1254	Klingenberg, Anja	AS Neukirchen-Vluyn	W 45	2.	00:10:01	27	00:36:48	50	00:46:48	30	00:25:25	23	01:12:13
27.	1282	Schreven, Severine	Fortis Fitness	W 40	4.	00:10:32	46	00:36:22	39	00:46:54	32	00:25:41	25	01:12:34
28.	653	Deckers, Anja	Allround Triathlon Team Kleve	W 50	5.	00:10:08	35	00:36:45	49	00:46:52	31	00:25:49	26	01:12:41
29.	1338	Meier, Jessica	Triathlon Team Düsseldorf	W 30	6.	00:10:06	32	00:37:03	54	00:47:09	34	00:25:57	32	01:13:05
30.	1592	Schwill, Christiane		W 40	5.	00:09:46	23	00:35:24	20	00:45:10	18	00:28:04	48	01:13:13
31.	629	Schnatz, Petra		W 55	2.	00:10:19	42	00:37:10	56	00:47:29	38	00:25:51	27	01:13:20
32.	1421	Lanz, Nele	LFS Geldern, Berufskolleg des Bistums	Juniorinne	2.	00:10:48	51	00:37:08	55	00:47:55	44	00:25:57	31	01:13:51

38. Nibelungen Triathlon Xanten

Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
33.	1403	Vorholt, Clara		W 20	1.	00:10:50	55	00:37:57	65	00:48:47	56	00:25:10	20	01:13:56
34.	619	Limburg, Birgit	Deutschland	W 60	1.	00:08:51	12	00:37:12	57	00:46:03	22	00:27:56	47	01:13:59
35.	1284	Jessica, Roeloffs	Allround Triathlon Team Kleve	W 40	6.	00:13:13	148	00:34:28	14	00:47:40	40	00:26:32	37	01:14:11
36.	1312	Schweeren, Nina	Allround Triathlon Team Kleve	W 35	2.	00:10:04	31	00:34:51	15	00:44:54	14	00:29:18	65	01:14:12
37.	1369	Hüser, Eva		W 25	10.	00:12:45	128	00:36:24	41	00:49:08	62	00:25:09	19	01:14:17
38.	1343	Bojarra, Meike	TuS 09 Erkenschwick	W 30	7.	00:10:48	53	00:38:27	77	00:49:15	65	00:25:10	21	01:14:24
39.	1283	Dormels, Sarah		W 40	7.	00:10:14	39	00:36:22	40	00:46:36	26	00:28:19	51	01:14:55
40.	1302	Michels, Anne		W 35	3.	00:09:34	22	00:35:32	25	00:45:06	17	00:29:50	78	01:14:56
41.	1269	Eckford, Stephanie		W 40	8.	00:13:05	141	00:36:13	37	00:49:18	66	00:25:56	30	01:15:14
42.	1310	Von Cube, Maike		W 35	4.	00:08:18	7	00:40:26	111	00:48:43	53	00:26:43	42	01:15:26
43.	1287	Reinert, Laila	RSV Osthelden	W 40	9.	00:10:48	52	00:35:50	27	00:46:38	27	00:28:51	58	01:15:29
44.	1397	Budweg, Viktoria	Luvi	W 25	11.	00:13:00	137	00:36:06	33	00:49:06	60	00:26:36	39	01:15:42
45.	1375	Walther, Debbie	CF AACHEN	W 25	12.	00:12:32	114	00:37:01	53	00:49:33	72	00:26:26	36	01:15:58
46.	1272	Kleff, Adriane		W 40	10.	00:11:28	68	00:36:00	32	00:47:27	37	00:28:52	59	01:16:19
47.	1600	Orlamünde, Nadine		W 40	11.	00:08:37	9	00:38:06	71	00:46:43	29	00:29:45	77	01:16:27
48.	633	Hilgers, Birgit	AS Neukirchen-Vluyn	W 55	3.	00:10:44	50	00:38:18	75	00:49:01	59	00:27:27	45	01:16:27
49.	1301	Muster, Anika	SV Gladbeck 13	W 35	5.	00:10:59	59	00:36:00	31	00:46:58	33	00:29:43	75	01:16:41
50.	1342	Kleinfeld, Esther		W 30	8.	00:11:42	72	00:36:53	51	00:48:34	49	00:28:07	49	01:16:41
51.	1356	Tröger, Britta		W 30	9.	00:10:03	30	00:38:05	69	00:48:08	45	00:28:35	53	01:16:42
52.	1357	Biesemann, Yvonne		W 30	10.	00:10:01	28	00:36:39	47	00:46:40	28	00:30:17	81	01:16:56
53.	1314	Borgolte, Ronja-Asta	FunVorRun Witten	W 35	6.	00:12:31	112	00:36:56	52	00:49:26	68	00:27:40	46	01:17:05
54.	1408	Segerath, Hannah Sophie	Schwimmende Läufer	W 20	2.	00:07:43	2	00:38:22	76	00:46:04	23	00:31:02	88	01:17:06
55.	1265	Blask, Susanne		W 45	3.	00:13:10	145	00:37:24	58	00:50:34	85	00:26:33	38	01:17:06
56.	602	Boßmann, Hedwig		W 65	1.	00:12:13	101	00:36:30	43	00:48:43	54	00:28:46	56	01:17:28
57.	1252	Bergermann, Nicole	RWO Endurance Team	W 45	4.	00:11:09	61	00:37:34	61	00:48:42	52	00:28:50	57	01:17:31
58.	1303	Kleinherbers, Annika		W 35	7.	00:11:56	86	00:38:51	83	00:50:47	89	00:26:50	43	01:17:36
59.	1405	Möller, Marlene		W 20	3.	00:10:21	43	00:39:09	87	00:49:29	71	00:28:18	50	01:17:47
60.	621	Chlasta, Heidi	Deutschland	W 55	4.	00:10:00	26	00:38:54	85	00:48:53	58	00:28:54	60	01:17:47
61.	1266	Kern, Nicole	The FBI's Most Unwanted	W 45	5.	00:12:14	103	00:36:25	42	00:48:39	50	00:29:20	66	01:17:58
62.	1383	Leenen, Simone		W 25	13.	00:09:14	17	00:38:39	81	00:47:52	43	00:30:15	80	01:18:07
63.	1358	Wunschik, Jule		W 30	11.	00:09:23	21	00:38:03	68	00:47:26	36	00:30:47	86	01:18:13
64.	638	Berg, Andrea	RWO Endurance Team	W 55	5.	00:11:56	85	00:35:51	29	00:47:46	41	00:30:31	82	01:18:17
65.	1324	Theunißen, Annika		W 35	8.	00:12:52	131	00:36:36	45	00:49:27	70	00:29:04	62	01:18:31
66.	1400	Neumann, Lara	Rote Bete Rakete	W 20	4.	00:11:32	69	00:38:06	70	00:49:37	73	00:29:03	61	01:18:40

38. Nibelungen Triathlon Xanten

Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
67.	1257	Wolf, Janine	Brander SV Tri Team	W 45	6.	00:13:02	138	00:36:11	36	00:49:13	64	00:29:33	70	01:18:46
68.	655	Pusch, Ivonne		W 50	6.	00:10:53	57	00:39:10	89	00:50:02	78	00:28:45	55	01:18:46
69.	634	Kumbrink, Alexandra	Allround Triathlon Team Kleve	W 55	6.	00:11:19	65	00:37:25	59	00:48:44	55	00:30:08	79	01:18:51
70.	632	Plönes, Ulrike		W 55	7.	00:12:02	92	00:35:28	23	00:47:29	39	00:31:54	98	01:19:23
71.	647	Schmitz, Iris	Marathon Club Eschweiler	W 50	7.	00:10:52	56	00:38:17	74	00:49:09	63	00:30:45	85	01:19:54
72.	637	Boonekamp, Sabine	Waldläufer	W 55	8.	00:13:40	152	00:39:33	95	00:53:12	113	00:26:42	41	01:19:54
73.	623	Eicker, Barbara		W 55	9.	00:12:41	123	00:37:47	62	00:50:28	84	00:29:26	69	01:19:54
74.	1332	Sommer, Sarah		W 35	9.	00:14:28	161	00:39:25	94	00:53:53	120	00:26:05	34	01:19:57
75.	1316	Maloczyk, Anna	Altenessen Cycling e.V.	W 35	10.	00:12:45	126	00:38:00	67	00:50:44	88	00:29:20	67	01:20:04
76.	652	Stracke, Julia	In your dreams	W 50	8.	00:11:24	67	00:39:25	93	00:50:48	90	00:29:34	71	01:20:21
77.	1311	Kramer, Theresa	X4FUN	W 35	11.	00:12:47	129	00:36:21	38	00:49:08	61	00:31:22	93	01:20:29
78.	642	Meike, Diana	ASV Duisburg	W 50	9.	00:11:52	81	00:36:39	46	00:48:30	48	00:32:00	103	01:20:30
79.	1306	Stuffertz, Antje		W 35	12.	00:10:18	41	00:39:39	96	00:49:56	76	00:30:40	83	01:20:35
80.	1258	Bartrow, Sandra	SV Gladbeck 13	W 45	7.	00:12:06	96	00:38:53	84	00:50:58	93	00:29:40	73	01:20:38
81.	614	Dr. Schürmann, Ulrike		W 60	2.	00:09:59	25	00:41:13	116	00:51:11	96	00:29:41	74	01:20:52
82.	1406	Deuper, Lea	Team Carlo	W 20	5.	00:12:17	104	00:37:48	63	00:50:04	79	00:31:17	91	01:21:21
83.	1599	Hirsch, Vanessa		W 30	12.	00:11:53	83	00:38:28	78	00:50:20	81	00:31:14	89	01:21:34
84.	1423	Peplau, Katharina	Weseler TV Leichtathletik	WJA	1.	00:10:13	38	00:38:08	72	00:48:21	47	00:33:16	122	01:21:36
85.	1414	Schlaps, Luisa		W 20	6.	00:11:56	87	00:40:24	110	00:52:20	106	00:29:17	64	01:21:37
86.	1323	Grafen, Claire	Hiesfeld Ghostriders	W 35	13.	00:13:06	142	00:36:35	44	00:49:40	75	00:32:04	105	01:21:44
87.	658	Zettelmeyer, Julia		W 50	10.	00:10:06	33	00:39:13	91	00:49:18	67	00:32:58	119	01:22:16
88.	613	Michel, Karin		W 60	3.	00:11:59	88	00:37:28	60	00:49:27	69	00:32:58	118	01:22:24
89.	1255	Pauli, Daniela	PV Triathlon TG Witten	W 45	8.	00:12:12	100	00:39:41	98	00:51:53	102	00:30:42	84	01:22:34
90.	641	Ackermann, Diana	EAK	W 50	11.	00:11:51	80	00:43:53	141	00:55:43	132	00:27:09	44	01:22:52
91.	606	Lüddeke, Heike		W 65	2.	00:12:05	95	00:38:35	79	00:50:40	87	00:32:23	111	01:23:03
91.	612	Schmeer, Elke	LG Alpen	W 60	4.	00:12:35	118	00:40:53	114	00:53:28	116	00:29:35	72	01:23:03
93.	1418	Moor, Laura	Murphy's Pup Recklinghausen	W 20	7.	00:22:32	181	00:28:07	1	00:50:38	86	00:32:48	115	01:23:25
94.	1346	Dworatzkyk, Lisa		W 30	13.	00:12:05	94	00:38:57	86	00:51:02	95	00:32:30	113	01:23:31
95.	1339	Sträter, Helena		W 30	14.	00:10:10	36	00:40:13	105	00:50:23	82	00:33:19	124	01:23:42
96.	635	Gempp, Silke	Pott 8	W 55	10.	00:11:22	66	00:40:22	107	00:51:43	100	00:32:05	106	01:23:48
97.	1355	Kliemann, Chiara		W 30	15.	00:12:31	113	00:39:18	92	00:51:48	101	00:32:02	104	01:23:50
98.	649	Jahnel, Patricia		W 50	12.	00:11:46	77	00:40:31	112	00:52:16	104	00:31:36	95	01:23:52
99.	1273	Ostermann, Christine		W 40	12.	00:13:04	140	00:37:57	66	00:51:01	94	00:32:54	116	01:23:55
100.	1410	Eckert, Anna-Marie		W 20	8.	00:11:44	74	00:38:41	82	00:50:24	83	00:33:39	126	01:24:03

38. Nibelungen Triathlon Xanten

Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
101.	618	Schlüter, Andrea		W 60	5.	00:12:07	97	00:40:15	106	00:52:22	107	00:32:05	107	01:24:27
102.	644	Neumann, Silke	Handball Damen Xanten	W 50	13.	00:12:03	93	00:38:12	73	00:50:14	80	00:34:14	129	01:24:28
103.	1404	Boßmann, Franka		W 20	9.	00:10:27	45	00:44:47	152	00:55:13	128	00:29:15	63	01:24:28
104.	1368	Pelster, Luisa	LuVi	W 25	14.	00:12:40	121	00:40:09	104	00:52:48	109	00:31:59	102	01:24:47
105.	1315	Albrecht, Christine	Moerser TV - Triathlon	W 35	14.	00:14:55	168	00:41:37	120	00:56:32	143	00:28:22	52	01:24:53
106.	1395	Gempp, Julia		W 25	15.	00:13:04	139	00:43:27	136	00:56:30	142	00:28:42	54	01:25:11
107.	1291	Zielinski, Carmen		W 40	13.	00:11:03	60	00:42:17	123	00:53:19	115	00:32:06	108	01:25:24
108.	631	Buchkremer, Eva	Weseler TV Triathlon	W 55	11.	00:11:44	75	00:39:09	88	00:50:53	91	00:34:36	133	01:25:28
109.	645	Cosler, Silke	Brander SV Tri Team	W 50	14.	00:11:44	76	00:39:39	97	00:51:23	98	00:34:17	130	01:25:40
110.	608	Scherberich, Uschi	Brander SV Tri Team	W 60	6.	00:10:49	54	00:39:11	90	00:50:00	77	00:35:40	146	01:25:40
111.	1407	Stiens, Pia		W 20	10.	00:08:48	11	00:42:30	126	00:51:18	97	00:34:23	132	01:25:41
112.	1360	Lebendig, Lena		W 30	16.	00:12:35	119	00:43:43	139	00:56:17	139	00:29:45	76	01:26:02
113.	1382	Johnsen, Teresa		W 25	16.	00:13:21	150	00:40:45	113	00:54:05	121	00:32:06	109	01:26:11
114.	1267	Kirschbaum, Andrea		W 45	9.	00:11:43	73	00:37:57	64	00:49:39	74	00:36:42	152	01:26:20
115.	603	Koppen, Cornelia		W 65	3.	00:13:50	155	00:39:44	99	00:53:34	118	00:33:11	121	01:26:44
116.	1313	Linnenkamp, Ute	Nordtriathleten Oberhausen	W 35	15.	00:12:01	90	00:40:07	103	00:52:07	103	00:34:46	136	01:26:53
117.	611	Nozulack, Angelika	LT Vynen	W 60	7.	00:12:13	102	00:40:23	109	00:52:36	108	00:34:18	131	01:26:53
118.	1341	Wey, Karolin		W 30	17.	00:12:33	115	00:41:36	118	00:54:09	122	00:32:56	117	01:27:05
119.	1415	Friedrich, Caroline		W 20	11.	00:08:15	6	00:42:42	129	00:50:57	92	00:36:14	149	01:27:10
120.	1396	Steinberg, Mara		W 25	17.	00:13:11	146	00:39:45	100	00:52:55	111	00:34:37	134	01:27:32
121.	1367	Meyer, Theresa		W 25	18.	00:13:52	158	00:42:25	124	00:56:17	138	00:31:19	92	01:27:35
122.	1398	van Briel, Charlotte		W 20	12.	00:12:23	106	00:43:57	142	00:56:19	140	00:31:22	94	01:27:41
123.	1376	Scalogna, Sara	CF Aachen	W 25	19.	00:13:51	157	00:43:07	132	00:56:58	148	00:30:51	87	01:27:49
124.	640	Ingenbleek-Janßen, Ulrike	TV Goch	W 50	15.	00:09:53	24	00:41:37	119	00:51:29	99	00:36:21	150	01:27:50
125.	1279	Cima, Irina	Triathlon Team Rheinberg	W 40	14.	00:12:52	132	00:40:22	108	00:53:14	114	00:34:54	139	01:28:07
126.	1274	Bersch, Vanessa	RWO Endurance Team	W 40	15.	00:15:35	173	00:38:38	80	00:54:13	123	00:34:01	128	01:28:13
127.	1387	Dzionsko, Helen		W 25	20.	00:11:49	79	00:44:22	147	00:56:11	135	00:32:10	110	01:28:20
128.	1417	Biskamp, Charlotte	SG Welper Triathlon	W 20	13.	00:12:43	125	00:44:52	153	00:57:35	152	00:31:14	90	01:28:49
129.	622	Kasperek, Barbara	Essen-Werther	W 55	12.	00:13:08	143	00:41:10	115	00:54:17	124	00:34:56	142	01:29:13
130.	1399	Trappmann, Vanessa		W 20	14.	00:11:10	62	00:43:15	135	00:54:24	125	00:34:55	140	01:29:19
131.	1317	Christiansen, Julia		W 35	16.	00:12:17	105	00:43:52	140	00:56:09	134	00:33:19	123	01:29:28
132.	1389	Riedl, Anna Louisa	Triathlon Team Düsseldorf	W 25	21.	00:12:26	110	00:39:52	102	00:52:17	105	00:37:17	157	01:29:33
133.	1259	Blaut, Anke	Lauf Team Unna	W 45	10.	00:11:16	63	00:42:27	125	00:53:42	119	00:35:56	148	01:29:37
134.	1297	Nellen, Anna		W 35	17.	00:12:45	127	00:44:19	146	00:57:03	149	00:32:35	114	01:29:38

38. Nibelungen Triathlon Xanten

Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimme	PIS	Rad	PIR	NachRad	PlnR	Laufen	PIL	Gesamt
135.	1296	Hagenfeldt, Lena Christina		W 35	18.	00:12:34	117	00:44:36	150	00:57:10	150	00:33:21	125	01:30:31
136.	1322	Bollmann, Katharina	Anchor Running Crew Duisburg	W 35	19.	00:12:43	124	00:43:14	134	00:55:57	133	00:34:56	141	01:30:52
137.	1300	Schnizler, Franziska	Erdinger Active Team	W 35	20.	00:12:59	136	00:43:36	138	00:56:35	145	00:34:46	135	01:31:20
138.	1285	Losemann, Ina		W 40	16.	00:12:28	111	00:43:10	133	00:55:37	131	00:35:53	147	01:31:29
139.	1388	Schmeltzer, Alexandra		W 25	22.	00:13:08	144	00:44:14	145	00:57:22	151	00:34:54	138	01:32:16
140.	605	Hillmer, Frauke	Freie Schwimmer Rheinkamp	W 65	4.	00:10:36	48	00:44:53	154	00:55:29	130	00:36:49	153	01:32:17
141.	1359	Dobic, Milena		W 30	18.	00:10:06	34	00:42:44	131	00:52:50	110	00:39:48	169	01:32:38
142.	1378	Kraus, Andrea		W 25	23.	00:13:55	160	00:44:08	143	00:58:02	155	00:34:54	137	01:32:55
143.	1276	Weber, Beate		W 40	17.	00:13:41	153	00:39:50	101	00:53:31	117	00:39:26	165	01:32:56
144.	601	Mosters, Ingrid	LG Alpen	W 65	5.	00:18:24	179	00:45:10	155	01:03:33	171	00:29:24	68	01:32:57
145.	1412	Hensel, Lorine		W 20	15.	00:12:54	134	00:48:21	167	01:01:14	164	00:31:49	96	01:33:03
146.	1413	Blum, Dara		W 20	16.	00:12:24	108	00:48:50	169	01:01:14	163	00:31:49	97	01:33:03
147.	1280	Merz, Mareike		W 40	18.	00:13:20	149	00:41:52	122	00:55:12	127	00:38:15	159	01:33:26
148.	1349	Weste, Larissa	Rumelner TV	W 30	19.	00:14:53	167	00:41:40	121	00:56:32	144	00:36:59	156	01:33:31
149.	1278	Stricker, Saskia	Triathlon Team Rheinberg	W 40	19.	00:11:38	71	00:41:32	117	00:53:09	112	00:40:46	175	01:33:54
150.	1411	Hoppe, Svea		W 20	17.	00:10:12	37	00:45:17	156	00:55:28	129	00:39:08	164	01:34:36
151.	1385	Preisendörfer, Michelle		W 25	24.	00:11:47	78	00:44:38	151	00:56:25	141	00:38:23	160	01:34:47
152.	1390	Urban, Linda		W 25	25.	00:12:48	130	00:43:28	137	00:56:16	137	00:38:39	162	01:34:55
153.	1298	Kothe, Hannah		W 35	21.	00:14:49	165	00:48:09	166	01:02:57	167	00:32:24	112	01:35:21
154.	1363	Dzionsko, Pia		W 25	26.	00:11:59	89	00:48:53	170	01:00:52	161	00:34:57	143	01:35:48
155.	1326	Kraemer, Josefin		W 35	22.	00:12:34	116	00:42:32	127	00:55:06	126	00:40:44	173	01:35:49
156.	1331	Kudlich, Juliane	Deutschland	W 35	23.	00:12:23	107	00:44:34	149	00:56:57	147	00:39:34	167	01:36:31
157.	654	Hinzer, Stefanie	RWO Endurance Team	W 50	16.	00:13:12	147	00:46:35	162	00:59:47	159	00:36:54	155	01:36:41
158.	650	Hobe, Claudia	Grend-Runner	W 50	17.	00:15:14	171	00:46:22	158	01:01:35	166	00:35:11	144	01:36:46
159.	1292	Abert, Anja		W 40	20.	00:14:43	164	00:49:05	171	01:03:48	172	00:33:00	120	01:36:47
160.	1305	Burkhardt, Conny		W 35	24.	00:15:04	170	00:46:26	159	01:01:30	165	00:35:26	145	01:36:56
161.	1336	Peltzer, Ann		W 30	20.	00:11:55	84	00:46:33	161	00:58:27	156	00:38:34	161	01:37:01
162.	1374	Dörne, Catrin		W 25	27.	00:12:09	99	00:46:43	163	00:58:52	158	00:38:42	163	01:37:33
163.	604	Hasselbusch, Birgit	Freie Schwimmer Rheinkamp	W 65	6.	00:13:51	156	00:47:13	164	01:01:04	162	00:36:52	154	01:37:55
164.	625	Lippa, Marita	TRIGERS Radevormwald	W 55	13.	00:13:52	159	00:44:08	144	00:58:00	154	00:40:29	172	01:38:28
165.	1263	Hagemann, Anja	Fun Runner VfL Gladbeck	W 45	11.	00:13:39	151	00:42:37	128	00:56:15	136	00:42:35	177	01:38:49
166.	1251	Knorr, Sonja	Grend-Runner	W 45	12.	00:12:41	122	00:46:07	157	00:58:47	157	00:40:28	171	01:39:14
167.	1352	Otten, Anika		W 30	21.	00:16:04	176	00:51:25	175	01:07:29	178	00:31:58	99	01:39:26
168.	1337	Teggars, Sarah		W 30	22.	00:15:53	175	00:51:36	176	01:07:28	177	00:31:58	101	01:39:26

38. Nibelungen Triathlon Xanten

Ergebnisliste MW Draxi-Distanz (0,5/17/ 5 km)

Platz	Startn	Name	Verein	AK	Platz	Schwimme	PIS Rad	PIR NachRad	PlnR	Laufen	PIL	Gesamt
169.	1353	Rösgen-Steinkuhl, Christina		W 30	23.	00:15:46	174 00:51:43	177 01:07:29	179	00:31:58	100	01:39:26
170.	1288	Gertzen, Johanna		W 40	21.	00:12:59	135 00:47:49	165 01:00:47	160	00:39:41	168	01:40:28
171.	1347	Swaczyna, Luise		W 30	24.	00:14:33	162 00:48:25	168 01:02:58	168	00:37:56	158	01:40:54
172.	615	Spielberg, Angela	AS Neukirchen-Vluyn	W 60	8.	00:12:25	109 00:44:24	148 00:56:49	146	00:44:16	179	01:41:04
173.	630	Flintrop, Stephanie	Weseler TV Triathlon	W 55	14.	00:15:35	172 00:50:14	173 01:05:49	175	00:36:42	151	01:42:30
174.	1290	Humml, Kathy	The FBI's Most Unwanted	W 40	22.	00:15:04	169 00:42:43	130 00:57:47	153	00:44:50	180	01:42:36
175.	1309	Niemann, Carola		W 35	25.	00:11:33	70 00:51:51	178 01:03:24	169	00:39:55	170	01:43:18
176.	1345	Terhorst, Birthe	Terhorst-Clan	W 30	25.	00:13:48	154 00:50:25	174 01:04:13	173	00:40:45	174	01:44:57
177.	1286	Gall, Sabrina	Nordtriathleten Oberhausen	W 40	23.	00:17:03	177 00:46:29	160 01:03:32	170	00:42:41	178	01:46:13
178.	1591	Bauer, Lynn		W 25	28.	00:18:59	180 00:55:08	181 01:14:07	181	00:34:01	127	01:48:07
179.	1392	Bauschert, Janina		W 25	29.	00:14:37	163 00:52:34	179 01:07:11	176	00:41:23	176	01:48:34
180.	651	Häusser, Britta		W 50	18.	00:18:15	178 00:54:05	180 01:12:20	180	00:39:31	166	01:51:50
181.	1348	Vedder, Anja	die LAHMAS	W 30	26.	00:14:53	166 00:49:39	172 01:04:31	174	00:47:24	181	01:51:55
	616	Blacha, Daniela	SV Gladbeck 13	W 50		00:10:57	00:40:13	00:51:09				
	627	Dzionsko, Kerstin	Laufftreff Hohenholte	W 55		00:13:23	00:47:48	01:01:10				
	1409	Schreier, Merle		W 20		00:09:10						